

UC DAVIS DIVISION OF PAIN MEDICINE
AND INTEGRATIVE MEDICINE PROGRAM

PRESENT

Integrative Health for Pain Relief

April 3-6, 2014

Makena Beach & Golf Resort
Maui, Hawaii

Join us for a continuing medical education experiential learning event where we will review the latest integrative health approaches for pain relief, the genetic and environmental contributors of pain, and business models for a successful patient-centered integrative medicine practice.

Register Online at: <http://conferences.ucdavis.edu/integrativepainmedicine>

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UC DAVIS
UNIVERSITY OF CALIFORNIA

Integrative Health for Pain Relief

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**PAIN
RELIEF**

Register Online at: <http://conferences.ucdavis.edu/integrativepainmedicine>

Overview

The objective of this conference is to provide current, scientific evidence on complementary and alternative medicine approaches used to relieving pain and suffering, such as acupuncture, mindfulness based stress reduction, yoga, and nutrition intervention. The format will focus on evidence-based discussions, helping health care practitioners understand the benefits and risks of these treatments and how to integrate them into a patient-specific management plan, which will ultimately translate into improved patient outcomes.

Educational Objectives

- Discuss the genetics of pain, analgesia, and addiction
- Explain the theory and practice of mindfulness-based stress reduction, emotional freedom technique ("tapping"), Ayurvedic medicine, and acupuncture in the treatment of chronic pain
- Explore non-pharmacological strategies for treating pain
- Discuss the effect of stress on health and the perception of pain
- Explain how foods and dietary supplements influence inflammation and pain
- Explore business models for increased revenue in integrative health practices
- Describe the role of physical therapy in the treatment of chronic pain

Who Should Attend?

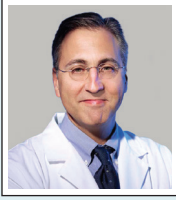
This course is designed for physicians, nurses, acupuncturists, psychologists, social workers, pharmacists, physical therapists, massage therapists, and other allied health care professionals interested in integrative medical modalities to improve care for their patients who are suffering from pain.

FEATURED TOPICS:

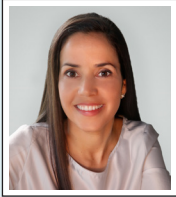
- The Nature and Nurture of Pain
- Genetics, Microbiome and Nutrition in Pain Medicine
- Mind-Body Techniques for Stress Reduction & Pain Relief
- Traditional, Complementary & Integrative Pain Medicine
- Business Models for Successful Integrative Health Practices

Conference Faculty

Conference Directors



Scott M. Fishman, M.D. is the Charles and Patricia Fullerton Endowed Chair of Pain Medicine, Professor and Chief of the Division of Pain Medicine, and Executive Vice Chair of the Department of Anesthesiology and Pain Medicine at the UC Davis School of Medicine. Dr. Fishman is an avid teacher, researcher and clinician. His work focuses on educational and research activities in chronic pain, cancer pain management, spinal injection therapies, neuropathic pain treatment strategies, and medical informatics.



Rosane Oliveira, D.V.M., Ph.D. is Director of the Integrative Medicine Program at UC Davis Health System. The program focuses on lifestyle medicine, which utilizes the application of nutritional and other behavioral interventions combined with complementary and alternative medicine approaches to prevent and reverse chronic health conditions. Prior to her appointment with UCDHS, Dr. Oliveira spent 15 years doing research in fields encompassing molecular epidemiology of infectious diseases, microorganism resistance to drugs, cancer initiation and progression, and nutritional genomics.

Conference Co-Directors

Peter K. Gerritz, M.D. is an Assistant Professor in the Department of Physical Medicine & Rehabilitation, UC Davis School of Medicine. Dr. Gerritz has clinical interests in integrative medicine, non-operative spine care, musculoskeletal medicine, and concussion management/traumatic brain injury. He recently completed a two year fellowship in Integrative Medicine at the University of Arizona, designed by Andrew Weil, M.D. His research has focused on medical acupuncture for musculoskeletal and spine related conditions, shared medical visits for chronic pain, and the role of mobile health technology to promote lifestyle changes.

Ian Koebner, M.Sc., M.A.O.M., L.Ac. is the Director of Integrative Pain Management and a Clinical Instructor in the Division of Pain Medicine at UC Davis School of Medicine. His research and policy interests include pain management education and the efficacy and economic evaluation of integrative medicine. He is a clinical acupuncturist and board certified by the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM), and is licensed to practice in California and Massachusetts.

Gagan Mahajan, M.D. is Professor and Medical Director, Division of Pain Medicine, Department of Anesthesiology & Pain Medicine, UC Davis School of Medicine. Dr. Mahajan has both clinical and research interests in Pain Medicine.

Dennis Warren, J.D. is trained in classical concentration and meditation systems as well as medically oriented mindfulness practices including Mindfulness Based Stress Reduction (MBSR) and Mindfulness Based Cognitive Therapy For Depression Relapse (MBCT). He is a volunteer Clinical Professor in the Division of Pain Medicine, UC Davis School of Medicine. His workshops and retreats serve a wide range of groups – community, government, private industry, physicians, therapists, homeless women with children, at risk teens and maximum security prisoners. Dennis is also the founder of Sacramento Insight Meditation.

Conference Coordinator

Beng Salud, B.S.B.A.
CME Meeting Planner
Department of Anesthesiology
& Pain Medicine
UC Davis Health System

Conference Speakers

Featured Speakers



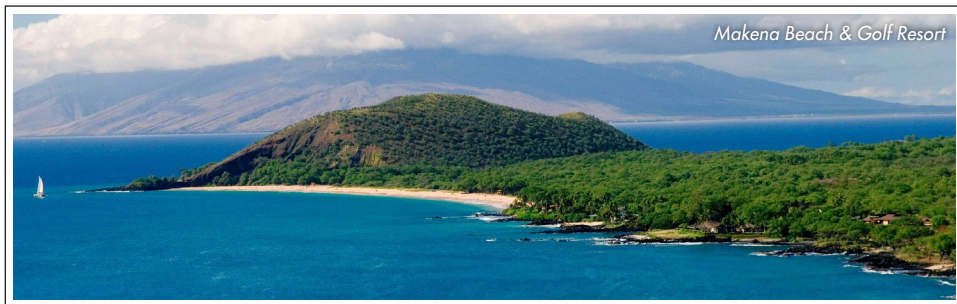
Michael F. Roizen, M.D. is Chief Wellness Officer for Cleveland Clinic, the first such position in a major health care institution in the United States. Dr. Roizen has written more than 170 peer-reviewed research papers on wellness as well as more than 200 editorials and review papers. He has coauthored eight New York Times bestsellers, including *RealAge: Are You As Young As You Can Be?* and *YOU: The Owner's Manual*. Dr. Roizen currently coauthors a column syndicated to 134 newspapers and has appeared on many TV shows.



Jeffrey S. Mogil, Ph.D. is the E.P. Taylor Professor of Pain Studies and the Canada Research Chair in the Genetics of Pain (Tier I) at McGill University. Dr. Mogil has made seminal contributions to the field of pain genetics and is the author of most major reviews of the subject, including an edited book, *The Genetics of Pain* (IASP Press, 2004). Dr. Mogil is the author of over 170 journal articles and book chapters, and has given over 220 invited lectures in the past two decades. He currently serves as a Section Editor (Neurobiology) at the journal *Pain*, and was the chair of the Scientific Program Committee of the recent 13th World Congress on Pain.



Sheila Patel, M.D. is a board-certified Family Medicine physician and Medical Director of the Chopra Center for Wellbeing. Dr. Patel's special interests include preventive medicine and mind-body medicine, with an emphasis on Ayurveda. Dr. Patel is a Chopra Center-certified Perfect Health instructor as well as a Primordial Sound Meditation teacher at the Chopra Center. She is a regular contributor to the Chopra Center's popular Healing Wisdom blog and newsletter. Her articles have also been published in several integrative medicine magazines and journals.



Guest Speakers

Matthew Lange, Ph.D. is Associate Director of Knowledge Engineering at UC Davis and develops wireless and information technologies that enable the creation of personalized foods, medicines, and lifestyle regimens for improving human health, happiness, and other measures of well-being.

Lori Leyden, Ph.D., M.B.A. facilitates healing work with The Grace Process, a spiritual practice for heart-centered living. She holds a doctorate in Health and Human Services with a concentration in psychoneuroimmunology, and a masters degree in Business Administration with a concentration in management. With more than thirty years experience in the fields of psychotherapy, business, and spiritual growth, Dr. Leyden is a uniquely qualified author, workshop leader, business consultant, and humanitarian.

Kathy Marks is the President of Rx for Wealth Network. She comes from over 20 years in the medical industry serving her customers first in the pharmaceutical arena, then in bio/tech and consulting. Kathy's vision is to bring physicians together to network under a structured business curriculum through online access, small chapter meetings and large conferences. Rx for Wealth Network offers a platform that brings like minded clinicians together to succeed in today's changing market.

Timothy McGonigle, P.T. is Co-Director at Folsom Physical Therapy & Training Center since 1984. He is a faculty member of the Folsom Physical Therapy Year-Long Course and of the Folsom Manual Therapy Residency Program. He has taught numerous short courses on the evaluation and treatment of musculoskeletal disorders. Tim has been published in the Journal of Manual and Manipulative Therapy and also a guest lecturer for UC Davis Division of Pain Medicine since 2001.

Michael J. Moore, P.T. is Founder and Co-Director at Folsom Physical Therapy & Training Center. Michael has organized and presented numerous seminars in Orthopedic Manual Therapy (OMT) and the integration of OMT and Proprioceptive Neuromuscular Facilitation (PNF). In 1981, he began the Folsom Long Term Orthopedic Manual Therapy Course. In 1991 he was awarded provisional instructor status in the Kaltenborn-Evjenth concept of Manual Therapy. Michael is one of the eight founding fellows of the American Academy of Orthopaedic Manual Physical Therapists.

Agenda

Thursday, April 3, 2014

8:15–9:00 am	Registration, Continental Breakfast	3:00–4:30 pm	Concurrent Workshops
	Day 1: Mind-Body Techniques for Stress Reduction and Pain Relief		■ Physical Therapy’s Role as Part of a Pain Management Team <i>Timothy McGonigle, PT and Michael J. Moore, PT</i>
9:00–9:50 am	The Quest for Pain Relief: A History of Fragmentation, A Future of Integration <i>Scott Fishman, M.D.</i>		■ Tapping on Acupoints in the Treatment of Stress and Pain Relief <i>Lori Leyden, Ph.D.</i>
9:50–10:40 am	Stress as the Silent Killer <i>Michael Roizen, M.D.</i>		■ Acupuncture Demonstration and Discussion <i>Ian Koebner, MSc, MAOM, LAc</i>
10:40–11:00 am	Coffee Break		■ Mindfulness & Meditation: In-Depth Discussion & Practice <i>Dennis Warren, J.D.</i>
11:00–11:50 am	Mindfulness: Theory, Clinical Applications, Possibilities <i>Dennis Warren, J.D.</i>		
11:50–12:40 pm	Acupoint Stimulation in the Treatment of Stress and Pain Relief <i>Lori Leyden, Ph.D.</i>	4:30–6:00 pm	Late Afternoon Session
1:00–2:30 pm	Cooking Healthy with a Gourmet Chef <i>Chef Marc McDowell</i>		Shared Medical Visit: Integration of Mind, Movement And Nutrition for Pain Relief (Business Model Discussion) <i>Peter Gerritz, M.D.</i>

Friday, April 4, 2014

6:30–7:30 am	■ Yoga <i>Juliet Lee</i>	1:00–2:30 pm	Cooking Healthy with a Gourmet Chef <i>Chef Marc McDowell</i>
	■ Mindfulness–Meditation <i>Dennis Warren, J.D.</i>	3:00–4:30 pm	Concurrent Workshops
	■ Acupuncture for Stress Relief <i>Ian Koebner, MSc, MAOM, LAc</i>		■ Physical Therapy’s Role as Part of a Pain Management Team <i>Timothy McGonigle, PT and Michael J. Moore, PT</i>
7:00–9:00 am	Seated Manual Massage		■ Tapping on Acupoints in the Treatment of Stress and Pain Relief <i>Lori Leyden, Ph.D.</i>
8:15–9:00 am	Registration, Continental Breakfast <i>Meet the Professors</i>		■ Acupuncture Demonstration and Discussion <i>Ian Koebner, MSc, MAOM, LAc</i>
	Day 2: Genetics, Microbiome and Nutrition in Pain Medicine		■ Mindfulness & the Practice of Medicine <i>Dennis Warren, J.D.</i>
9:00–9:50 am	The Nature and Nurture of Pain <i>Jeffrey Mogil, Ph.D.</i>		
9:50–10:40 am	Diet, Your Genes, Your Microbes, and YOU <i>Rosane Oliveira, DVM, Ph.D.</i>		
10:40–11:00 am	Coffee Break	4:30–6:00 pm	Late Afternoon Session
11:00–11:50 am	Mice are People Too: Social Modulation of & by Pain in Laboratory Rodents & Humans <i>Jeffrey Mogil, Ph.D.</i>		Million Dollar Customer: Joint Revenue Model for Integrative Health Practices (Business Model Discussion) <i>Kathy Marks</i>
11:50–12:40 pm	The Nutrition of Pain: An Evidence-Based Discussion <i>Peter Gerritz, M.D.</i>		

Saturday, April 5, 2014

6:30–7:30 am	■ Yoga <i>Juliet Lee</i>	10:40–11:00 am	Coffee Break
	■ Mindfulness–Sensory Awareness and Movement <i>Dennis Warren, J.D.</i>	11:00–11:50 am	Change Your Mind to Change Your Body: Motivating and Engaging Patients <i>Rosane Oliveira, DVM, Ph.D.</i>
	■ Acupuncture for Stress Relief <i>Ian Koebner, M.Sc., MAOM, L.Ac</i>	11:50–12:40 pm	Mindfulness In Practice: Expanding Our Experience of Sensation & Pain <i>Dennis Warren, J.D.</i>
7:00–9:00 am	Seated Manual Massage		
8:15–9:00 am	Registration, Continental Breakfast <i>Meet the Professors</i>	1:00–2:30 pm	Cooking Healthy with a Gourmet Chef <i>Chef Marc McDowell</i>
	Day 3: Wellness-Focused Healthcare	3:00–4:30 pm	Concurrent Workshops
9:00–9:50 am	Lesson Learned From Cleveland Clinic: How We Bent the Cost Curve Down <i>Michael Roizen, M.D.</i>		■ Physical Therapy’s Role as Part of a Pain Management Team <i>Timothy McGonigle, PT and Michael J. Moore, PT</i>
9:50–10:40 am	Extending the Electronic Health Record for Delivery of Personalized Integrative Medicine <i>Matthew Lange, Ph.D.</i>		■ Tapping on Acupoints in the Treatment of Stress and Pain Relief <i>Lori Leyden, Ph.D.</i>

Sunday, April 6, 2014

6:30–7:30 am	■ Yoga <i>Juliet Lee</i>	9:50–10:40 am	Acupuncture for Pain Management: Origins, Mechanisms, and Effectiveness <i>Ian Koebner, MSc, MAOM, LAc</i>
	■ Mindfulness–Thinking and Emotions <i>Dennis Warren, J.D.</i>	10:40–11:00 am	Coffee Break
7:00–9:00 am	Seated Manual Massage	11:00–11:50 am	Rapid Guide to Omega-3s, Vitamin D and Other Nutritional Supplements <i>Peter Gerritz, M.D.</i>
8:15–9:00 am	Registration, Continental Breakfast <i>Meet the Professors</i>		
	Day 4: Traditional, Complementary and Integrative Medicine	11:50–12:40 pm	Ayurvedic Medicine and Pain Relief <i>Sheila Patel, M.D.</i>
9:00–9:50 am	Introduction to Ayurvedic Medicine <i>Sheila Patel, M.D.</i>	1:00 pm	Adjourn

Accreditation

UC Davis Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Physician Credit: UC Davis, Health System designates this live activity for a maximum of 29 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AMA PRA Category 1 Credits™ acceptable for interprofessional team members

Dietitian: *AMA PRA Category 1 Credits™* meet the requirements of the Commission on Dietetic Registration (CDR).

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™*.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologist: This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists (self reporting required).



Additional Credit Designation

MFT and LCSW: UC Davis Health System Office of Continuing Medical Education, Provider No. PCE 2354. This course meets the qualifications for 29 hours of continuing education credit for marriage and family therapists and/or licensed clinical social workers as required by the California Board of Behavioral Sciences. Participants must attend the entire course, write license number on the roster, and complete the course evaluation to earn credit.

Acupuncturist: *NCCAOM PDA Points are pending* through the National Certification Commission for Acupuncture and Oriental Medicine.

General Session:

Up to 16.5 AMA PRA Category 1 Credits™

Optional Morning Workshops:

Up to 3 AMA PRA Category 1 Credits™ (1 each)

Optional Breakfast Roundtable Sessions:

Up to 2.25 AMA PRA Category 1 Credits™ (.75 each)

Optional Lunch Demonstration with the Chef:

Up to 3 AMA PRA Category 1 Credits™ (1 each)

Optional Afternoon Workshops:

Up to 4.5 AMA PRA Category 1 Credits™ (1.5 each)

Pain Management

California Business and Professions Code (Section 2190.5) requires physicians and surgeons to complete 12 hours of mandatory continuing education on pain management and the treatment of terminally ill and dying patients. Physicians licensed prior to January 2002 were to have completed this requirement by December 31, 2006. Physicians and surgeons licensed on or after January 1, 2002 must complete this requirement within 4 years of their initial license or by their second renewal date, whichever occurs first.

Cultural and Linguistic Competency Requirement

All continuing medical education (CME) courses with patient care components are required by California State statute to include curriculum on cultural and linguistic competency in the practice of medicine (California Business and Professions Code, Section 2190.1). Those who have developed this UC Davis CME activity have been encouraged to address cultural and linguistic differences for a diverse patient population related to this topic. A variety of resources are available that address these competencies.

Additional resources and information can be found on our website,
<http://cme.ucdavis.edu>.

General Info

Location

Makena Beach & Golf Resort
5400 Makena Alanui
Wailea-Makena
Maui, Hawaii 96753

Discover beaches and activities only minutes from Makena Beach & Golf Resort, magically located in the exclusive resort destination of Wailea-Makena on Maui's south side. From a breathtaking drive up the slopes of a dormant volcano ending at the Haleakala Visitor Center to many Maui beach experiences, there is truly something each guest will enjoy.



The Makena-Wailea area is abundantly beautiful and offers plenty to see and do. The Makena Beach & Golf Resort is situated on 1800 acres at the southwestern end of Maui, where the slopes of Hawaii's largest dormant volcano meet the rocky lava shoreline and sandy beaches of the Pacific Ocean. The resort is just 19 miles (31 km) from Kahului Airport, and 37 miles from the top of the house of the sun, Mt. Haleakala.

Located on a choice parcel of land at the end of a scenic shoreline drive, Makena Beach & Golf Resort is an oasis of seclusion fronting a pristine quarter-mile-long sandy beach, rolling golf greens, lush gardens, and a natural kiawe forest. In every direction, nature's bounty and beauty calls to you, from sea to mountain top.

Air Travel

Kahalui Airport, Maui, is the airport for guests to utilize (OGG)

The Office of Continuing Medical Education has arranged group rates with the airlines listed below. Please read and follow the directions carefully to obtain these special rates for your travel to our conference.

Hawaiian Airlines

For this specific conference, substantial flight discounts are available through Hawaiian Airlines for our West Coast attendees. You may access these rates by logging on to the Hawaiian Airlines website: <http://www.HawaiianAir.com/Affiliate>. You must enter the Preferred Affiliate Program Code: **UCDHEALTH** to book your discounted flight online. This discount is only available to internet bookings. At the FareShopper Page, be sure to click on the tabs showing discounts available. Tickets will be issued directly from Hawaiian Airlines by Electronic Ticketing (E-Ticket).

United Airlines

To obtain Groups and Meetings discount prices go to <http://www.united.com> and enter offer code: **ZNNT235740**

Airlines that fly to Kahalui: United, Alaska, Hawaiian Air, American

Ground Transportation

- Hertz Car Rental: To obtain discount prices go to <http://www.hertz.com> and enter Convention Number **04H70004** for discounted rates.
- National Car Rental: 1 (800) CAR-RENT and request ID **#5282865** for discounted rates.
- Taxi
- Speedishuttle (www.speedishuttle.com) Telephone: (877) 242-5777

Parking

Self-parking is complimentary for all hotel guests.

For further information about the conference, contact:

Beng Salud

CME Meeting Planner

Department of Anesthesiology & Pain Medicine

UC Davis Health System

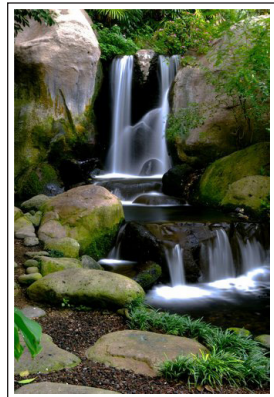
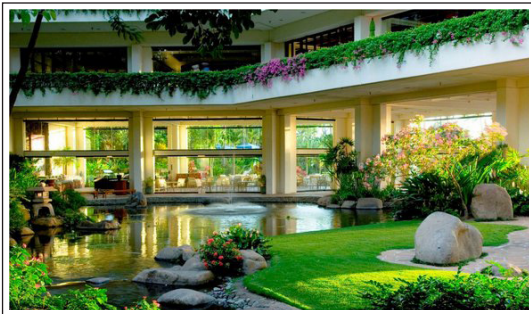
4150 V Street, PSSB Bldg., Suite 1200

Sacramento, CA 95817

Telephone: (916) 734-1574

Fax: (916) 734-2975

<http://conferences.ucdavis.edu/integrativepainmedicine>



Accommodations

Makena Beach & Golf Resort

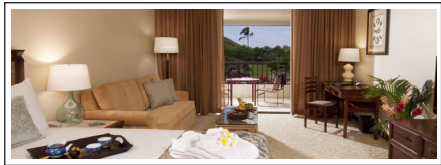
5400 Makena Alanui
Wailea-Makena
Maui, Hawaii 96753



MAKENA
BEACH & GOLF RESORT
MAUI, HAWAII

A block of rooms is being held for conference participants at a rate of \$209 single or double occupancy plus hotel and sales tax. After March 2, 2014, reservations will be on a

space and rate available basis. Reservations should be made directly with the hotel. To make your reservations, contact the Hotel Reservations Department at 1-800-321-6284 and mention the group name Integrative Pain Management Conference and/or the group code **122631** or email your request to reservations@makenaresortmaui.com. For online booking, go to <http://www.makenaresortmaui.com> and click on "Reserve a Room" which will bring up another page. Enter dates of stay and enter the code **UCDavis** (case sensitive) in group code. Hotel's Reservations Department is open 7 days a week 6:00am - 9:00pm. All times listed are in Hawaii Standard Time and are subject to change without notice.



By staying at the host hotel, you help UC Davis meet its contractual obligations with the Makena Beach & Golf Resort and keep future registration fees reasonable. Please consider that when making your accommodation decisions. We encourage you to stay at the host hotel.

Conference Registration



Please register early – space is limited.

Tuition is \$799. Confirmation of registration will be sent within two weeks after receipt of registration form. The fees will increase after December 15, 2013.

Tuition includes continental breakfasts, refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. UC Davis Health System and UC Davis School of Medicine faculty and staff are eligible for tuition discounts. See registration form for details. Program materials cannot be guaranteed unless registration is received by March 21, 2014. The Division of Pain Medicine and Integrative Medicine Program reserve the right to cancel this conference. In such a case, a full refund will be given.

Registration forms will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. Preregistrations are accepted online until March 30, 2014. After this date, only on-site registration is available.

On-site Fees: At door registrations will be charged at a higher rate. Please see registration form for details.

Cancellation and Refund Policy:

Up to 75% of registration fee will be refunded, if cancellation is requested before January 15, 2014. Written notification of your cancellation is required in order to process your refund.

No refunds will be issued after January 15, 2014.

Electronic Evaluation and Credit

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the evaluation process your certificate will be available.

The electronic syllabus will be available online to pre-registered attendees prior to the conference for downloading and printing. Printed syllabus will not be available.

Registration Form

Two Ways to Register:

Please use ONE of these methods to register. (Do not mail if previously faxed or telephoned)

Register Online at: <http://conferences.ucdavis.edu/integrativepainmedicine>

To mail/fax application, please print this form.

Mail/fax application and payment to:

Beng Salud
Department of Anesthesiology & Pain Medicine
4150 V Street, PSSB Bldg., Suite 1200
Sacramento, CA 95817

Telephone: (916) 734-1574
Fax application (916) 734-2975

Enrollment Application

Integrative Health for Pain Relief
April 3 – 6, 2014

First Name	MI	Last Name
☐ MD	☐ DO	☐ PA
☐ NP	☐ RN	☐ LAc
☐ Psychologist	☐ LCSW	
☐ MFT	Lic# _____	☐ Other: _____

Institution/Employer (as you would like it to appear on your badge)	Profession/Occupation
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Address (where you would like your receipt mailed)

City	State	Zip Code
()		
Day Phone		

E-mail for link to electronic syllabus.
We will not use your email for any purpose other than corresponding with you.

Physician information required for CME credit and name badge.
Please indicate primary medical specialty: _____

Social Security Number (last 4 digits required for transcript purposes)
X X X - X X - _____

Have you attended this conference in the past? ☐ Yes ☐ No

Registration Fees

(Receipt/Confirmation will be mailed within two weeks)

Early Discount	After Dec. 15, 2013	At the Door
\$799	\$999	\$1099

Optional Workshop Enrollment

Please register early as workshops are limited and fill up fast.

Optional, Additional CME credit, Included in Tuition

Workshop from 6:30 am – 7:30 am

Yoga	☐ Fri ☐ Sat ☐ Sun
Mindfulness-Meditation	☐ Fri ☐ Sat ☐ Sun
Acupuncture for Stress Relief	☐ Fri ☐ Sat

Workshop Options from 3:00 pm – 4:30 pm

Physical Therapy’s Role As Part of a Pain Management Team	☐ Thurs ☐ Fri ☐ Sat
Tapping on Acupoints in the Treatment of Stress and Pain Relief	☐ Thurs ☐ Fri ☐ Sat
Acupuncture Demonstration and Discussion	☐ Thurs ☐ Fri
Mindfulness & Meditation: In-Depth-Discussion & Practice	☐ Thurs
Mindfulness & the Practice of Medicine	☐ Fri

Optional, Additional CME credit, Additional fee

Cooking Healthy with Gourmet Chef Marc McDowell	☐ Thurs ☐ Fri ☐ Sat 1:00 pm – 2:30 pm	\$35 each	Total \$
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Guest/Spouse Food Package

(Name badges must be worn. If you want a guest or family member to join you to the meals, please purchase the meal package for them. Fee includes group service charge and taxes)

Adults	\$150
Children = 6–12 (under 6 N/C)	\$ 60
Total Fees	

Catering is planned for course participants and paid guests registered by March 21, 2014.

☐ If you need disability accommodations at the meeting,
please contact the conference coordinator by March 21, 2014.

Please note special dietary/food allergy requirements: _____

Please check your payment method. Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: UC Regents

☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

Account Number

Expiration Date

Authorized Signature (name on card)

Security Code

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