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| Type Registration | Definition          | Price |
|-------------------|---------------------|-------|
| Group rate        | Register 20 or more | \$40  |
| Individual Rate   | Single Registration | \$65  |

|                                                              |                     |     |
|--------------------------------------------------------------|---------------------|-----|
| <b>Course #</b>                                              | <b>Course Title</b> |     |
| <b>Webinar Date</b>                                          |                     |     |
| Name                                                         | Discipline          |     |
| Facility                                                     |                     |     |
| Home Mailing Address                                         |                     |     |
| City                                                         | State               | Zip |
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**Webinar Cancellation Policy:** Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

**Special Needs Requests:** Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



**Motivations CEU**  
Accredited Courses for Rehabilitation Professionals

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## WEBINAR #7488 Virtual Reality Innovations in Rehab

**Instructor: Theresa A. Schmidt,**  
PT,DPT,OCS,LMT,CEAS

**Audience: Physical Therapists, Occupational  
Therapists, and Assistants, Athletic Trainers,**

**Delivery Options:**  
**Live Webinar or Self-Study Options**

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**SUMMARY:** What if you could make your therapy programs more entertaining and engaging to boost patient compliance with the treatment plan for better outcomes? Have you ever wished you could promote client engagement in rehab plans of care? Is there a secret to convincing clients to participate in your home programs to generate real results? Virtual reality (VR) offers an innovative approach to managing chronic pain, balance issues, neuromuscular deficits and injuries. This foundational course presents innovative approaches to achieving positive results clients will rave about. Review significant research with demonstrated outcomes for functional, motor and pain-related impairments in this engaging program.

Customize a therapy program to stimulate clients' interest while providing the challenge they need to master mobility in an immersive environment. Explore digital age with the latest innovative technology and transform an ordinary day of rehab into an immersive experience that facilitates compliance with therapeutic protocols for outstanding results.

Course instruction method includes: lecture, videos, case studies and question/answers.

**PRESENTER:** : Dr. Theresa A. Schmidt, PT,DPT,MS,OCS,LMT,CEAS,CHy is President of Educise PC continuing education and physical therapy in Sunapee, NH. A Board-certified Specialist in Orthopedic Physical Therapy, Expert Witness, massage therapist, and coach with 30+ years' experience in clinical practice and education, she integrates best evidence-based practices of manual therapy and orthopedic rehab, with complementary medicine approaches for outstanding peak performance. She graduated Long Island University's Masters Physical Therapy Program in with Highest Honors. She received her Doctorate in Physical Therapy Program at University of New England. Dr. Schmidt served as faculty at Touro College Physical Therapy, Nassau CC and CUNY Queens College in NY. She presented for International Fascia Research Congress, APTA, AOTA, AMTA, NASA Inomedic Health, Johns Hopkins, Cleveland Clinic and major medical centers. She is a published author, integrative medicine clinician, community educator, and nature enthusiast. Visit her at: [www.Educise.com](http://www.Educise.com). Financial— Received a teaching honorarium from Motivations Inc. Nonfinancial— No relevant nonfinancial relationship exists.

**OBJECTIVES:** Upon completion of this course, the participant will be able to:

1. Define Virtual Reality (VR) and discuss its role in rehabilitation for a variety of impairments from pain remediation and kinesiophobia to neuromuscular deficits and movement re-education.
2. Discuss the benefits and precautions for VR inclusion in the plan of care to stimulate patient engagement in rehabilitation.
3. Incorporate VR into plans of care to facilitate calmness within the nervous system and ease pain using mindful activities and distraction. Re-educate motor impairments using VR applications to improve performance and participation in activities of daily living, leisure, and return to work.
4. Discuss the latest evidence on the effectiveness of VR to craft positive outcomes for patients with pain and mobility impairments.
- 5.

**FORMAT:** This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

**PT CEU's:** Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.

**ATC CEU's:** Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 15229. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Introductory Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA

**AGENDA ON NEXT PAGE...**

For course dates, times and registration, please visit: [www.motivationsceu.com](http://www.motivationsceu.com)

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## AGENDA:

**Pre-Study: 30 Minutes** Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

**Hour 1** History of VR, types of VR, introduction to the use of the virtual 3-D platform for therapeutic interventions for pain management, and neuromuscular rehab, VR devices, and benefits of incorporating VR in rehab.

Distinguish between virtual reality, augmented reality and mixed reality.

List safety considerations and precautions for use of VR.

Neural plasticity, pain neuroscience approaches, pain and kinesiophobia, analgesic mechanisms of VR.

**Hour 2** Mindfulness and VR, documentation of VR interventions, Discussion of the latest research in VR for pain management and rehabilitation.

Case studies, discussion of VR research and clinical applications.

Question and Answer.

**Post-test: 30 Minutes** Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.