

Jointly Provided by



14th Annual Rocky Mountain Metabolic Syndrome SYMPOSIUM

VISITING PROFESSORS



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ACPE
ACCME
ANCC
CDR

FRIDAY MAY 19, 2017

UNIVERSITY OF COLORADO • ANSCHUTZ MEDICAL CAMPUS

TARGET AUDIENCE

This program is designed to benefit Physicians, Diabetes Educators, Nurses, Nurse Practitioners, Pharmacists, Physician Assistants & Registered Dietitians.

*There are no pre-requisites required for this course. To claim your certificate you must attend the seminar, complete the activity evaluation and download your certificate of completion. **Competencies addressed:** Patient Care; Medical Knowledge; Interpersonal & Communication Skills; Professionalism; System-Based Practice*

COURSE DESCRIPTION

This course is designed to bring together leaders in research and medicine with a multidisciplinary group of healthcare practitioners from the Rocky Mountain Region. The activity focuses on practical approaches to the metabolic syndrome and key related clinical challenges. Its central purpose is to create enduring performance improvement that generates compelling advances in patient care.

FORMAT

Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

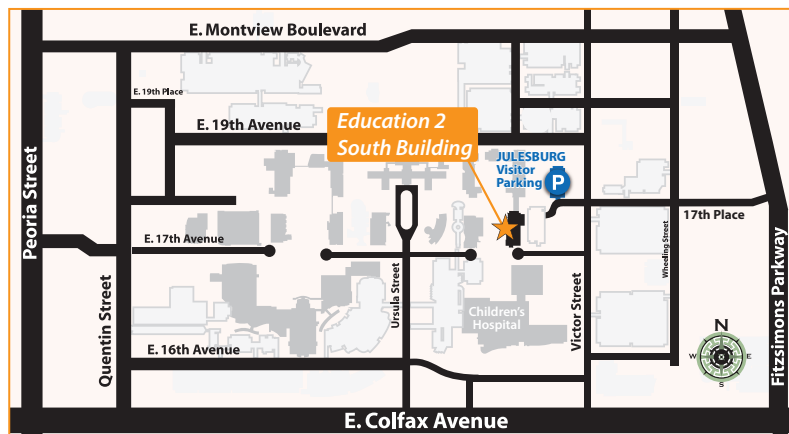
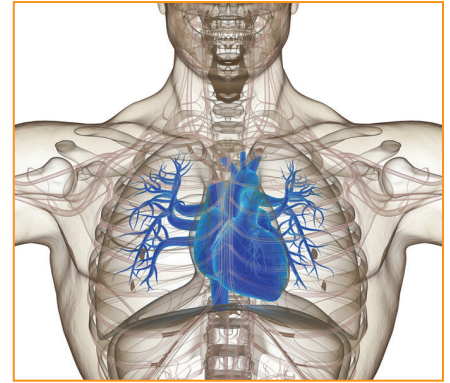
LEARNING OBJECTIVES

These objectives support medical assessment and management with patient populations for physicians, nurses, diabetes educators, nurse practitioners, physician assistants, pharmacists and registered dietitians:

- Apply guidelines pertaining to the screening and assessment of the metabolic syndrome patient.
- Implement current diet and nutrition recommendations for patients with the metabolic syndrome and type 2 diabetes.
- Compare therapeutic advances in the management of atherosclerosis, dyslipidemia, type 2 diabetes, obesity and related diseases centered on the metabolic syndrome.
- Evaluate approaches to assess readiness and motivate patients to incorporate an appropriate exercise regimen.
- Assess practical strategies for managing insulin in patients with type 2 diabetes.
- Integrate challenges and current recommendations pertaining to menopause and related women's health issues.

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical/clinical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition. If you have activity questions or concerns, please contact cpdsupport@health.usf.edu or call 813-224-7860.

USF is an Equal Opportunity/Affirmative Action/Equal Access Institution. For disability accommodations contact CEConsultants at 303-933-1767 within 5 days of the event.



PARKING

Public parking is available in the **Julesburg** visitor parking lot on 17th Place near the Education 2 South building. Parking is \$5/day.

LODGING

Visit the following web address to access contact information for all lodging within 10 miles of the University of Colorado Hospital Anschutz Medical Campus: www.uch.edu/your-visit/travel
(Please note that many of these hotels offer special University of Colorado Hospital discounts so be sure to mention you are attending a UCH activity.)

LOCATION

University of Colorado
Anschutz Medical Campus
Education 2 South Building Auditorium
13121 E 17th Avenue • Aurora, CO 80045

DRIVING DIRECTIONS

From the South (via I-225)

- West on Colfax to Victor St.
- Right (North) on Victor St.
- Left (West) on E. 17th Place
- Street leads to Julesburg parking lot

From the North (via I-70)

- South on Peoria to E. Montview Blvd.
- Left (East) on E. Montview Blvd. to Victor St.
- Right (South) on Victor St.
- Right (West) on E. 17th Place
- Street leads to Julesburg parking lot

PROGRAM AGENDA

Friday, May 19, 2017

7:00	Registration/Coffee
7:45	Metabolic Syndrome Update 2017 <i>Marc-Andre Cornier, MD</i>
8:00	Physical Activity & the Metabolic Syndrome <i>John M. Jakicic, PhD</i>
9:00	What's New in Type 2 Diabetes Management? <i>Elizabeth Stephens, MD</i>
10:00	Break/Exhibits
10:20	Integrating Technological Advances in Weight Management <i>John M. Jakicic, PhD</i>
11:05	Lipids & CVD Risk: Where Are We in 2017? <i>Marc-Andre Cornier, MD</i>
11:50	Lunch/Exhibits
12:35	OTCs & Supplements in the Management of Metabolic Disease: Complementary or Confusion? <i>Monika Nuffer, PharmD</i>
1:20	Time for the Talk: Prescribing Exercise & Diet for Your Patients <i>Tanya Halladay, RD, PhD</i>
2:05	Break/Exhibits
2:25	Insulin Update 2017: Is Newer Better? <i>Elizabeth Stephens, MD</i>
3:10	Effects of Hormone Therapy on the Metabolic Syndrome <i>Micol Rothman, MD</i>
3:55	Break/Exhibits
4:00	The Past, Present & Future of Weight Loss Medications <i>Daniel Bessesen, MD</i>
4:45	Adjourn

Agenda is subject to change.

FACULTY

COURSE DIRECTOR

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FACULTY DISCLOSURE: USF Health adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved and also that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course syllabus.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through a joint providership of USF Health and CEConsultants. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



REGISTERED DIETITIANS: USF Health, C0001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from 2/22/17 to 2/21/18. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive up to 7.5 Level 2 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program or materials.

PHYSICIAN ASSISTANTS: The American Academy of Physician Assistants (AAPA) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

NURSES: USF Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 7.5 contact hours may be earned by learners who successfully complete this continuing nursing education activity.



PHARMACISTS: USF Health is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 7.5 contact hours (0.75 CEUs). Universal program number for the full program is as follows: **0230-9999-17-006-L01-P**.

To receive continuing education credit, a pharmacist must attend the accredited sessions, actively participate in questions and answers, and must return the program evaluation instrument. In order to receive credit, registrants must register no later than 10 minutes after the start of the meeting and must attend the entire meeting.

It is the responsibility of the pharmacy participant to ensure the provider has the learner's birthday and ePID/NABP number; it is the responsibility of the provider to submit to CPE Monitor participant information within 60 days of the activity for all participants who have attended, attested to their participation and provided their ePID/NABP number and birthdate.

REGISTRATION

AG2017414/1170

Information & Fees

The registration fee includes the program, syllabus, catered breaks and lunch. Refunds are issued only for meetings which are canceled by the education provider.

Parking is operated by a private company that charges \$5 per day.



EARLY REGISTRATION: \$175

Discounted fee for those registered **prior to April 10, 2017.**

STANDARD REGISTRATION: \$195

Standard fee applies to registrations postmarked **after April 10, 2017.**

ONSITE REGISTRATION: \$215

Onsite fee applies to participants that register on the day of the event, **May 19, 2017.**

Two Ways to Reserve Your Place

- ▶ Detach completed form below and mail with check. \$175 (prior to 4/10/17) or \$195 (after 4/10/17)
- ▶ Register Online. Visit www.cme.hsc.usf.edu and click on Course Calendar > Search May 2017 > Rocky Mountain Metabolic Syndrome Symposium.

Complimentary lunch will be served. Do you require a vegetarian meal? ☐ Yes ☐ No

Pharmacy Participants Only

Name (As you would like listed on your CME/CE certificate)

NABP #

Birthday (MM/DD)

Degree (MD, NP, PharmD, RN, etc.)

Specialty (Endocrinology, Family Practice, etc.)

Address

City, State, Zip

Email (for sending receipt and claiming CME/CE)

Phone

PAY BY CHECK: Return form and enclose check payable to: **CEConsultants, LLC**

Mail to: **CEConsultants, LLC** • 33 Lark Bunting Lane • Littleton, CO 80127

☐ I have special needs and require accommodation in order to fully participate in this activity. (Someone will contact you to discuss your needs.)

PAY BY CREDIT CARD: ☐ Visa ☐ MC ☐ Discover ☐ AmEx

FAX with credit card number to: 303-933-1764

Name on card

\$

Amount

Credit Card Number

Expiration Date

CVV (3 or 4 digit card security code)

Credit Card Zip (if different from above)

Signature

For additional information contact **CEConsultants** at questions@thececonsultants.com or call **303-933-1767**