

### ISBD 2014 - Scientific Program

| Time  | Day 1 - Tuesday 18th March                                                                                                                                                                      |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
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|       | Hall 103                                                                                                                                                                                        | Hall 104                                                                                                          | Hall 105                                                                          | Hall 203a                                                                                                                                                                                    | Hall 203b                                                                                                                             | Hall 208a   | Hall 208b                                      |                                                                                               |
|       | 600 theatre                                                                                                                                                                                     | 250 theatre                                                                                                       | 250 theatre                                                                       | 100 theatre                                                                                                                                                                                  | 100 theatre                                                                                                                           | 100 theatre | 100 theatre                                    |                                                                                               |
| 8:00  | Registration Opens                                                                                                                                                                              |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 8:30  |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 9:00  |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   | ISBD Course<br>State of the Art in Diagnosing,<br>Assessing and Treating Bipolar<br>Disorder: A Training course to<br>improve your skills as a bipolar<br>expert<br><b>(TICKET Required)</b> |                                                                                                                                       |             | ISBD Committee<br>Task Force Meeting:<br>(tbc) |                                                                                               |
| 9:30  |                                                                                                                                                                                                 | The 6th Conference of the Asian<br>Network of Bipolar Disorder:<br>East Asian Bipolar Forum                       | The Korean Academy of Child and<br>Adolescent Psychiatry Symposium                |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 10:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 10:30 |                                                                                                                                                                                                 | The 6th Conference of the Asian<br>Network of Bipolar Disorder:<br>Southeast Asia and South Asia<br>Bipolar Forum | Lunch Break                                                                       |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 11:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 11:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 12:00 |                                                                                                                                                                                                 | Lunch Break                                                                                                       | The Korean Academy of Child and<br>Adolescent Psychiatry Symposium<br>(Continued) | Lunch Break                                                                                                                                                                                  |                                                                                                                                       |             |                                                |                                                                                               |
| 12:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 13:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 13:30 | The 6th Conference of the Asian<br>Network of Bipolar Disorder:<br>Experience from Latin America                                                                                                |                                                                                                                   | ISBD Course<br>Continued<br><b>(TICKET Required)</b>                              | ISBD Course<br>Proper use of mood stabilizers in<br>long term treatment of bipolar<br>disorders<br>(13:00 - 16:30)<br><b>(TICKET Required)</b>                                               | ISBD Course<br>Treatment of bipolar<br>disrdrs during<br>pregnancy and post-<br>partum<br>(13:00 - 16:30)<br><b>(TICKET Required)</b> |             |                                                |                                                                                               |
| 14:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 14:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 15:00 | Coffee Break and Regional Poster Session (Poster Area)                                                                                                                                          |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 15:30 | Industry Satellite Symposium                                                                                                                                                                    |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 16:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 16:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 17:00 | Opening & Awards Ceremony                                                                                                                                                                       |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 17:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 18:00 | <b>Keynote 1:</b> The Role of Biomarkers<br>in Clinical Practice: Lessons from<br>Bipolar Disorder<br><b>The Role of<br/>Biomarkers in Clinical Practice:<br/>Lessons from Bipolar Disorder</b> |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 18:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 19:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                | <b>Keynote 2:</b> The Neuroimaging<br>Studies in Subjects at Ultra-High Risk<br>for Psychosis |
| 19:30 | Welcome Reception<br>(19:30 - 20:30)                                                                                                                                                            |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 20:00 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |
| 20:30 |                                                                                                                                                                                                 |                                                                                                                   |                                                                                   |                                                                                                                                                                                              |                                                                                                                                       |             |                                                |                                                                                               |

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|--|------------------------------|
|  | Opening & Awards Ceremony    |
|  | Parallel Symposia            |
|  | Plenary/Keynote Lecture      |
|  | Industry Satellite Symposium |
|  | Regional Satellite Meeting   |
|  | Poster Session               |
|  | Brainstorming Session        |
|  | ISBD Course                  |
|  | Advocacy Session             |
|  | Oral Presentation            |

| Time  | Day 2 - Wednesday 19th March                                                                                     |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
|-------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
|       | Hall 103                                                                                                         | Hall 104                                                                               | Hall 105                                                                                                          | Hall 203                                                                                              | Hall 208                                                                |
|       | 600 theatre                                                                                                      | 250 theatre                                                                            | 250 theatre                                                                                                       | 200 theatre                                                                                           | 200 theatre                                                             |
| 7:00  |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 7:30  |                                                                                                                  |                                                                                        |                                                                                                                   | Lithium Phobia: Science or Superstition?                                                              | Clinical and therapeutic peculiarities of bipolar disorder in late life |
| 8:00  |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 8:30  |                                 |       |                                  |                      |                                                                         |
| 9:00  | Prescription pattern in the treatment of bipolar affective disorder: what the real world is like                 | Bipolar Disorder in Children and Adolescents, Compared with Adult Bipolar Disorder     | Molecular mechanisms of bipolar disorder                                                                          | Applications of novel imaging techniques to gain new insights into bipolar disorder                   | Rapid Communications I                                                  |
| 9:30  |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 10:00 | Mid-Morning Break                                                                                                |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 10:30 | Keynote 3: Neurobiological Basis of Bipolar Disorder                                                             |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 11:00 | Keynote 4: Early Intervention in Bipolar Disorder in a Mood Disorder Clinic                                      |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 11:30 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 12:00 |                                                                                                                  | Lunch Break                                                                            |                                                                                                                   |                                                                                                       |                                                                         |
| 12:30 | Industry Satellite Symposium                                                                                     |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 13:00 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 13:30 |                                 |       |                                  |                      |                                                                         |
| 14:00 | What do we know about lithium's role in maintenance treatment of bipolar disorder, 60 years after its discovery? | The Bipolar "Prodrome": Can we Identify At-Risk Individuals? An ISBD Task Force report | The involvement of mitochondria in bipolar disorder and its treatment                                             | The potential clinical and therapeutic relevance of imaging and cognitive studies in bipolar disorder | Rapid Communications II                                                 |
| 14:30 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 15:00 | Afternoon Break                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 15:30 |                                 |       |                                  |                      |                                                                         |
| 16:00 | Clinical Guidelines for Bipolar Disorder                                                                         | Unique features of Bipolar disorder in older adults<br>An ISBD Task Force report       | Diet, exercise, and weight: modifiable drivers of disease severity and progression in people with mood disorders? | Crossing borders in cognitive assessment of bipolar disorders                                         |                                                                         |
| 16:30 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 17:00 | Poster Session I                                                                                                 |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 17:30 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 18:00 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |
| 18:30 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       | ISBD Membership Meeting                                                 |
| 19:00 |                                                                                                                  |                                                                                        |                                                                                                                   |                                                                                                       |                                                                         |

| Symposium Tracks                                                                    |                        |
|-------------------------------------------------------------------------------------|------------------------|
|  | Treatment Track        |
|  | Clinical Manifestation |
|  | Neurobiology Track     |
|  | Imaging Track          |
|  | Cultural Track         |

| Time  | Day 3 - Thursday 20th March                                                                                                                                          |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
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|       | Hall 103                                                                                                                                                             | Hall 104                                                                                                                                                                            | Hall 105                                                                                                                                                            | Hall 203                                                                                                                                                  | Hall 208                                                                                                                                                      |
|       | 600 theatre                                                                                                                                                          | 250 theatre                                                                                                                                                                         | 250 theatre                                                                                                                                                         | 200 theatre                                                                                                                                               | 200 theatre                                                                                                                                                   |
| 7:00  |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 7:30  |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 8:00  |                                                                                                                                                                      |                                                                                                                                                                                     | New psychosocial treatments for bipolar disorder                                                                                                                    | How to manage bipolar disorder in pregnancy and postpartum disorder                                                                                       | Staging and profiling bipolar disorder: conceptual and clinical approaches                                                                                    |
| 8:30  |  The Challenge of Designing Clinical Trials<br>An ISBD Task Force report            |  Neuroendocrine challenges and gender differences in bipolar disorder<br>An ISBD Task Force report |  Investigations of bipolar disorders with the forefront neurophysiological methods |  Structural, functional and neuroreceptor imaging in affective disorders |  Socio-cultural challenges in the management of Bipolar Disorder           |
| 9:00  |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 9:30  |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 10:00 | Mid-Morning Break                                                                                                                                                    |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 10:30 | <b>Keynote 5:</b> Novel Therapies: Translation, Validation and Implementation                                                                                        |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 11:00 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 11:30 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 12:00 | Industry Satellite Symposium                                                                                                                                         | Lunch Break                                                                                                                                                                         |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 12:30 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 13:00 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 13:30 |  New medical treatments targeting cognitive dysfunction in bipolar disorder         |                                                                                                                                                                                     |  Metabolic syndrome and bipolar disorder                                           |  Bipolar disorder and neuroinflammation: what can we see?                |  Identifying mood disorder and correlates in youth from different cultures |
| 14:00 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 14:30 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 15:00 | Afternoon Break                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 15:30 |  Predictors and Moderators of Psychosocial Treatment Outcome for Bipolar Depression |  Suicide in Bipolar Disorder; An ISBD Task Force report                                            |  Glutamatergic System in Bipolar Disorders: From Etiology to Treatment             | Samuel Gershon Award Winners                                                                                                                              |  Cultural Issues and Bipolar Disorder in China                             |
| 16:00 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 16:30 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 17:00 | Poster Session II                                                                                                                                                    |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 17:30 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |
| 18:00 |                                                                                                                                                                      |                                                                                                                                                                                     |                                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                                               |

| Symposium Tracks                                                                    |                        |
|-------------------------------------------------------------------------------------|------------------------|
|  | Treatment Track        |
|  | Clinical Manifestation |
|  | Neurobiology Track     |
|  | Imaging Track          |
|  | Cultural Track         |

| Time  | Day 4 - Friday 21st March                                                                                               |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
|-------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--|--|
|       | Hall 103                                                                                                                | Hall 104                                                                              | Hall 105                                                                          | Hall 203                                                                                | Hall 208                                                                                                      |                                                                 |  |  |
|       | 600 theatre                                                                                                             | 250 theatre                                                                           | 250 theatre                                                                       | 200 theatre                                                                             | 200 theatre                                                                                                   |                                                                 |  |  |
| 7:00  |                                                                                                                         |                                                                                       |                                                                                   | Transcranial magnetic stimulation biomarker and therapeutic stuides in bipolar disorder | Stigma as perceived by patients with Bipolar Disorder. Cultural differences between the Netherlands and Japan |                                                                 |  |  |
| 7:30  |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 8:00  |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 8:30  |                                        |      |  |                                                                                         | Rapid Communications III                                                                                      |                                                                 |  |  |
| 9:00  | The future care of bipolar disorder: trialogical approaches                                                             | Bipolar depression: phenomenology, brain imaging and predictors of treatment response | Inflammatory markers and new therapeutic challenge in bipolar disorder            |                                                                                         |                                                                                                               |                                                                 |  |  |
| 9:30  |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 10:00 | Mid-Morning Break                                                                                                       |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 10:30 | <b>Keynote 7:</b> Psychoeducation and other psychological interventions: Class effect or specific treatment modalities? |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 11:00 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 11:30 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               | <b>Keynote 8:</b> Grassroots Advocacy; Hope, Resources, Support |  |  |
| 12:00 | Industry Satellite Symposium                                                                                            | Lunch Break                                                                           |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 12:30 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 13:00 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 13:30 |                                        |      |  | Korean Advocacy Meeting (In Korean)                                                     | Rapid Communications IV                                                                                       |                                                                 |  |  |
| 14:00 | Self-management in Bipolar Disorder                                                                                     | Different Aspects of Mixed Depression                                                 | Genetic Studies on Bipolar Disorders                                              |                                                                                         |                                                                                                               |                                                                 |  |  |
| 14:30 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 15:00 | Adjourn                                                                                                                 |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 15:30 |                                                                                                                         |                                                                                       |                                                                                   | Korean Advocacy Meeting (In Korean)                                                     |                                                                                                               |                                                                 |  |  |
| 16:00 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |
| 16:30 |                                                                                                                         |                                                                                       |                                                                                   |                                                                                         |                                                                                                               |                                                                 |  |  |

| Symposium Tracks                                                                    |                        |
|-------------------------------------------------------------------------------------|------------------------|
|  | Treatment Track        |
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