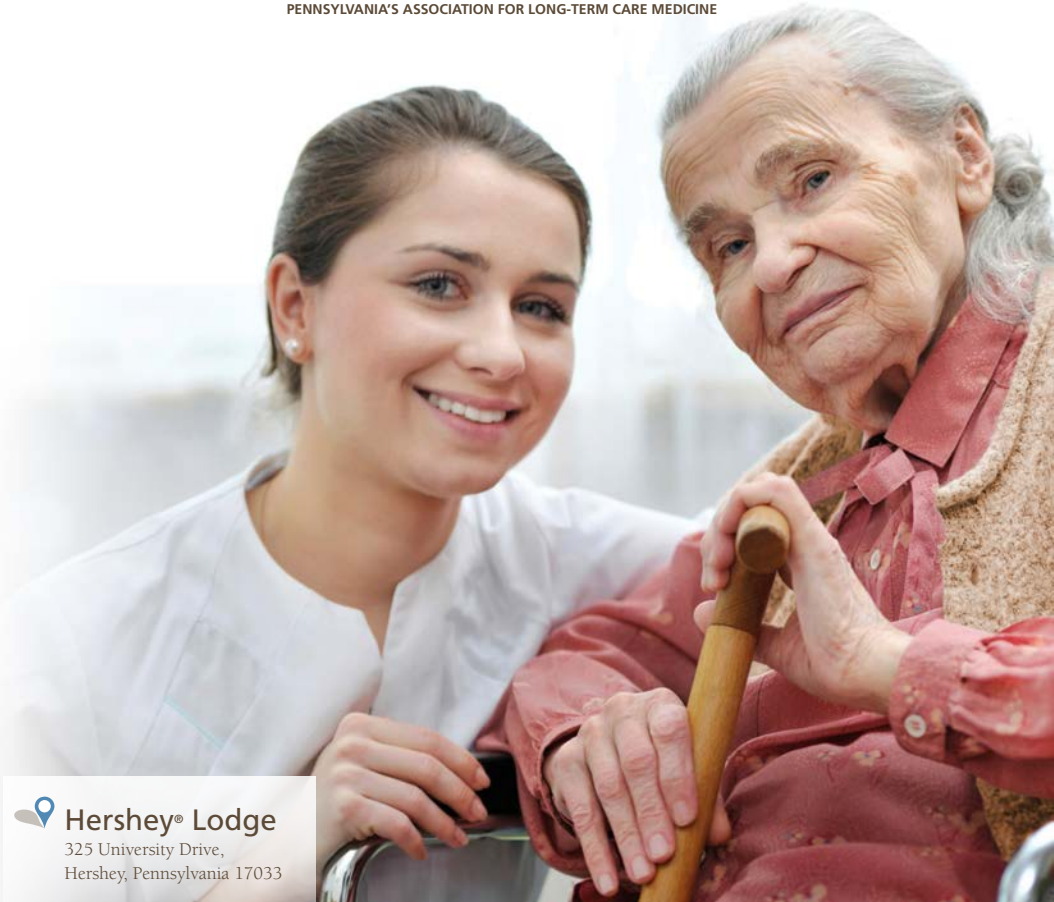




PMDA

PENNSYLVANIA'S ASSOCIATION FOR LONG-TERM CARE MEDICINE



Hershey® Lodge

325 University Drive,
Hershey, Pennsylvania 17033

22nd Annual Symposium

Friday
October 31 / 8AM–5PM



Saturday
November 1 / 8AM –12:30PM

PENNSTATE HERSHEY



College of Medicine

A continuing education service of Penn State College of Medicine

ATTENTION NON-PMDA MEMBERS

*Join PMDA by September 30, 2014
and attend this year's annual symposium
at the member rate*

To download a membership application, go to:
pamda.org



PMDA
PENNSYLVANIA'S ASSOCIATION FOR
LONG-TERM CARE MEDICINE

Any non-member who submits their PMDA membership application and payment for 2015 dues by September 30, 2014, will receive free PMDA membership benefits through the balance of 2014! This includes the savings on the Annual Symposium registration fees. You'll be able to register and attend both the 2014 and 2015 meetings at the member rate. You may join now and take advantage of this exceptional offer by going to the website and downloading the membership application.

Mail completed application and check to:

PMDA
777 East Park Drive
Harrisburg, PA 17111

Fax completed application to:

717-558-7841 with the form and your
credit card information

Email completed application to:

pmda@pamedsoc.org with the form
and your credit card information



Poster Abstract Session

Deadline
Friday, September 12, 2014

More Information
pamda.org

Suggested Poster Topics

- ▶ *Subjects related to the long-term care continuum, which could include clinical care, medical direction, quality improvement or transitions of care but are not limited to these categories.*
- ▶ *We encourage posters that showcase how programs have improved quality of care or display innovative forms used in nursing facilities.*
- ▶ *Encore presentations of posters displayed at other meetings that will be of interest to our members are allowed.*

Industry Sponsored Symposia

Below is a list of non-CME functions sponsored by commercial companies at no cost to you, as of print time. Please watch for invitations from companies to preregister for these functions. Penn State and PMDA are not handling registrations or questions for participation in these activities.

- ▶ Thursday Dinner | [Sponsored by Pfizer Vaccines](#)
- ▶ Friday Breakfast*
- ▶ Friday Lunch | [Sponsored by Mylan](#)
- ▶ Friday Evening*
- ▶ Saturday Breakfast*
- ▶ Saturday Lunch*

* ISS opportunities may be available and will be posted on pamda.org as they are finalized.

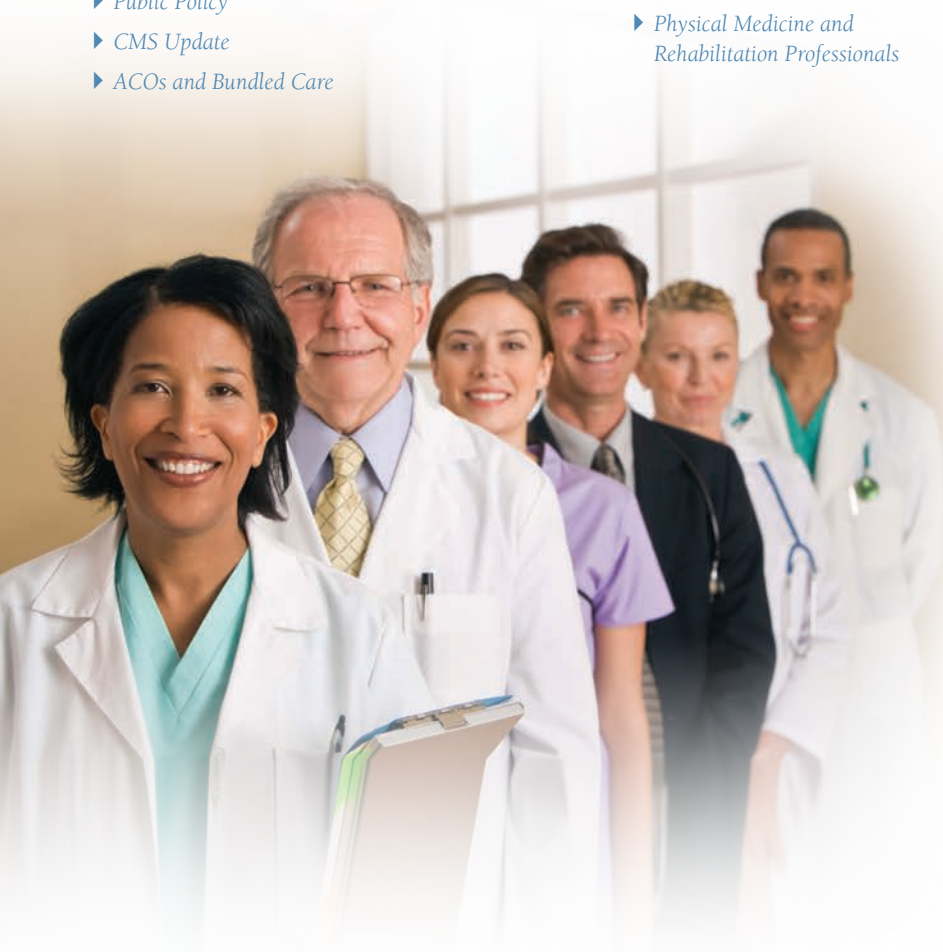
Purpose

The PMDA Annual Symposium is designed to meet the educational needs of health-care professionals working in long-term care settings. New this year are “Ask-The-Expert” roundtable discussions, where participants’ interactions help guide the discussion under the leadership of an expert/moderator. This year’s program has clinically focused topics on Friday and more management focused topics on Saturday.

- ▶ *Dementia*
- ▶ *Infectious Diseases*
- ▶ *Diabetes*
- ▶ *Public Policy*
- ▶ *CMS Update*
- ▶ *ACOs and Bundled Care*

Audience

- ▶ *Geriatricians*
- ▶ *Psychiatrists*
- ▶ *Internists*
- ▶ *Family Physicians*
- ▶ *Nursing Home Administrators*
- ▶ *Registered Nurses*
- ▶ *Consultant Pharmacists*
- ▶ *Therapists*
- ▶ *Long-Term Care Health Professionals*
- ▶ *Physical Medicine and Rehabilitation Professionals*



It is our policy to ensure balance, independence, objectivity, and scientific rigor in all in all of our educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Credit

- ▶ 11.5 AMA PRA Category 1 Credit(s)[™]
- ▶ 3.25 Patient Safety/Risk Management Education Hours
- ▶ Nurses will receive a certificate from Penn State College of Medicine
- ▶ AMDCP approved for a total of 11.25 credits toward certification/recertification as a Certified Medical Director
- ▶ Application pending State Board of Examiners of Nursing Home Administrators
- ▶ Friday—5.75 ACPE contact hours (0.57 CEUs) Saturday—4.75 ACPE contact hours (0.475 CEUs)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and PMDA. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of **11.5 AMA PRA Category 1 Credit(s)[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses will receive a certificate from Penn State College of Medicine verifying their completion of this approved continuing medical education activity. Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing at: dos.state.pa.us/nurse.

This live activity has been **AMDPC pre-approved for a total of 8 credit hours in Management and 3.25 credit hours in Clinical Education toward certification/recertification as a Certified Medical Director in Long-Term Care (CMD)**. The AMDA CMD program is administered by the American Medical Directors Certification Program. Each physician should claim only those hours of credit actually spent on the activity.

Application has been made for credits from the **State Board of Examiners of Nursing Home Administrators** under provider number PR000201L.

This program includes **3.25 hours of patient safety/risk management** education as required by the Pennsylvania State Board of Medicine. Please see the program schedule for topics marked with a “†.”



Penn State Milton S. Hershey Medical Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This knowledge-based activity has been assigned the Universal Program Numbers:

Friday/Day 1 — 0322-0000-14-019-L04-P

▶ 5.75 contact hours or 0.57 CEUs

Saturday/Day 2 — 0322-0000-14-020-L04-P

▶ 4.75 contact hours or 0.475 CEUs

It has been approved for continuing pharmacy education credit in states that recognize ACPE providers. The attendee list will be uploaded into CPE Monitor approximately one week after completion of the program. Statements of credit indicated in contact hours and CEUs will be available through CPE Monitor. Successful completion includes signing in at registration with personal NABP number and date of birth, attending the entire session for which credit is claimed, and completing the activity evaluation. Penn State Milton S. Hershey Medical Center complies with the Accreditation Standards for Continuing Education.

Faculty

Judith S. Black, MD, MHA

Senior Medical Director, Senior Markets
Highmark, Inc.
Pittsburgh, PA

J. Kenneth Brubaker, MD, CMD

Medical Director
Masonic Village
Elizabethtown, PA

Frank Byrne

President and CEO
Pennsylvania LIFE Provider Alliance
Jeffersonville, PA

Susan Denman, MD, CMD

Medical Director
Optum Complex Population Management
Horsham, PA

Pam Fenstermacher, MD, CMD

Chief Medical Officer, LIFE
University of Pennsylvania School of Nursing
Philadelphia, PA

Ronald C. Goren, MD

Co-Chief, Division of Infectious Diseases
Aria Health
Philadelphia, PA

Dan Haimowitz, MD, CMD

Private Practice
Levittown, PA

Jeffrey M. Hardin, MD, MBA, FACC

Medical Director for Lancaster General Health
Community Care Collaborative
Lancaster General Health
Lancaster, PA

Robert M. Howse Jr., MD, CMD

Physician, Geriatric Specialists
Associate Director
Geriatrics Fellowship Program
Lancaster General Hospital
Lancaster, PA

Bruce P. Kinosian, MD

Associate Professor of Medicine
Division of General Internal Medicine
University of Pennsylvania
Philadelphia, PA

John Mast, MD, CMD

Private Practice
Elizabethtown, PA

David A. Nace, MD, MPH, CMD

Assistant Professor of Medicine
University of Pittsburgh School of Medicine
University of Pittsburgh Institute on Aging
Chief, Medical Affairs
UPMC Senior Communities
Pittsburgh, PA

Naushira Pandya, MD, CMD

AMDA President Elect
Professor and Chair
Department of Geriatrics
Project Director of the Geriatrics
Education Center
Nova Southeastern University
College of Osteopathic Medicine
Ft. Lauderdale, FL

Kimberly Pratt, MSN, GNP-BC, CRNP

Clinical Services Manager
Optum Complex Population Management
Horsham, PA

Timothy C. Smith, MD

Chief of Psychiatry
Aria Health System
Philadelphia, PA

Neelofer Sohail, MD, CMD

Lancaster General Health Physicians Geriatrics
Conestoga View Nursing & Rehabilitation
Lancaster, PA

Richard Stefanacci

DO, MGH, MBA, AGSE, CMD

Associate Professor
Thomas Jefferson University
Jefferson School of Population Health
Mercy LIFE
Philadelphia, PA

Karen Tritz, Director

Division of Nursing Homes
Centers for Medicare and Medicaid Services
Baltimore, MD

This publication is available in alternative media on request.

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, genetic information, national origin, race, religious creed, sex, sexual orientation, gender identity, or veteran status. Discrimination or harassment against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901; Tel 814-865-4700/V, 814-863-0471/TTY. U.Ed. MED J5487-15-Z



Planning Committee

Frank Byrne*
PA LIFE Provider Alliance
Jefferson, PA

Pamela Fenstemacher, MD, CMD, FAAP
University of Pennsylvania School of Nursing
Philadelphia, PA

Catherine Glew, BM, BS, CMD
Lehigh Valley Health Network
Allentown, PA

Daniel Haimowitz, MD, CMD, FACP
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Levittown, PA

Coleen Kayden, RPh
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Lancaster, PA

Brian B. Kimmel, DO, CMD
Private Practice
Philadelphia, PA

David Luschini, MD, CMD, FACP
Immaculate Mary Home
Philadelphia, PA

John Mast, MD, CMD*
Private Practice
Elizabethtown, PA

Firas Saidi, MD, CMD
Geriatrician
Mainline Health System
Wynnewood, PA

Daniel Steiner, MD, CMD
Private Practice
University of Pittsburgh Medical Center
Pittsburgh, PA

* co-chair

AGENDA

Thursday, October 30, 2014

6:30 – 7:30pm

Networking Reception (no extra charge)

Friday, October 31, 2014

7:00am

Registration/Exhibits/Posters

7:50

Welcome—*Leon Kraybill, MD*

8:00†

Dementia, Capacity and the 302 Process

Timothy C. Smith, MD

- List the criteria for involuntary psychiatric treatment
- Review the criteria for informed decision-making capacity

8:45†

Medications for Dementia: When to Start and Stop

Timothy C. Smith, MD

- State alternatives to anti-psychotic medication use in the elderly
- Discuss the rationale for continuing vs. discontinuing dementia medications

9:30

Break/Exhibits/Posters

10:00

The Bugaboo of Foul Smelling Urine

Ronald C. Goren, MD

- Diagnose and manage asymptomatic bacteriuria and UTIs in the skilled nursing facility and review current criteria
- Effectively manage long-term care residents with a chronic indwelling urinary catheter while minimizing antibiotic exposure as well as urosepsis

10:45

AMDA Update

Hypercalcemia in the Elderly: Practical Aspects of Management

Naushira Pandya, MD, CMD

- Explain current hot topics from the national organization
- Discuss current developments in hypercalcemia, vitamin D and metabolism

11:45

Business Meeting

12:15

Lunch (Provided)

1:15

Coffee/Dessert – Exhibit Hall

1:45†

Level-of-Care Determination: Where Should Mom Live?

J. Kenneth Brubaker, MD, CMD

- Summarize clinical eligibility and tier outcome definitions
- Review the various programs for Nursing Facility Clinically Eligible (NFCE) residents

2:30

Break/Exhibits/Posters

2:45

Diabetes: Treatment Differences for the Elderly

Naushira Pandya, MD, CMD

- Recognize the unique considerations of treating diabetes in the elderly

3:30

Public Policy Update

David A. Nace, MD, MPH, CMD

Frank Byrne

- Discuss the Governor's Long-Term Care Commission and a status report on the scope of its work and recommendations
- Review regulation updates

4:30

Adjournment

Saturday, November 1, 2014

7:30am

Registration/Theme: Survivor: A Live Medical Reality

8:00†

CMS Update

Karen Tritz

- Discuss the highlights of Life Safety Code, QIS Updates, SOM Updates, QAPI, Nursing Facility Enforcement, National Partnership to Improve Dementia Care and also special surveys

9:00

ACOs and How Your Organization Can Get Ready for Success

Richard Stefanacci, DO, MGH, MBA, AGSF, CMD

- Describe current ACOs and how they will likely evolve
- Illustrate the process for success with an ACO

10:00

Break/Exhibits/Posters

10:30

Models of Care for LTC

Jeffrey M. Hardin, MD, MBA, FACC

- Describe a conceptual framework for palliative care as a critical element of a disease management program
- Promote palliative care as an economic necessity for effective population health management

Susan Denman, MD, CMD

- Describe how the Optum “treat-in-place” clinical model facilitates delivery of the right care, at the right place, at the right time
- Discuss the nurse practitioner’s role in improving the quality of care for nursing home residents and high-risk community patients

11:30

Panel of Morning Presenters

- Discuss key issues presented in morning sessions

12:00

Lunch (Provided)

1:10

How to Survive Bundled Care in the LTC Setting

Richard G. Stefanacci, DO, MGH, MBA, AGSF, CMD

- Review bundled care presently and how it will likely evolve
- Describe the process for success with a bundled care system

“ASK-THE-EXPERT” ROUNDTABLE DISCUSSIONS

Explore current hot topics in LTC via case studies and/or problem-based discussions

Round 1 / 2:00pm & Round 2 / 2:45pm

▶ Antipsychotics

J. Kenneth Brubaker, MD, CMD

▶ Interdisciplinary Teams

Pam Fenstemacher, MD, CMD

▶ PACE/LIFE

Bruce P. Kinosian, MD

▶ Personal Care/Assisted Living

Dan Haimowitz, MD, CMD

▶ Medicaid Managed LTC Services and Support

Frank Byrne

▶ Advanced Practice Collaborations

John Mast, MD, CMD

Kimberly Pratt, MSN, GNP-BC, CRNP

▶ ACOs and Bundled Care

Richard Stefanacci

DO, MGH, MBA, AGSF, CMD

▶ POLST

Judith S. Black, MD, MHA

▶ Teaching in Residency Programs

Robert M. Howse Jr., MD, CMD

▶ Dealing with Difficult Attendings

Neelofer Sohail, MD, CMD

3:30

Adjournment



Accommodations

Accommodations are the responsibility of the participant. A block of rooms has been reserved at the Hershey Lodge at the rate of \$165 (plus taxes) for a single or double room. To receive conference rates, call the Lodge at 717-533-3311 or 800-533-3131 and mention the name of the conference. Rooms are available on a first-come, first-served basis, so make reservations as early as possible but no later than September 30, 2014. After this date, room rates are subject to availability.

Access

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

Fee and Registration Information

Please see the registration form for the fee schedule.

The fees include: Instruction • Continental Breakfast • Refreshment Breaks • Lunch

Registrations will be confirmed by email upon receipt of payment, authorization to bill, or a credit card guarantee. If you do not receive a confirmation within two weeks, phone 717-531-6483 to confirm. Walk-ins and late registrations can be accepted only if space is available.

To Register

Mail Registrar, Penn State Hershey Continuing Ed, G220, P. O. Box 851, Hershey, PA 17033

Call 717-531-6483

Fax 717-531-5604

Email ContinuingEd@hmc.psu.edu



Register Online Today! pennstatehershey.org/web/ce/home/programs/pmda

Cancellation and Refund Policy

Cancellations received after:

October 24, 2014

will have a \$25 processing fee per day

No refunds:

After October 28, 2014

Substitutes are accepted at any time

The University may cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any other related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

22nd PMDA Annual Symposium

OCTOBER 31– NOVEMBER 1, 2014 • J5487-15-Z

Name (First Name, MI, Last Name) ☐ Male ☐ Female

Degree(s)/Credential(s) Medical Specialty

Email (Print legibly. Used for confirmation, registration status, and program materials.)

Home Address

City State Zip Code

Cell Phone (Last-minute change/cancellation only)

Daytime Phone Evening Phone

Hospital/Organization Specialty/Position

Street Address (HMC/COM employees—provide dept. name/mail code)

City State Zip Code

Special Needs (Dietary, access, etc.)

I plan on attending the networking reception at 6:30pm, Thursday, October 30: ☐ Yes ☐ No

Friday Lunch: ☐ ISS lunch provided by Mylan ☐ Box Lunch ☐ Lunch on my own

Fees

I will attend both days, October 31 & November 1:

PMDA-member physician
PMDA-member resident/fellow*/other health-care provider
Non-member physician
Non-member resident/fellow*/other health-care provider
Palliative care/geriatrics fellow*

Early Registration
(on or before 9/30/14)

☐ \$235/person
☐ \$125/person
☐ \$335/person
☐ \$210/person
☐ No fee

Late Registration
(after 9/30/14)

☐ \$255/person
☐ \$145/person
☐ \$355/person
☐ \$230/person
☐ No fee

I will attend one day only: ☐ Friday ☐ Saturday

PMDA-member physician
PMDA-member resident/fellow*/other health-care provider
Non-member physician
Non-member resident/fellow*/other health-care provider
Palliative care/geriatrics fellow*

☐ \$175/person
☐ \$99/person
☐ \$275/person
☐ \$185/person
☐ No fee

☐ \$195/person
☐ \$119/person
☐ \$295/person
☐ \$205/person
☐ No fee

*Include verification of status

Please choose two roundtable topics:

☐ Antipsychotics ☐ Medicaid Managed LTC Services ☐ Teaching in Residency Programs
☐ Interdisciplinary Teams ☐ Advanced Practice Collaborations ☐ Dealing with Difficult Attendings
☐ PACE/LIFE ☐ ACOs and Bundled Care
☐ Personal Care/Assisted Living ☐ POLST

Indicate method of payment

☐ Check enclosed—payable to Penn State ☐ Bill my sponsoring organization—attach a letter of authorization
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