

21st Annual Fall Conference on Challenges in Taking Care of the **HIGH RISK PREGNANCY**

*Including topics on: Respiratory Emergencies, Trauma,
Gestational Diabetes, Cardiac Disease,
Patient Safety, and much more...*

Hilton Marco Island Beach Resort
Marco Island, Florida

NOVEMBER 19-22, 2014

SPONSORED BY



*A Non-Profit Corporation for
Continuing Medical & Nursing Education*

*"I continue to be very pleased with Symposia Medicus
conferences and highly recommend them."*

– Jeffrey Raines, MD

*"Symposia Medicus conferences are the way to get my CME credit.
The faculty is consistently excellent and the information provided
is the latest and always clinically relevant. Thank you!"*

– Irene Meyers, CNM

*"I have been coming to Symposia Medicus conferences
for over twenty years and have never been disappointed."*

– Steve Emerson, MD

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **21st Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy** is designed to provide the most current clinical information to perinatologists, obstetricians, certified nurse midwives, obstetrical nurses, and all other healthcare professionals who take care of high-risk pregnant women. The primary goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, smaller group breakout and interactive sessions, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **21st Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy** while sharing ideas and experiences with colleagues from across the country in the beautiful setting of Marco Island.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Recognize and treat the patient with gestational diabetes
- Assess risks and management strategies associated with the short cervix
- Analyze labor management practices that may lower the primary cesarean section rate
- Diagnose and treat thrombophilia in your patients
- Identify the early signs of sepsis and provide management options

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a *provider* of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Each participant should only claim credit commensurate with the extent of their participation in the activity.

Certificates of credit will be given to participants on-site at the conclusion of the conference.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **18 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Obstetricians and Gynecologists has assigned 18 cognate credits to this program.

Certified Nurse Midwives

The **American College of Nurse Midwives** accepts Category 1 CME approval from organizations accredited by the ACCME.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 18 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 18.

Provider is also approved by the **California Board of Registered Nursing**, Provider #CEP2335, for 21.6 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 3.5 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule.

SMALLER GROUP BREAKOUT SESSIONS

Smaller group sessions will be held Friday afternoon. These breakout sessions are organized to provide an opportunity for **greater participant/faculty interaction**, and will give you an opportunity to participate in discussions on subjects relating to your particular area of interest. **Please indicate your breakout session topic choice on the conference registration form in this brochure.** Space is limited so please reserve early.

EDUCATIONAL RESOURCES

Each registrant will receive an extensive conference syllabus that includes materials on each topic presented. **The full color digital syllabus will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a paper syllabus (black and white type & photos), please check the box on the registration form in this brochure.

If you bring your tablet/laptop to the conference, be aware that there are no electrical outlets at the conference tables. **Make sure your tablet/laptop is fully charged each day.**

If you are unable to attend this conference, extra copies of this syllabus (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a paper syllabus and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

GROUP TOURS / GROUND TRANSPORTATION

Tours are planned for participants and guests throughout the conference breaks. Additional information regarding activities, hotel, location, and ground transportation will be sent to registrants.

CONFERENCE FACULTY

Curtis Cook, MD

Associate Director, Maternal-Fetal Medicine
Phoenix Perinatal Associates
Phoenix, Arizona
Medical Director, Maternal-Fetal Medicine
Banner Desert Medical Center
Mesa, Arizona

Cornelia (Connie) R. Graves, MD, FACOG

Conference Co-Chairperson

Medical Director
Tennessee Maternal-Fetal Medicine
Director of Perinatal Services, Baptist
Hospital
Clinical Professor, Vanderbilt University
Nashville, Tennessee

Suzanne McMurtry Baird, DNP, RN

Clinical Nurse Specialist
Houston, Texas

E. Albert Reece, MD, PhD, MBA, FACOG

Vice President for Medical Affairs
University of Maryland
John Z. and Akiko K. Bowers
Distinguished Professor and Dean
University of Maryland, School of Medicine
Baltimore, Maryland

Shailen Shah, MD

Conference Co-Chairperson

Medical Director of the
Maternal-Fetal Medicine Unit
Virtua
Voorhees, New Jersey
Assistant Professor
Thomas Jefferson University Hospital
Philadelphia, Pennsylvania

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, everyone who is in a position to control content (including planners, reviewers, speakers, moderators, Symposia Medicus Staff, Board of Trustees, and Planning Committee members), were asked to disclose all relevant financial relationships with any commercial interest. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the syllabus for this activity, and it will also be verbally disclosed on-site.

CONFERENCE SCHEDULE

Wednesday, November 19

- 7:00am Registration & Check-in
During Continental Breakfast
- 8:00 **Welcome & Introduction**
Connie Graves, MD
- 8:15 **New Developments in Gestational Diabetes Care** (Rx = 20 minutes)
E. Albert Reece, MD, PhD, MBA
- 9:00 **"I Can't Breathe": Acute Respiratory Emergencies During Pregnancy**
(Rx = 15 minutes)
Connie Graves, MD
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **The Multi-generational Syndrome of Diabetes & Obesity: Breaking the Chain!**
(Rx = 15 minutes)
E. Albert Reece, MD, PhD, MBA
- 11:15 **Contemporary Management of Preterm Labor** (Rx = 30 minutes)
Connie Graves, MD
- Noon **Patient Safety in OB/GYN Practice**
Suzanne McMurtry Baird, DNP, RN
- 12:45pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00pm Group Reception
(Faculty, Participants, & Guests)

Thursday, November 20

- 7:30am Continental Breakfast
- 8:00 **Management of Hypertension in Pregnancy** (Rx = 30 minutes)
E. Albert Reece, MD, PhD, MBA
- 8:45 **Case Studies in Cardiac Disease During Pregnancy**
Shailen Shah, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Reducing the Initial Cesarean Delivery**
Curtis Cook, MD
- 11:00 **The Short Cervix: The Myth & the Evidence**
Connie Graves, MD
- 11:45 **Recurrent Spontaneous Pregnancy Loss**
E. Albert Reece, MD, PhD, MBA
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, November 21

- 3:00pm **Smaller Group Breakouts – Session One**
 - A. **Non-Obstetrical Surgery on the Pregnant Patient**
Curtis Cook, MD
 - B. **Substance Abuse: The Changing Landscape**
Connie Graves, MD
 - C. **Medical-Legal Considerations in High Risk Obstetrics: Case Studies**
Suzanne McMurtry Baird, DNP, RN
 - D. **Cholestasis of Pregnancy: The Loch Ness Monster**
Shailen Shah, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

Saturday, November 22

- 7:30am Continental Breakfast
- 8:00 **Infection Leading to Sepsis: Early Recognition and Management Bundles** (Rx = 15 minutes)
Suzanne McMurtry Baird, DNP, RN
- 8:45 **Trauma in the Pregnant Patient**
(Rx = 5 minutes)
Curtis Cook, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (Hotel check-out, if applicable)
- 10:15 **Hemorrhage: How to Stop the Bleeding**
(Rx = 10 minutes)
Curtis Cook, MD
- 11:00 **Thrombophilias in Pregnancy: To Treat or Not to Treat** (Rx = 30 minutes)
Shailen Shah, MD
- 11:45 **Use of Oxytocin: Guidelines & Controversies** (Rx = 40 minutes)
Suzanne McMurtry Baird, DNP, RN
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register and receive our lodging group rates by reserving the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 or (800) 327-3161; OR
- Fax form with Visa, MasterCard, American Express, or Discover to (925) 969-1795; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

For additional conference or lodging information, call Symposia Medicus at (800) 327-3161 or (925) 969-1789, or visit our website at www.symposiamedicus.org.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by September 10, 2014</i>	REGULAR <i>If postmarked after September 10, 2014</i>
Physicians	\$615	\$715
Residents, Nurses, PAs, & All Others	\$515	\$615

- Discounts are available for retired healthcare providers, military, and groups of three or more. For more information, please contact Symposia Medicus.
- Tuition includes continuing education certification, extensive conference syllabus, continental breakfast on Wednesday, Thursday, and Saturday mornings, break refreshments, and group reception. The group reception is for faculty, registrants, and their guests.
- Conference registration will be confirmed via email and **more information on travel, hotel, and activities will be emailed and also available on our website**
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

AIR TRAVEL INFORMATION

The Hilton Marco Island Beach Resort is located 30 minutes from Naples Airport (APF) and 45 minutes from Southwest Florida International Airport (RSW - just south of Ft. Meyers) and is served by most major airlines. Miami (MIA) and Ft. Lauderdale (FLL) International airports are 90 minutes away. Information on ground transportation will be sent to registrants and available online at our website.

Symposia Medicus has arranged for discount fares with **American, Delta, and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

American Airlines	For discounts on American Airlines flights, please book online at www.aa.com . Click on the link "Refine your search" (located under the blue button "Search") and another page will appear. Enter all your information, and at the bottom of the page insert the promotion code 15N4AA . For questions, please call the American Airlines Convention Desk at (800) 433-1790.
Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com and click on the link "More Search Options", located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert NMG7E in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines flights, please book online at www.ual.com and insert ZQPY123059 into the e-certificate code box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	800-331-1600	AWD # B766625
Budget	800-772-3773	BCD # U076767

CONFERENCE LODGING INFORMATION

Group Rates have been arranged at the **Hilton Marco Island Beach Resort**. These rates will also be available **three days before and three days after the conference, based on availability, if you wish to extend your stay.**

Two nights' deposit (room rate only) must accompany your reservation. The balance of your lodging, hotel fees as stated below, and all incidental charges are due to the hotel. The hotel accepts most major credit cards.

Please note that our block of rooms is limited and on a first come, first served basis. PLEASE RESERVE EARLY as rooms may sell out and/or room rates may increase.

Room Type/View	Group Rates (Single/Double)	Description
Garden View	\$195/night	Rooms vary only by view and are all considered junior suites. They feature private furnished balconies overlooking either the gardens or the Gulf of Mexico. Amenities in each room include: sleeper sofa, room safe, refrigerator, coffee/tea service, 32-inch LCD television with HBO, robes, bathroom with double vanity, telephone, and hair dryer.
Gulf View	\$215/night	
Deluxe Gulf View	\$235/night	
Group rates include unlimited fitness center admission, complimentary high-speed internet, complimentary newspaper (Monday-Friday), and unlimited in-room coffee and tea.		

TERMS & CONDITIONS

Hotel Policies

- Above Group Rates **do not** include 10% Tax (subject to change)
- Maximum guestroom occupancy is:
 - Four adults or
 - Two adults and two children (18 years and under)
- Children 18 years & under are complimentary – not to exceed stated maximum occupancy
- Mandatory third and fourth additional adult charge (19 years and over) is \$25 per person, per night
- Rollaways & Cribs: Rollaway beds are available at an additional cost of \$25 per night. Cribs are available on a complimentary basis. Both are subject to availability.
- Check-in time is 4:00pm and check-out time is 11:00am. Late check-outs are subject to availability.
- An early check-out fee of \$50 is applicable to any guest who checks out before their stated departure date. Departure date must be confirmed at check-in.
- **Credit/Debit Card Policy:** If the debit/credit card you are using for check-in is attached to a bank or checking account, a hold will be placed on the account for the full anticipated dollar amount to be owed to the hotel, including estimated incidentals, through your date of check-out, and such funds will not be released for 72 business hours from the date of check-out or longer at the discretion of your financial institution.
- Parking: Self-parking is \$10 per day for hotel and non-hotel guests. Valet parking is \$14 per day.

Cancellation Policies

- Conference cancellations must be confirmed in writing and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is postmarked after **October 15, 2014**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- Per our hotel contract, hotel reservation cancellations must be made in writing to Symposia Medicus and you will receive a full refund if postmarked by **September 17, 2014**. Between **September 18, 2014 and October 15, 2014**, one night's deposit is forfeited. After **October 15, 2014**, no hotel refunds can be made.
- **All cancellations must be made in writing to Symposia Medicus (via email, fax or mail) and postmarked by the dates stated above**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition and, if reservation was made with Symposia Medicus, hotel deposit refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Marco Island, the largest of Florida's famous 10,000 islands on the southeast coast of the Gulf of Mexico, is graced with miles of **white-sand beaches, beautiful weather, sumptuous restaurants, and fine shopping, dining, and entertainment. Recreational activities, ranging from boating and fishing, to golf and tennis**, are set amid the stunning subtropical beauty that is unique to southwest Florida's Gulf coast.

The **Hilton Marco Island Beach Resort** is in the premiere location for fun and relaxation. **Guest rooms at the Hilton** feature private furnished balconies overlooking lush tropical landscaping or the beautiful Gulf of Mexico. The Hilton Marco Island is host to a multitude of recreational activities; whether you want to relax by the pool or on the white sand beach, or take part in sailing, parasailing, kayaking, or even experience **unique Eco Tour and shelling excursions**. Enjoy an invigorating game of tennis, volleyball, or golf, or visit **The Spa at Marco Island**, offering serenity and wellness inspired by the exotic cultures of the Mediterranean.

Tempting options for dining include the **Paradise Café**, which offers the area's most spectacular views of the gulf, or the **Beach Club Bar and Grill**, offering casual dining and tropical drinks poolside. Elegant meals and local delicacies can be enjoyed in the **Sandcastles Dining Room**, and nights come alive with entertainment at the **Sandcastles Lounge**. The **Marco Walk Plaza** is directly across from the resort, featuring a great variety of **shops and restaurants, plus a movie theater**. Just a short drive away is **Everglades National Park**, the largest subtropical wilderness in the United States – a place where you can tour the park with a ranger, photograph birds, take an afternoon hike, spot alligators bathing in the sun, or canoe through the marshes.

Whatever your pleasure, you'll be sure to find it in Marco Island, at our **21st Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy**.

2014 CALENDAR OF FUTURE CONFERENCES

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available 6-8 months prior to the conference.

1297	2nd Annual Conference on Challenges in Gynecology	San Francisco, California	Jun 9-11
1298	15th Annual Summer Conference on Women's Health	Napa, California	Jul 9-12
1299	21st Annual Summer Conference on Obstetrics and Gynecology	Big Sky, Montana	Jul 16-19
1301	Hot Topics in Pediatric Emergencies	Alaska Cruise (<i>Celebrity Cruises - Solstice</i>)	Jul 18-25
1302	Challenges in Obstetrics and Gynecology	Alaska Cruise (<i>Celebrity Cruises - Solstice</i>)	Aug 1-8
1306	15th Annual Fall Conference on Integrative Medicine in Women's Health	Sedona, Arizona	Sep 10-13
1307	25th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 18-20
1308	28th Annual Fall Conference on High Risk Obstetrics	San Francisco, California	Sep 25-27
1309	Emergencies & Challenges in Pediatrics	European Cruise (<i>Celebrity Cruises - Infinity</i>)	Sep 19-Oct 1
1311	32nd Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 15-18
1313	Current Issues in Women's Health Care	Caribbean Cruise (<i>Celebrity Cruises - Reflection</i>)	Nov 1-8
1314	22nd Annual Fall Conference on Issues in Women's Health	Maui, Hawaii	Nov 5-8
1318	20th Annual Conference on Women's Health: Care of Women Over 50	Big Island, Hawaii	Nov 12-15
1317	15th annual Fall Conference on Emergency Medicine	Playa del Carmen, Mexico (<i>Mayan Riviera</i>)	Nov 19-22
1321	20th Annual Conference on Challenges in Gynecology	New York City, New York	Dec 19-20

CONFERENCE & LODGING REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL OR FAX WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
399 Taylor Blvd., Suite 201
Pleasant Hill, CA 94523-2287
Phone: (800) 327-3161 OR (925) 969-1789
FAX: (925) 969-1795

PLEASE PRINT LEGIBLY: (Show name and one degree as you would like it printed on your conference materials):

Registrant's Name: _____ Degree: _____
First Last

Registrant Email Address (required):

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: () _____ Home: () _____

Cell: () _____ Fax: () _____

Professional
Specialty: _____

The digital conference syllabus will be available for download on our website approximately two weeks before the conference.

If you prefer a paper syllabus please check here ☐

FRIDAY BREAKOUT PREFERENCE (Please refer to schedule and select one breakout for each session):

Session One: ___ A ___ B ___ C ___ D Session Two: ___ A ___ B ___ C ___ D

#1316

LODGING RESERVATIONS

Please reserve accommodations at the Hilton Marco Island Beach Resort for:

Arrival: _____ / _____ / _____ Departure: _____ / _____ / _____
(DAY of the week) Month Day Year (DAY of the week) Month Day Year

GROUP RATES are for single/double occupancy:

✓	TYPE OF ROOM	GROUP RATES (Single/Double)
	Garden View	\$195/night
	Gulf View	\$215/night
	Deluxe Gulf View	\$235/night

- Above Group Rates **do not** include 10% Tax (subject to change)
- Maximum guestroom occupancy is:
 - Four adults or
 - Two adults and two children (18 years and under)

- Children 18 years & under are complimentary – not to exceed stated maximum occupancy
- Mandatory third and fourth additional adult charge (19 years and over) is \$25 per person, per night
- Rollaways & Cribs: Rollaway beds are available at an additional cost of \$25 per night. Cribs are available on a complimentary basis. Both are subject to availability.

Preferred Bed Type (cannot guarantee): King/Queen _____ Two Beds _____

Names of Room Occupants (and ages, if children) _____

Please circle names of the room occupants (other than you) who are registered for this conference

Other Comments/Requests _____

TUITION AMOUNT DUE	TWO NIGHTS' LODGING DEPOSIT - ROOM RATE ONLY (Balance of hotel charges will be due to hotel)	ADDITIONAL LODGING DEPOSIT (If you wish to include an additional amount for lodging, please state here)	TOTAL
\$	\$	\$	\$

Payment Type: _____ Check (Please Enclose)



Cardholder Name: _____ Signature: _____

Billing Address: _____
(if different from above) Street City State Zip

Card Number	Expiration Date Month/Year	Security # (on front or back of card)
	/	

By registering, you agree to the Terms & Conditions as stated in this brochure.
ALL INFORMATION STATED ABOVE WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS

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