



39th Annual Update in Gastroenterology and Hepatology for the Primary Care Provider

Saturday, November 2 - Sunday, November 3, 2019
Hyatt Regency Monterey Hotel and Spa, Monterey, California

A Continuing Medical Education Conference Presented by the Department of Internal Medicine,
Division of Gastroenterology and Hepatology, University of California, Davis, Health

CME UP TO 10 AMA PRA CATEGORY 1 CREDITS™

**UCDAVIS
HEALTH**

Register online at <https://ces.ucdavis.edu/gastrohepa2019>

SATURDAY, NOVEMBER 2, 2019

- 7:00 a.m. Registration, Continental Breakfast, Visit Exhibits**
- 7:55 Welcome and Course Objectives**
Eric Chak, MD, MPH
- 8:00 Dysphagia**
Review and understand recently published guidelines for this common condition managed in the primary care setting, including referral for endoscopy.
Juan Carlos García, MD
- 8:30 Questions and Answers**
- 8:40 Barrett's Esophagus**
Barrett's esophagus is an asymptomatic, pre-malignant condition. We will review the risk factors for Barrett's esophagus, its natural history and current recommendations for screening and surveillance.
Cecilia Terrado, MD
- 9:10 Questions and Answers**
- 9:20 Safety of Long-term PPI Use**
Proton pump inhibitors are one of the world's most common prescribed medications due to the prevalence of GERD and other upper GI symptom complexes. We will review the latest information regarding long-term safety of these medications.
Asha Gupta, MD
- 9:50 Questions and Answers**
- 10:00 Refreshment Break, Visit Exhibits**
- 10:20 Irritable Bowel Syndrome**
Irritable bowel syndrome is a very common and frustrating cause of abdominal symptoms in developed nations. Diagnostic criteria and treatment of this disorder will be discussed.
Surinder Mann, MD
- 10:50 Questions and Answers**
- 11:00 Refractory *Clostridium Difficile* Infection**
Clostridium Difficile is a common cause of infectious diarrhea in older patients and those in long-term facilities, but the demographics of infection may be changing. Refractory infection is common and management will be reviewed by an infectious disease specialist.
Stuart Cohen, MD
- 11:30 Questions and Answers**
- 11:40 Food Fads and Supplements**
New diets and supplements marketed to the American public are constantly evolving and often promise to improve the lives of our patients. We will explore these issues and attempt to separate fact from fiction as it relates to diets and supplements.
Sooraj Tejaswi, MD, and Allison Reitz, RD
- 12:10 p.m. Questions and Answers**
- 12:30 Optional Lunch Sessions (1 hour of CME credit)**
1. Chronic Hepatitis C: Treatment Regimen Update
Souvik Sarkar, MD, PhD
 2. Autoimmune Liver Disease
Christopher Bowlus, MD
 3. Alcoholic Liver Disease Management
Valentina Medici, MD
 4. Hepatitis B Management: Case Discussion (Bring your cases to discuss)
Eric Chak, MD, MPH
 5. When to Repeat Colonoscopy for Colon Cancer Screening or Adenoma Surveillance
Jesse Stondell, MD

SUNDAY, NOVEMBER 3, 2019

- 6:45 a.m. Registration, Continental Breakfast, Visit Exhibits**
- 6:50 Optional Breakfast Sessions (1 hour of CME credit)**
1. Management of Anal Intraepithelial Neoplasia
Juan Carlos García, MD
 2. Peptic Ulcer Disease Management
Asha Gupta, MD
 3. Pancreatitis
Sooraj Tejaswi, MD
- 7:55 Welcome and Course Objectives**
Cecilia Terrado, MD
- 8:00 Fatty Liver Disease: Current and Future Therapies**
Fatty liver disease is the most common liver disease and a rising cause of liver transplantation. Diagnosis of fatty liver disease, treatment options, and when to refer to a specialist will be discussed.
Souvik Sarkar, MD, PhD
- 8:30 Questions and Answers**
- 8:40 Approach to Cholestasis: Liver and Biliary Diseases**
The differential diagnosis for patients with cholestatic liver disease is wide. Differential diagnoses and approach to the patient will be reviewed.
Christopher Bowlus, MD
- 9:10 Questions and Answers**
- 9:20 Diagnosis and Management of Liver Cancer**
Liver cancer is a leading cause of death in those with advanced liver disease. The most recent guidelines for screening and diagnosis of liver cancer will be reviewed and emerging therapies will be discussed.
Eric Chak, MD, MPH
- 9:50 Questions and Answers**
- 10:00 Refreshment Break, Visit Exhibits**
- 10:20 Management of Liver Cirrhosis**
Patients with liver cirrhosis are complex and represent a large burden to the American health care system. We will review the diagnosis of cirrhosis as well as the most up-to-date management of its many complications.
Valentina Medici, MD
- 10:50 Questions and Answers**
- 11:00 The ABCs of Inflammatory Bowel Disease for the PCP**
Inflammatory Bowel Disease is a chronic autoimmune condition, which has a wide spectrum of clinical presentation and GI symptoms. We will review the two major types of IBD and how they are managed.
Jesse Stondell, MD
- 11:30 Questions and Answers**
- 11:40 Management of Hemorrhoids**
Hemorrhoids are a very common cause of rectal bleeding. Diagnosis and treatment of hemorrhoids from the colorectal surgery perspective will be discussed.
Linda Farkas, MD
- 12:10 p.m. Questions and Answers**
- 12:20 Adjourn**

Target Audience

This national conference is designed to meet the educational needs of primary care physicians, specialty physicians, nurse practitioners, physician assistants, nurses, and pharmacists.

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis (NASH): Learners will demonstrate understanding of NAFLD/NASH epidemiology, diagnosis of NAFLD/NASH, and treatment options available.
- Liver Cancer: Learners will understand the liver cancer screening guidelines for patients with chronic liver disease to diagnose liver cancer at an early stage and the various treatment paradigms that exist for the liver cancer.
- Chronic Hepatitis C (CHC): Learners will become familiar with the new CHC treatment regimens and which one to use for each given case of CHC.
- Recurrent Clostridium Difficile Infection: Learners will understand how to diagnose recurrent C. diff infection and prescribe the correct antibiotic regimen to treat recurrent infection.

Lectures

Electronic access to course lectures will be made available to conference attendees. Please note there will be no printed syllabus for this activity.

Accreditation

The University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Credit Designation

Physician Credit: The University of California, Davis, Health designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ acceptable for multidisciplinary team members.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 10 hours of credit and fill in "CME Category 1" for the provider number).

Pharmacist: The California Board of Pharmacy accepts coursework which meets the standard of relevance to pharmacy practice and has been approved for *AMA PRA Category 1 Credits™*.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Registration

Registration fee includes talks, optional sessions for days attended, course materials, conference meals, and CME certificate.

Attendee Type	Early Discount	September 3, 2019 - Onsite (space availability basis)
Physicians	\$395	\$475
Other Health Care Professionals	\$350	\$425

Register online at: <https://ces.ucdavis.edu/gastrohepa2019>

Please provide an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and the CME certificate.

Cancellation and Refund Policy

A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by September 3, 2019. No refunds will be provided after this date.

Electronic Evaluation And Credit

The course lectures and evaluation will be available online for 14 days after the last day of the conference. Once the online survey is completed, your certificate will be sent via email within 30 days post conference.

Hotel Accommodations



**HYATT
REGENCY®**

1 Old Golf Course Road
Monterey, CA 93940
831-372-1234

By staying at the host hotel, you help the University of California, Davis meet its contractual obligations with the Hyatt Regency, and keep future conference registration fees reasonable.

Please register for the conference PRIOR to making hotel reservations at the host hotel. All hotel reservations will be reviewed for corresponding conference registration.

A block of rooms at a reduced rate is being held for **registered** conference participants.

After **10/01/2019**, reservations will be made on a space and rate availability basis.

To make hotel reservations, please contact the Hyatt directly and refer to the Gastroenterology and Hepatology Update for the Primary Care Provider, or reserve online here: **UC DAVIS 26576467 IN:** <https://www.hyatt.com/en-US/group-booking/MRYDM/G-UCDV>

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COURSE CO-CHAIRS

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Sooraj Tejaswi, MD

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Allison Reitz, RD, CNSC

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FOR FURTHER INFORMATION

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