

Improving End of Life Care for People with Dementia

Monday 12th November 2018 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Chair and Speakers Include:

Dr Sarah Russell
Dementia Lead
Hospice UK

Prof Adrian Blundell
Member, Guideline Development Group
Care of the Dying Adult, NICE

Ian Donaghy
Author 'DearDementia' &
'The Missing Peace'

Supporting Organisations



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Monday 5 February 2018 De Vere West One Conference Centre, London

"The number of people in the UK with dementia is increasing, with 1 in 3 people over the age of 65 now dying with dementia." National Council for Palliative Care

"Many people do not perceive dementia as a terminal condition, and yet the life expectancy for someone with dementia in a care home is the same as for someone with metastatic breast cancer. Firstly, we know that people with dementia do poorly in terms of end of life care but have many of the same symptoms in their last days of life. A particular issue is people in care homes – the majority of whom have dementia – being admitted to hospital for the last few hours or days of their life. The second reason is mental capacity, in that there is a fear that people in the later stages of dementia lack capacity and so there is reluctance in staff to be more proactive. Yet it is precisely because people with dementia will ultimately lose capacity that the opportunity to offer advance care planning at an earlier stage must not be lost. Dementia is now considered the leading cause of death in England and Wales." NHS England 2017

"Dementia is a highly complex and challenging condition. It can present differently from person to person, having a huge impact on the patient, their family and their carers. The new NICE guideline highlights the need to properly train staff and says that carers should be helped to improve support for people living with dementia."

Prof Gillian Leng, Deputy Chief Executive, NICE 20th June 2018

This conference focuses on improving end of life care for people with Dementia. Dementia is now the leading cause of death in England and Wales. In England it is estimated that around 676,000 people have dementia. In the whole of the UK, the number of people with dementia is estimated at 850,000. It is therefore essential that we focus on improving end of life care for Dementia. The conference will demonstrate, through national updates and practical case studies how you can improve end of life care for people with dementia in your service. This event will update delegates on the new NICE National Clinical Guideline for Dementia and implications for end of life care. The New NICE Guideline Dementia: assessment, management and support for people living with dementia and their carers published on 20th June 2018 has specific recommendations on Palliative Care in Dementia including:

- From diagnosis, offer people living with dementia flexible, needs-based palliative care that takes into account how unpredictable dementia progression can be.
- For people living with dementia who are approaching the end of life, use an anticipatory healthcare planning process. Involve the person and their family members or carers (as appropriate) as far as possible, and use the principles of best-interest decision-making if the person does not have capacity to make decisions about their care.
- For standards and measures on palliative care, see the NICE quality standard on end of life care for adults.
- For guidance on care for people in the last days of life, see the NICE guideline on care of dying adults.
- For guidance on best interests decision-making, see the NICE guideline on decision-making and mental capacity.
- Encourage and support people living with dementia to eat and drink, taking into account their nutritional needs.
- Consider involving a speech and language therapist if there are concerns about a person's safety when eating and drinking.
- Do not routinely use enteral feeding in people living with severe dementia, unless indicated for a potentially reversible comorbidity.

NICE 20th June 2018

10.00 Chairman's welcome and introduction

Dr Sarah Russell

Head of Research and Clinical Innovation & Lead for Dementia
Hospice UK

10.10 Putting personal experience first

Ian Donaghy

Author 'DearDementia' & 'The Missing Peace'

The Missing Peace is described as 'a 200 page hug' for people losing those close to them exploring the power of kindness, family and friendship and how to avoid making mistakes at a most sensitive time

- what is experience of care?
- end of life care planning for dementia: a personal journey
- ensuring engaged, informed individuals and carers
- the little things that make a big difference
- meaningfully engaging and involving people
- improving information about what to expect at the end of life

11.00 Improving End of Life Care for People with Dementia

Dr Liz Sampson

Clinical Reader in Old Age Psychiatry,
UCL Marie Curie Palliative Care Research Department

- what does good look like?
- meeting the six ambitions for end of life care in Dementia
- improving recognition of Dementia as a terminal condition
- developing the role of dementia-specific palliative services

11.20 Question and answers, followed by tea & coffee at 11.30

12.00 EXTENDED SESSION: Best Practice End of Life Care for Advanced Dementia

Sian Harrison

Team Leader Advanced Dementia Support Team
End of Life Partnership

- what does best practice look like for people with advanced dementia at the end of life
- developing and monitoring care plans for every patient and communicating with family and carers
- ethical dilemmas and decision making
- supporting carers and professionals to deliver excellence

12.45 Alignment of care with the preferences and needs of the dying person and those important to them: The Conversation Project for Dementia and Frailty

Rachel Davis

Senior Clinical Nurse Specialist Palliative Care
Royal United Hospital Bath NHS Trust

- starting the conversation: The Conversation Project for Dementia and Frailty
- training, educating and supporting frontline staff to start the conversation

13.10 Question and answers, followed by lunch & exhibition at 13.20

13.50 Predicting and recognising last days of life and managing uncertainty

Prof Adrian Blundell

Member, Guideline Development Group, Clinical Guideline on Care of the Dying Adult NICE
Associate Clinical Professor Nottingham University Hospital

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- managing patients whose recovery is uncertain
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties in dementia & end of life care

14.20 Planning for end of life for people with long term conditions and advanced dementia

Cathy Knight

Consultant Admiral Nurse & Lecturer in Dementia Care
Coventry University

- using Admiral Nursing in managing the complexities where there is comorbidity of a long-term condition and a diagnosis of dementia
- empowering the person and their carer to live well and avoid inappropriate hospital admissions
- planning for end of life

14.55 Meeting the psychological needs of people with dementia at the end of life

Jan Leeks

Consultant Nurse, Dementia Care
Hertfordshire Partnership NHS Trust

- meeting the psychological and spiritual needs of people with dementia at the end of life
- supporting families and carers
- our experience in Hertfordshire

15.20 Managing behaviour that challenges at the end of life

Melanie Barlow

Modern Matron
West London Mental Health NHS Trust

- improving your skills in managing the behavioural and psychological symptoms of dementia: what we have found works
- our experience on a specialist BPSD Dementia Unit

15.45 Question and answers, followed by tea & coffee

16.00 Dementia at the End of Life: Implications of the 2018 NICE Guideline for Dementia

Member

Topic Expert Advisor on Palliative Care, NICE Guideline for Dementia:
assessment, management and support for people living with dementia and their carers

- the New 2018 NICE Guideline for Dementia
- implications for care at the end of life
- implementation in practice

17.00 Question and answers, followed by close

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Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 12th November 2018

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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