

PRESENTED BY:

Clinician
Reviews



MEDS

Metabolic & Endocrine Disease Summit

**LAST
CHANCE!**

24 CE/CME Credits Available

Plus, opportunity for an
additional 20 credits. See inside



EDUCATIONAL LIVE EVENTS PRESENTED BY, AND FOR, NPs AND PAs



MEDS

East

JULY 23-26, 2014

**WALT DISNEY WORLD DOLPHIN HOTEL
ORLANDO, FLORIDA**



MEDS

West

AUGUST 13-16, 2014

**VENETIAN/PALAZZO HOTEL
LAS VEGAS, NEVADA**

Attend MEDS to:

- Educate yourself on the diagnosis and treatment of many metabolic and endocrine diseases
- Enhance your competence and confidence in treating the growing number of patients affected by these diseases
- Empower yourself to fill the void created by the national shortage of endocrinologists
- *Take advantage of an extra day of educational sessions for the same low price as last year!*

Connect with MEDSummit on Facebook and Twitter

To register or for more information
www.MEDSummit-cecme.org

MEDS

Metabolic & Endocrine
Disease Summit

ACCREDITATION INFORMATION

Nurse Practitioner Continuing Education

This program is approved for 24 contact hours of continuing education (which includes 8 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 1403173

This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

There will be an opportunity to earn an additional 20 AAPA Category 1 PI-CME credits by completing the optional 'Kidneys in a Box' post program. *AANP and ANCC both accept AAPA Category 1 CME credit, so NPs who are reporting their continuing education to either of those bodies are able to claim 'Kidneys in a Box' CME credit.* See MEDSummit-cecme.org accreditation page for complete details.

Physician Assistant Continuing Medical Education

This program has been reviewed and is approved for a maximum of 24 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.

This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

There will be an opportunity to earn an additional 20 AAPA Category 1 PI-CME credits by completing the optional 'Kidneys in a Box' post program. Completion will satisfy the NCCPA PI-CME requirement. See MEDSummit-cecme.org accreditation page for complete details.

ABOUT OUR VENUES MAKE YOUR RESERVATION NOW AS OUR HOTELS WILL SELL OUT!

MEDS East

JULY 23-26, 2014

WALT DISNEY WORLD
DOLPHIN HOTEL
ORLANDO, FLORIDA



Set in the heart of the Walt Disney World Resort, the award-winning Dolphin Hotel is your gateway to Central Florida's illustrious theme parks and attractions.

Bring your family to MEDS!

Discount room block rate: \$149 a night/\$12 amenity fee.

For reservations: Call 888-828-8850

Discount Expiration Date: Friday, June 27. (Discount rate subject to availability after June 27)

MEDS West

AUGUST 13-16, 2014

VENETIAN/PALAZZO HOTEL
LAS VEGAS, NEVADA



Take advantage of unparalleled dining, attractions, and entertainment at the all-suite Venetian/Palazzo.

Enjoy exciting Las Vegas while at MEDS!

Discount room block rate: \$139 a night/\$25 amenity fee.

For reservations: Call 877-385-3885

Discount Expiration Date: Friday, July 11

CONFERENCE CHAIR



Scott Urquhart, PA-C, DFAAPA

Adjunct Clinical Professor, PA Program
James Madison University
Clinical Instructor, PA Program
George Washington University
Diabetes and Thyroid Associates
Fredericksburg, VA

CO-CHAIRS



Christine Kessler, MN, CNS, ANP, BC-ADM, CDT, FAANP

Nurse Practitioner
Department of Endocrinology
Fort Belvoir Community Hospital, VA
The Diabetes Institute



Chris Sadler, MA, PA-C, CDE

Past President
American Society of Endocrine PAs (ASEPA)
Diabetes and Endocrine Associates
La Jolla, CA

FACULTY



R. Mimi Secor, MS, MEd, APRN, BC, FNP, FAANP

Visiting Scholar, Boston College
President Emerita/Senior Advisor, NPAGE, Natick, MA
National Radio Host, Partners in Practice, ReachMD XM160
Newton-Wellesley Obstetrics & Gynecology, Newton, MA



Ji Hyun (CJ) Chun, MPAS, PA-C

Adjunct Professor of Clinical Endocrinology
A. T. Still University/Arizona School of Health Sciences
Endocrinology Associates
Phoenix, Arizona



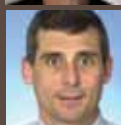
Dwight Deter, PA-C, CDE, DFAAPA

Clinical Faculty Associate
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Texas Tech University Health Science Center
Paul Foster School of Medicine
El Paso, TX



Davida Kruger, MSN, APRN-BC, BC-ADM

Diabetes Specialist
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Detroit, MI



Joe Largay, PA-C, CDE

Clinical Instructor
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Director, Diabetes Care Center Clinical Trials Program
University of North Carolina at Chapel Hill
Chapel Hill, NC



Ellen D. Mandel, DMH, MPA, PA-C, RD, CDE

Clinical Professor, Academic Coordinator
Pace University, College of Health Professions
Department of Physician Studies
New York, NY



Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDT

Nurse Practitioner
The Diabetes Institute
Walter Reed National Military Medical Center
Adjunct Assistant Professor
Uniformed Services
University of the Health Sciences
Bethesda, MD



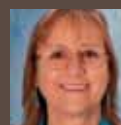
Richard Pope, MPAS, PA-C, DFAAPA, CPAAPA

Adjunct Clinical Professor
Quinnipiac University
Department of PA Studies
Hamden, CT



Joyce Ross, MSN, RNC, CRNP, CS, FNLA, FPCNA

President-Elect
Accreditation Council for Clinical Lipidology
President Elect, Preventive Cardiovascular Nurses Association
Consultative Education Specialist, Cardiovascular Risk Intervention
University of Pennsylvania Health System—Retired
Philadelphia, PA



Kim Zuber, PA-C, DFAAPA, FNKF

Past Chair
National Kidney Foundation Council of Advanced Practitioners
Metropolitan Nephrology
Washington, D.C.

Wednesday

7:00 AM Breakfast

8:15 AM Welcome Remarks/Review Symposium Objectives

SIMPLIFYING THE MYSTERY OF THYROID DYSFUNCTION

8:30 AM Interpreting Thyroid Labs / Case Studies in Hyperthyroidism
Christopher E. Sadler, MA, PA-C, CDE

9:15 AM When, Why, and How to Treat Hypothyroid Conditions
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP

10:00 AM Q&A

10:15 AM Break/Exhibits

10:45 AM Thyroiditis: "The Big Three"
Dwight M. Deter, PA-C, CDE, DFAAPA

11:15 AM Investigating Thyroid Nodules
Christopher E. Sadler, MA, PA-C, CDE

12:00 PM Hypercalcemia, Parathyroid Disease, Vitamin D Deficiency
Scott Urquhart, PA-C, DFAAPA;
Christopher E. Sadler, MA, PA-C, CDE

1:00 PM Luncheon Symposium

2:30 PM Dessert Break in Exhibit Hall

OBESITY AND THERAPEUTIC LIFESTYLE CHANGES

3:00 PM Obesity: The Latest Skinny on Fat
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP

3:45 PM Dietary Approaches to Obesity and Diabetes
Ellen D. Mandel, DMH, MPA, PA-C, RD, CDE

4:15 PM Therapeutic Lifestyle Interventions for the Overweight Patient
Scott Urquhart, PA-C, DFAAPA

4:45 PM Applying Therapeutic Lifestyle Strategies: A Live Scenario
Scott Urquhart, PA-C, DFAAPA

5:15 PM Q&A

5:30 PM Adjourn for the Day

Thursday

7:00 AM Breakfast/Exhibits

DIABETES

8:15 AM Case Study in T2DM—Bob's Journey: Navigating the Path of Non-insulin Therapies
Moderator: Scott Urquhart, PA-C, DFAAPA
Presenters:
Ellen D. Mandel, DMH, MPA, PA-C, RD, CDE; Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC

9:30 AM Insulin Overview: What's On the Menu?
Davida Kruger, MSN, APRN-BC, BC-ADM

9:45 AM Break/Exhibits

10:15 AM Bob's Journey Continues: When the Road Leads to Insulin
Moderator: Joe Largay, PA-C, CDE
Presenters:
Dwight M. Deter, PA-C, CDE, DFAAPA;
Davida Kruger, MSN, APRN-BC, BC-ADM

11:15 AM Special Populations: Pre-conception Concerns of Pregnancy and Diabetes
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC

11:45 AM Sweet and Low: Hyper and Hypoglycemia
Christopher E. Sadler, MA, PA-C, CDE

12:15 PM Special Populations: New Onset Diabetes in the Elderly
Davida Kruger, MSN, APRN-BC, BC-ADM

12:45 PM Luncheon Symposium

2:15 PM Dessert Break in Exhibit Hall

2:45 PM Two Options for Interpreting Glucose Information
Joe Largay, PA-C, CDE

3:15 PM New Onset Type 1 Diabetes: "Easing Your Concerns"
Joe Largay, PA-C, CDE

4:00 PM CKD and the Diabetic Kidney: Is Albumin the Only Important Factor?
Kim Zuber, PA-C, DFAAPA

5:00 PM Steroids and Diabetes
Joe Largay, PA-C, CDE; Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA

5:30 PM Q&A

5:45 PM Adjourn for Evening

Friday

7:00 AM Breakfast/Exhibits

8:15 AM Diabetic Peripheral Neuropathy and Foot Exam
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC

8:45 AM Renal Medication Dosing: "The Good, the Bad and the Iatrogenic"
Kim Zuber, PA-C, DFAAPA, FNKF

9:45 AM Autonomic Neuropathies and Retinopathy
Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC

10:15 AM Break/Exhibits

10:45 AM Osteoporosis: Overview, Workup, Diagnosis
Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA

11:30 AM Osteoporosis: Who Should Be Treated and What Agent Should I Use?
Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
Moderator: R. Mimi Secor, MS, MEd, APRN, BC, FNP, FAANP

12:15 AM Women's Health Issues and Endocrine Disease
R. Mimi Secor, MS, MEd, APRN, BC, FNP, FAANP

12:45 PM Luncheon Symposium

2:15 PM Dessert Break/Exhibits

2:30 PM GI Disorders, Celiac Disease, and Endocrine Management
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP

3:00 PM Adrenal Disease "Simplifying What Seems Complex": Part 1
Scott Urquhart, PA-C, DFAAPA

3:45 PM Refreshment Break

4:00 PM Adrenal Disease "Simplifying What Seems Complex": Part 2
Scott Urquhart, PA-C, DFAAPA

4:45 PM Demystifying PCOS
R. Mimi Secor, MS, MEd, APRN, BC, FNP, FAANP

5:30 PM Adjourn for Evening

Saturday

7:00 AM Breakfast

8:15 AM Dyslipidemia: "The Changing Paradigm"
Joyce Ross, MSN, RNC, CRNP, CS, FNLA, FPCNA

9:15 AM Male Hypogonadism "To Treat or Not to Treat"
Ji Hyun Chun (CJ), MPAS, PA-C

10:15 AM Refreshment Break

10:30 AM Addressing Non-Glycemic Vascular Risk Factors
Joyce Ross, MSN, RNC, CRNP, CS, FNLA, FPCNA

11:00 AM Suspecting Pituitary Disorders "What Do You Do?"
Ji Hyun Chun (CJ), MPAS, PA-C

11:45 AM Fact or Fiction: Addressing Alternative Therapy for Endocrine Disease
Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAANP

12:15 PM Symposium Luncheon

2:00 PM Adjournment



LAST CHANCE!



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Plus, opportunity for an additional 20 credits.

Please see accreditation information for details.

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Disease Summit**

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PCMG
Primary Care Metabolic Group



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AUGUST 13-16, 2014

**VENETIAN/PALAZZO HOTEL
LAS VEGAS, NEVADA**

The Best Value for Your Educational Dollar!

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- Breakfasts and lunches included in your registration fee.
- Appealing locations where you can combine education for yourself with vacation time for you and your family
- *Now with an extra day of educational sessions for the same low price as last year!*

HOW TO REGISTER

Attend with a Friend and Save!
See Web site for Details

MEDS

- Register Online at www.MEDSummit-CECME.org
- For assistance, contact Kim Kirchner at kkirchner@hqtrs.com or 502-574-9023.
- Download a registration form online or request a registration form by emailing kkirchner@hqtrs.com.

MEDS East & West

NPs, PAs, and Other Clinicians	\$425
PCMG Members	\$375

Cancellation Policy: MEDS 2014 will offer a full refund less a \$50 administrative fee as follows: Requests for refunds must be made in writing postmarked, e-mailed, or faxed prior to: June 20, 2014 (MEDS East) or July 11, 2014 (MEDS West). After which, no refunds will be granted.

Substitutions are welcomed in lieu of cancellations. Refunds will not be issued to no-shows.

What Your Colleagues Say About MEDS

- ▶ *This was one of the best conferences I have ever participated in. The presenters were all very engaging. The topics presented were very relevant to clinical practice and presented clearly and concisely. I'm glad I came and look forward to next year.*
- ▶ *I really enjoyed the MEDS conference. I gained new skills on managing my T2DM and thyroid patients. Plus, the energy and camaraderie of the presenters is contagious!*
- ▶ *Don't think twice if you provide patient care—this is your must do conference!*

See our Web site for additional testimonials



REGISTER ONLINE AT WWW.MEDSUMMIT-CECME.ORG