

ORTHOPAEDICS

FOR THE PRIMARY CARE PRACTITIONER
& REHABILITATION THERAPIST

JULY 26-28, 2019 • THE SANDPEARL - CLEARWATER, FL



COURSE DIRECTOR

SETH GASSER, MD
ORTHOPAEDIC & SPORTS MEDICINE SURGEON
FLORIDA ORTHOPAEDIC INSTITUTE
TAMPA, FL

PROVIDED BY



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INVITED FACULTY

CHRISTOPHER E. BAKER, MD

TAMPA, FL

ALFRED HESS, MD

TAMPA, FL

BRIAN PALUMBO, MD

TAMPA, FL

SCOTT BRICKETT, ATC

TAMPA, FL

JOHN HISAMOTO, PT

TAMPA, FL

IOANNIS PAPPOU, MD

TAMPA, FL

EDDIE BUNTON, AT

TAMPA, FL

TAMMY KING, DPT

TAMPA, FL

DONNA SAATMAN, MD

TAMPA, FL

DAVID CHEONG, MD

TAMPA, FL

EVAN LOEWY, MD

TAMPA, FL

JEFF SELLMAN, MD

TAMPA, FL

DAVE COLVIN, DPT

TAMPA, FL

BENJAMIN J. MAXSON, DO

TAMPA, FL

ANJAN R. SHAH, MD

TAMPA, FL

EDDY L. ECHOLS, MD

TAMPA, FL

MARK A. MIGHELL, MD

TAMPA, FL

JOHN SMALL, MD

TAMPA, FL

KEVIN ELDER, MD

TAMPA, FL

MICHAEL A. MIRANDA, DO

TAMPA, FL

DEXTER STALLWORTH, MD

TAMPA, FL

TIMOTHY C. EPTING, DO

TAMPA, FL

KEVIN NAGEL, PT

TAMPA, FL

STEVEN TRESSER, MD

TAMPA, FL

MICHAEL GARCIA, MD

TAMPA, FL

JASON NYDICK, DO

TAMPA, FL

SEUNG YI, MD

TAMPA, FL

CHRISTOPHER GRAYSON, MD

TAMPA, FL

COURSE DESCRIPTION

THIS COURSE IS DESIGNED TO PROVIDE HEALTHCARE PROFESSIONALS WITH THE MOST CURRENT DIAGNOSTIC AND TREATMENT OPTIONS IN THE ORTHOPAEDIC SUBSPECIALTIES. A DISTINGUISHED FACULTY WILL PRESENT RECENT ADVANCES IN TRAUMA AND FRACTURE FIXATION, ARTHRITIS MANAGEMENT, JOINT RECONSTRUCTION, TREATMENT OF SPORTS-RELATED CONDITIONS, SPINE SURGERY, HAND AND UPPER EXTREMITY EVALUATION AND MANAGEMENT, AND PHYSICAL THERAPY. PARTICIPANTS WILL BE GIVEN AMPLE TIME FOR INTERACTIVE DISCUSSIONS AND OPPORTUNITIES TO INTERACT WITH FACULTY, PLUS HANDS-ON WORKSHOPS.

COURSE OBJECTIVES

UPON COMPLETION OF THIS COURSE, PARTICIPANTS WILL BE ABLE TO:

- **DESCRIBE** COMMON MUSCULOSKELETAL CONDITIONS
- **DISCUSS** UPDATES IN TREATMENT OF COMMON ORTHOPAEDIC INJURIES
- **ASSESS** APPROPRIATE DIAGNOSTIC IMAGING TESTS
- **UNDERSTAND** INDICATIONS FOR REFERRAL TO A SPECIALIST WITH REGARD TO HIP AND KNEE DISORDERS
- **APPLY** NEW APPROACHES TO RELIEVE PAIN AND IMPROVE FUNCTION IN PATIENTS WITH ORTHOPAEDIC INJURIES
- **EVALUATE** EXISTING THERAPIES TO ENHANCE TREATMENT

TARGET AUDIENCE

PRIMARY CARE PRACTITIONERS, PHYSICIANS, PHYSICAL THERAPISTS, ATHLETIC TRAINERS, AND OTHER ALLIED HEALTHCARE PROFESSIONALS WHOSE SCOPE OF PRACTICE OR PROFESSION INCLUDES ORTHOPAEDICS.

ACCREDITATION



PHYSICIANS: FORE IS ACCREDITED BY THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS.

FORE DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF **18.75 AMA PRA CATEGORY 1 CREDITS™**. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY.



PHYSICAL THERAPISTS: *APPROVAL PENDING FROM THE FLORIDA BOARD OF PHYSICAL THERAPY*



ATHLETIC TRAINERS: FOUNDATION FOR ORTHOPAEDIC RESEARCH AND EDUCATION IS RECOGNIZED BY THE BOARD OF CERTIFICATION, INC. TO OFFER CONTINUING EDUCATION FOR CERTIFIED ATHLETIC TRAINERS. THIS PROGRAM HAS BEEN APPROVED FOR 18.75 HOURS OF CATEGORY A CONTINUING EDUCATION. CERTIFIED ATHLETIC TRAINERS ARE RESPONSIBLE FOR CLAIMING ONLY THOSE HOURS SPENT PARTICIPATING IN THE CE ACTIVITY.



REGISTRATION OPTIONS

1 | ONLINE: FOREONLINE.ORG

2 | PHONE: 813-877-8096

	ON OR BEFORE 6/24/2019	AFTER 6/24/2019
PHYSICIANS	\$500.00	\$600.00
FELLOWS & OTHER HEALTHCARE PROFESSIONALS	\$350.00	\$450.00
FRIDAY WORKSHOP ONLY (INCLUDED WITH FULL-COURSE FEE)	\$100.00	\$200.00
GUEST FOR RECEPTION	\$35.00	\$35.00

REGISTRATION FEE INCLUDES HANDS-ON WORKSHOP, COURSE MATERIALS, BREAKFASTS, BREAKS, LUNCHES, AND WELCOME RECEPTION FOR THE PARTICIPANT ONLY. NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT.

ACCOMMODATIONS

SANDPEARL RESORT
500 MANDALAY BOULEVARD
CLEARWATER, FLORIDA 33767
PHONE: (866) 384-2995

A LIMITED BLOCK OF ROOMS HAS BEEN RESERVED AT THE SANDPEARL ON CLEARWATER BEACH. PLEASE MENTION “ORTHOPAEDICS FOR THE PRIMARY CARE PRACTITIONER” TO RESERVE YOUR ROOM AT THE GROUP RATE OF \$219.00/NIGHT, PLUS APPLICABLE TAX AND RESORT FEES. RESERVATIONS FOR THIS RATE MUST BE MADE BEFORE JULY 5, 2019.

DISABILITIES

PLEASE NOTIFY THE CONTINUING MEDICAL EDUCATION OFFICE, 4115 W. SPRUCE STREET, TAMPA, FL 33607, OR CALL 813-877-8096, A MINIMUM OF TEN WORKING DAYS IN ADVANCE OF THE EVENT IF A REASONABLE ACCOMMODATION FOR A DISABILITY IS NEEDED. EVENTS, ACTIVITIES AND FACILITIES OF THE FOUNDATION FOR ORTHOPAEDIC RESEARCH AND EDUCATION ARE AVAILABLE WITHOUT REGARD TO RACE, COLOR, SEX, NATIONAL ORIGIN, DISABILITY, AGE OR VETERAN STATUS, AS PROVIDED BY THE LAW AND IN ACCORDANCE WITH FORE’S RESPECT FOR PERSONAL DIGNITY.

REFUND POLICY

CANCELLATION NOTIFICATION MUST BE IN WRITING (EMAIL TO CME@FOREONLINE.ORG), AND MUST BE RECEIVED BY THE CLOSE OF BUSINESS ON JUNE 24, 2019. A CANCELLATION FEE OF \$50 WILL BE ASSESSED. CANCELLATIONS RECEIVED AFTER JUNE 24, 2019, WILL NOT RECEIVE A REFUND. NO-SHOWS WILL NOT RECEIVE A REFUND.

FORE RESERVES THE RIGHT TO CANCEL THIS PROGRAM DUE TO UNFORESEEN CIRCUMSTANCES, IN WHICH CASE A FULL REFUND OF REGISTRATION FEES WILL BE GIVEN TO PARTICIPANTS. FORE WILL NOT BE RESPONSIBLE FOR TRAVEL EXPENSES INCURRED BY THE PARTICIPANT IN THE UNLIKELY EVENT THAT THE PROGRAM IS CANCELLED.

FRIDAY, JULY 26, 2019

1:00 PM – 1:30 PM REGISTRATION

1:30 PM – 6:15 PM WORKSHOP

1:30 PM EVALUATION OF THE PAINFUL KNEE

2:10 PM KNEE INJECTIONS

2:30 PM QUESTIONS & DISCUSSION

2:55 PM – 3:15 PM BREAK WITH EXHIBITORS

3:15 PM EVALUTATION OF THE PAINFUL SHOULDER

3:45 PM ULTRASOUND EXAMINATION OF THE SHOULDER

4:15 PM SHOULDER INJECTIONS

4:35 PM QUESTIONS & DISCUSSION

5:00 PM HANDS-ON-WORKSHOP: ULTRASOUND AND INJECTIONS

6:15 PM ADJOURN FOR THE DAY

SATURDAY, JULY 27, 2019

7:00 AM – 7:50 AM BREAKFAST & REGISTRATION

7:50 AM INTRODUCTION & WELCOME REMARKS

8:00 AM – 9:10 AM SESSION 1 - GENERAL/ MISCELLANEOUS

8:00 AM BASIC PRINCIPLES OF ORTHOPAEDIC IMAGING

8:15 AM LUMPS AND BUMPS: WHEN TO BE CONCERNED

8:30 AM COMMON ORTHOPAEDIC NUTRITIONAL SUPPLEMENTS:
MYTHS AND REALITY

8:45 AM QUESTIONS & DISCUSSION

9:10 AM – 10:35 AM SESSION 2 - PRIMARY CARE SPORTS MEDICINE

9:10 AM BIOLOGICS IN SPORTS MEDICINE: CURRENT CONCEPTS

9:25 AM NON-OPERATIVE TREATMENT OF OSTEOARTHRITIS

9:40 AM ATC EMERGENCIES: HEAT INJURY, SPINE BOARDING, ETC.

9:55 AM THE PEDIATRIC ATHLETE

10:10 AM QUESTIONS & DISCUSSION

10:35 AM – 10:55 AM BREAK WITH EXHIBITORS

SATURDAY, JULY 27, 2019 (CONTINUED)

10:55 AM - 12:20 PM SESSION 3 - SHOULDER & ELBOW

- 10:55 AM PHYSICAL EXAMINATION OF THE SHOULDER
- 11:10 AM REHABILITATION OF THE PAINFUL THROWING SHOULDER
- 11:25 AM GLENOHUMERAL ARTHRITIS: TREATMENT OPTIONS
- 11:40 AM TRAUMATIC SHOULDER INSTABILITY: EVALUATION AND TREATMENT
- 11:55 AM QUESTIONS & DISCUSSION

12:20 PM - 1:20 PM NON-CME LUNCH & LEARN BY OSSUR

1:20 PM - 3:05 PM SESSION 4 - HAND & UPPER EXTREMITY

- 1:20 PM PHYSICAL EXAMINATION OF THE WRIST AND HAND
- 1:35 PM THUMB PAIN: DE QUERVAIN SYNDROME, CMC ARTHRITIS, GAMEKEEPER'S THUMB
- 1:50 PM TENDINOPATHIES OF THE UPPER EXTREMITY
- 2:05 PM THE 5 MOST COMMONLY MISSED UPPER EXTREMITY FRACTURES
- 2:20 PM REHABILITATION OF COMMON UPPER EXTREMITY INJURIES
- 2:35 PM QUESTIONS & DISCUSSION

3:05 PM - 3:20 PM BREAK WITH EXHIBITORS

3:20 PM - 4:35 PM SESSION 5 - FOOT & ANKLE

- 3:20 PM PHYSICAL EXAMINATION OF THE FOOT AND ANKLE
- 3:35 PM COMMON CAUSES OF FOOT PAIN: PLANTAR FASCIITIS TO METATARSALGIA
- 3:50 PM POSTERIOR TIBIAL TENDON DYSFUNCTION: ADULT FLATFOOT DEFORMITY
- 4:05 PM TOP 3 PROBLEM FOOT & ANKLE FRACTURES
- 4:20 PM QUESTIONS & DISCUSSION

4:35 PM - 6:00 PM SESSION 6 - TRAUMA

- 4:35 PM PRINCIPLES OF FRACTURE MANAGEMENT
- 4:50 PM ORTHOPAEDIC EMERGENCIES
- 5:05 PM REHABILITATION OF THE TRAUMA PATIENT: TMR-TARGETED MUSCLE RENERVATION
- 5:20 PM TOP 5 MISSED TRAUMA FRACTURES
- 5:35 PM QUESTIONS & DISCUSSION

6:00 PM ADJOURN FOR THE DAY

6:15 PM - 8:00 PM WELCOME RECEPTION

SUNDAY, JULY 28, 2019

6:30 AM – 7:00 AM BREAKFAST WITH EXHIBITORS

7:00 AM – 8:40 AM SESSION 7 - ADULT RECONSTRUCTION

- 7:00 AM UNICOMPARTMENTAL KNEE REPLACEMENT
- 7:20 AM OUTPATIENT HIP AND KNEE REPLACEMENT: SAME DAY, HOME SAFE
- 7:40 AM THE USE OF ROBOTICS IN JOINT REPLACEMENT SURGERY
- 8:00 AM REHABILITATION AFTER LOWER EXTREMITY JOINT REPLACEMENT SURGERY
- 8:20 AM QUESTIONS & DISCUSSION

8:50 AM – 9:10 AM BREAK WITH EXHIBITORS

9:10 AM – 11:00 AM SESSION 8 - SPINE

- 9:10 AM CERVICAL DISC DISEASE
- 9:30 AM MINIMALLY INVASIVE SPINE SURGERY
- 9:50 AM LOW BACK PAIN: WORK-UP AND TREATMENT
- 10:10 AM REHABILITATION FOR LOW BACK PAIN
- 10:30 AM QUESTIONS & DISCUSSION

11:00 AM – 12:50 PM SESSION 9 - SPORTS MEDICINE

- 11:00 AM PHYSICAL EXAMINATION OF THE KNEE
- 11:20 AM KNEE & HIP REHAB
- 11:40 AM RETURN TO PLAY: GAME-DAY DECISION-MAKING & ON-THE-FIELD MANAGEMENT OF ATHLETIC INJURIES
- 12:00 PM HIP & GROIN PAIN IN THE ATHLETE (ATHLETIC PUBALGIA)
- 12:20 PM QUESTIONS & DISCUSSION

12:50 PM COURSE ADJOURNS

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Foundation for Orthopaedic Research and Education
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813-877-8096 • FOREonline.org

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