

Presented by the
University of California, San Francisco at Fresno,
Department of Emergency Medicine



University of California
San Francisco

High Sierra Wilderness Medicine Conference 2014

Granlibakken Conference Center & Lodge • Tahoe City, CA

WEDNESDAY - FRIDAY

February 26-28, 2014

COURSE CO-CHAIRS

Danielle Campagne, MD
Assistant Clinical Professor of
Emergency Medicine,
UCSF School of Medicine;
Director, Wilderness
Medicine/EMS Fellowship

Lori Weichenthal, MD
Associate Professor of
Clinical Emergency Medicine,
UCSF School of Medicine;
Associate Director, Wilderness
Medicine/EMS Fellowship;
Associate Residency
Program Director

Megann Young, MD
Assistant Clinical Professor
of Emergency Medicine,
UCSF School of Medicine



High Sierra Wilderness Medicine Conference 2014

February 26 - 28, 2014

Granlibakken Conference Center & Lodge Tahoe City, CA

OVERVIEW

Join the University of California San Francisco-Fresno Department of Emergency Medicine in Tahoe for the 6th Annual High Sierra Wilderness Medicine Conference. Don't miss this opportunity to connect and collaborate with top educators and fascinating guest lecturers at this intimate conference. The High Sierra Wilderness Medicine conference is designed to meet the needs of those who may encounter life-threatening situations with limited resources. This includes not only emergency physicians, nurses and PA's but also internists, family practitioners, backcountry rangers, and members of the search and rescue community. Through both lectures and skills workshops, we will explore topics including survival and field treatment of environmental illness, rescue techniques, and lessons learned from medical delivery in austere settings ranging from the Alaskan wilderness to the large Western National Parks. This course is proudly presented by the University of California San Francisco-Fresno Wilderness Medicine Program.

OBJECTIVES

Upon completion of the High Sierra Wilderness Medicine Conference, attendees should be able to:

- Apply evidence-based management options of medical problems that are unique to the wilderness setting, including high altitude illness, environmental exposure, avalanche, and toxic plant ingestions;
- Utilize necessary skills for remote medical care such as patient assessment and trauma care, including needle decompression and management of orthopedic injuries;
- Apply basic principles of survival and rescue, from trip planning to behaviors that are likely to result in a successful rescue.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **12.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

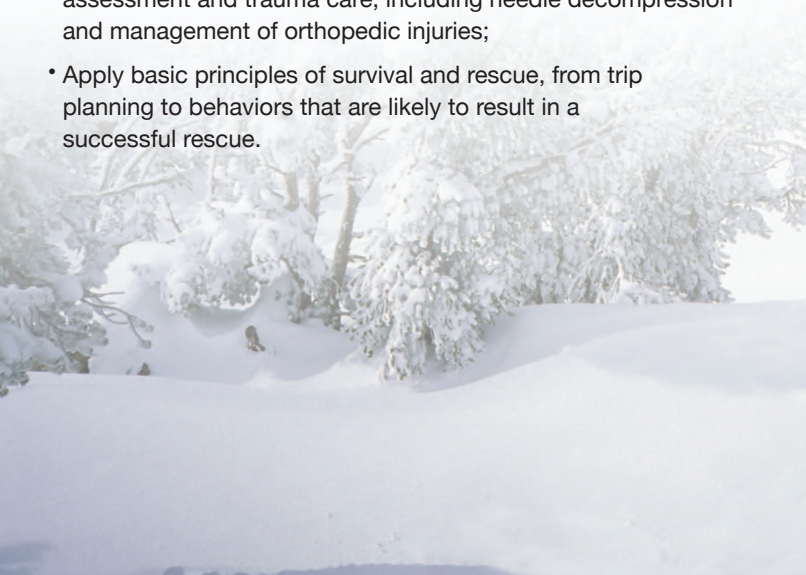
For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA category 1 credit™* from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.



High Sierra Wilderness Medicine Conference 2014

WEDNESDAY, FEBRUARY 26, 2014

7:00 am	<i>Registration/Breakfast</i>	
8:00	High Altitude Illness – Treatment and Prevention	Dr. Lori Weichenthal
9:00	Cold Related Illness	Dr. Susanne Spano
10:00	Avalanche!	Dr. Conal Roche
11:00	Don't Get Stung! – Poisonous Envenomations	Dr. Rais Vohra
12:00 pm	<i>Lunch</i>	

1:00-4:00	Optional Hands-On Wilderness Medicine Skills Labs - Planning for survival and self-rescue - Initial patient assessment - Improvisational skills to save a life: including needle thoracostomy and cricothyrotomy hands on practice - Stabilization and packaging - Plans for evacuation
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6:00-7:00 **Opening Reception**

7:00 pm *Dinner*

THURSDAY, FEBRUARY 27, 2014

7:00 am	<i>Registration/Breakfast</i>	
8:00	Heat Related Illness	Dr. Lori Weichenthal
9:00	Poisonous Plants You Need to Know	Dr. Patil Armenian
10:30	Emerging Infectious Diseases	Dr. Sarge Takhar
12:00 pm	<i>Lunch</i>	

1:00-4:00	Optional Hands-On Wilderness Medicine Skills Labs (REPEAT) - Planning for survival and self-rescue - Initial patient assessment - Improvisational skills to save a life: including needle thoracostomy and cricothyrotomy hands on practice - Stabilization and packaging - Plans for evacuation
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7:00 pm	KEYNOTE SPEAKER/DINNER Lessons from the Alaska Wilderness	Dr. Jennifer Dow
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FRIDAY, FEBRUARY 28, 2014

7:00 am	<i>Registration/Breakfast</i>	
8:00	Search and Rescue in the National Parks	Dr. Geoff Stroh Dr. Megann Young Erika Jostad
10:00	Don't Forget Your Safety Pin – 30 Ways it Can Save Your Life	Dr. Desiree Crane
11:00	Final Case Scenarios – Applying What You Have Learned	Course Staff
12:00 pm	<i>Adjourn</i>	

program

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

HOW TO ENROLL

Tuition: **\$350** Physicians (\$450 after January 13, 2014)
\$250 Allied Health Professionals/Residents/Fellows (\$350 after January 13, 2014)

Optional Activities (check one or more)

- ☐ \$90 Hands-On Wilderness Medicine Skills Labs (February 26th, 2014: 1pm-4pm)
☐ \$90 Hands-On Wilderness Medicine Skills Labs-Repeat (February 27th, 2014: 1pm-4pm)

REGISTER VIA:**Online:** www.cme.ucsf.edu**Mail:** Complete course registration form and send with payment to:
UCSF Office of Continuing Medical Education
P.O. Box 45368
San Francisco, CA 94145-0368**Fax:** Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)**Phone:** To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.Please check our website for up-to-date information on the course: www.cme.ucsf.edu**On-Site Registration:** Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.**REFUND POLICY**

Cancellations received in writing before January 9, 2014 will be refunded, less a \$50 administrative fee. No refunds will be made on cancellations received after that date.

COURSE LOCATIONGranlibakken is a Norwegian name meaning a hill sheltered by trees. **Granlibakken Resort** is family-owned, occupying 74 wooded acres in a picturesque mountain valley. Spectacular Lake Tahoe is just minutes away. Granlibakken Resort is at an elevation of 6,350 feet. To many, though, its importance lies not in its conference halls but in its small ski jumping area, once called Olympic Hill. Friendly but shy bears and other wildlife can be spotted on occasion.

Townhome and suite accommodations afford plenty of privacy in a tranquil and relaxing Lake Tahoe hideaway. A full menu of Lake Tahoe's outdoor recreation and indoor entertainment is available either at the resort or minutes away. The hospitality is European and the lifestyle is Lake Tahoe.

Granlibakken is an all inclusive resort with your fee covering all meals. Granlibakken offers a variety of accommodations options in an all-inclusive package that includes use of the resort amenities and meeting services (including wireless Internet access) and three meals each day. Special rates have been negotiated for Townhome, Individual Bedroom, Executive Lodge and Studio units.

Prices below are single occupancy per-night, exclusive of 20% tax and service fees, and including accommodations and meals. Special double occupancy rates are available for conference participants sharing a room. Rates are also available for guests who are not attending the conference.

Additional post-conference nights are available at special bed-and-breakfast rates. Please call the resort for details and availability.

NOTE: All participants must have a Granlibakken name badge in order to participate in the meals and meetings. Name badges are issued by the Granlibakken front office during registration.**TOWNHOME** Townhome units at Granlibakken have one to three bedrooms, a living room/dining area, full kitchen and fireplace. Units with lofts are also available upon request. All rooms come with TV with DVD, telephones with voicemail and wired/wireless Internet access.**Single occupancy all-inclusive rate: \$201.00 per night****Double occupancy (two people) all-inclusive rate: \$306.00 per night**

Each additional person (not attending the conference): \$70.00 per person, per night

BEDROOM Each bedroom offers a private bath, separate entrance, TV with DVD, telephone with voicemail and wired/wireless internet access. Bedroom units in the main lodge building, as well as Bearpaw and Deerwander complexes can be used as separate rooms or combined with a studio unit to create a full suite.**Single occupancy all-inclusive rate: \$201.00 per night****Double occupancy all-inclusive rate: \$306.00 per night**

Each additional person (not attending the conference): \$70.00 per person, per night

EXECUTIVE LODGE BEDROOM Larger traditional bedrooms with private bath, large closet area, TV/DVD, telephone and voicemail, wireless and wired internet connections. King or two doubles in each room.**Single occupancy all-inclusive rate: \$242.00 per night****Double occupancy all-inclusive rate: \$348.00 per night**

Each additional person (not attending the conference): \$70.00 per person, per night

STUDIO Each studio unit is unique and provides all the warmth and comfort that Granlibakken is known for. Each includes private bath, separate entrance, TV with DVD, telephone with voicemail, and wired/wireless internet access. Studio units can be combined with a bedroom unit to create a full suite.**Single occupancy all-inclusive rate: \$242.00 per night****Double occupancy all-inclusive rate: \$348.00 per night**

Each additional person (not attending the conference): \$70.00 per person, per night

Lodging check-in time is 4:00 pm and checkout is 11:00 am. The Conference/Accommodations Package must be booked directly with the Granlibakken Reservations Office. Call 1 (800) 552-4494 or online at www.granlibakken.com. Please proceed to reservations/conference participant and enter your personal information. Our group name and password is FRESNO.

A \$100 per person deposit is due at the time of booking, with the balance due 14 days prior to arrival. Cancellations received less than 30 days prior to arrival are charged \$100.00 per person; no shows are charged two nights at the package rate. Cancellations may be subject to a \$20.00 handling fee.

*By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.***TRANSPORTATION**

Transportation is available from the Reno/Tahoe International Airport at a cost of \$45.00 per person, each way. Airport pickup service requires Granlibakken be notified of the airline, flight number and arrival time and be booked no less than 7 days before arrival. You may book your transportation from Reno/Tahoe International Airport at the time of your hotel reservation.

RENTAL CARHertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number 03BW0133, or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.**AIR TRANSPORTATION**

UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

American www.americanairlines.com code: A5424AL**United-** www.united.com code: ZQPD218304



0569
University of California,
San Francisco
Office of CME
UCSF Box 0742
San Francisco, CA
94143-0742

REGISTER
TODAY!

For more information or
to register online visit our
website at
www.cme.ucsf.edu.

You may also reach us
by calling the Office of
Continuing Medical
Education at (415) 476-4251
or emailing
info@ocme.ucsf.edu.

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COURSE CO-CHAIRS

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UCSF School of Medicine,
Associate Director, Wilderness
Medicine/EMS Fellowship;
Associate Residency
Program Director

Megann Young, MD
Assistant Clinical Professor
of Emergency Medicine,
UCSF School of Medicine

COURSE FACULTY

(University of California,
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UCSF-Fresno

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Sequoia and Kings Canyon
National Parks

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Harvard Medical School
Boston, MA

Rais Vohra, MD
Associate Professor of Clinical
Emergency Medicine;
Director of Clinical Toxicology

faculty

COURSE REGISTRATION FORM
HIGH SIERRA WILDERNESS MEDICINE
CONFERENCE 2014

February 26-28, 2014
Granlibakken Hotel and Conference Center
Tahoe City, CA

MFR14003

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / X X
Month Day

 Please indicate if you have any special needs: _____

Registration Fees Early Bird Rate Available!

Before 01/13/2014

- ☐ **\$350** Physician
☐ **\$250** Allied Health Professional
☐ **\$250** Residents/Fellows

After 01/13/2014

- ☐ **\$450** Physician
☐ **\$350** Allied Health Professional
☐ **\$350** Residents/Fellows

Optional Activities

- ☐ **\$90** Optional Hands-On Wilderness Medicine Skills Labs 02/26/14: 1pm-4pm
☐ **\$90** Optional Hands-On Wilderness Medicine Skills Labs (Repeat) 02/27/14: 1pm-4pm

Check enclosed **payable to UC Regents**

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Card # _____ | _____ / _____
Expiration date

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before January 9, 2014 will be refunded, less a \$50 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for
up-to-date information on
the course: **www.cme.ucsf.edu**.

Granlibakken Hotel and Conference Center
725 Granlibakken Road
Tahoe City, CA 96145