



Cleveland Clinic

Endocrinology and Metabolism Institute

18th Annual

Diabetes Day

Complications of Diabetes

Friday, May 31, 2013

InterContinental Hotel and Bank of America Conference Center
Cleveland, Ohio

Register Today! ccfcme.org/diabetesday13



Diabetes Day

Complications of Diabetes

Get Up-To-Date Reviews of Advances in Management Strategies

Diabetes Day: Complications of Diabetes is a certified CME educational symposium presented by the Cleveland Clinic Department of Endocrinology, Diabetes and Metabolism and Center for Continuing Education to provide up-to-date reviews of advances in management strategies for patients with diabetes. Key topic areas include the pathobiology of diabetes complications, new oral agents, diabetes control, and current guideline recommendations. This symposium will help you increase competencies and performance in treating this patient population, which will ultimately improve patient outcomes.

Learning Objectives

After completing this educational activity, you will be able to do the following:

- Summarize recent research findings on the pathophysiology of diabetes complications;
- Differentiate between microvascular and macrovascular complications of diabetes;
- List guideline recommendations for diabetes and describe their application to clinical practice;
- Describe relationships between appropriate diabetes control and incidences of neuropathy, nephropathy, and retinopathy;
- Critically appraise new research findings on dyslipidemia, ketoacidosis, and hypoglycemia;
- Compare and contrast efficacy, side effects, and clinical roles of new oral agents for diabetes;
- Describe the impact of research on insulin adjustment strategies;
- Balance the potential complications of gastric bypass surgery against its beneficial effects on diabetes in obese populations.

Who Should Attend?

This activity is designed for primary care physicians, endocrinologists, diabetes educators, nurses, nurse practitioners, physician assistants, dietitians, and other health care professionals who care for patients with diabetes.

Activity Director

Robert Zimmerman, MD, FACE

Director, Cleveland Clinic
Diabetes Center
Vice Chairman
Department of Endocrinology,
Diabetes and Metabolism
Endocrinology and
Metabolism Institute

Coactivity Directors

Adi Mehta, MD

Department of Endocrinology,
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Leann Olansky, MD, FACP, FACE

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Faculty

Department of Endocrinology, Diabetes and Metabolism Endocrinology and Metabolism Institute

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Chairman

Krupa Doshi, MD

Marwan Hamaty, MD

Betul Hatipoglu, MD

Sangeeta Kashyap, MD

Leila Khan, MD

Melissa Li-Ng, MD

Vinni Makin, MD

Christian Nasr, MD, FACE

Kevin Pantalone, DO

David Shewmon, MD

Mariam Stevens, MD

Gina Gavlak, RN, BSN
Diabetes Program
Development Coordinator
Lakewood Hospital,
a Cleveland Clinic hospital
Diabetes and Endocrine Center

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Director, Inpatient Diabetes
Services and Chair of Diabetes
Care Committee
Department of Endocrinology,
Diabetes and Metabolism
Endocrine and Metabolic Institute

Rishi Singh, MD

Department of Ophthalmology
Cole Eye Institute

Mario Skugor, MD

Department of Endocrinology,
Diabetes and Metabolism
Endocrine and Metabolic Institute
Associate Professor of Medicine
CCLCM of CWRU
Vice Chairman – Global
Patient Services
Co-Director of Thyroid
Disorder Center
Cleveland Clinic

Agenda | May 31, 2013

7:00 am Registration, Continental Breakfast, and Exhibits

7:50 am Welcome
Robert Zimmerman, MD

Pathobiology of Complications Symposium

Moderator: Leila Khan, MD

8:00 am Mechanism of Diabetes Complications
Melissa Li-Ng, MD

8:35 am Microvascular and Macrovascular Complications: Is There a Link?
Adi Mehta, MD

9:10 am Questions and Answers

9:30 am Refreshments and Exhibits

Microvascular Complications Symposium

Moderator: Christian Nasr, MD

9:55 am Diabetic Neuropathy
Leann Olansky, MD

10:35 am Diabetic Nephropathy
David Shewmon, MD

11:25 am Retinopathy
Rishi Singh, MD

12:05 pm Panel Discussion

12:35 pm Lunch and Presentation

Ways Health Care Providers Can Stop Diabetes Discrimination

Gina Gavlak, RN, BSN

CHOOSE BETWEEN
SESSION 1 OR SESSION 2

Session #1 Diabetes Treatment Strategies
Moderator: Krupa Doshi, MD

1:35 pm Insulin Adjustment
Marwan Hamaty, MD

2:10 pm Diabetes Ketoacidosis
M. Cecilia Lansang, MD

2:45 pm Diabetic Dyslipidemia
Betul Hatipoglu, MD

OR

Session #2 Diabetes Treatments and Their Complications
Moderator: Mariam Stevens, MD

1:35 pm Oral Agents
Kevin Pantalone, DO

2:10 pm Complication of Gastric Bypass Surgery
Sangeeta Kashyap, MD

2:45 pm Hypoglycemia
Laurence Kennedy, MD

3:20 pm Refreshments and Exhibits

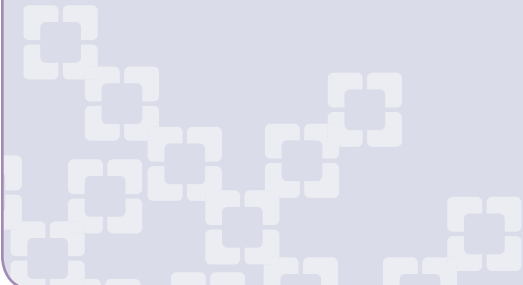
Macrovascular Complications

Moderator: Vinni Makin, MD

3:50 pm Diabetes Mellitus and the Heart
Robert Zimmerman, MD

4:30 pm Diabetes Mellitus and the Foot
Mario Skugor, MD

5:00 pm Adjourn





Registration Form

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Course 011978 Office Use Only	
Fee _____	Date _____
MOP _____	CXL/Fee _____

Two Ways to Register



ONLINE

ccfcme.org/diabetesday13

Cleveland Clinic and Cleveland Clinic Health System employee fees and registration are available online only.



BY MAIL

The Cleveland Clinic Educational Foundation
PO Box 931653, Cleveland, OH 44193-1082

Make check payable:

The Cleveland Clinic Educational Foundation

Total check amount enclosed: \$ _____

Please Print

Complete the information below if registering by mail.

First Name: _____ MI: _____ Last Name: _____ Degree: _____

Institution Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Fax Number: _____

Email Address: _____ Specialty: _____

Practice Type: ☐ Office-Based ☐ Hospital Staff ☐ Resident/Fellow ☐ Other

☐ I require a vegetarian lunch

Fees

Full Fee Includes	Please indicate your breakout session choice:	
- Continental breakfast - Lunch - Refreshment breaks	☐	SESSION #1: Diabetes Treatment Strategies
PowerPoint presentations in PDF format will be available online to attendees prior to the course.	☐	SESSION #2: Diabetes Treatments and Their Complications
	Full Fee	
☐ Physician	\$245	
☐ Resident*/Fellow*	\$150	
☐ Nurse/Nurse Practitioner/Dietitians	\$200	
☐ Physician Assistants/Other Health Care Professionals	\$200	
*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.		

For registration questions, please email cmeregistration@ccf.org or call 216.448.0777

Cleveland Clinic recognizes the importance of protecting the privacy and security of information provided to us. Therefore, we are no longer requesting credit card data in writing, including on registration forms or faxes. If you would like to register using a credit card, please log in to www.ccfcme.org/diabetesday13 or call 216.448.0777 where it will be handled directly by a certified processor.

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The Cleveland Clinic Foundation
9500 Euclid Avenue, AC313
Cleveland, OH 44195

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