

19th Annual

Boston Sports Medicine Symposium

October 24 & 25, 2014

The Conference Center at Waltham Woods, Waltham MA



"The Flats" by St. G. Tucker Aufranc, MD



NEW ENGLAND BAPTIST®
HOSPITAL



19th Annual

Boston Sports Medicine Symposium

COURSE CHAIR

Alan Curtis, MD

Orthopedic Surgeon,
New England Baptist Hospital
and Boston Sports & Shoulder Center

KEYNOTE SPEAKER

John Fulkerson, MD

Clinical Professor,
University of Connecticut
Orthopedic Associates of Hartford, PC

INVITED FACULTY

Katie Adams,
CNMT, CMTPT

Guillermo Arce, MD

Jack Bert, MD

Pascal Boileau, MD

James Bradley, MD

Brian Busconi, MD

Andrew Cannon,
MHS, PT, SCS

Carol Hartigan, MD

Andrew Jawa, MD

Jeffrey Jockel, MD

Benjamin Kibler, MD

Eric Kopp, PT, OMP, OCS

Sang-Gil Lee, MD

Rick McAvoy,
PT, DPT, CSCS

John Macy, MD

Augustus Mazzocca, MD

Brian McKeon, MD

Suzanne Miller, MD

Kevin Plancher, MD

Matthew Provencher, MD

Mike Reinold, DPT

Glen Ross, MD

Benjamin Shaffer, MD

Tony Schena, MD

Nicholas Sgaglione, MD

Mark Slovenkai, MD

Mark Steiner, MD

Jon Warner, MD

Paul Weitzel, MD

Kevin Wilk, DPT

Richard Wilk, MD

Dana Zalkind, MD

For more info visit nebh.org/bsms

General Information

This course will provide orthopedic surgeons, fellows, residents, physician assistants, physical therapists and allied health professionals with a unique opportunity to enhance their knowledge and skills in the surgical management and rehabilitation of sports medicine injuries.

OBJECTIVES

- Identify current concepts and treatment of disabling patellofemoral disease.
- Describe pathology of the scapular and its relation to shoulder pathology and rehab after surgery.
- Discuss current trends and operative option in treating shoulder instability and rotator cuff injuries.
- Describe the role of aqua therapy in treating sports injuries.
- Describe current trends in ligament surgery of the knee, including options for high level athletes.
- Discuss foot and ankle sports injuries.
- Identify the orthopedist role in supervising and ordering physical therapy after surgery.

CONTINUING EDUCATION CREDITS

New England Baptist Hospital designates this education activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim *only* credit commensurate with the extent of their participation in the activity. New England Baptist Hospital is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

COURSE TUITION

The registration fee for physicians is \$495. The registration fee for allied health professionals is \$195. The registration fee for fellows, residents and military is \$50.

COURSE LOCATION

The Boston Sports Medicine Symposium 2014 will be held at the Conference Center at Waltham Woods, 860 Winter Street, Waltham, MA 02451.

HOTEL ACCOMMODATIONS

A block of rooms have been reserved at The Westin Hotel in Waltham, MA at a rate of \$160 plus tax single/double occupancy per night. Telephone 781-290-5600. Rooms must be reserved no later than September 24, 2014. Please reference Boston Sports Medicine Symposium.

SPECIAL SERVICES

To request reasonable accommodations for a disability please notify us in writing at least two weeks before the symposium.

**To register,
please go to
nebh.org/bsms**



FRIDAY, OCTOBER 24, 2014

7:00 AM Registration, Continental Breakfast

AUDITORIUM Physicians, Physician Assistants	BERKSHIRE ROOM Allied Health Professionals
8:00 AM Welcome/Intro — A. Curtis, MD	8:00 AM Welcome/Intro — A. Curtis, MD
Diagnosis & Treatment of Hip Disease in Young Adults — R. Wilk, MD	Athletic Pubalgia — B. Busconi, MD
Biceps Issues: Options for Treatment — G. Arce, MD	Running Injuries: Predictors & Interventions — A. Cannon, PT
Subacromial Decompression: When, How and Why — B. Shaffer, MD	Diagnosis and Treatment of Hip Disease in Young Adults — R. Wilk, MD
Rotator Cuff Tears: Patterns & Pitfalls — A. Curtis, MD	
Surgical Approach to Suprascapular Nerve Issues — K. Plancher, MD	

9:30–9:50 AM Break

Nerve Injuries — S. Lee, MD	Failed Instability and Algorithm: How to Succeed — K. Plancher, MD
Post Op Rehabilitation for Rotator Cuff Injuries — K. Wilk, DPT	Hands on Approach for Frozen Shoulder — E. Kopp, PT
Rotator Cuff Tears: Case Based Issues — A. Mazzocca, MD & panel	Scapular Issues in Rehab — M. Reinold, DPT
Laterjet Surgical Demo live from Nice — P. Boileau, MD	Rotator Cuff Rehabilitation — K. Wilk, DPT
	Current Concepts: Patellofemoral Joint 2014 J. Fulkerson, MD

12:00–1:00 PM Lunch

FRIDAY, OCTOBER 24, 2014 *(continued)*

AUDITORIUM Physicians, Physician Assistants	BERKSHIRE ROOM Allied Health Professionals
KEYNOTE Current Concepts: Patellofemoral Joint 2014 — <i>J. Fulkerson, MD</i>	Aqua Therapy: The First Option Not the Last Resort — <i>R. McAvoy, DPT</i>
How To Examine the Shoulder and Make the Correct Diagnosis — <i>B. Kibler, MD</i>	Options for Younger Patient with Shoulder Arthritis — <i>G. Ross, MD</i>
SLAPS – A Cautious Approach — <i>B. Shaffer, MD</i>	Rehab of TSR & Reverse TSR — <i>A. Jawa, MD</i>
In Season Instability Issues — <i>J. Bradley, MD</i>	Clavicle Fractures: When to fix — <i>P. Weitzel, MD</i>
MDI: International Approach — <i>G. Arce, MD</i>	
Bone Loss & Revision Options in Instability — <i>M. Provencher, MD</i>	Ski Injuries — <i>J. Macy, MD</i>
Panel Discussion	
3:00–3:15 PM Break	
Reverse Prosthesis: What is Value & Risk Compared to Conventional TSR — <i>J. P. Warner, MD</i>	In Season Instability Issues — <i>J. Bradley, MD</i>
Options for Younger Patient with Shoulder Arthritis — <i>G. Ross, MD</i>	How To Examine the Shoulder and Make the Correct Diagnosis — <i>B. Kibler, MD</i>
Evaluation of the Painful Post-Op Total Shoulder — <i>A. Jawa, MD</i>	Revision Instability Options — <i>M. Provencher, MD</i>
Biologics in Sports Medicine — <i>J. Bradley, MD</i>	SLAPS: A Cautious Approach — <i>B. Shaffer, MD</i>
Orthopedics and Obamacare: How Can We Survive and Thrive? — <i>J. Bert, MD</i>	Rehabilitation of Instability: Non-operative and Post-op — <i>M. Reinold, DPT/K. Wilk, DPT</i>
Panel Discussion	
5:00–6:30 PM Social Reception	

SATURDAY, OCTOBER 25, 2014

7:15AM Registration, Continental Breakfast

AUDITORIUM Physicians, Physician Assistants	BERKSHIRE ROOM Allied Health Professionals
8:00AM Welcome/Intro — <i>A. Curtis, MD</i>	8:00AM Welcome/Intro — <i>A. Curtis, MD</i>
Is It Time to Rethink Narcotics? — <i>C. Hartigan, MD</i>	GIRD is Good — <i>K. Wilk, DPT</i>
When is Shoulder Pain not the Shoulder? — <i>D. Zalkind, MD</i>	Dealing with the Stiff Shoulder — <i>A. Curtis, MD</i>
Questions & Answers	Calcaneus Fractures: Healing the Heel — <i>J. Jockel, MD</i>
Diagnosis and Treatment PVNS — <i>B. Busconi, MD</i>	Lisfranc Fractures — <i>M. Slovenkai, MD</i>
Current Strategies to Treat the Multi-Ligament Injured Knee — <i>N. Sgaglione, MD</i>	Hamstring Injuries: Diagnosis & Treatment — <i>S. Miller, MD</i>
Graft Selection: A Scientific Approach — <i>M. Steiner, MD</i>	ACL Options in the Athlete — <i>B. McKeon, MD</i>
Articular Cartilage Lesions: What Works and What Doesn't — <i>J. Bert, MD</i>	Questions & Answers

10:00–10:15AM Break

SATURDAY, OCTOBER 25, 2014 *(continued)*

AUDITORIUM Physicians, Physician Assistants	BERKSHIRE ROOM Allied Health Professionals
How to Do Meniscal Repairs — <i>N. Sgaglione, MD</i>	When is Shoulder Pain not the Shoulder? — <i>D. Zalkind, MD</i>
Difficult Knee Issues — <i>B. McKeon, MD & panel</i>	Importance of Posture in Shoulder Rehabilitation — <i>B. Kibler, MD</i>
Lisfranc Fractures — <i>M. Slovenkai, MD</i>	Musculoskeletal Pain in Joint Hypermobility Syndromes — <i>K. Adams, CNMT, CMTPT</i>
Calcaneus Fractures: Healing the Heel — <i>J. Jockel, MD</i>	Why Corrective Exercises Don't Always Work and What to Do About It — <i>M. Reinold, DPT</i>
Panel Discussion	
12:00 PM <i>Adjourn</i>	