



THE PODIATRY INSTITUTE

WITH JOINT PROVIDER

UTAH PODIATRIC MEDICAL ASSOCIATION

33rd Annual Winter Conference

CUTTING EDGE TOPICS & TECHNIQUES IN FOOT & ANKLE SURGERY

FEBRUARY 5-7

PARK CITY

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.



UP TO 20 CECHs

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and the UTAH PODIATRIC MEDICAL ASSOCIATION. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.

THURSDAY

FEBRUARY 5

7:00 am-7:25 am

REGISTRATION & BREAKFAST

7:25 am-9:30 am

FOREFOOT

Heloma Molle Surgery Simplified

Desyndactyly

Biomechanics of the 2nd Ray

Unreliability of the IM Angle in Choosing a HAV Surgical Procedure

First MTPJ Arthrodesis

Lapidus vs 1st MTPJ Arthrodesis in Older Patients



3:00 pm-3:30 pm

EXHIBIT HALL OPENS

REFRESHMENTS PROVIDED

3:30 pm-6:15 pm

FOREFOOT COMPLICATIONS/REVIEWS

Plantar Plate Repair: Review of 200 Cases

Mini Bunion vs Traditional, Upsides vs Downsides

Complications of the New Wave of Lapidus Procedures

Pan Met Head Resection: The Great Equalizer

First MTPJ Arthrodesis, Is It Still the Gold Standard?

Forefoot Complications

Navigating Surgical Forefoot Complications

6:15 pm-7:00 pm

DINNER WITH THE EXHIBITORS

7:00 pm-9:30 pm

MIDFOOT/ REARFOOT/ANKLE

Tarsometatarsal Joint Arthrodesis: Essentials for Success

Retrocalcaneal Spur Excision, the Long Road to Recovery

Middle Facet Coalition: Influence of Lateral Talar Wedging

Ankle Fusion Techniques

Supra Malleolar Osteotomies

Dropfoot Repair

The Cole Osteotomy: Indications & Techniques

TAR and Complications

FRIDAY

FEBRUARY 6

7:00 am-7:30 am

BREAKFAST WITH THE EXHIBITORS

7:30 am-9:30 am

DERMATOLOGY/ PRODUCTS

Utilizing Cytology to Understand Soft Tissue Pathology

Dermatophytoma: The Nail Condition You See Each Day

Diagnosis and Treatment Codes Review for Lower Extremity Biopsies

Navigating TikTok's Dermatology Myths

15,000 Lower Extremity Skin Cancer Assessment

Derm Update 2026 (Warts, Fungus, and Rashes, Oh My!)

Topical Steroid Withdrawal and Other Zebras

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3:00 pm-3:30 pm

EXHIBIT HALL OPENS

REFRESHMENTS PROVIDED

3:30 pm-6:15 pm

MEDICINE/ DIABETIC PATIENT

100,000 Abnormal Toenail Diagnosis Analysis Report

DFU: Peroneus Longus Overdrive

15,000 Interdigital Webspace Infections Study DFU,

Osteomyelitis: Do We Need to Amputate?

Peri-operative Management of the Diabetic Patient

Double Plating for Midfoot Charcot: early WB

Surgical Offloading in Diabetic Patients

6:15 pm-7:00 pm

DINNER WITH THE EXHIBITORS

7:00 pm-9:30 pm

TRAUMA

Forefoot Trauma and Cases

EHL Laceration Repair

Hindfoot Trauma and Cases

You and Mr. or Mrs. Jones, What's the Plan?

Ankle Trauma and Cases

Achilles Tendon Ruptures

Open Fractures: Medicine and Surgery

SATURDAY

FEBRUARY 7

7:00 am-7:30 am

BREAKFAST WITH THE EXHIBITORS

7:30 am-9:30 am

SPORTS MEDICINE

Sex Differences in Tendinopathy

Stress Injuries in the Peri, Post Menopausal Female

Turf Toe

The Biomechanics of Grafts in Lateral Ankle Stabilization

Chronic Lateral Ankle Instability: Outcomes of 200+ Cases

Anterior Ankle Impingement

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3:00 pm-3:30 pm

EXHIBIT HALL OPENS

REFRESHMENTS PROVIDED

3:30 pm-7:00 pm

MISCELLANEOUS

Wound Biologics – Update

MIS: Complications and Solutions

Drop Foot: Surgical Approach

Vitamin D and Its Role in Podiatric Medicine and Surgery

Vaping, Cannabis and THC Effects on Patient Care

Lapidus Bunionectomy

Photobiomodulation: Laser Therapy

Subtalar Joint Dislocations

Peptides: What Are They and How Do They Relate To Podiatry?



CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

HALLUX VALGUS SURGERY: The attendee will become familiar with different surgical procedures in the management of associated HAV deformities.

FOREFOOT SURGERY: The attendee will become familiar with different surgical procedures in the management of associated forefoot deformities.

REARFOOT SURGERY: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures on the rearfoot.

COMPLICATIONS: The attendee will be exposed to the various options in trauma repair and how to address the options, risks and long term complications of different procedures.

DIABETES, INFECTIONS, AND WOUNDS: The attendee will become familiar with all different surgical options in the management of diabetes, wounds, and infection cases.

TOPICS OF INTEREST: The attendee will gain knowledge and understanding of various topics that the podiatric physician may encounter related to soft tissue, innovations, etc.

MEDICINE: The attendee will become familiar with the current treatment options and advanced therapies in the various medical conditions that present to a podiatric physician.

DERMATOLOGY: The attendee will gain a better appreciation for the wide array of dermatologic conditions that can present in the skin and nails of the foot. Diagnostic methods and treatment protocols will be reviewed. Indications for biopsy procedures will be discussed in the context of a hands-on workshop that will include the most useful plastic procedures for post-biopsy excisions on the skin of the foot.

Click on the following links to register, see pricing and available discounts, order meal packages, make hotel reservations, and more.

CONFERENCE
REGISTRATION
(Webinar or On-Site)

SHERATON PARK CITY
RESERVATIONS

PARK CITY
SKI RESORT

LOCAL ATTRACTIONS

EXHIBITOR APPLICATION

SHERATON PARK CITY

1895 Sidewinder Drive, Park City, UT 84060

800.234.9003 or 435.649.2900

Rate: from \$365 (plus tax, subject to change without notice)

You must mention
THE PODIATRY INSTITUTE
to secure our special rate.

A block of rooms has been reserved and will be held until it is full or **January 10, 2026**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and **you must advise Reservations that you are attending The Podiatry Institute conference**. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable February 4-8, 2026 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Unique Adventures by Trish 404.944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2024

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery. For more information, please visit www.podiatryinstitute.com



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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Surgical Pearls by the Sea
with Rhode Island Podiatric
Medical Association

Hilton Head JUNE 18-21

Footprints in the Sand
with South Carolina
Podiatric Medical Association

San Diego SEPT 24-27

UPDATE 2025
with San Diego Podiatric
Medical Society

Chicago TBA

Windy City Conference
with Illinois Podiatric
Medical Association

Sanibel TBA

40h Annual Conference
Hallux Valgus & Related
Forefoot Surgery
(with optional Florida
Package Workshop)

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