

HOSPITAL
FOR
SPECIAL
SURGERY



150
YEARS



MAJOR LEAGUE SOCCER MEDICAL SYMPOSIUM

JANUARY 11, 2014 • FT. LAUDERDALE, FL

This activity has been approved for *AMA PRA Category 1 Credits™*,
Physical Therapy Contact Hours and BOC credits

JOINTLY SPONSORED BY Hospital for Special Surgery Office of
Continuing Medical Education & Major League Soccer



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LOCATION Harbor Beach Marriott Resort & Spa
3030 Holiday Drive, Fort Lauderdale, Florida

STATEMENT OF NEED Collegiate and professional soccer leagues rely upon their medical teams to treat soccer-related injuries and return injured players to the game. The 2014 MLS Medical Symposium is a much-needed forum for teams to receive guidance on the identification, prevention and treatment of injuries. As a result of participating in this activity, medical professionals who treat collegiate and professional soccer players will gain the knowledge and competencies to identify and prevent injuries and to rehabilitate injured players. The activity will encourage medical professionals to collaborate from initial injury through rehabilitation and reintegration to full play, and finally to future injury prevention.

The symposium is an opportunity to learn identification, treatment, and prevention techniques from top professionals. The 14 faculty members bring experience from 11 different sports-related organizations, including MLS and its member clubs, the New York Giants, the New York Jets, Duke University and the University of Georgia.

TARGET AUDIENCE This activity is targeted to orthopaedic surgeons, sports medicine physicians, primary care physicians, athletic trainers, rehabilitation therapists and physical therapists.

LEARNING OBJECTIVES HSS CME activities are intended to improve the quality of patient care and safety. At the completion of the course, the participant should be able to:

- ✓ Diagnose and treat extra-articular hip injuries common to soccer athletes, which may affect return to play for injured soccer athletes.
- ✓ Properly screen players at risk for common soccer-related injuries, particularly those related to the hip.
- ✓ Distinguish the mechanisms of ankle injuries and explain the rehabilitation process to return players to practice and play in a timely and appropriate fashion.
- ✓ Provide appropriate on-site treatment of the less frequent upper extremity injuries and subsequent treatment modalities, including rehabilitation.
- ✓ Identify respiratory conditions and diseases that affect soccer athletes and properly treat affected patients.
- ✓ Converse in recently discovered treatment methods and recently announced standards.

ACCREDITATION This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Hospital for Special Surgery and Major League Soccer. Hospital for Special Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION Hospital for Special Surgery designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hospital for Special Surgery is a New York State Education Department approved provider for physical therapy continuing education. Hospital for Special Surgery designates this activity for a maximum of 6.75 Contact Hours. This activity is pending approval in Florida. The following states require continuing education units with no state-specific approval: CT, DE, IA, ID, MO, MT, NC, ND, NE, OR and WA.



Hospital for Special Surgery is recognized by the Board of Certification, Inc., to offer continuing education for Certified Athletic Trainers. This symposium is accredited for up to 6.75 Contact Hours for BOC credits. According to the education levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Essential Level.

FINANCIAL DISCLOSURE In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all CME providers are required to disclose to the activity audience the relevant financial relationships of the planners, teachers and authors involved in the development of CME content. An individual has a relevant financial relationship if he or she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control.

It is the policy of Hospital for Special Surgery to request all financial relationships that Activity Directors, planning committee members, planners, authors and staff have with commercial interests, but to disclose to the activity audience only the **relevant** financial relationships.

FOR MORE Go to www.hss.edu/cme for a complete calendar of scheduled live and online CME activities.



Earn CME/CEU credit online through our on-demand offerings.
Go to www.hss.edu/e-University to register and receive notifications of activities.

PROGRAM AGENDA

*Not designated for AMA PRA Category 1 Credit™
Faculty and agenda are subject to change

7:15a	Continental Breakfast, Registration and Networking*	10:50a	Concurrent Breakout Sessions	■ Shaping Athlete Durability through Objective Movement Assessment and Progression for Rehabilitation Specialists <i>Robert J. Butler, PT, PhD</i> ■ Emerging Concepts in Hip Injury (Arthroscopy Video Demonstration) for Physicians <i>Bryan T. Kelly, MD, and Michael B. Gerhardt, MD</i>	■ Case Presentations and Lectures ► Clavicle Fracture <i>Amanda Martin, DO</i> ► Shoulder Dislocation <i>Amanda Martin, DO</i> ■ Upper Extremity Rehabilitation for Soccer <i>Jaime Rojas, MS, ATC, LAT</i> ■ Q & A
7:55a	Welcome and Introduction*				
8:00a	Case Presentation: MLS Athlete Hip Injury <i>Bryan T. Kelly, MD</i>				
8:15a	Hip Disease in the Soccer Athlete ■ Initial Evaluation: Intra vs. Extra-articular Pathology <i>Bryan T. Kelly, MD</i> ■ Treatment Spectrum: Non-operative, Operative and Post-operative Course and Return to Play <i>Bryan T. Kelly, MD</i> ■ Q & A	12:00p	Lunch and Networking*	4:00p	Jeopardy Break: What Did You Learn Today? (Questions are based on course content)
9:15a	Break and Networking*	1:00 p	Foot and Ankle ■ Achilles Tendonopathy <i>Michael K. Shindle, MD</i> ■ Stress Fractures to the Foot and Ankle <i>Michael K. Shindle, MD</i> ■ Rehabilitation Strategies for Foot and Ankle <i>Grizelle G. Auguste, MS, ATC, LAT</i> ■ Case Presentation with Panel Discussion: Ankle Trauma (Fracture or Dislocation) From Injury to Return to Sport <i>Grizelle G. Auguste, MS, ATC, LAT</i> ■ Q & A	4:15p	Medical Update ■ Respiratory Disease in the Soccer Athlete <i>Damion Martins, MD</i> ■ Injectable Hyaluronan Use in Elite Soccer Athletes <i>Chip Hummer, MD</i> ■ Altitude Training <i>Wayne K. Gersoff, MD</i> ■ Q & A
9:45a	Extra-articular Hip Injury Update ■ Iliotibial Band Tendonopathy <i>John Gallucci Jr., MS, ATC, PT, DPT</i> ■ Iliopsoas Strains <i>John Gallucci Jr., MS, ATC, PT, DPT</i> ■ Hamstring Injury Surveillance <i>Holly Silvers, MPT</i> ■ Athletic Pubalgia <i>Nik Wald, ATC</i> ■ Q & A	2:15p	Break and Networking*	5:00p	Symposium concludes
10:30a	Break and Networking*	2:45p	Trauma in Soccer ■ Emergency Response Protocol <i>Ron Courson, ATC, PT, NREMT-I, CSCS</i>	NETWORKING RECEPTION* Please join us from 5 – 6 pm to network with colleagues and faculty and to visit with the exhibitors. Refreshments will be served.	

PROGRAM FACULTY

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Lemak Sports Medicine
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NCAA Soccer Cup, 2011, 2012
Consultant, Major League Soccer
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Health Sciences Center
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Philadelphia Union of MLS and Swarthmore College
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Santa Monica Sports Medicine Foundation
Director of Rehabilitation
Chivas USA
Santa Monica, CA

Nik Wald, ATC
Director of Sports Medicine/
Head Athletic Trainer

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Portland, OR

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Associate Attending
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Associate Professor of Orthopaedic Surgery
Weill Cornell Medical College
Associate Team Physician
New York Giants
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New York, NY

THREE EASY WAYS TO REGISTER!



1 Scan this QR code to register with your mobile device.

2 Register and pay online at www.hss.edu/cme-calendar.

3 Register by mail using the registration form.

PAYMENT BY MAIL

Make check payable to:
Hospital for Special Surgery

Mail registration form to:
Hospital for Special Surgery
Professional Education Department
Education & Academic Affairs
535 East 70th Street
New York, NY 10021

CONFIRMATIONS

All registered participants will receive a confirmation via email.

REFUND POLICY

A handling fee of \$25 is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refund will be made thereafter.

FOR MORE INFORMATION, PLEASE CONTACT

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ACCOMMODATIONS

A special discounted room block has been arranged for this meeting at The Harbor Beach Marriott Resort & Spa, Fort Lauderdale, located at 3030 Holiday Drive, Fort Lauderdale, FL 33316. Room rate is \$309 per night (plus 11 percent tax). Attendees can call the hotel directly at 954-525-4000 and ask for reservations, or call the toll-free reservations number at 800-222-6543. The block is held under MLS Guest Rate.

The cut-off date for the discounted conference rate is Wednesday, December 11, 2013. After December 11, standard room rates will apply. For more information on The Harbor Beach Marriott Resort & Spa, please visit the hotel's website at www.marriottharborbeach.com.

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DEGREE

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☐ LinkedIn ad ☐ Recommendation ☐ Google ad ☐ Other _____

☐ Check here to receive the HSS eNewsletter. Please include email address above.

REGISTRATION FEES

Registration fees include breakfast, lunch, networking session, online access to lecture handouts and credits. All registered participants will receive a confirmation via email.

	Early Bird (By 12/9/2013)	Regular (By 1/8/2014)
Physicians	\$225	\$250
Non-physicians	\$150	\$175

For day-of registration, add \$25 to the appropriate category above (available only if space permits – please call first). Please note: Registration will not be processed unless accompanied by payment.

This program may be recorded, filmed or photographed. By attending this program, you give permission to Hospital for Special Surgery to use your voice and likeness for any purpose (promotional, educational, or other), in any medium, and without remuneration of any kind to you.

Hospital for Special Surgery is an affiliate of NewYork-Presbyterian Healthcare System and Weill Cornell Medical College.

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