



## WHAT A DIFFERENCE AN X MAKES

### Weighing in on Sex and Gender Differences in the Obesity Epidemic

September 23, 2014

National Education Association  
Washington, DC

With more than one in three American adults classified as obese and the declaration of obesity as a disease by the American Medical Association in June 2013, this conference will explore how sex, racial and ethnic differences and risk factors affect this disease and the comorbid conditions and consequences that often accompany it.

## AGENDA

- 8:00-9:00 a.m.      **Registration**
- Continental Breakfast, Posters & Exhibits
- 9:00-9:15 a.m.      **Welcome and Opening Remarks, SWHR Background and Achievements**  
Phyllis Greenberger, MSW, President and CEO, SWHR
- 9:15-10:15 a.m.      **Panel 1: Disease Declaration & Data Differences**  
*What tipped the scales to declare obesity a disease in June 2013? What does this designation mean for women's health? What are the sex differences in obesity and how are they stratified based on racial/ethnic differences?*
- Cynthia Ogden, PhD, Centers for Disease Control and Prevention – CONFIRMED
  - Jennifer Lovejoy, PhD, The Obesity Society – CONFIRMED
  - Nicole Avena, PhD, University of Florida – CONFIRMED
- 10:15-10:30 a.m.      **Break**
- Posters & Exhibits



10:30-11:15 a.m.

**Panel 2: Predictors of the Powerful Pounds**

*How does one become obese? What biological mechanisms and conditions are fueling the current obesity epidemic and how do they differ between women and men? Can these factors be altered once they are set in motion?*

- Arthur Arnold, PhD, Professor and Chair, Department of Physiological Sciences, University of California Los Angeles – CONFIRMED
- Satchin Panda, PhD, Associate Professor, Salk Institute for Biological Sciences – CONFIRMED

11:15-12:30 p.m.

**Panel 3: The Weight of Obesity on Women's Health**

*Obesity is associated with many important health outcomes. These include sleep disturbances, cardiovascular conditions, musculoskeletal problems and behavioral changes in smoking status.*

- Puja Mehta, MD, FACC, Director of the Non-invasive Vascular Function Research Laboratory; Co-Director of Cardio-Oncology Program, Cedars-Sinai Medical Center – CONFIRMED
- Sherry McKee, PhD, Associate Professor, Psychiatry, Yale School of Medicine; Clinical Director, FORDD Addiction Clinic – CONFIRMED
- Sanjay Patel, MD, MS, Physician, Brigham and Women's Hospital, Beth Israel Deaconess Medical Center; Lecturer, Harvard University – CONFIRMED
- Laura Tosi, MD, Director, Bone Health Program, Children's National Medical Center - CONFIRMED

12:30-1:30 p.m.

**Lunch**

- Posters & Exhibits

1:30-2:45 p.m.

**Panel 4: Oh Baby!**

*Obesity adversely affects a woman's chance of becoming pregnant as well as maintaining a healthy pregnancy. This panel will highlight the health issues and concerns that are raised before, during and after pregnancy for obese women (i.e. preeclampsia, gestational diabetes, still birth, smoking) as well as a medical intervention (i.e. bariatric surgery) that facilitates better health outcomes for mother and child. Also, this panel will address the rate of childhood obesity and the long-term health consequences for obese children.*



- Aaron Caughey, MD, PhD, Chair of the Department of Obstetrics and Gynecology and Associate Dean for Women's Health Research and Policy, Oregon Health & Science University School of Medicine – CONFIRMED
- Andrew Wolfe, PhD, Associate Professor Pediatrics and Endocrinology, Director of Research and Training, Division of Pediatric Endocrinology, Johns Hopkins University – CONFIRMED
- Wendy Bennett, MD, MPH, Assistant Professor of Medicine, Johns Hopkins University – CONFIRMED
- Yvonne Maddox, PhD, Acting Director, National Institute of Minority Health and Health Differences – CONFIRMED

2:45-3:00 p.m.

**Break**

- Posters & Exhibits

3:00-4:30 p.m.

**Panel 5: Patients and the Health Care System**

*This panel will gather patient advocacy and health groups for an interactive discussion on how their organizations are responding to the declaration of obesity as a disease, with an emphasis on patients and treatment options. Specific disease organizations will give updates on their information to patients, highlighting gender differences as appropriate. Topics include treatment options; perceived barriers to treatment; provider approaches; and patient care, among others.*

- Marilyn Tavenner, Administrator, Centers for Medicare and Medicaid Services – INVITED

4:30-4:45 p.m.

**Closing Remarks & Poster Awards Presentation**

Christine Carter, PhD, MPH, Vice President of Scientific Affairs, SWHR