



American Academy of Pain
Medicine Ultrasonography

AAPMU Level II Course

Day 1

7:15- 8:00- Registration and continental breakfast

8:00-8:30 – Ultrasound in Pain Medicine – Hariharan Shankar, MD

8:30-9:00 – Principles and Standards of MSK Examination – Mark Friedrich Hurdle, MD

9:00-9:45 – Upper Extremity – Shoulder Anatomy, Examination and Injections [Joints, Bursae, Nerves, Tendons] Einar Ottestad, MD

Coffee Break 9:45-10:00- Visit Exhibitors

10:00-10:45 – Lumbar Spine Anatomy and Injections [MBB, Facet Joint, SIJ, Caudal Epidural] Hariharan Shankar, MD

10:45-11:30- Common Peripheral Nerves' Anatomy and Injections: ulnar, radial, musculocutaneous, intercostal, ilioinguinal/iliohypogastric, genitofemoral, TAP, tarsal canal
James Modir, MD

11:30-12:15 – Lower Extremity – Hip and Knee Anatomy and Injections [Joints, Bursae, Nerves, Tendons] David Spinner, DO

Lunch- 12:15- 12:45

12:45-4:30 – Live Model Scanning (take break if needed)

	12:45 -1:30	1:30-2:15	2:15-3:00	3:00-3:45	3:45-4:30
Lumbar Spine	Red	Yellow	Blue	Orange	Green
Hip	Green	Red	Yellow	Blue	Orange
Lower Extremity	Orange	Green	Red	Yellow	Blue
Upper Extremity	Blue	Orange	Green	Red	Yellow
Peripheral Nerves	Yellow	Blue	Orange	Green	Red

Day 2- Cadaver Training

7:15- 8:00- Registration, breakfast, changing for lab

10:30 – 10:45 – Q&A – discussion and requests

12:00-12:45 Lunch

	8:00-09:15	9:15 -10:30	10:30-12:00	12:45-2:00	12:00-3:15
Lumbar Spine [torso prone with bolster under abdomen]	Red	Yellow	Blue	Orange	Green
Hip [pelvis supine]	Green	Red	Yellow	Blue	Orange
Knee [mid thigh to toe supine with bolster under knee]	Orange	Green	Red	Yellow	Blue
Shoulder [torso with upper extremity supine to finger]	Blue	Orange	Green	Red	Yellow
Peripheral Nerves [full body supine]	Yellow	Blue	Orange	Green	Red

OPEN LAB: 3:15-4:00PM

Lumbar Spine: David Spinner, DO
Hip: Matthew Pingree, MD
Lower Extremity: Mark Friedrich Hurdle, MD
Upper Extremity: Einar Ottestad, MD
Peripheral Nerves: James Modir, MD

Float: Hariharan Shankar, MD