

ADVANCED WILDERNESS LIFE SUPPORT®
ADIRONDACK PARK, NY Sept. 7th-10th, 2019

ADIRONDACK PARK, NY - AWLS CONFERENCE SCHEDULE

Note: (B)=Breakfast, (L)=Lunch, (D)=Dinner provided

Sat., Sept. 7th: Arrive Adirondack Park / Camp Little Notch

(D)

5:30PM	WELCOME / Introduction to Wilderness Medicine	
6:00	Dinner	
7:00	Medical Kits	-45 min
7:45	Patient Assessment	-60 min

Sunday Sept. 8th: Camp Little Notch (B)(L)(D)

7:00AM	Breakfast	
8:00	HEENT	-60 min
9:00	Lightning	-30 min
9:30	Submersion / Cold Water Injuries	-60 min
10:30	Break / Snack	
10:45	Water Disinfection	-45 min
11:30	Lunch	
12:30	Free Time - Explore / Swim / Hike	-1.5 hr
2:00	Avalanche	-60 min
3:00	<u>Hands On Teaching (outside)</u>	
	-Litters / Carries / Hypothermic wrap	-60 min
	<u>STATIONS:</u>	
	-Spine stabilization / Splinting	-20 min
	-Water Disinfection	-20 min
	-Femur Traction Splints	-20 min
	-Tourniquet Application / Hem. Control	-20 min
6:00	Break	
6:30	Dinner	
7:30	Discussion Group - Medical Problems	-60 min

Monday Sept. 9th: Camp Little Notch / Hike to Iron Ore Furnace (2.5 miles) (B)(L)(D)

(B)(L)(D)

7:00AM	Breakfast	
8:00	Wound Management	-60 min
9:00	Hike to Iron Ore Furnace	
	- WM scenarios	-60 min
12:00	Lunch	
1:00PM	Altitude Illness	-60 min
2:00	Hyper/Hypothermia and Frostbite	-60 min
3:00	Break / Hike around Lake	
	-WM scenarios	-180 min
7:00	Dinner	
8:00	Discussion Group - Infectious Disease	-60 min

Tuesday Sept. 10th: Camp Little Notch

(B)(L)

7:00AM	Breakfast	
8:00	Dive Medicine	-60 min

9:00	Animal Bites and Stings	-60 min
10:00	Break / Exam	
11:00	AWLS Practical Testing Scenarios	-90 min
12:30	Lunch	
1:30	AWLS Practical Testing Scenarios	-120 min
3:30PM	End of AWLS Course	

Course Description

“Learn the skills to prevent medical problems, reduce suffering and save lives in non-traditional medical settings”

- Earn your Advanced Wilderness Life Support certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios
- Taught by leading experts
- Obtain up to 20.5 hours of category 1 CME

COURSE OBJECTIVES

To provide a practical foundation in Wilderness Medicine for medical professionals

To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available

To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary.

To teach techniques and guidelines for evacuation

You must hold a medical license (MD, PhD, Nurse, PA, Paramedic, EMT, second year or later student) to certify in AWLS. We also require that you have completed a BLS or CPR certification at some time in the past.

TOPICS INCLUDE:

- | | |
|--------------------------------------|--------------------------------------|
| ➤ Patient assessment | Wound management |
| ➤ Trauma | Water treatment |
| ➤ Medical problems | Hyperthermia, hypothermia, frostbite |
| ➤ Infectious disease | Medical kits |
| ➤ Head, Ear, Eye, Nose, Throat, Skin | Lightning |
| ➤ Animal & insect bites | HAPE/HACE |
| ➤ Legal concerns | Musculoskeletal injuries |
| ➤ Dive Medicine | |

The Wilderness Medical Society designates this educational activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through joint sponsorship of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

Onsite Sign-in

There will be onsite sign in for the course on Sunday Night at 5:00PM. You will receive your printed textbook and course program at that time. Sign-in is required so that we have an accurate record of your attendance for CME credits.

Course Materials

The textbook is available at the awls.org website as a digital download. You will be emailed a registration confirmation with the password to access the download. You will receive a hard copy of the AWLS textbook at the time you sign in for the course if requested prior to course. The printed and e reader version of the textbook is also available for purchase from our publisher Amazon.com, if you would like a copy of the text shipped to you in advance of the course.

CONTRIBUTING FACULTY

Aaron R. Billin, MD, MS, FAAFP, FAWM

Emergency Medicine, Riverton Memorial Hospital, Riverton Wyoming
Wilderness Medical Society - Board of Directors/Chairman, Membership Committee
Medical Director, Fremont County EMS
Medical Director, Wind River Health Systems, Inc.
Fremont County Search and Rescue, Riverton Division
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NOTE: Listed faculty may not lecture at every conference. A final schedule will be provided at conference.

All AWLS faculty have signed disclosure statements indicating that they have no relevant financial relationships with any course sponsors

Travel

We strongly recommend that participants purchase travel insurance. Travel insurance can refund your trip costs if you have to cancel at the last minute for work, illness or certain family crises, among other reasons. It will also provide some coverage for medical expenses/ emergency evacuation while you are traveling. Contact Wild Med Adventures for more details or visit their website for directions.

<http://www.wildmedadventures.com>

Medical Evacuation Insurance: (For those who elect to purchase)

Delegates should have personal insurance to cover any in-country medical examinations, treatment or rescue/evacuation from a remote area. We recommend Global Rescue, who can be contacted via their website: www.globalrescue.com

Transportation

You will need to arrive at Camp Little Notch / Adirondack Park by 5 pm on Sept. 14th. See itinerary. Flights are not included in your tour price or airport transfers.

Clothing and Other Equipment

Adirondack Park experiences various temperatures in September and you should refer to gear list on our website. There will be hiking during the guided portion of the tour with exposure to possible rain and cold weather as well as insects. There is minimal fitness required other than day hiking. The sun may be quite strong so hats and protective clothing are also recommended. All instructional equipment is provided for the practical skills sessions, but if you have a medical kit please bring it along.

Registration

Register for trip at <http://www.wildmedadventures.com>

To reserve your place in the AWLS Adirondack Park course you will pay a deposit of \$500 for each traveler. (\$250 non-reimbursable registration fee) The balance of fees will be due August. 1, 2018. (See website for full details)

Trip Cost w/ CME:

\$1499 - Physicians

\$1299 - Nurses, PA's/NP's, EMT's, Residents & other medical professionals

\$1099 - Students not requiring certification / Spouses / Guests / Non-Medical Attendees

****SAVE \$200 if you sign-up by April 1st (see website for discount code)**

www.wildmedadventures.com

The trip cost includes shared accommodation in canvas tents with mattress cots, drinks, water bottle and banner, and all meals during the trip as indicated on the itinerary. The cost does not include flights to Adirondack Park / transportation / Travel Insurance or additional nights accommodation, souvenirs, alcoholic beverages or gear if needed.

Cancellation Policy: (Refer to Website for Full Details)

COST SUMMARY

Trip cost with CME:

\$1499 Physicians

\$1299 Nurses, EMT's, PA's, NP's, & PhD's and other medical professionals

\$1099 All Students or non-medical participants / spouses

Sorry no dogs or children under 18.

Single Supplement: No single supplement

Contact us for address to send check or money order or pay on our website.

www.wildmedadventures.com

Included: 3 nights lodging - large tents with 4 individual cots, AWLS manual and certification, all meals (you may want to bring your own snacks for day hikes and in between meals - see gear list on website)

*** Please notify us of any special diets or dietary restrictions and allergies as we will try to accommodate your needs.

Excluded: All Flights to Camp Little Notch, airport taxes, airport transfers to the camp, travel insurance, necessary gear (see gear list on website) Also, does not include additional days of travel or global rescue insurance (optional).