

REGISTER NOW!

Pediatric Psychopharmacology Update Institute

**Early Treatment Intervention:
When, What, and For How Long?**

January
25-26, 2019

New York Marriott at the
Brooklyn Bridge—Brooklyn, NY

Register by **December 11, 2018** for early bird rates.
www.aacap.org/psychopharm-2019

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

W W W . A A C A P . O R G

Co-Chairs: Boris Birmaher, MD, and Gabrielle A. Carlson, MD

Questions? Email meetings@aacap.org

Institute Benefits

Course Notebook

Each participant receives a detailed notebook (helpful for later review), which organizes course materials, including outlines, annotated bibliographies of selected readings, and various handout materials. The notebook is also available for purchase after AACAP's Pediatric Psychopharmacology Update Institute for \$65 plus shipping and handling. To purchase, go to the Publication Store at www.aacap.org after February 25, 2019.

Session Recordings

Session recordings of presentations from AACAP's 2019 Pediatric Psychopharmacology Update Institute are available for purchase as an educational supplement or for those who are unable to attend. Recorded sessions include audio recordings and speakers' PowerPoint slides for a true recreation of live presentations. Institute registrants receive a special discount on session recordings if purchased with registration. Session recordings are distributed approximately three weeks after the meeting via email from Multiview. See the registration form for more details.

Scholarships

Scholarships are available for medical students and residents in exchange for volunteering during the meeting. Email meetings@aacap.org for details.

Continuing Medical Education Credit

This course is one in a continuing medical education series under the direction of the American Academy of Child and Adolescent Psychiatry's Continuing Medical Education Committee. The American Academy of Child and Adolescent Psychiatry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Academy of Child and Adolescent Psychiatry designates this live activity for a maximum of **11.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. For participants seeking non-AMA continuing education credits, a certificate of attendance will be available after the activity and can be submitted to the appropriate specialty organization to attempt to obtain reciprocal credits.

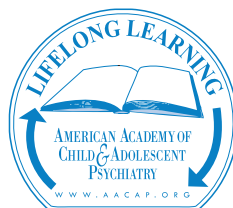
CME credit is not available with the purchase of the Institute notebook or session recordings.

Maintain Your Certification

Wondering how Maintenance of Certification (MOC) applies to you?

Get your recertification questions answered by AACAP's experts! For more information on what you need to do to maintain your certification in child and adolescent psychiatry, please contact the Meetings & CME Department at CME@aacap.org or 202.966.7300.

Visit AACAP's website at www.aacap.org/MOC for the latest MOC information, including how AACAP's member benefits can assist you with the lifelong learning and self-assessment requirements.



AACAP Institutes Subcommittee

Boris Birmaher, MD
James J. McGough, MD
Jeffrey Robert Strawn, MD
Tami D. Benton, MD
Anne Cecilia Duffy, MD
Ryan Herringa, MD, PhD

Faculty Disclosures of Affiliations

Before the program, all faculty members will disclose the existence of any financial interests and/or other relationships they may have with a) the manufacturers of any commercial products to be discussed during their presentation, and/or b) any commercial interest. When unlabeled uses are discussed, these will also be indicated.

These disclosures are also posted on AACAP's website at www.aacap.org/psychopharm-2019.



Save Money!

Purchase your session recordings in advance!

Pre-purchase the session recordings (including PowerPoint slides) at a discounted price of \$75 when you pre-register for AACAP's 2019 Pediatric Psychopharmacology Update Institute. Note the "Conference Enrichment Package" option on your registration form.

CME credit is not available with the purchase of session recordings.

Institute Overview

AACAP's 2019 Pediatric Psychopharmacology Update Institute: *Early Treatment Intervention: When, What, and For How Long?* links the latest findings on the treatment of ADHD, substance abuse, depressive disorders, irritability, suicidal/self-injurious behaviors, psychosis and schizophrenia, anxiety, and high-risk mood and psychotic disorders.

Eight top child and adolescent psychiatric researchers detail their approaches to treatment of psychiatric disorders from preschool through transitional age youth with the latest psychiatric medications, discussing medication selection, effectiveness, and expected adverse events. They review the latest data that address balancing benefits and risks across this age range using first-line psychotropic medications in the treatment of youth. In addition to the known, FDA-approved treatments, the speakers describe other relevant treatments that work in conjunction with psychotropic medication.

At the end of the Institute, clinicians will have thoroughly reviewed current publications on psychopharmacologic treatments across the age range, so they can discuss how efficacy, safety, and outcome data is translated into clinical practice.

Educational Learning Objectives

At the conclusion of this CME activity, the participant will be able to:

1. Discuss the latest evidence-based psychopharmacology data that specify indication and adverse events for medication treatment for important psychiatric disorders from preschool through young adulthood with stimulant medications, second generation antipsychotic medications, lithium, and selective serotonin reuptake inhibitors.
2. List the first- and second-line psychopharmacological medication choices and dose ranges for youth who
- present with ADHD, substance abuse, depressive disorders, psychosis, irritability, suicidal behavior, and prodromal or are at high risk for mood and psychotic disorders.
3. Present information on starting and stopping medications, how long a medication needs to be tried before switching to another medication, and the methods of phasing in a new medication while withdrawing the other, especially in regards to patients at different ages.
4. List the barriers that militate against the successful treatment with psychiatric medications for children, adolescents, and young adults with psychiatric disorders, as well as possible solutions including those that may not require the use of medication.

Institute Faculty



Co-Chairs

Boris Birmaher, MD

Western Psychiatric Institute and Clinic, Pittsburgh, PA

Gabrielle A. Carlson, MD

Stony Brook University School of Medicine, Stony Brook, NY



Christoph U. Correll, MD

Hofstra Northwell School of Medicine, New York, NY

Tina R. Goldstein, PhD

Western Psychiatric Institute and Clinic, Pittsburgh, PA



James J. McGough, MD

University of California, Los Angeles, CA



Karen Dineen Wagner, MD, PhD

University of Texas Medical Branch, Galveston, TX



John T. Walkup, MD

Northwestern University and Ann & Robert Lurie Children's Hospital of Chicago, Chicago, IL



Timothy E. Wilens, MD

Massachusetts General Hospital, Boston, MA

Preliminary Program

Friday, January 25, 2019

8:00 am–9:15 am	Registration and Breakfast
9:15 am–9:30 am	Welcoming Remarks
9:30 am–10:30 am	When and How to Treat Youth at High Risk to Develop Bipolar Disorder Boris Birmaher, MD, <i>Western Psychiatric Institute and Clinic, Pittsburgh, PA</i>
10:30 am–10:45 am	Break
10:45 am–11:45 am	Early Treatment Intervention for Depression in Children and Adolescents Karen Dineen Wagner, MD, PhD, <i>University of Texas Medical Branch, Galveston, TX</i>
11:45 am–12:30 pm	Q&A Panel
12:30 pm–2:00 pm	Lunch (on your own)
2:00 pm–3:00 pm	Evidence-Based Identification and Intervention for People at Risk for and With Early Phase Psychosis Christoph U. Correll, MD, <i>Hofstra Northwell School of Medicine, New York, NY</i>
3:00 pm–3:15 pm	Break
3:15 pm–4:15 pm	Treatment of Anxiety Disorders — How Early, With What, and for How Long John T. Walkup, MD, <i>Northwestern University and Ann & Robert Lurie Children's Hospital of Chicago, Chicago, IL</i>
4:15 pm–5:00 pm	Q&A Panel
5:00 pm–6:00 pm	Welcome Reception

Saturday, January 26, 2019

8:00 am–9:00 am	Registration and Breakfast
9:00 am–10:00 am	When, Why, and How: Starting and Stopping ADHD Pharmacotherapy James J. McGough, MD, <i>University of California, Los Angeles, CA</i>
10:00 am–10:15 am	Break
10:15 am–11:15 am	Substance Use Disorders in Young People: A Combustible Mixture Timothy E. Wilens, MD, <i>Massachusetts General Hospital, Boston, MA</i>
11:15 am–12:00 pm	Q&A Panel
12:00 pm–1:30 pm	Lunch (on your own)
1:30 pm–2:30 pm	Intervening With Youth At Risk for Suicide Tina R. Goldstein, PhD, <i>Western Psychiatric Institute and Clinic, Pittsburgh, PA</i>
2:30 pm–2:45 pm	Break
2:45 pm–3:45 pm	Irritability Is So Annoying — How It Starts and Where It Goes Gabrielle A. Carlson, MD, <i>Stony Brook University School of Medicine, Stony Brook, NY</i>
3:45 pm–4:30 pm	Q&A Panel



AACAP Pediatric Psychopharmacology Update Institute Registration Form

The registration fee includes CME credit, the Institute Notebook, and the Welcome Reception on Friday. After December 11, 2018, all registrants must pay the late/onsite registration rate.

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

W W W . A A C A P . O R G

1. REGISTRATION FEES

	EARLY BIRD (BY DEC. 11)	LATE/ONSITE (AFTER DEC. 11)
MEMBER	\$465	\$535
NON-MEMBER	\$600	\$670
TRAINEE/RESIDENT MEMBERS	\$200	\$230
TRAINEE/RESIDENT NON-MEMBERS	\$255	\$285
NURSE PRACTITIONER	\$535	\$605

MEMBERS WITH DELINQUENT DUES WILL BE REQUIRED TO PAY THE HIGHER NON-MEMBER RATES.

Turn my registration into a **Conference Enrichment Package** by adding on the Pediatric Psychopharmacology Update Institute session recordings (including PowerPoint slides) at a discounted price of \$75. *Onsite prices are significantly higher.*

☐ YES ☐ NO

2. GENERAL REGISTRATION

AACAP MEMBER? ☐ YES, MEMBER ID# (IF KNOWN) _____ ☐ NO

FIRST MI LAST

STREET/P.O. BOX

CITY STATE/PROV ZIP/POSTAL CODE

COUNTRY

I WANT TO RECEIVE ALL FUTURE AACAP MAILINGS AT THIS ADDRESS

☐ YES ☐ NO

WORK PHONE HOME PHONE

FAX EMAIL

EMERGENCY CONTACT NAME AND PHONE

ARE YOU A PHYSICIAN? ☐ YES ☐ NO

IF YES, SELECT YOUR PRIMARY PRACTICE AREA:

- ☐ BEHAVIORAL PEDIATRICS ☐ CHILD AND ADOLESCENT PSYCHIATRY
☐ FAMILY PRACTICE/INTERNAL MEDICINE ☐ GENERAL PSYCHIATRY
☐ NEUROLOGY ☐ PEDIATRICS ☐ OTHER _____

IF NO, SELECT YOUR PROFESSIONAL CATEGORY:

- ☐ NURSE PRACTITIONER ☐ PHYSICIAN ASSISTANT
☐ PSYCHIATRIC NURSE ☐ PSYCHOLOGIST ☐ REGISTERED NURSE
☐ SOCIAL WORKER ☐ OTHER _____

3. METHODS OF REGISTRATION

Online Registration: Visit www.aacap.org/psychopharm-2019 and click "Registration."

Mail your form and payment (payable to AACAP in U.S. funds)
to: American Academy of Child and Adolescent Psychiatry,
Attention: 2018 Psychopharmacology Institute Update, PO Box
96106, Washington, DC 20090-6106.

Onsite Registration: Personal checks (made payable to AACAP), American Express, MasterCard, and VISA are accepted. NO CASH WILL BE ACCEPTED.

Questions about registration?
Email registrar@aacap.org.

CANCELLATION/REFUND POLICY: All cancellations must be received in writing to registrar@aacap.org; telephone cancellations will not be accepted. Cancellation between the date of registration and December 11, 2018, will receive a full refund, less a \$150 administrative fee. No refunds will be given after December 11, 2018. Refunds will be issued after the meeting. The Conference Enrichment Package is nonrefundable. AACAP will keep the amount charged for the recordings, and you can access them after the meeting.

ADDITIONAL SERVICES: If you have specific needs for the facilities, visual or audio aids, or dietary requirements, please attach additional information or email meetings@aacap.org, and an AACAP staff member will contact you.

PRIVACY POLICY: Registrant understands, authorizes, and agrees that AACAP may provide and receive personally identifiable information in order to help facilitate the registrant's hotel reservation and stay during AACAP's Pediatric Psychopharmacology Update Institute in accordance with the hotel's privacy policy. For its part, AACAP will use reasonable means to protect and safeguard the confidentiality of such information.

FOR OFFICE USE ONLY:

CC: check: _____

by: _____

Payment Processed Date: _____ by: _____

Batch #: _____ by: _____



Bruno Ferrari / Shutterstock

Hotel Information

New York Marriott

at the Brooklyn Bridge

333 Adams Street, Brooklyn, NY 11201

Telephone: 888.436.3759 (for reservations)

or 718.246.7000

Check in after 4:00 pm.

Check out time is 11:00 am.

Visit www.aacap.org/Psychopharm-2019 to make hotel reservations online.

Rates: \$189 per night for standard rooms (single/double occupancy). Guest room rate is exclusive of state and local taxes, which are currently 14.75%, plus a \$3.50 per night occupancy charge. All taxes are subject to change without notice.

Reservations: To make a reservation at the New York Marriott at the Brooklyn Bridge, call 888.436.3759 (Please ask for the "AACAP, American Academy of Child and Adolescent Psychiatry, or AACAP 2018 Psychopharmacology Update Institute" when making your reservation), or visit www.aacap.org/Psychopharm-2019 to make hotel reservations online.

Reservations will be accepted until January 3, 2019, or until rooms sell out, whichever comes first. Reservations received after 5:00 pm Eastern time on the cut-off date will be accepted on a space and rate availability basis. A deposit equal to one night's stay is required to hold each guest's reservation.

Cancellation: Should you wish to cancel a reservation, the advance deposit is refundable if notice is received at least 72 hours prior to arrival. Please obtain a cancellation number from the hotel.

AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

W W . A A C A P . O R G

3615 Wisconsin Avenue, NW
Washington, DC 20016-3007

Future AACAP Meetings:

Douglas B. Hansen, MD, 44th Annual Review Course

March 22-24, 2019

Hyatt Regency Baltimore Inner Harbor
Baltimore, MD

AACAP Legislative Conference and Assembly Meeting

May 2-4, 2019

Hyatt Regency Hotel
on Capitol Hill
Washington, DC

66th Annual Meeting

October 14-19, 2019

Hyatt Regency Chicago
Chicago, IL

2020 Pediatric Psychopharmacology Update Institute

January 31-February 1, 2020

Westin Long Beach
Long Beach, CA

For more information, please contact:

AACAP Meetings Department

Phone: 202.966.7300, ext. 2006

Email: meetings@aacap.org

Non-profit
US Postage
PAID
Permit #1693
Merrifield, VA