

Psychosis & Schizophrenia in Adults

Implementing the updated 2014 NICE Guideline

Monday 10 November 2014 Hallam Conference Centre London

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15% Group booking discount**



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The updated Guidelines on Psychosis and Schizophrenia in Adults were released by the National Institute for Health and Care Excellence on the 12th February 2014. The Quality Standard for Psychosis and Schizophrenia is due to be published in February 2015 with the draft Quality Standard ready for consultation by September 2014.

The Chief Executive of Rethink said of the updated guidelines "We hope this new guideline heralds a significant shift in how people experiencing psychosis and schizophrenia and their families will be supported. Its emphasis on recovery, rather than just reducing symptoms, is what matters to patients and their families."

Rethink, 12th February 2014

Professor Elizabeth Kuipers, Professor of Clinical Psychology at the Institute of Psychiatry, King's College London and chair of the guideline development group stated on 12th February 2014 that "There have been many developments since the original recommendations were published - we now know a lot more about successfully reducing the risk or preventing the development of psychosis. The newly updated guideline recommends the use of CBT, rather than antipsychotics, for people at risk of developing psychosis, along with interventions in line with NICE guidance on anxiety disorders, depression, and emerging personality disorder or substance misuse if they have coexisting problems." This conference will update delegates on the new 2014 NICE Guidelines for Psychosis and Schizophrenia and through national updates, case studies and extended session support you to effectively implement the guidelines to improve care in your service.

Sessions will focus on the updated NICE guideline, preventing psychosis and treating people at risk, the use of antipsychotic medication and how to identify appropriate medications in a collaborative way, improving people's experience of services, improving the physical health and reducing side effects which is a key national goal of parity of esteem, the role of cognitive behavioural therapy for psychosis, ensuring a recovery focused approach and learning from the national audit of Schizophrenia.

"Since the original was published in 2002 there has been a new emphasis on how to detect and treat this condition earlier and also an increased focus on long-term recovery...This guideline sets out how best to treat and manage people with schizophrenia, from the first episode through to management of further acute episodes and longer term care."

Professor Mark Baker, Director of the Centre for Clinical Practice, NICE

Follow the conference on twitter using #Schizophrenia

10.00 **Chair's Introduction**
Psychosis & Schizophrenia: The Updated NICE Guideline

Professor Elizabeth Kuipers

Chair Psychosis & Schizophrenia in Adults: treatment and management Guideline Development Group National Institute of Health and Care Excellence (NICE)
& Professor of Clinical Psychology Kings College London

- the new updated NICE guideline for Psychosis and Schizophrenia: what has changed?
- key priorities for implementation
- moving forward

10.40 **Preventing psychosis and targeting people at risk**

Professor Paul French

Associate Director Greater Manchester West
Hon Professor Department of Psychological Sciences
University of Liverpool

- how do you target people at risk of psychosis or schizophrenia
- how do we identify people in the prodromal period
- ensuring CBT is offered to those at increased risk rather than antipsychotic medication

11.10 *Question and answers, followed by coffee and exhibition*

11.50 **EXTENDED SESSION**
The use of antipsychotic medication

Dr Jonathan Mitchell

Consultant Psychiatrist
Sheffield Health and Social Care NHS Foundation Trust
& Member Psychosis and Schizophrenia in Adults: treatment & management Guideline Development Group
National Institute of Health and Care Excellence (NICE)

- recommendations on the use of antipsychotic medication
- working in partnership with service users to identify the appropriate medication for them and ensuring the side effects are understood
- reducing the impact of side effects in practice

12.50 *Question and answers, followed by lunch and exhibition*

14.00 **Ensuring a recovery focused approach**

Paul Scates

Peer Specialist
Dorset Mental Health Forum

- promoting recovery and possible future from first contact
- developing training and supportive employment programmes
- how do we implement recovery in practice

14.30 **Improving the physical health of those with Schizophrenia and serious mental health conditions**

Speaker to be announced

- the Commission's findings on the physical health of those with Schizophrenia
- implementing the recommendations
- our approach and examples of innovative good practice
- smoking cessation

15.00 **Cognitive Behavioural Therapy for Psychosis**

Alison Brabban

Consultant Clinical Psychologist
Tees Esk & Wear Valleys NHS Foundation Trust
Honorary Senior Clinical Lecturer
Durham University National Advisor for Severe Mental Illness (IAPT)
NHS England

- what is CBT for Psychosis?
- working with Voices and Delusions
- does it work - what the evidence tells us

15.30 *Question and answers, followed by tea*

16.00 **Improving peoples experiences of services**

Alison Mohammed

Chief Operating Officer
Rethink

- improving peoples experience of services
- improving information
- increasing involvement
- service user perspectives

16.30 **Learning from the National Audit of Schizophrenia**

Speaker to be announced

- learning from the National Audit of Schizophrenia
- innovative approaches to involving patients
- engaging clinicians and frontline staff

16.50 *Question and answers, followed by close*

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The PDF will be sent out after the conference, please fill in the 'Your Details' section above for delivery, and the 'Payment' section.

Venue

Hallam Conference Centre, 44 Hallam Street, London W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date

Monday 10 November 2014

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
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- ☐ £495 + VAT (£594.00) for commercial organisations.

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