

**Pediatric Clinical Hypnosis
Skill Development Workshops 2014**
presented by

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

September 11-13, 2014

**Oak Ridge Hotel and Conference Center
1 Oak Ridge Drive
Chaska, MN 55318**

In Collaboration with
Minnesota Society of Clinical Hypnosis
University of Minnesota Department of Pediatrics



UNIVERSITY OF MINNESOTA

Medical School

COURSE DESCRIPTION

Clinical Hypnosis is a therapeutic intervention with empirical support for a variety of clinical conditions: including chronic and procedure-related pain, anxiety disorders, stress-related conditions, habit problems, sleep disturbance, and various medical conditions. This workshop provides training in the use of clinical hypnosis and its applications to children and teens with various conditions in pediatric settings. The workshop is offered at three levels (Introductory, Intermediate and Advanced) depending on the clinician's previous training in pediatric hypnosis. **Strong emphasis is placed on experiential learning, with supervised practice of hypnotic techniques suitable for children/teens and of integrating a developmental perspective.**

ELIGIBILITY AND TARGET AUDIENCE

Workshop participation requires active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or a Registered Nurse with an advanced degree (Masters or higher) and subspecialty training or certification (e.g. APRN)
- Other Advanced degree health care providers, e.g. Occupational and Physical Therapists, Speech and Language Pathologists, et. al.
- Child Life Specialists holding a Bachelor's degree
- Students, Interns, Residents and Fellows actively enrolled in a graduate program leading to degrees or completion of training in any of the foregoing.

NOTE: All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. No exceptions.

INTRODUCTORY WORKSHOP

This workshop teaches basic skill-building in hypnosis as a therapeutic intervention for children/teens experiencing a variety of clinical conditions. Particular focus is on management of pain, anxiety, and sleep. Instructional videotapes and case vignettes are an integral component of presentations. Experiential learning is strongly emphasized (this workshop provides double the amount offered in most introductory hypnosis workshops). Activities include: group exercises and supervised small group practice focused on the structure and elements of clinical hypnosis with children/teens.

This workshop is for those without prior *pediatric-specific* hypnosis training.

REGISTRATION

Registration Deadlines & Fees

Introductory and Intermediate Workshops. Register by **August 14, 2014** to receive the Early Registration Discount!

	Kick-off March 15 - June 12	Early Bird June 13 - August 14	Regular After August 14
Registration Fee	\$820	\$885	\$925
MSCH Member	\$750	\$785	\$825
Graduate Student/Intern/Resident/Fellow/Trainee	\$570	\$595	\$615

To Register for the Introductory Workshop

ONLINE: Register online with Visa, MasterCard, or American Express at www.cme.umn.edu/intropedshypnosisreg. In order to protect your credit card information, the Office of Continuing Medical Education (OCME) does not accept credit card payments by phone, fax, mail, in person, or on-site.

BY MAIL: Mail your check (payable to Regents of the University of Minnesota) with registration form to: Pediatric Clinical Hypnosis, Office of Continuing Medical Education, University of Minnesota, 2829 University Avenue SE, Suite 901, Minneapolis, MN 55414.

INTERMEDIATE WORKSHOP

This year's workshop has been revised and updated! Content focuses on refining and expanding existing hypnosis skills by furthering assessment and individualized treatment approaches for patients and their families. The faculty's clinical video recordings and case vignettes are integral components of presentations. Small group exercises concentrate on expanding participants' confidence and specific skills regarding utilization principles: conversational inductions, pacing and leading, designing metaphors, talking in trance, self-regulation strategies, and other person-centered strategies.

Participants will select two "mini-intensives" that best fit their learning needs, from the list of clinical topics: Sleep Disturbances; Youth with Recurring Headaches; Developmental Difficulties; Cognitive Self-regulation of Anxiety Disorders; and Youth with Psychophysiologic Problems (e.g. GI disorders).

Participants must have completed an Introductory all pediatric-specific hypnosis training workshop and have experience in using clinical hypnosis with pediatric patients. Completion of a **Prior Learning/Needs Assessment** questionnaire is required prior to your registration being accepted for this workshop. This is **not** a beginning level course.

REGISTRATION

Registration Deadlines & Fees

Introductory and Intermediate Workshops. Register by **August 14, 2014** to receive the Early Registration Discount!

	Kick-off March 15 - June 12	Early Bird June 13 - August 14	Regular After August 14
Registration Fee	\$820	\$885	\$925
MSCH Member	\$750	\$785	\$825
Graduate Student/Intern/Resident/Fellow/Trainee	\$570	\$595	\$615

To Register for the Intermediate Workshop

Go to www.cme.umn.edu/interpedshypnosisreg to complete the **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration instructions.

ADVANCED WORKSHOP

The Advanced Workshop will provide individualized mentor consultation to health and mental health care practitioners interested in enhancing their knowledge and expertise in the use of pediatric hypnosis. This 22-hour intensive meeting is designed to fulfill the requirements for attaining ASCH Certification in Clinical Hypnosis and/or to obtain the hours of consultation necessary to become an ASCH-Approved Consultant. **In addition to providing evidence of previous training and regular use of pediatric hypnosis in their clinical practice, advanced participants must bring and present a DVD or VHS videotape of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video. The deadline for video submission is July 1, 2014.** We will provide a "how to" guide to help learners develop effective video recordings. Completion of a **Prior Learning/Needs Assessment** questionnaire is required before your registration will be accepted for this workshop.

Individuals attending this program must have completed an ASCH-Approved Pediatric Introductory (Basic) and Pediatric Intermediate Workshop (such as NPHTI 2010, 2011, 2012, 2013, or those previously taught by this faculty via the Society of Developmental and Behavioral Pediatrics, or equivalent), and should be using hypnosis regularly in their professional practice. The format is unique and one in which participants meet and consult in a small group setting with fellow practitioners and a group of facilitators who are ASCH Approved Consultants. This model encourages and expects participants to learn from one another, to have their own expertise affirmed and expanded, and to network with other professionals in pediatric clinical hypnosis. During the consultation sessions the focus is upon issues unique to each practitioner's specialties and practice.

REGISTRATION

Registration Deadlines & Fees

	On or before July 1, 2014	Registrations will not be accepted after July 1, 2014
Advanced Workshop Registration Fee	\$975	

To Register for the Advanced Workshop

Go to www.cme.umn.edu/advpedshypnosisreg to complete the **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration and video submission instructions, and a "how to" guide to developing effective video recordings. **Please note video submissions are due by July 1, 2014.**

Registration fees for **all three workshops** include course presentations on CD, hearty continental breakfast, and morning and afternoon refreshments. Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.

Note: Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment have been received by our office.

Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$20 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

Course Materials

A CD with a PDF of the course presentations will be available to attendees and distributed at the Workshop. A printed syllabus will NOT be distributed at the Workshop. Registered attendees will be emailed access instructions to view the presentations online prior to the Workshop; and download or print for their use at the conference. Please note: NO services for printing syllabi are available on site during the conference.

Cancellation Policy

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on **August 28, 2014**. No refunds will be made after this date.

WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS

Oak Ridge Hotel and Conference Center

1 Oak Ridge Drive

Chaska, MN 55318

Phone: 952-368-1492

Toll Free: 877-874-6772

Website: www.oakridgeminneapolis.com

A block of hotel rooms is available at the discounted rate of \$105.00 single/double plus applicable taxes. Please make your reservations directly with the hotel by the cut-off date of **August 20, 2014**, and refer to the course by name to receive the discounted rate. Reservations will be accepted on space and rate availability. Parking is complimentary and adjacent to the conference center.

ACCREDITATION

American Medical Association/PRA

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of the University of Minnesota, the National Pediatric Hypnosis Training Institute and the Minnesota Society of Clinical Hypnosis. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.

The University of Minnesota designates this live activity for a maximum of 22 *AMA PRA Category 1 Credits™* for the **Introductory Workshop**, 21 *AMA PRA Category 1 Credits™* for the **Intermediate Workshop** and 21.75 *AMA PRA Category 1 Credits™* for the **Advanced Workshop**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Society of Clinical Hypnosis

The American Society of Clinical Hypnosis Standards of Training Committee has approved the NPHTI Pediatric Clinical Hypnosis Skill Development Workshops **Introductory** Level for 22 credits, **Intermediate** Level for 21 credits and **Advanced** Level for 21.75 credits toward ASCH membership and/or certification. The external approval for this program will expire September 30, 2015.

Minnesota Board of Social Work

The University of Minnesota Office of Continuing Medical Education is an approved CE Provider of the Minnesota Board of Social Work. The NPHTI Pediatric Clinical Hypnosis Skill Development Workshops **Introductory** Level has been approved for 22 continuing education hours, **Intermediate** Level approved for 21 continuing education hours and **Advanced** Level approved for 21.75 continuing education hours.

Nurse Practitioners, Nurses, Dentists and Other Health Care Professionals

Nurse practitioners, nurses, dentists and other health care professionals who participate in this CME activity may submit their Statements of Participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Application has been made for additional categories of healthcare professions continuing education credit. Upon approval they will be posted on each section's webpage at www.cmecourses.umn.edu



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

INTRODUCTORY WORKSHOP

Coordinator: Pamela Kaiser, PhD, CPNP, CNS

Educational Objectives

At the completion of the Introductory Workshop, participants will be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe four pediatric hypnosis induction methods
- Demonstrate four appropriate induction techniques
- Describe methods for deepening (intensification) of and re-alerting from hypnosis
- Outline applications for pediatric hypnosis (relaxation and mental imagery)
- Describe and demonstrate the use of hypnosis for pain control for procedures and for chronic, recurrent pain
- Describe and demonstrate a hypnotherapeutic approach to nocturnal enuresis
- Describe and demonstrate a hypnotherapeutic approach sleep onset insomnia/anxiety
- Outline a strategy for getting started using hypnosis in clinical practice

AGENDA

Thursday, September 11, 2014

7:15am Registration and Breakfast Buffet

- 8:00 Introduction to CME
- 8:05 Faculty Introductions/Course Overview
- 8:35 Hypnosis Definitions/Theories/Myths/Misperceptions
- 9:20 Hypnosis Structure & Stages

10:15 Refreshment Break

- 10:35 Hypnosis: The *Many* Right Ways
- 11:30 Overview: Format for Small Group Practice
- 11:45 Demonstration #1: Induction: Special Place (Dissociation); Intensification: Multisensory Imagery

12:05pm Lunch on your own

- 1:15 Small Group Practice #1: Induction: Special Place (Dissociation)—Intensification: Multisensory Imagery—Alert—Debrief

3:00 Refreshment Break

- 3:20 Demonstration #2: Induction: The Breath; Intensification: PMR
- 3:40 Small Group Practice #2: Induction: The Breath; Intensification: PMR—Alert—Debrief
- 5:15 Developmental Considerations of Pediatric Hypnosis

6:00pm Adjourn for Day

Friday, September 12, 2014

7:15am Breakfast Buffet

- 8:00 Formulating Suggestions: Language & Utilization/Communication Techniques: Ideomotor Signaling
- 9:10 Demonstration #3: Ideomotor (Magnet Fingers); Intensification: Utilization

9:30 Refreshment Break

- 9:50 Small Group Practice #3: Induction: Magnet Fingers; Intensification: Utilization: Language & Suggestions—Ideomotor Signaling
- 11:10 Clinical Application: Self-Regulation for Anxiety, Worry and Fears

12:10pm Lunch on your own

- 1:25 Contextualization: Post-Hypnotic Suggestions
- 2:00 Demonstration #4: Induction: Eye Fixation; Intensification: Noticing Internal Differences; PHS

- 2:20 Small Group Practice #4: Induction: Eye Fixation; Intensification: Noticing Internal Differences—Suggestions—PHS

3:45 Refreshment Break

- 4:05 Explaining Hypnosis to Child and Parents w/ DEMO Video Explanation #5: Small Group Practice
- 4:45 Small Group Practice #5: Explain Hypnosis to Child and Parents
- 6:00pm Adjourn for Day

Saturday, September 13, 2014

7:15am Breakfast Buffet

- 8:00 Clinical Applications: Sleep Disturbances
- 8:50 Clinical Applications: Acute & Chronic Pain
- Demonstration #6: Magic Glove Technique
- 10:15 Refreshment Break
- 10:35 Small Group Practice #6: Magic Glove Technique

11:50 Lunch on your own

- 1:05pm Self-Hypnosis: Learning and Teaching and Questions
- 1:30 Self-Hypnosis: Large Group Experience/Debrief/Explain Small Group Practice
- 1:50 Small Group Practice #7: Teach Self-Hypnosis - Do Self-Hypnosis
- 2:30 Refreshment Break
- 2:45 BREAKOUT GROUPS: Participants' Practice in Designing Hypnosis Sessions for Case Vignettes.
 - Primary Care
 - Anxiety
 - Pain
 - Chronic Conditions

- 3:50 Resources beyond Monday: NPHTI, Ongoing Education & Organizations
- 4:10 Beyond Today: What's Left to Learn?
- 4:30 Adjourn



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

INTERMEDIATE WORKSHOP

Co-Coordinators: Laurence I. Sugarman, MD, FAAP, ABMH and Pamela Kaiser, PhD, CPNP, CNS

Educational Objectives

At the completion of this Intermediate Workshop, participants will be better able to:

- Refine therapeutic listening and language skills in “finding the hypnosis in the encounter”
- Enhance ability to approach and apply more complicated clinical situations with hypnotic strategies
- Be increasingly competent and confident in teaching children and families self-hypnosis skills

AGENDA

Thursday, September 11, 2014

- 7:15am Registration and Breakfast Buffet**
8:00 Introduction to CME
8:05 Faculty Introductions/Course Overview
8:35 Hypnosis Re-Thinking Hypnosis/Re-Fining Utilization
9:25 Language: Why and How To Say What We Say
10:10 Introduction to Small Groups & Demo #1: Conversational Induction & Pacing and Leading
10:30 Refreshment Break
10:45 #1 Small Group Practice: Conversational Inductions & Pacing-&-Leading Intensification
12:15pm Lunch on your own
1:30 Acute and Procedural Pain
2:30 Recurrent and Chronic Pain, and Palliative Care
3:45 DEMO Small Group #2: Changing Sensation
4:00 **Refreshment Break**
4:20 Small Group Practice #2: Changing Sensation
5:50 **Adjourn for Day**

Friday, September 12, 2014

- 7:15am Breakfast Buffet**
8:00 Recognizing and Designing Metaphors
9:00 DEMO Small Group #3: Individualizing Metaphors via Utilization
9:20 Small Group Practice #3: Individualizing Metaphors via Utilization
10:30 Refreshment Break
10:50 Developmental Considerations in Hypnosis
11:50 Lunch on your own
1:05pm Anxiety & Fear: Strategies for Psychophysiological & Emotional Self-Regulation
2:15 DEMO Small Group #4: Self-Regulation for Anxiety & Fear
2:30 Small Group Practice #4: Self-Regulation for Anxiety & Fear
4:00 Refreshment Break
4:20 Integrating Hypnosis into Clinical Encounters
5:20 **Adjourn for Day**

Saturday, September 13, 2014

- 7:15am Breakfast Buffet**
8:00 DEMO Small Group #5: Talking in Trance
8:20 Small Group Practice #5: Talking in Trance
9:35 Refreshment Break
9:55 Clinical Topics: Pick One of the following: (Topics will be repeated this afternoon)
(A1) **MORNING ONLY!** Sleep Disturbances
(B1) Tailoring Hypnosis To The Needs Of People With Developmental “Diffabilities”
(C1) Recurrent Headaches
(D1) Psychophysiological Conditions: Focus on GI
11:15 Hypnotherapy in Approaching Children & Adolescents with Chronic Conditions
12:10pm Lunch on your own
1:25 Clinical Topics: Pick One of the following:
(A2) **AFTERNOON ONLY!** Self-Regulation of Anxiety & Worry: Combining Cognitive Behavioral Therapy (CBT) and Hypnosis
(B2) Tailoring Hypnosis To The Needs Of People With Developmental “Diffabilities”
(C2) Recurrent Headaches
(D2) Psychophysiological Conditions: Focus on GI
2:40 Refreshment Break
2:55 Integrative Pediatrics: Combining Biofeedback With Hypnosis
3:50 Resources beyond Monday: NPHTI, Ongoing Education & Organizations
4:10 Beyond Today: What’s left to learn?
4:30 Adjourn



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

ADVANCED WORKSHOP

Co-coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

Educational Objectives

At the completion of this Advanced Workshop, participants will be better able to:

- Reflectively evaluate one's own clinical skills/language [through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors]
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleague advanced learners and carefully matched faculty mentors
- Review, evaluate, and offer guidance regarding (others') clinical hypnosis encounters with colleague advanced learners and carefully matched faculty mentors

AGENDA

Thursday, September 11, 2014

7:15	Registration & Breakfast Buffet
8:00	Introduction & CME Overview (All Groups)
8:05	Introduction to Workshop: Overview (All Groups)
8:35	Case Presentation with Mentor Consultation
10:00	Refreshment Break
10:20	Continuation of Case Presentation with Mentor Consultation
12:15	Lunch on your own
1:30	Case Presentation with Mentor Consultation
3:20	Refreshment Break
3:40	Continuation of Case Presentation with Mentor Consultation
6:00	Adjourn for Day
Evening	Viewing (on own) of Videotapes

Friday, October 4

7:15	Breakfast Buffet
8:00	Conversation with New Facilitators from Around the World!
8:45	Case Presentation with Mentor Consultation
10:15	Refreshment Break
10:35	Continuation of Case Presentation with Mentor Consultation
12:00	Lunch on your own
1:30	Case Presentation with Mentor Consultation
3:15	Refreshment Break
3:35	Continuation of Case Presentation with Mentor Consultation
6:15	Adjourn for Day
Evening	Viewing (on own) of Videotapes

Saturday, September 13, 2014

7:15	Breakfast Buffet
8:00	Case Presentation with Mentor Consultation
10:10	Refreshment Break
10:30	Continuation of Case Presentation with Mentor Consultation
12:15	Lunch on your own
1:45	Case Presentation with Mentor Consultation
2:40	Refreshment Break
3:00	Continuation of Case Presentation with Mentor Consultation
4:10	Q&A
4:30	Adjourn

HOST WORKSHOP FACULTY AND GROUP FACILITATORS

ANDREW J. BARNES, MD, MPH, FAAP*

Assistant Professor, Pediatrics and Adolescent Health, Developmental-Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at-large, MSCH; Approved Consultant, ASCH

DAVID BECKER, MD, MPH, FAAP

Associate Clinical Professor, UCSF Department of Pediatrics, San Francisco, CA

CANDACE J. ERICKSON, MD, FAAP, MPH

Course Director SDBP Clinical Hypnosis Workshops (1987-2009); Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children's Hospital of New York Presbyterian Hospital, New York, NY and the Brooklyn Hospital Center, Brooklyn, NY

HOWARD HALL, PhD, PSYD, BCB

Professor, Division of Developmental/Behavioral Pediatrics and Psychology, Department of Pediatrics, Case Western Reserve University, Cleveland, OH; Rainbow Babies and Children's Hospital Case Medical Center, Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

PAMELA KAISER, PhD, CPNP, CNS*

Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics (DBP), University of California, San Francisco, CA; Former Director, Anxiety, Stress, and Health Clinic, Children's Health Council, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Executive Council Member and Approved Consultant, ASCH

REBECCA KAJANDER, CPNP, MPH

Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN.; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty MSCH; Faculty NPHTI

DANIEL P. KOHEN, MD, FAAP, ABMH*

Co-Director, National Pediatric Hypnosis Training Institute; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Partners-in-Healing of Minneapolis, Minnetonka, MN; formerly Director, Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

LEORA KUTTNER, PhD*

Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division)

LISA LOMBARD, PhD

Clinical Psychologist in Private Practice; Consulting Psychologist at Frances Xavier Warde School in Chicago, IL; Former Associate Professor, Clinical Psychology (Child and Adolescent Track) at the Chicago School of Professional Psychology; Former Cognitive Assessment Clinic Coordinator, George Mason University, Fairfax, VA. ASCH Approved Consultant; Member SCEH and CSH

KAREN OLNESS, MD, FAAP, ABMH

Professor of Pediatrics, Family Medicine, and Global Health, Case Western Reserve University, Cleveland, OH; Diplomate and Past-President, American Board of Medical Hypnosis; Past President, ASCH, SCEH, and the International Society of Hypnosis; Fellow, ASCH & SCEH

ROBERT PENDERGRAST, MD, MPH, FAAP

Associate Professor of Pediatrics, Medical College of Georgia at Georgia Regents University; Director, Adolescent Medicine, Children's Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Certified, ASCH

LYNDA RICHTSMEIER CYR, PhD

Integrative Psychologist and Consultant, Private Practice, Minneapolis, MN. Senior Faculty, The Center for Mind-Body Medicine. Former Clinical Instructor of Pediatrics, University of Minnesota. Former Clinical Lead and Program Manager, Integrative Medicine Program at Children's Hospitals and Clinics of Minnesota

LAURENCE I. SUGARMAN, MD, FAAP, ABMH*

Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Associate Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow and Approved Consultant, ASCH

JODY THOMAS, PhD

Faculty, Stanford University School of Medicine; Clinical Director, Packard Pediatric Pain Rehabilitation Center at Stanford

SKILL DEVELOPMENT GROUP FACILITATORS

DAVID ALTER, PhD, LP, ABPP, ABPH

Co-Founder, Partners in Healing of Minneapolis; Founder, Institute for Brain-Behavior Integration; Private Practice, Minnetonka, MN; Past President, MSCH; Treasurer & Approved Consultant, ASCH

HARRIET KOHEN, MA, MSW, LICSW

President, MN Society for Clinical Social Work; Partners-in-Healing of Minneapolis

KATE PFAFFINGER, PhD, LP, PNP, MPH

Pediatric / Health Psychologist, Private Practice, St. Paul, MN; Pediatric Nurse Practitioner; Faculty and Former Board Member, MSCH

DAVID WARK, PhD, ABPP

Emeritus Professor of Psychology, University of Minnesota, Minneapolis, MN; Past President, MSCH; Board Member, International Society of Hypnosis; Past President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

MARK B. WEISBERG, PhD, ABPP, LP

Clinical Health Psychologist, Diplomate in Health Psychology; Listed, National Register of Health Service Providers in Psychology; Independent Practice, Minneapolis, MN; Fellow, American Psychological Association; Past President, MSCH; Fellow, Past Vice President, Past Secretary, Approved Consultant, ASCH

** Denotes Planning Committee Member; Additional Planning Committee Members include Ginny Jacobs, M.Ed., MLS, CCMEP and Dori Henderson, PhD from the University of Minnesota Medical School, Office of Continuing Medical Education*



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

Registration Form*

Pediatric Clinical Hypnosis Introductory Workshop ONLY

September 11-13, 2014

Please type or print clearly. A name badge and statement of attendance are generated from this form.

Name _____

Affiliation _____

Department _____

Address ☐ HOME ☐ OFFICE _____ Mail Stop _____

City _____ State _____ Zip _____

Office Telephone Number _____ FAX _____

E-mail _____

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree ☐ MD ☐ DO ☐ PhD ☐ PsyD ☐ MA/MS ☐ MPH ☐ MSW/ACSW ☐ LCSW ☐ LMSW ☐ LMFT
☐ APRN ☐ NP ☐ CNS ☐ RN ☐ CCLS ☐ DDS/DMD ☐ OTHER _____

Specialty ☐ Pediatrics / General Practice ☐ Pediatrics / Subspecialty _____
☐ Marriage/Family/Therapy / Subspecialty _____ ☐ Family Medicine / Subspecialty _____
☐ Social Work / Subspecialty _____ ☐ Psychiatry / Subspecialty _____
☐ Education / Subspecialty _____ ☐ Psychology / Subspecialty _____
☐ General Surgery / Subspecialty _____ ☐ Nursing / Subspecialty _____
☐ Podiatry ☐ OT / PT ☐ Dentistry ☐ Other _____

Licensed in Profession _____ Required License # _____ State _____

Students, Interns, Residents, Fellows (please list school & program actively enrolled in): _____

REGISTRATION FEES

	Kick-off March 15 - June 12	Early Bird June 13 - August 14	Regular After August 14
☐ Introductory Workshop	\$820	\$885	\$925
☐ MSCH Member	\$750	\$785	\$825
☐ Graduate Student, Intern, Resident, Fellow	\$570	\$595	\$615

Group Registration

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Special Needs _____

Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance; requests cannot always be honored on site.

TO REGISTER

Online: Register online with Visa, MasterCard, or American Express. In order to protect your credit card information, the Office of Continuing Medical Education (OCME) does not accept credit card payments by phone, fax, mail, in person, or on-site.

By Mail: Mail your check (payable to **Regents of the University of Minnesota**) with this form to: Pediatric Clinical Hypnosis, Office of Continuing Medical Education, University of Minnesota, 2829 University Avenue SE, Suite 901, Minneapolis, MN 55414.

*The **Intermediate** and **Advanced Workshops** require completing a **Prior Learning/Needs Assessment**. Upon acceptance of your assessment, you will be contacted with registration instructions.

CANCELLATION POLICY

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. CST on **August 28, 2014**. No refunds will be made after this date.

If you have any questions, please contact our office at (612) 626-7600, (800) 776-8636, or e-mail us at cme@umn.edu.



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

ACKNOWLEDGMENT AND RELEASE

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS
CONTINUING MEDICAL EDUCATION & DEPARTMENT OF PEDIATRICS
UNIVERSITY OF MINNESOTA

Name of Workshop: **National Pediatric Hypnosis Training Institute (NPHTI) Annual Skill Development Workshops in Pediatric Clinical Hypnosis**
Dates: **September 11-13, 2014**
Location: **Oak Ridge Hotel & Conference Center, Minneapolis (Chaska), MN**

The undersigned acknowledges that he/she has volunteered to participate in a workshop in which he/she engages in a hypnotic state ("trance"), and that workshop participants and faculty will be present during this/these session(s).

The undersigned does not have any health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

The undersigned agrees to hold harmless the NPHTI, MSCH, and the University of Minnesota Department of Pediatrics and the Office of Continuing Medical Education, their employees and members, the faculty and other participants in the above described workshop, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned's participation in the above described workshop.

Printed Name

Signature

Date

**PEDIATRIC CLINICAL HYPNOSIS
SKILL DEVELOPMENT WORKSHOPS 2014**

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