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SURGERY



150
YEARS

Limb Lengthening, Complex Reconstruction and Foot & Ankle Surgery: Perioperative Care and Rehabilitation

January 31 – February 1, 2014

Hospital for Special Surgery | New York City



LIVE STREAMING WEBCAST

is available for Day 1



This activity has been approved for physical therapy contact hours and BOC credits; pending physician assistant credits

Sponsored by Hospital for Special Surgery Office of Continuing Medical Education

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Hospital for Special Surgery
635 East 70th Street
New York, NY 10021



Limb Lengthening, Complex Reconstruction and Foot & Ankle Surgery: Perioperative Care and Rehabilitation

January 31 – February 1, 2014

SPONSORED BY HOSPITAL FOR SPECIAL SURGERY OFFICE OF CONTINUING MEDICAL EDUCATION

LOCATION

Hospital for Special Surgery
Richard L. Menschel Education Center, 2nd Floor
535 East 70th Street, New York City

STATEMENT OF NEED

Successful outcomes following limb lengthening and reconstructive procedures depend on a multidisciplinary approach. A thorough understanding of the procedures and post-operative care are imperative. This program will provide the clinician with an overview of a variety of limb lengthening and reconstructive procedures and an understanding of post-operative rehabilitation guidelines including frame handling, weight bearing, footwear, exercise progression and positioning. This course will also educate practitioners about surgical and conservative management of foot and ankle disorders, providing the evidence behind surgical choices, phases of healing and criteria for advancement throughout rehabilitation. The lab portion on Day 2 will demonstrate and provide hands-on practice for examination and manual therapy skills.

TARGET AUDIENCE

This activity is targeted to physical therapists, athletic trainers and physician assistants.

LEARNING OBJECTIVES

HSS professional education activities are intended to improve the quality of patient care and safety. At the completion of the course, the participant should be able to:

- ✓ Demonstrate an understanding of the biomechanics of the foot and ankle.
- ✓ Discuss phases of healing and criteria-based rehabilitation advancement following limb-lengthening/reconstruction and surgical procedures of the foot and ankle.
- ✓ Recognize common complications following limb lengthening/reconstruction and surgical procedures of the foot and ankle.
- ✓ Incorporate a functional exercise progression following a properly executed evaluation of a patient after limb lengthening/reconstruction or foot and ankle surgery.
- ✓ Integrate rehabilitation progressions from the acute care setting to return to sport.
- ✓ Perform an advanced clinical examination on patients following limb lengthening/reconstruction and surgical procedures of the foot and ankle.
- ✓ Practice manual therapy techniques and peripheral nerve entrapment skills and incorporate into practice.

ACCREDITATION AND CREDIT DESIGNATION

Hospital for Special Surgery is a New York State Education Department approved provider for physical therapy continuing education. Hospital for Special Surgery designates this activity for a maximum of 11 Contact Hours on-site and 6 Contact Hours online. This activity is pending approval in New Jersey, Florida and Maryland. The following states require continuing education units with no state-specific approval: CT, DE, IA, ID, MO, MT, NC, ND, NE, OR and WA.



Hospital for Special Surgery is recognized by the Board of Certification, Inc., to offer continuing education for Certified Athletic Trainers. This symposium is accredited for up to 11 Contact Hours on-site and 6 Contact hours online for BOC credits. According to the education levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Essential Level.

This program is not yet approved for CME credit. Conference organizers plan to request 6 hours of AAPA Category 1 CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.

SPECIAL NEEDS

Hospital for Special Surgery is accessible for individuals with disabilities or special needs. Participants with special needs are requested to contact the Office of Continuing Medical Education at 212.606.1812.

FINANCIAL DISCLOSURE

In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all CME providers are required to disclose to the activity audience the relevant financial relationships of the planners, teachers and authors involved in the development of CME content. An individual has a relevant financial relationship if he or she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control.

It is the policy of Hospital for Special Surgery to request all financial relationships that Activity Directors, planning committee members, planners, authors and staff have with commercial interests, but to disclose to the activity audience only the **relevant** financial relationships.

FOR MORE

Go to www.hss.edu/cme for a complete calendar of scheduled live and online CME activities.



Program Agenda

DAY 1 Friday, January 31

8:30a	Breakfast and Registration
8:55a	LIVE WEB STREAMING BEGINS Opening Remarks
9:00a	Structure and Function of the Foot and Ankle: From Epidemiology to Biomechanics Howard J. Hillstrom, PhD
9:20a	Complex Ankle Fusion with Tibial Lengthening Austin T. Fragomen, MD
9:40a	Tibial and Femoral Lengthening Surgery: Stretch it Out S. Robert Rozbruch, MD
10:00a	Complex Leg Trauma Treatment and Limb Salvage with External Fixation John K. Sontich, MD
10:20a	Panel Discussion
10:40a	Break
11:00a	Deformities and Contractures of the Ankle and Knee: Surgical Treatment with Frames S. Robert Rozbruch, MD
11:20a	Post-operative Care for the Limb Lengthening and Complex Reconstruction Patient Lisa Halfen, MS, PA-C, MS, ATC
11:40a	Rehabilitation Following Limb Lengthening and Deformity Correction Jocelyn Mastropolo, PT, DPT
12:00p	Panel Discussion
12:20p	Lunch (on your own)
1:20p	Ankle Fractures: Bones Broke, Need Fixing David S. Levine, MD
1:40p	Orthopaedic Management of Drop Foot Matthew M. Roberts, MD
2:00p	Management of the Achilles Tendon: A Surgeon's Perspective Scott J. Ellis, MD
2:20p	Conservative Management of Achilles Tendonitis Robert Turner, PT, OCS, MS, OM, LAc, PMA®, CPT
2:40p	Ankle Arthritis: Total Ankle Replacement vs. Ankle Distraction Scott J. Ellis, MD, and Austin T. Fragomen, MD
3:00p	Panel Discussion
3:20p	Break
3:40p	What I Forgot to Ask the MD Before He/She Left the Room Lisa Melnik, PA
4:00p	Post-Surgical Rehabilitation of the Foot and Ankle Robert Turner, PT, OCS, MS, OM, LAc, PMA®, CPT
4:20p	Return to Play Jessica Hettler, PT, MS, ATC, Cert MDT, SCS
4:40p	Panel Discussion
5:00p	LIVE WEB STREAMING ENDS Adjourn

DAY 2 Saturday, February 1 (only for PTs and ATCs)

Lab sessions to be taught by HSS Rehabilitation Team

8:30a	Breakfast and Registration
9:00a	Clinical Examination: Kinetic Linking
10:00a	Return to Play
11:00a	Break
11:15a	Return to Play (continued)
12:15p	Lunch (on your own)
1:15p	Manual Therapy for the Lower Extremity
3:15p	Q&A
3:30p	Adjourn

Faculty and agenda are subject to change

Program Faculty

ACTIVITY DIRECTORS

David S. Levine, MD

Assistant Attending Orthopaedic Surgeon
Hospital for Special Surgery
Assistant Professor of Orthopaedic Surgery
Weill Cornell Medical College

S. Robert Rozbruch, MD

Chief, Limb Lengthening and Complex
Reconstruction Service
Attending Orthopaedic Surgeon
Hospital for Special Surgery
Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

Robert Turner, PT, OCS, MS, OM, LAc, PMA®, CPT

Advanced Clinician
Sports Rehabilitation and Performance Center
Rehabilitation
Hospital for Special Surgery

GUEST FACULTY

John K. Sontich, MD

Orthopaedic Trauma Surgeon
MetroHealth Medical Center
Associate Professor of Orthopaedic Surgery
Case Western Reserve University
Cleveland, OH

HSS FACULTY

Scott J. Ellis, MD

Assistant Attending Orthopaedic Surgeon
Assistant Professor of Orthopaedic Surgery
Weill Cornell Medical College

Austin T. Fragomen, MD

Assistant Attending Orthopaedic Surgeon
Fellowship Director, Limb Lengthening and
Complex Reconstruction Service
Director, Limb Lengthening Clinic
Assistant Professor of Orthopaedic Surgery
Weill Cornell Medical College

Lisa Halfen, MS, PA-C, MS, ATC

Limb Lengthening and Reconstruction Service

Jessica Hettler, PT, MS, ATC, Cert MDT, SCS

Advanced Clinician
Sports Rehabilitation and Performance Center
Rehabilitation

Howard J. Hillstrom, PhD

Director
Leon Root, MD, Motion Analysis Laboratory
Rehabilitation

Jocelyn Mastropolo, PT, DPT

Staff Physical Therapist
Rehabilitation

Lisa Melnik, PA

Foot and Ankle Service

Jamie Osmak, CSCS, USATF-1, Level 1 TPI Certified Golf Fitness Instructor

Performance Specialist
Sports Rehabilitation and Performance Center
Rehabilitation

Matthew M. Roberts, MD

Co-Chief, Foot and Ankle Service
Associate Attending Orthopaedic Surgeon
Associate Professor of Orthopaedic Surgery
Weill Cornell Medical College

HSS PROGRAM COORDINATOR

Melody Mokhtarian

Marketing and Events Coordinator
Professional Education
Education & Academic Affairs

THREE EASY WAYS TO REGISTER!



- 1 Scan this QR code to register with your mobile device.
- 2 Register and pay online at www.hss.edu/cme-calendar.

- 3 Register by mail using the registration form.

PAYMENT BY MAIL

Make check payable to:
Hospital for Special Surgery

Mail registration form to:
Hospital for Special Surgery
Professional Education Department
Education & Academic Affairs
535 East 70th Street
New York, NY 10021

CONFIRMATIONS

All registered participants will receive a confirmation via email.

REFUND POLICY

A handling fee of \$25 is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refund will be made thereafter.

FOR MORE INFORMATION, PLEASE CONTACT

Melody Mokhtarian
Marketing and Events Coordinator
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PARKING AND ACCOMMODATIONS

For information on parking and accommodations, please go to www.hss.edu/visitor-information.asp and view our Neighborhood Directory. Local accommodations are limited and early reservations are recommended.

TRANSPORTATION

Airport: LaGuardia (LGA) is 8 miles northeast of the city. Kennedy International (JFK) is 15 miles southeast of the city. Newark International (EWR) is 16 miles southwest of the city.

Bus: M72, M31 stop at East 69th Street and York Avenue.

Subway: Nearest line is the 6 train stop at East 68th Street and Lexington Avenue.

Car (FDR Drive): Driving south, exit at 71st Street. Driving north, exit at 63rd Street. Continue on York Avenue.

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January 31 – February 1, 2014

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DATE (MONTH-DAY-YEAR)

DATE (MONTH-DAY-YEAR)

FIRST NAME MI LAST NAME

DEGREE AFFILIATION

REHABILITATION NETWORK NAME AND DISCOUNT CODE (IF APPLICABLE)

EMAIL ADDRESS

STREET ADDRESS SUITE/APT #

CITY STATE ZIP CODE

DAYTIME PHONE

\$ AMOUNT ENCLOSED ☐ American Express ☐ MasterCard ☐ Visa ☐ Check enclosed

CREDIT CARD # EXP. DATE

X SIGNATURE

How did you hear about this course?

- ☐ Print brochure ☐ Email blast ☐ HSS website ☐ Journal advertisement
☐ LinkedIn ad ☐ Recommendation ☐ Google ad ☐ Other _____

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REGISTRATION FEES

Registration fees include pre- and post-course knowledge assessments, breakfasts (for on-site participants only), online access to lecture handouts, physical therapy contact hours and physician assistant credits. All registered participants will receive a confirmation via email. Rehabilitation Network members receive an exclusive 20 percent discount.

REGISTER EARLY, SPACE IS LIMITED!

	EARLY BIRD (by 12/31 at 5 pm)	REGULAR (1/1 and after)	REGISTRATION CLOSE DATE
ON-SITE DAY 1	\$225	\$275	1/29
ON-SITE DAYS 1 & 2	\$445	\$495	1/29
LIVE STREAMING WEBCAST DAY 1	\$149	\$199	1/22

For day-of registration, add \$25 to the appropriate category above (available only if space permits – please call first). Please note: Registration will not be processed unless accompanied by payment.

Hospital for Special Surgery is an affiliate of NewYork-Presbyterian Healthcare System and Weill Cornell Medical College.

Find Hospital for Special Surgery on the web!

