

2015 PSYCHOPHARMACOLOGY UPDATE INSTITUTE

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

Pediatric Psychopharmacology Consultation: Partnering
with Primary Care Practitioners in the Era of ACA and ACOs

THIS INSTITUTE
SOLD OUT IN
2013 AND 2014 —
REGISTER EARLY!

JANUARY 30-31, 2015

Gabrielle A. Carlson, MD, and Laurence L. Greenhill, MD, *Co-Chairs*
New York Marriott at the Brooklyn Bridge—New York, NY

Register by December 19 at www.aacap.org/psychopharm/2015 to get the Early Bird Rate.
Questions? E-mail meetings@aacap.org.

INSTITUTE BENEFITS

COURSE NOTEBOOK

Each participant receives a detailed notebook (helpful for later review), which organizes course materials, including outlines, annotated bibliographies of selected readings, and various handout materials. The notebook is also available for purchase after the Psychopharmacology Update Institute for \$65 plus shipping and handling. To purchase, go to www.aacap.org after February 20, 2015.

SESSION RECORDINGS

Session recordings of presentations from the 2015 Psychopharmacology Update Institute are available for purchase as an educational supplement or for those who are unable to attend. Recorded sessions include the speaker's PowerPoint slides for a true recreation of the live presentation. Also, Institute registrants receive a special discount on audio recordings if purchased with the registration. The session recordings are distributed approximately three weeks after the meeting via e-mail from Multiview. See the registration form for more details.

To order session recordings online, please contact: <http://aacap.sclivelearningcenter.com> or contact:

Multiview

7701 Las Colinas Ridge, 5th Floor,
Irving, TX 75063
Phone: 972.402.7098, Fax: 972.402.7035

SCHOLARSHIPS

Tuition Scholarships are available for medical students and residents in exchange for volunteering during the meeting. E-mail meetings@aacap.org for details.

SAVE MONEY!

PURCHASE YOUR SESSION RECORDINGS IN ADVANCE!

Pre-purchase the session recordings (including PowerPoint slides) at a discounted price of \$75 when you pre-register for the Psychopharmacology Update Institute. Note the "Conference Enrichment Package" option on your registration form.

CME credit is not available with the purchase of session recordings.

CONTINUING MEDICAL EDUCATION CREDIT

This course is one in a continuing medical education series under the direction of the American Academy of Child and Adolescent Psychiatry's Continuing Medical Education Committee. The American Academy of Child and Adolescent Psychiatry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Academy of Child and Adolescent Psychiatry designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. For participants seeking non-AMA continuing education credits: A certificate of attendance will be emailed after the activity and can be submitted to the appropriate specialty organization to attempt to obtain reciprocal credits.

CME credits are not available for purchasing the Institute notebook or session recordings.

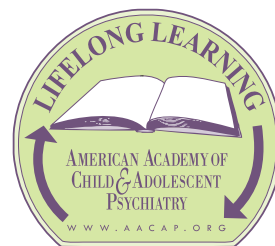
MAINTAIN YOUR CERTIFICATION

WONDERING HOW MAINTENANCE OF CERTIFICATION APPLIES TO YOU?

Get your recertification questions answered by AACAP's experts! For more information on what you need to do to maintain your certification

in child and adolescent psychiatry, contact Elizabeth Hughes, Assistant Director of Education and Recertification, at 202.966.1944 or Quentin Bernhard, CME Manager, at 202.587.9675.

Visit AACAP's website at www.aacap.org/moc for the latest maintenance of certification information, including how AACAP's member benefits can assist you with the lifelong learning and self-assessment requirements.



AACAP INSTITUTES SUBCOMMITTEE

Barbara J. Coffey, MD, <i>Chair</i>	Gabrielle A. Carlson, M
Regina Bussing, MD, MSHS	Laurence L. Greenhill, MD
Angel A. Caraballo, MD	Bennett L. Leventhal, MD

FACULTY DISCLOSURES OF AFFILIATIONS

Before the program, all faculty members will disclose the existence of any financial interests and/or other relationships they may have with a) the manufacturers of any commercial products to be discussed during their presentation, and/or b) any commercial contributor to this activity.

When unlabeled uses are discussed, these will also be indicated. These disclosures are also posted on AACAP's website at www.aacap.org/psychopharm/2015.

INSTITUTE OVERVIEW

THE PAST DECADE has seen a revolution in the delivery of health care. Not only does the practitioner have to contend with electronic medical records, e-prescribing, and the Affordable Care Act, but also the profession is moving from solo practice to a Medical Home, the definition of which is in a state of flux. In some instances, the child and adolescent psychiatrist becomes co-located in "the Medical Home," which may be in the same offices as a primary care practitioner, or may be a virtual home where some other kind of consultation is provided. Given the small size of the child and adolescent psychiatrist workforce compared to that of primary care, we need to develop ways of extending ourselves through consultation in addition to whatever direct care we can provide. It is vital that child and adolescent psychiatrists not only continue to be updated with best practices, but also know how to share our knowledge and skill most effectively with our primary care practitioner colleagues. This Institute reviews and updates participants both about expert pediatric psychopharmacology, but also about how one can translate this expertise in pediatric psychopharmacology into the pediatrician's practice.

EDUCATIONAL LEARNING OBJECTIVES

At the conclusion of this CME activity, the participant will be able to:

1. Discuss the latest evidence-based psychopharmacology data that illustrates the balance of drug effectiveness to treatment-emergent adverse events during their use in youth for psychiatric disorders, such as found with stimulant medications, second generation antipsychotic medications, lithium, and selective serotonin reuptake inhibitors.
2. List the barriers for primary care practitioners that mitigate against their successful use of psychiatric medications to treat their patients.
3. Describe to a primary care practitioner the type of laboratory tests needed to be employed to monitor for the endocrine-related treatment-emergent adverse events that are associated with the use of second generation antipsychotics, stimulants, anticonvulsants, and lithium.
4. Give examples of cases involving child and adolescent patients with ADHD, sleep disorders, Tourette's Disorder, bipolar, or anxiety disorders that might arise in a pediatrician's office practice.
5. Describe two methods that can be used by a child and adolescent psychiatrist to facilitate the success of a consultation with a pediatrician concerning pediatric psychopharmacological problems with their patients.
6. State how alternative formulations of the same stimulant medication may have different risks for diversion and misuse (e.g. the immediate release preparations versus the long duration preparations), and of these, which formulations are safest for the pediatrician to prescribe for youth of college or transitional age.

INSTITUTE FACULTY



Gabrielle A. Carlson, MD
Co-Chair

SUNY at Stony Brook
Stony Brook, NY



Laurence L. Greenhill, MD
Co-Chair

Columbia University
New York State Psychiatric Institute
New York, NY



Lawrence V. Amsel, MD

New York State
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New York, NY



**Jeremy M.
Veenstra-VanderWeele, MD**

New York State
Psychiatric Institute
New York, NY



John T. Walkup, MD

Weill Cornell Medical College
New York, NY

PRELIMINARY PROGRAM

FRIDAY, JANUARY 30, 2015

7:45 a.m. – 8:45 a.m. Registration and Breakfast

8:45 a.m. – 9:00 a.m. Welcoming Remarks

9:00 a.m. – 9:45 a.m. Consulting With Primary Care Practitioners: The Art and the Science
Lawrence V. Amsel, MD

9:45 a.m. – 10:30 a.m. Advanced Psychopharmacology Treatments for the Child and Adolescent With ADHD
Laurence L. Greenhill, MD

10:30 a.m. – 10:45 a.m. Break

10:45 a.m. – 11:30 a.m. Advanced Psychopharmacology Treatments for the Child and Adolescent With Anxiety Disorder: A Modern Perspective
John T. Walkup, MD

11:30 a.m. – 1:00 p.m. Lunch (on your own)

1:00 p.m. – 1:30 p.m. Tips for Consultation of Youth With Comorbid ADHD and Anxiety
Lawrence V. Amsel, MD;
Diane E. Bloomfield, MD;
Laurence L. Greenhill, MD;
John T. Walkup, MD

1:30 p.m. – 2:15 p.m. Question and Answer Panel

2:15 p.m. – 3:00 p.m. Advanced Psychopharmacology Treatments for Youth With Depression, Bipolar, Mood, or Temper Dysregulation Disorder
Gabrielle A. Carlson, MD

3:00 p.m. – 3:15 p.m. Break

3:15 p.m. – 4:00 p.m. Using Pediatric Psychopharmacology Treatments in Primary Care: Issues and Worries
Diane E. Bloomfield, MD

4:00 p.m. – 4:30 p.m. Tips for Consultation of Moody Adolescents With Temper Outbursts
Lawrence V. Amsel, MD;
Diane E. Bloomfield, MD;
Gabrielle A. Carlson, MD

4:30 p.m. – 5:15 p.m. Question and Answer Panel

5:15 p.m. – 6:15 p.m. Reception

SATURDAY, JANUARY 31, 2015

7:30 a.m. – 8:30 a.m. Registration and Breakfast

8:30 a.m. – 9:15 a.m. Advanced Psychopharmacological Treatments for the Child and Adolescent Patient With Repetitive Behaviors: Tics, Tourette's, Trichotillomania, PANS, and PANDAs
Barbara J. Coffey, MD, MS

9:15 a.m. – 10:30 a.m. Advanced Psychopharmacological Treatments for the Child and Adolescent With Autism Spectrum Disorders
Jeremy M. Veenstra-VanderWeele, MD

10:30 a.m. – 10:45 a.m. Break

10:45 a.m. – 11:15 a.m. Tips for Consultation of Youth With Repetitive Movements and Delayed Speech
Lawrence V. Amsel, MD;
Diane E. Bloomfield, MD;
Barbara J. Coffey, MD, MS;
Jeremy M. Veenstra-VanderWeele, MD

11:15 a.m. – 12:00 p.m. Question and Answer Panel

12:00 p.m. – 1:15 p.m. Lunch (on your own)

1:15 p.m. – 2:00 p.m. Treating the Child and Adolescent With Endocrine Complications of Psychotropic Drugs
Harold E. Carlson, MD

2:00 p.m. – 2:15 p.m. Break

2:15 p.m. – 3:00 p.m. Advanced Psychopharmacological Treatments of Sleep Disorders in Children and Adolescents
Jess P. Shatkin, MD, MPH

3:00 p.m. – 3:30 p.m. Tips for Consultation of Youth With Sleep Disorders and Treatment Emergent Adverse Events
Lawrence V. Amsel, MD;
Diane E. Bloomfield, MD;
Harold E. Carlson, MD;
Jess P. Shatkin, MD, MPH

3:30 p.m. – 4:15 p.m. Question and Answer Panel

AACAP PSYCHOPHARMACOLOGY UPDATE INSTITUTE REGISTRATION FORM

The registration fee includes CME credit, the Institute Notebook, and the Welcome Reception on Friday. After December 19, 2014, all registrants must pay the on-site registration rate. Personal checks (made payable to AACAP), American Express, MasterCard, and VISA are accepted.

NO CASH WILL BE ACCEPTED ON-SITE.

AMERICAN ACADEMY OF
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WWW.AACAP.ORG

**Register online and SAVE \$25
on your registration fees.**

1. REGISTRATION FEES

	EARLY BIRD (BY DEC. 19)	LATE/ONSITE (AFTER DEC 19)
MEMBER	\$460	\$515
NON-MEMBER	\$595	\$650
TRAINEE/RESIDENT MEMBERS	\$225	\$255
TRAINEE/RESIDENT NON-MEMBERS	\$280	\$310

**MEMBERS WITH DELINQUENT DUES WILL BE REQUIRED TO
PAY THE HIGHER NON-MEMBER RATES.**

Turn my registration into a **Conference Enrichment Package** by adding on the Psychopharmacology Update Institute session recordings (including PowerPoint slides) at a discounted price of \$75. *On-site prices significantly higher.*

☐ YES ☐ NO

2. GENERAL REGISTRATION

AACAP MEMBER? ☐ YES, MEMBER ID# (IF KNOWN) _____ ☐ NO

FIRST MI LAST

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COUNTRY

I WANT TO RECEIVE ALL FUTURE AACAP MAILINGS AT THIS ADDRESS

☐ YES ☐ NO

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EMERGENCY CONTACT NAME AND PHONE

ARE YOU A PHYSICIAN? ☐ YES ☐ NO

IF YES, SELECT YOUR PRIMARY PRACTICE AREA:

- ☐ BEHAVIORAL PEDIATRICS ☐ CHILD AND ADOLESCENT PSYCHIATRY
☐ FAMILY PRACTICE/INTERNAL MEDICINE ☐ GENERAL PSYCHIATRY
☐ NEUROLOGY ☐ PEDIATRICS ☐ OTHER _____

IF NO, SELECT YOUR PROFESSIONAL CATEGORY:

- ☐ NURSE PRACTITIONER ☐ PHYSICIAN ASSISTANT
☐ PSYCHIATRIC NURSE ☐ PSYCHOLOGIST ☐ REGISTERED NURSE
☐ SOCIAL WORKER ☐ OTHER _____

3. PAYMENT BY CREDIT CARD

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4. SIGNATURE REQUIRED

By registering for this meeting, registrant grants AACAP and its sublicensee(s) the right to record his/her presentation, remarks, appearance, or other participation, and to reproduce and distribute such recording by any means and for any purpose without payment to the registrant. Registrant also agrees that it will not reproduce, distribute, summarize, adapt, publicly perform, or publicly display any presentation or accompanying materials, in whole or in part, for commercial purposes without prior written authorization from the copyright owner(s), nor will registrant use the AACAP name or logo in connection with any commercial use of such materials without written authorization from AACAP.

PLEASE SIGN BELOW ACKNOWLEDGING THAT YOU UNDERSTAND THIS PARAGRAPH.
SIGNATURE REQUIRED.

X _____

THREE EASY WAYS TO REGISTER! Register online with your credit card on our secure website at www.aacap.org or fax registration form to: 202.464.0131 (credit cards only) available 24 hours a day. Please do not subsequently mail the same form. Or mail your form and payment (payable to AACAP in U.S. funds) to: American Academy of Child & Adolescent Psychiatry, Attention: 2015 Psychopharmacology Institute Update, P.O. Box 96106, Washington, DC 20090-6106.

CANCELLATION/REFUND POLICY: Registration fees will be refunded in full if cancellation notice is received in writing via e-mail at registrar@aacap.org by December 19, 2014. A 50% refund will be sent to those who send a written cancellation notice between December 19, 2014 and January 22, 2015. After January 22, 2015 no refunds will be allowed. Telephone cancellations will not be accepted. Refunds will be issued after the meeting. If you purchase session recordings, they are non-refundable, but you will get access to the files after the meeting.

ADDITIONAL SERVICES: If you have specific needs for the facilities, visual or audio aids, or dietary requirements, please attach additional information or e-mail meetings@aacap.org and an AACAP staff member will contact you.

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Register Online at www.aacap.org/psychopharm/2015



AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

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FUTURE AACAP MEETINGS:

Douglas B. Hansen, MD
40th Annual Review Course
March 14 – 16, 2015
Westin San Francisco
Market Street
San Francisco, CA
Gabrielle A. Carlson, MD
and Robert L. Hendren, DO
Co-Chairs

Advocacy Day
April 23 – 24, 2015
The Mayflower Renaissance
Washington, DC

62nd AACAP
Annual Meeting
October 26 –
November 1, 2015
Henry B. Gonzalez
Convention Center and
Grand Hyatt San Antonio
San Antonio, TX
Boris Birmaher, MD
Program Chair

For more information,
please contact:
AACAP Meetings
Department
Phone: 202.966.7300,
ext. 2006
E-mail: meetings@aacap.org

HOTEL INFORMATION

New York Marriott at the Brooklyn Bridge

333 Adams Street
Brooklyn, NY 11201
Telephone: 800.228.9290 (for reservations) or 718.246.7000
Fax: 718.732.2633
Check in after 4:00 p.m. Check out time is 11:00 a.m.

Visit www.aacap.org/psychopharm/2015 to make hotel reservations online.

RATES: \$179 per night for standard rooms (single/double occupancy). Guest room rate is exclusive of state and local taxes, which are currently 14.75% as well as a \$3.50 occupancy charge. All taxes are subject to change without notice.

RESERVATIONS: To make a reservation at the New York Marriott at the Brooklyn Bridge, call 800.228.9290 (Please ask for the "AACAP or American Academy of Child and Adolescent Psychiatry" when making your reservation), or visit www.aacap.org/psychopharm/2015 to make hotel reservations online.

Reservations will be accepted until January 7, 2015, or until rooms sell out, whichever comes first. Reservations received after 5:00 p.m. EDT on the cut-off date will be accepted on a space and rate availability basis.

CANCELLATION: Should you wish to cancel a reservation, the advance deposit is refundable if notice is received at least 24 hours prior to arrival. Please obtain a cancellation number from the hotel.

TRAVEL INFORMATION

AACAP recommends that travelers take advantage of travel Web sites such as: www.orbitz.com, www.expedia.com, or www.kayak.com.

Travel-On Travel Management Agency has been selected as the AACAP's travel agency. Tickets will be mailed directly to you, and every ticketed passenger will receive \$200,000 automatic flight insurance at no extra charge. Please note that each ticket purchased through Travel-On has a processing fee of \$36. **For airline reservations, simply call Travel-On at: 1.888.495.7770 or 1.240.387.4200 and please refer to Account #60.** Reservations can be made Monday through Friday, 8:30 a.m. to 5:00 p.m. EST. AACAP cannot guarantee that Travel-On will find you a better deal than you or your own travel agent might find.