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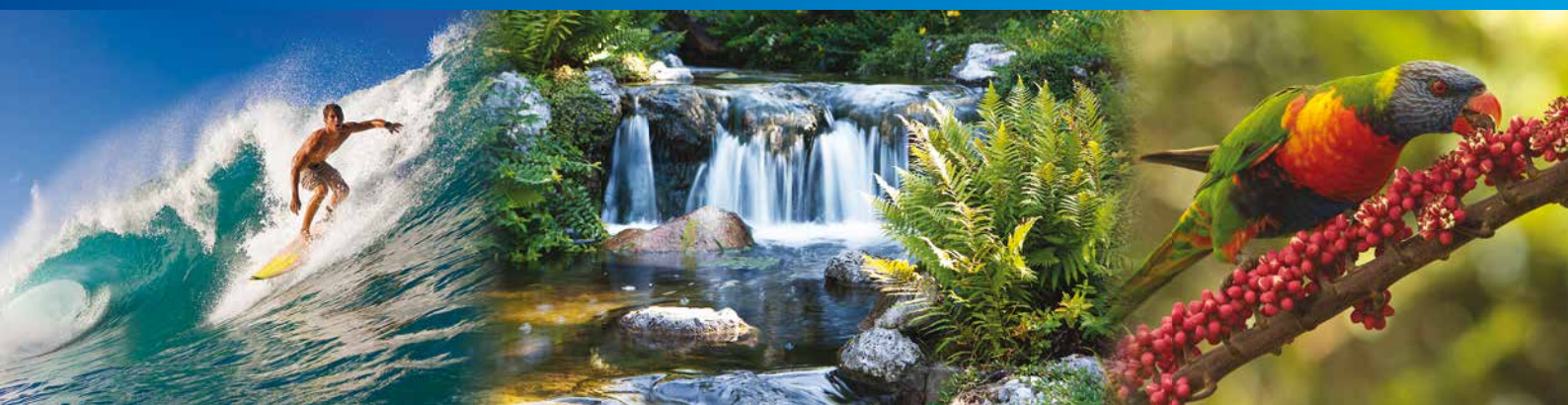


The Australian and New Zealand
Society of Palliative Medicine
Gold Coast Australia
2 - 5 September 2014

20 YEARS ON

Palliative medicine: past, present and future

Registration and Conference Program



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CONFERENCE SECRETARIAT

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VENUE

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*The Australian and New Zealand Society of Palliative Medicine Inc -
ABN: 54 931 717 498*

GOLD SPONSOR





INVITATION TO ATTEND

It gives me great pleasure to invite Medical Practitioners to register for the next Australian and New Zealand Society of Palliative Medicine (ANZSPM) biennial conference, to be held on the Gold Coast, Australia.

The theme of this conference is "Palliative medicine: past, present and future". The theme reflects the fact that 2014 is the 20th year of conferencing for ANZSPM. There will be a strong focus of history throughout the conference (where we have come from, where we are now and where we may soon be heading to in evidence based modern Palliative Medicine).

It will also address many specific topics via plenary sessions and a diverse range of workshops. We are planning daily sessions of "rapid-fire poster presentations" to let everyone know about research happening across Australia and New Zealand, and to give researchers a chance to clearly, but briefly, explain their work ahead of the plenary sessions.

We have two excellent international speakers; Dr Paul Glare from the Memorial Sloan Kettering Cancer Center in New York, and Dr Mike Bennett from Leeds End-of-Life Observatory in the UK. They will cover topics such as current management of neuropathic pain, practical and effective pain assessment and management in a Palliative Care population across settings, and current research on the benefits of early intervention Palliative Medicine. In addition we have national speakers of excellent calibre, who will bring new insights and knowledge to topics such as the physiology of pain, psychological interventions for managing symptoms in Palliative Care, interventional pain management, effective collaboration, addiction medicine and palliative medicine – how do we share and learn from each other?

There will be workshops on "Assessment of Neuropathic Pain", "Dignity Therapy" and "Addiction Medicine" to name a few, which will be of interest to many. An ANZSPM Trainee Day, with an exciting program, will precede the main conference.

ANZSPM conferences are great opportunities to network with colleagues, so we have a great social program lined up for you, including morning Tai Chi lessons! For those who don't live locally we suggest you take an extra day or two, and bring the family along to explore the Gold Coast region. Our conference website will have suggestions for local activities.

The conference will be held at the Surfers Paradise Marriott Resort & Spa, where accommodation rooms are set amidst lush tropical gardens and feature cascading waterfalls, rock grottos, spas and the area's only private salt water lagoon where guests can swim and snorkel with an array of tropical fish.

Come and hear excellent speakers, socialise with colleagues, and relax in beautiful surrounds.

We look forward to seeing you and your family on the Gold Coast for the 2014 ANZSPM conference.

Rohan Vora
Conference Convenor





INTERNATIONAL INVITED SPEAKERS

Paul Glare



Paul Glare, MD is Chief of the Pain and Palliative Care Service and Attending Physician in the Department of Medicine at Memorial Sloan Kettering Cancer Center (MSKCC). He is also Professor of Medicine at the Weill Cornell Medical College, Program Director of the Hospice & Palliative Medicine Fellowship at MSKCC, and a fellow of the American College of Physicians.

Paul received his medical degree from the University of Sydney, Australia and completed his clinical training at Sydney Hospital and RPAH. After obtaining the FRACP, he undertook a two-year Palliative Medicine research fellowship at the Cleveland Clinic. He also has Masters degrees in bioethics and in clinical epidemiology.

Prior to joining MSKCC in 2008, Paul was head of palliative care at RPAH and Sydney South West Area Health Service (Eastern Zone). He had also been Associate Professor of Medicine at the University of Sydney, director of the Statewide Centre to Improve Palliative Care, and president of ANZSPM, as well as the NSW Society of Palliative Medicine.

Paul's current research interests relate to a variety of topics around the clinical practice of palliative care including the comparative effectiveness of pain therapies in cancer patients, nausea and vomiting in advanced cancer, the cancer cachexia syndrome, prognostication, and screening patients for palliative care referral.

Paul has published more than 60 peer reviewed articles on these topics. He is also an Associate Editor of the textbook, *Palliative Medicine*, published by Elsevier, and has edited textbooks on prognostication and opioid pharmacology in advanced cancer.

Mike Bennett



Mike Bennett is the St Gemma's Professor of Palliative Medicine and is Director of the Academic Unit of Palliative Care at the University of Leeds, UK. He qualified from University of Birmingham in 1988 and completed an MD (doctoral thesis) in 1999 resulting in the LANSS Pain Scale, an internationally used tool for identifying neuropathic pain.

He chairs the NCRI Palliative and Supportive Care Clinical Studies Group and chairs the Cancer Pain SIG for the International Association for the Study of Pain. He has chaired various organising and scientific committees for international conferences and has been Field Editor for Palliative Care within the Cochrane PaPaS group. He leads a £2m NIHR Programme Grant in cancer pain, and jointly holds other research grants worth over £1m. His main research interests are in cancer pain and neuropathic pain, and evaluating interventions at the end of life. He has published over 130 papers in scientific journals.

INVITED SPEAKERS

- Alex Broom, The University of Queensland, QLD, Australia
- Anthony Herbert, Royal Children's Hospital, QLD, Australia
- Dean Vuksanovic, Gold Coast University Hospital, QLD, Australia
- Doug Bridge, Royal Perth Hospital, WA, Australia
- Janet Hardy, Mater Health Services, QLD, Australia
- Jermaine Coward, Mater Hospital, QLD, Australia
- Julia Fleming, Royal Brisbane And Women's Hospital, QLD, Australia
- Mark Hutchinson, University of Adelaide, SA, Australia
- Michael Bolton, Locum Palliative Care Physician, QLD, Australia
- Murray Hunt, Waipuna Hospice, Tauranga, New Zealand
- Sandy Macleod, Burwood and Princess Margaret Hospitals, Christchurch, New Zealand
- Yok Yin Lee, Southern Health, VIC, Australia



CALL FOR ABSTRACTS

The organising committee of ANZSPM 2014 is pleased to invite submissions of abstracts from Medical Practitioners at the ANZSPM Conference: Palliative medicine: past, present and future.

We welcome presentations of interesting case-studies and stories, research, the sharing of innovations in palliative medicine practice, and we encourage first-time presenters. Abstracts can be submitted for oral presentation, poster or both.

All abstracts must be submitted online. To submit your abstract, please visit the conference website at www.anzspm.org.au/anzspm2014 or follow the links from www.anzspm.org.au. You will be invited to follow a step-by-step process in order to upload your abstract as a Microsoft Word document.

DEADLINE FOR SUBMISSION OF ABSTRACTS: 4 JUNE 2014

2014 TRAINEE AWARDS

ANZSPM will fund an award for trainees for the best presentation at the conference and an additional award will be offered in 2014 from Health Roundtable for the best poster. The winners of the best presentation and best poster will be asked to provide a 300 word article about the project, by 15 October 2014, to be published in the November edition of ANZSPM newsletter.

ELIGIBILITY

Applicants must:

- be enrolled in a registered palliative medicine training program
- be a financial member of ANZSPM at the time of presentation
- have submitted their abstract before the closing date and have had their abstract accepted by the conference committee

VALUE OF AWARD

A\$500 - Health Roundtable Award for best poster by a Trainee

A\$750 - ANZSPM Award for the best presentation by a Trainee

TO APPLY

Applicants must indicate during the abstract submission online process whether they would like to be considered for the award.





TUESDAY 2 SEPTEMBER

Trainee Day

Time: 0900 – 1700

Cost: \$50

0900	Registration	
0915	Welcome	<i>Amy Birtwistle</i>
0930	A pain specialists approach to pain	<i>Vahid Mahabbati</i>
1015	USA vocational guidance	<i>Paul Glare</i>
1115	Morning Tea	
1130	Death rattle	<i>Mike Bennett</i>
1230	Lunch	
1330	Research/Projects Workshop	<i>David Currow/PACCS</i>
1530	Afternoon Tea	
1545	Targets for future analgesics	<i>Mark Hutchinson</i>
1645	Closing, evaluations	<i>Amy Birtwistle</i>

Ethics Workshop

Time: 1000 – 1230

Cost: \$35

Ethics in palliative medicine: a seminar

“Doing” ethics is a complex business. An ethical process of asking “what is the right thing to do now” underlies everything about our work life including our interactions with our patients, the dialogues with our peers and our responses to research. Sometimes we are conscious of this process and sometimes less so, but reflection on our understanding of the term ethics can make us more aware of this fundamental inquisitive process. This seminar aims to refresh our understanding of ethics as it applies to clinical medicine including discussion beyond the key concepts of autonomy, justice, non-maleficence and beneficence, and to explore how this view may relate to our clinical, academic and inter-collegial activity.

Supervisors’ Workshop

Time: 1300 – 1600

Cost: \$0, however places are limited so you **MUST REGISTER** to attend.

The Royal Australasian College of Physicians is conducting a supervisor training workshop, Practical Skills for Supervisors, as part of the Supervisor Professional Development Program.

We encourage anyone who is currently serving as a supervisor, new supervisors and those who have not previously attended a supervisor workshop to attend. Attendance can be counted towards your MyCPD program.

The session will be 3 hours in length and will cover the following topics:

- Creating a culture for learning
- Feedback and Performance
- Feedback in challenging situations

Palliative care for ageing Australians: Upskilling GPs and promoting linkages with Specialist Palliative Care Services

Time: 1430 – 1600

Cost: \$0, however places are limited so you **MUST REGISTER** to attend.

General practitioners (GPs) face complex challenges providing palliative care to ageing Australians with cancer and/or one or more chronic diseases. Specialist Palliative Care Services provide care for complex cases, but GPs are involved in the care of the increasing numbers of older Australians in the community (including Residential Aged Care Facilities) requiring palliative care.

The workshop presented here has been developed by ANZSPM, with funding from the Australian Government, to upskill GPs and create linkages with specialist services. The workshop will enable participants to identify the palliative care needs of ageing Australians living in the community by applying a framework of care based on prognostic trajectories. Key processes of advance care planning and end-of-life management plans will be considered. Participants will discuss drugs used to manage common end-of-life symptoms.

Using the framework will enable GPs to improve outcomes for older patients and their families.

PROGRAM

Program correct at time of print and subject to change



WEDNESDAY 3 SEPTEMBER			
0830	OPENING SESSION		
PLENARY SESSION			
0915	Neuropathic pain in cancer patients		Mike Bennett
1015	Poster presentations		
1045	MORNING TEA		
PLENARY SESSION			
1115	Immunopharmacology of opioids		Mark Hutchinson
1200	Early referral to palliative care		Paul Glare
1245	LUNCH		
CONCURRENT SESSIONS			
1345	Proffered Papers	Proffered Papers	Workshop Assessment of neuropathic pain Mike Bennett
1515	AFTERNOON TEA		
CONCURRENT SESSIONS			
1545	Proffered Papers	Proffered Papers	Workshop Fear and/or anxiety in palliative care Sandy Macleod Dignity therapy Dean Vuksanovic
1715	DAY CLOSE		
1800	Welcome Reception – Marriott Resort and Spa		





THURSDAY 4 SEPTEMBER

0700	Tai Chi		
0745	ANZSPM AGM (light breakfast included)		
PLENARY SESSION			
0845	A sociological approach to the transition to palliative care <i>Alex Broom</i>		
0930	Targeted therapy for advanced cancer <i>Jermaine Coward</i>		
1015	Poster presentations		
1045	MORNING TEA		
CONCURRENT SESSIONS			
1115	Proffered Papers	Proffered Papers	Workshop Translating research into practice <i>Janet Hardy, Mike Bennett, Paul Glare</i>
1245	LUNCH		
PLENARY SESSION			
1345	Community based programs to improve pain in cancer: what is the evidence? <i>Mike Bennett</i>		
1430	Addiction and palliative care issues <i>Murray Hunt</i>		
1515	AFTERNOON TEA		
CONCURRENT SESSIONS			
1545	Proffered Papers	Workshop Paediatric palliative care issues <i>Anthony Herbert</i>	Workshop Addiction medicine <i>Murray Hunt, Michael Bolton, Yok Yin Lee</i>
1715	DAY CLOSE		
1830	Conference dinner - Skypoint tower		





FRIDAY 5 SEPTEMBER

0700	Tai Chi		
0745	Chapter Meeting		
PLENARY SESSION			
0845	US experience on palliative care: comparative perspective on what Australia and New Zealand can learn <i>Paul Glare</i>		
0930	Interventional pain <i>Julia Fleming</i>		
1015	Poster presentations		
1045	MORNING TEA		
CONCURRENT SESSIONS			
1115	Proffered Papers	Proffered Papers	Spirituality Session <i>Doug Bridge</i>
1245	LUNCH		
PLENARY SESSION			
1345	History: panel discussion <i>Chair: Michael Bolton</i>		
1445	Closing remarks		
1455	CLOSE OF CONFERENCE		

CONTINUING MEDICAL EDUCATION POINTS

GPs may be eligible for RACGP (Royal Australian College of General Practitioners), RNZCGP (The Royal New Zealand College of General Practitioners) and ACRRM (Australian College of Rural and Remote Medicine) continuing medical education points. Fellows of the College of Physicians may be eligible for self assessment for CPD points.





REGISTRATION

Registrations are open to all Palliative Medicine Specialists & Trainees, and any other GPs or other Medical Practitioners with an interest in Palliative Medicine.

Each person attending the conference needs to complete their own registration form, with payment to the Conference Secretariat. This includes invited speakers, chairpersons and all other delegates. Please read the information in this booklet carefully before completing the online form.

All fees include GST	MEMBER	NON MEMBER	MEMBER TRAINEE	NON MEMBER TRAINEE	DAY DELEGATE	DAY DELEGATE TRAINEE	ACCOMPANYING PERSON
Early bird Fee (Before 30 June)	A\$1015	A\$1395	A\$685	A\$875	A\$575	A\$275	A\$200
Standard Fee (Before 18 August)	A\$1125	A\$1505	A\$740	A\$930	A\$625	A\$325	A\$200
Late Fee (After 18 August)	A\$1235	A\$1615	A\$795	A\$985	A\$675	A\$375	A\$200
INCLUSIONS IN REGISTRATION							
Opening ceremony	✓	✓	✓	✓	✓	✓	X
Attendance at sessions	✓	✓	✓	✓	✓	✓	X
All official documentation	✓	✓	✓	✓	✓	✓	X
Morning/afternoon tea	✓	✓	✓	✓	✓	✓	X
Lunches	✓	✓	✓	✓	✓	✓	X
Welcome reception	✓	✓	✓	✓	X	X	✓
Conference dinner	✓	✓	✓	✓	X	X	✓
Entrance to Conference exhibition	✓	✓	✓	✓	✓	✓	X

HOW TO REGISTER



Register Online

Visit the website www.anzspm.org.au/anzspm2014 and follow the link to the online registration. Payment for registration can be made by credit card or an invoice can be requested. A summary of your registration and a tax invoice will be emailed to you within three to five working days. If you require assistance with registering online please contact Conference Secretariat on Tel: +61 2 4973 6573 or E-mail: anzspm@willorganise.com.au

NOT AN ANZSPM MEMBER?

For more information on becoming an ANZSPM member, please visit www.anzspm.org.au, where medical practitioners can submit an application online. For further information please contact Marita, executive@anzspm.org.au.



PAYMENT OF FEES

All registration fees are to be paid in Australian dollars. Payment of fees must accompany all registrations and may be made by cheque, credit card (MasterCard or Visa only) or direct deposit (please ensure remittance advice is emailed to anzspm@willorganise.com.au). Visa or MasterCard payments will incur a 2.2% surcharge. Cheques are to be made payable to ANZSPM Events. Accommodation is to be paid directly to the hotel upon check out.

ACKNOWLEDGMENTS

Your registration will be acknowledged in writing with confirmation of your requirements according to your registration form. Registrations will be confirmed only on receipt of payment.

CANCELLATIONS AND REFUNDS

Cancellations must be notified in writing to the Conference Secretariat.

Cancellations received:

Before 30 June 2014 will incur a A\$110 cancellation fee

Before 18 August 2014 will incur a cancellation fee of 50% of fees paid

After 18 August 2014 there will be no refund.

INSURANCE

The Conference Organising Committee strongly recommends that you take out insurance for your travel and attendance at the conference. The conference cannot accept any responsibility for participants failing to arrange their own insurance.

EXHIBITION AND SPONSORSHIP

There will be a trade display held during the conference and companies are invited to take up sponsorship.

For more information on exhibition and sponsorship opportunities contact the Conference Secretariat on Tel: +61 2 4973 6573 or E-mail: anzspm@willorganise.com.au





ACCOMMODATION

Accommodation is offered at the conference venue, the Surfers Paradise Marriott Resort & Spa. All rooms can be single, twin or double occupancy.

Hinterland View Room:

A\$220 per night, room only

The maximum capacity is 3 adults or 2 adults and 2 children (14 years of age or under) using existing bedding. For family rooms or less expensive accommodation options, please contact the Conference Secretariat directly on Tel: +61 2 4973 6573 or E-mail: anzspm@willorganise.com.au

DEPOSIT

Hotel accommodation bookings must be booked using a credit card as guarantee. Your credit card number will be passed on to the hotel and the hotel holds your credit card as a guarantee only. By providing the card number, you are also providing authorisation for the hotel to charge this card if you fail to arrive at the hotel on the date indicated. Your credit card will not be charged until you check out (or fail to arrive) and approve the account.

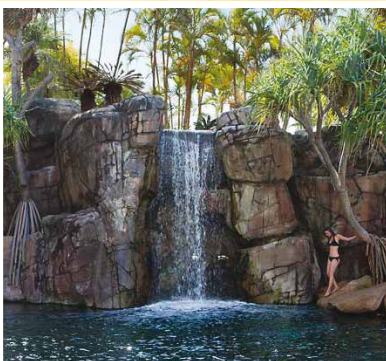
HOW TO BOOK

Please complete the accommodation section of the online registration form. The Conference Secretariat will then book your room and send confirmation of reservation via email. Any change to a reservation must be notified to the Conference Secretariat and not directly to the hotel.

CHECK IN AND CHECK OUT

Check in 1400

Check out 1100





SOCIAL PROGRAM

WELCOME RECEPTION

Time: 1800 – 1930
Venue: Surfers Paradise Marriott Resort & Spa
Tickets: Included for all fully registered persons
Additional tickets: A\$80
Dress: Smart casual

The cocktail style welcome reception provides a perfect opportunity to catch up with colleagues and friends for a few casual drinks before the conference starts. Join us poolside at the Marriot Resort and Spa to enjoy the views of the resort's cascading waterfall and tropical gardens.

CONFERENCE DINNER

Time: 1830 – 2300
Venue: Level 77, Skypoint Tower
Tickets: Included for all fully registered persons
Additional Tickets: A\$125
Dress: Smart casual

Join us for the conference dinner high above the clouds at Skypoint Tower. The stunning views over the glistening coastline as the Gold Coast transforms into the city of lights, will take your breath away. Enjoy a sumptuous three course meal plus local entertainment in case the view is not captivating enough.

TOURS AND SUGGESTED ACTIVITIES

With such a huge range of activities on the Gold Coast it is impossible for us to list them all here! We suggest you visit the conference website www.anzspm.org.au/anzspm2014 to discover the endless possibilities.

