



British Orthopaedic Foot & Ankle Society

BOFAS 2015

Day 1 Wednesday 11th November

08.00 Registration & Coffee –

08.45 Welcome to BOFAS 2015 – *Anthony Sakellariou*

09.00-10.30 **Symposium 1:**

Calcaneus fractures and hindfoot deformities

Chairs: *Damien Griffin &*

09.00 – 09.10 Calcaneus fractures: where are we now?

Nikos Gougoulas

09.10 – 09.20 Incidence, consequences and management of calcaneal malunions

Christopher Di Giovanni

09.20 – 09.30 Correction of mal-united calcaneus fractures: beyond the bone block

Steven Haddad

09.30 – 09.45 **Discussion**

09.45 – 09.55 Ball and socket ankle: types and management

Bernhard Devos-Bevernage

09.55 – 10.05 Correcting severe cavo-varus: are fusions really the wrong approach ?

Steven Haddad

10.05 – 10.15 Correcting the flat foot: should arthroreisis be revisited ?

Andy Goldberg

10.15 – 10.30 **Discussion**

10.30-11.00 Tea/Coffee

11.00-12.30 **Free Papers 1**

Chairs:

12.30-13.30 Lunch

13.30-15.00 **Symposium 2:**

Fracture union and grafting

Chairs:

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| 13.30 – 14.00 | Unified fracture theory
<i>David Elliott and Bob Handley</i> |
| 14.00 – 14.10 | Orthobiologics: are they of any use ?
<i>Christopher Di Giovanni</i> |
| 14.10 – 14.20 | Why I don't graft
<i>David Elliott</i> |
| 14.20 – 14.30 | Why I do graft
<i>Speaker tbc</i> |
| 14.30 – 15.00 | Discussion |

15.00-15.30 Tea/Coffee

15.30-16.00 **Keynote Speaker:** *Christopher Di Giovanni*

16.00-17.30 **Instructional 1:**

Ankle fractures

Chairs: *Anthony Sakellariou &*

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| 16.00 – 16.20 | How to assess stability: which ones need fixing
<i>Anthony Sakellariou</i> |
| 16.20 – 16.30 | Posterior malleolus fractures: which ones to fix and how
<i>Speaker tbc</i> |
| 16.30 – 16.40 | Syndesmosis: when does it need stabilising and how
<i>Speaker tbc</i> |
| 16.40 – 16.50 | Medial malleolus fractures: are they all the same?
<i>Speaker tbc</i> |
| 16.50 – 17.00 | Osteoporotic ankle fractures: tips and tricks
<i>David Elliott</i> |
| 17.00 – 17.30 | Discussion |

17.30-19.00 **Poster Viewing & Networking
Reception**

19.00-23.00 **Dinner: Own arrangements/Trade**

Day 2: Thursday 12th November

08.30 – 12.30 Workshops/AHP/GP & Diff Cases meetings

08.30 – 09.30

09.30 – 11.10

11.10 – 12.30

11.30 – 12.30

10.30 – 12.30 TAR Manufacturer's 'champions' debate: 'Why our TAR is best – pros/cons'

MatOrtho –

Wright Medical –

Stryker

Corin

Tornier

09.00 – 12.30 AHP Meeting

09.00 – 10.30

1. Mini-symposium: ankle instability

Clinical presentation/examination, patient selection

Christopher Di Giovanni

Surgical considerations in ankle instability

Steven Haddad

Rehabilitation of ankle instability - pre and post surgery

Chris Bleakley

Q&A

10.30 – 11.00

Tea/Coffee

11.00 – 11.40

2. 'Masqueraders': The recognition and management of vascular causes of distal limb symptoms

Alan Taylor

Q&A

11.40 – 12.30

3. Update on AHP-led national research

Matt Costa

PRP for Achilles' tendinopathy and rupture

Rebecca Kearney and David Keane

12.30 – 12.40

4. Association of Foot and Ankle Physiotherapists (AFAP) – Update

Noelene Davey

Draft/provisional programme – subject to change.

09.00 – 13.00 GP Meeting (see separate programme)

09.00 – 10.30 Difficult Cases Meeting

Chairs:

13.00 – 14.00 Lunch

14.00 – 15.30 Free Papers 2

Chairs:

15.30 – 16.45 Symposium 3:

Achilles' tendon

***Chairs:** James Calder &*

15.30 – 15.40 Rupture: 'why I would have mine surgically repaired'

Speaker tbc

15.40 – 15.50 Rupture: 'why I would have mine managed functionally'

Claire Topliss

15.50 – 16.00 **Discussion**

16.00 – 16.15 How I manage insertional Achilles' tendinopathy – USA

Christopher Di Giovanni

16.15 – 16.30 How I manage insertional Achilles' tendinopathy – Europe

Jean-Luc Besse

16.30 – 16.45 **Discussion**

16.45 – 17.15 Tea/Coffee

17.15 – 18.15 Instructional 2:

Ankle 'instability'

Chairs:

17.15 – 17.25 The Brostrom in 2105: when and how ?

Speaker tbc

17.25 – 17.35 When to reinforce the Brostrom and how ?

Speaker tbc

17.35 – 17.45 Is there still a need for non-anatomic repair ?

Speaker tbc

17.45 – 17.55 The subtle cavus foot; does it need an osteotomy ?

Speaker tbc

17.55 – 18.05 Acute syndesmotomic injury in the athlete

James Calder

18.05 – 18.15 Role of arthroscopy in the management of syndesmotomic instability

Christopher Di Giovanni

18.15 – 18.30 **Discussion**

Draft/provisional programme – subject to change.

18.30 – 19.15 **Keynote Speaker:** *Steve Haddad*

Total Ankle Arthroplasty: Making the Unpredictable Predictable

20.30 **BOFAS Annual Dinner
(Mercedes-Benz World)**

Day 3 Friday 13th November

08.00 – 08.40 Update 1: Outcomes: Any progress ?

Chair: *Ian Winson*

08.00 – 08.10 ProOne personal

Matt Solan

08.10 – 08.20 BOFAS Registry

Paul Halliwell

08.20 – 08.30 Hospital Registry

Andy Molloy

08.30 – 08.40 NJR/Tarva trial update

Andy Goldberg

08.50 – 09.00 Update 2: VTE Prophylaxis in F&A Surgery

Chair: *Ian Winson*

08.50 – 09.00 DVT prophylaxis in F&A surgery: A US perspective

Christopher Di Giovanni

09.15 – 09.35 Update 3: Diabetic foot management in the UK

Chair: *Chris Walker*

09.15 – 09.25 The current state of affairs:

Fred Robinson

09.25 – 09.35 The desired state of affairs:

Matt Solan

09.45 – 11.15 Free Papers 3

Chairs:

11.15 – 11.45 Tea/Coffee

11.45 – 13.00 Current Debates & Challenges

Chairs: David Redfern & Dishan Singh

11.45 – 12.30 1. Debates

11.45 – 11.55 Lapidus vs Scarf in 2015

Christopher Di Giovanni

11.55 – 12.05 Scarf evolution: one screw, no screws ...plate

Bernhard Devos-Bevernage

12.05 – 12.15 DMO: what's the evidence ? Does it have a role ?

Jean-Luc Besse

12.15 – 12.30 **Discussion**

12.30 – 13.00 2. Challenges

12.30 – 12.40 Navicular fractures: stress and otherwise

Steve Haddad

12.40 – 12.50 Sesamoid problems: is there a logical algorithm for managing them?

Mark Davies

12.50 – 13.00 **Discussion**

13.00 – 13.45 Lunch

13.45 – 13.55 Best Paper/Best Poster Prize Presentations

Anthony Sakellariou/Matt Solan

14.00 – 14.30 Keynote Speaker: Roy Lilley

RITE NHS

Close of Scientific Meeting

14.30 – 15.30 BOFAS AGM

Council

15.30 – 15.45 Presidential Handover to Bill Harries

Anthony Sakellariou

Draft/provisional programme – subject to change.