

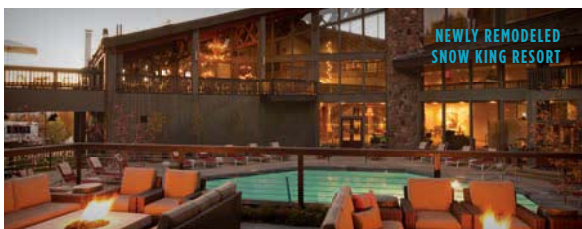
CONTEMPORARY FORUMS

THE LEADER IN HEALTH CARE CONTINUING EDUCATION

HOT TOPICS IN WOMEN'S HEALTH

(FORMERLY OFFICE GYNECOLOGY)

A NATIONAL CONFERENCE FOR NPs, MDs, CNMs, PAs AND RNs



JACKSON HOLE, WY

HOME OF THE GRAND TETONS AND GATEWAY TO YELLOWSTONE

JULY 27-30, 2014

**REGISTER EARLY AND
SAVE UP TO \$50**



**EARN UP TO
17.5 CE HOURS**

REGISTER ONLINE AT CONTEMPORARYFORUMS.COM OR CALL 800-377-7707



YOU ARE INVITED!

Designed for NPs, MDs, CNMs, PAs and RNs from women's health and family practice settings, the 12th annual conference, **Hot Topics in Women's Health** (formerly **Office Gynecology**), brings together a stellar panel of clinician experts in the stunning setting of Jackson Hole, WY to address the clinical challenges you face daily.

HIGHLIGHTS OF THE 2014 CONFERENCE INCLUDE:

- ▶ A number of **"Hot Topics,"** issues you deal with in your everyday practice, addressed in a variety of teaching formats, including didactic sessions, faculty panels, Concurrent Sessions, and interactive case study discussions.
- ▶ An update on current guidelines on key issues such as obesity, GYN cancer screening, STDs, menopause, chronic pelvic pain, and infertility.
- ▶ An emphasis on providing comprehensive, evidence-based primary care for women, translating research into practical clinical application.
- ▶ An optional **Special Session NEXPLANON® Clinical Training**, where you will learn insertion and removal procedures, providing your patients with a long-term reversible option and your practice with additional revenue.
- ▶ The newly-renovated Snow King Resort with all the amenities and features you would expect from a first class hotel.

Join your colleagues and the faculty in the magnificent setting of Jackson Hole and the Grand Tetons where we have designed a schedule which encourages interprofessional learning as well as relaxation and exploration with family and friends. See you there!

Anita L. Nelson, MD
Conference Chair
Professor of OB/GYN
David Geffen School of Medicine at UCLA

Pam Jenkins-Wallace, MS, NP
Vice President, Program Development
Contemporary Forums

CONFERENCE OBJECTIVES

- ▶ Discuss comprehensive management of a variety of gynecologic and general health conditions in women, including PCOS, vulvar disease, recurrent vaginitis, infertility, heavy menstrual bleeding, and sleep disorders.
- ▶ Develop strategies for approaching weight concerns with patients and encouraging healthy lifestyle changes.
- ▶ Evaluate new research findings related to menopause and discuss updated treatment options for menopause symptom management.
- ▶ Focus on common sexuality concerns and examine new approaches and medications for treatment.
- ▶ Explore the unique world of adolescent gynecology through case-based discussion of challenging problems.
- ▶ Participate in interprofessional, interactive learning through case studies, faculty panels and collegial collaboration.

“

Well-organized conference with excellent speakers and topics that are at the core of women’s health.

”

Kelly Dale Williams, MD Mesa, AZ

WHO SHOULD ATTEND?

IF YOU ARE A ...

- ▶ Women’s Health, Family or Adult Nurse Practitioner

▶ Obstetrician/Gynecologist

▶ Family Physician

▶ Certified Nurse-Midwife

▶ Physician Assistant

▶ Registered Nurse

▶ Anyone else providing health care for women

... this conference is for you!

ACCREDITATION

A Certificate of Attendance will be available online after you complete the course requirements, enabling you to register your credit with the appropriate licensing boards or associations. To apply for credit not listed below, use the procedure established by the specific organization.

¹ NURSES AND NURSE PRACTITIONERS	² PHYSICIANS	³ NURSE-MIDWIVES	⁴ PHYSICIAN ASSISTANTS	⁵ PHARMACOLOGY CREDIT FOR PRESCRIPTIVE AUTHORITY
17.5 ANCC/21 CA BRN contact hours	17.5 credits	17.5 hours	17.5 hours	7.5 hours available
¹Contemporary Forums is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. Contemporary Forums is approved by the California Board of Registered Nursing, Provider #04516. (CA BRN contact hour = 50 minutes) Contemporary Forums is a continuing education organization recognized by the National Certification Corporation. This conference covers a variety of the Core Competency Areas and Content Topics required for the NCC’s Certification Maintenance in your specialty. ²Contemporary Forums is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.	Contemporary Forums designates this Live Activity for a maximum of 17.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. Determination of credit is pending. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. ³The Continuing Education Committee of the American College of Nurse-Midwives grants reciprocity status to the Accreditation Council for Continuing Medical Education (ACCME) for Category 1 offerings, providing the program is relevant to nurse-midwifery. Nurse-Midwives may report up to the listed hours of credit.	⁴AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 17.5 hours of Category I credit for completing this program. ⁵Rx indicates pharmacology content. Because states’ requirements vary, contact your Board of Nursing for more information.	NOTE: There is no CE credit for the Special Session NEXPLANON® training.	

CONFERENCE FACULTY

Ellen Hughes, MD, PhD Clinical Professor of Medicine Emeritus University of California, San Francisco San Francisco, California	Anna Kaminski, MD, MS Clinical Assistant Professor of Family Medicine University of Washington Washington Medical Director, ZoomCare Seattle, Washington	Alison Marshall, MSN, FNP Associate Professor of Practice Director, FNP Program Simmons College of Nursing and Health Sciences Faculty, Sylvie Ratelle HIV/STD Prevention Training Center of New England Boston, Massachusetts
Kirtly Parker Jones, MD Professor and Vice Chair for Educational Affairs Department of Obstetrics and Gynecology University of Utah Salt Lake City, Utah	Michael L. Krychman, MD, FACOG Executive Director, Southern California Center for Sexual Health and Survivorship Medicine Newport Beach, California	Anita L. Nelson, MD Professor of Obstetrics and Gynecology David Geffen School of Medicine at UCLA Los Angeles BioMedical Research Institute at Harbor- UCLA Medical Center Torrance, California

ONLINE CE LIBRARY

EARN CE CREDIT ONLINE AT YOUR CONVENIENCE

Contemporary Forums Online CE Library is the leading source for quality accredited healthcare continuing education. Earn CE on demand by selecting from hundreds of multimedia presentations recorded at our national live conferences. Each session is presented by expert faculty and topics cover a wide range of clinical areas. Learn and earn at your convenience. Visit [OnlineCELibrary.com](https://www.onlinecelibrary.com) for free session previews. To request group pricing, call (925) 361-4811.

CONFERENCE SCHEDULE

SATURDAY, JULY 26

4:00–5:30 p.m. **Registration, Welcome Reception**

SUNDAY, JULY 27

7:00 a.m. **Registration, Continental Breakfast for Conference Participants**

8:00 Controversies in GYN and Breast Cancer Screening Nelson

9:00 "My Ovaries Hurt!": Evaluation and Management of Chronic Pelvic Pain (Rx=.25 hr.) Kaminski

9:45 **Refreshment Break**

10:15 STD Update: What's New in the New Guidelines (Rx=.25 hr.) Marshall

11:00 Motivational Interviewing for Contraceptive Counseling: Helping Patients Choose Wisely (Rx=.25 hr.) Kaminski

11:45 Adolescent Gynecology: Interesting Cases (Rx=.25 hr.) Marshall

12:30 p.m. Questions and Discussion (Rx=.25 hr.) Faculty Panel

1:00 **Adjourn**

MONDAY, JULY 28

7:00 a.m. **Continental Breakfast for Conference Participants**

8:00 Female Sexuality: Issues and Answers Krychman

8:45 Recurrent Vaginitis: What's Going On? (Rx=.25 hr.) Marshall

9:30 **Refreshment Break**

10:00 GYN Cases: An Interprofessional Approach (Rx=.25 hr.) Nelson, Jones, Kaminski, Marshall

11:00 Improving Libido: New Approaches and Medications (Rx=.5 hr.) Krychman

11:45 Practical Approaches for Helping Our Obese Patients (Rx=.25 hr.) Hughes

12:30 p.m. Questions and Discussion (Rx=.25 hr.) Faculty Panel

1:00 **Adjourn**

2:00–4:30 p.m. **SPECIAL SESSION: Clinical Training for NEXPLANON® (etonogestrel implant)**

This training is limited to 50 participants. Register early! This session will reach capacity quickly! Join your colleagues at a training program on NEXPLANON®. This session includes a hands-on training for insertion and removal procedures as well as localization techniques. Completion of this course will allow the attendee to order NEXPLANON® from an authorized distributor.

WOMN-1006660-0000

12/11

This session, which is sponsored by Merck, is not accredited for continuing education credit. The training is open to advanced practice clinicians with furnishing numbers or prescribing privileges in their state and to physicians only. It is Merck's policy to verify all clinicians' practice, license and eligibility information in advance of the training. Merck will contact the attendee directly if there is a problem regarding this process. Attendees are expected to be present for the entire training. Certificates of completion will not be issued to those who arrive late or leave early.

TUESDAY, JULY 29

CHOOSE ONE TOPIC IN EACH TIME PERIOD AND NOTE YOUR SELECTION ON THE REGISTRATION FORM.

7:00 a.m. **Continental Breakfast for Conference Participants**

8:00 **CONCURRENT SESSIONS #1**

#11 Sexual Pain Syndromes (Rx=.5 hr.) Krychman

#12 Challenging Contraceptive Cases (Rx=1 hr.) Kaminski

9:15 **CONCURRENT SESSIONS #2**

#21 PCOS: It's Not As Complicated As It Seems (Rx=.25 hr.) Nelson

#22 Couples Counseling of Another Kind: Answering Those Difficult STD-Related Questions Marshall

10:15 **Refreshment Break**

10:45 **CONCURRENT SESSIONS #3**

#31 A Baby Maybe? Expediting the Infertility Work-Up (Rx=.25 hr.) Jones

#32 Strategies for Healthy Aging Hughes

12:00 p.m. **CONCURRENT SESSIONS #4**

#41 Progesterone, Progestins and SPRMS: Understanding How They Work and When to Use Them (Rx=1 hr.) Jones

#42 Getting Enough zzzzs: Improving Sleep Quality (Rx=.25 hr.) Hughes

1:00 **Adjourn**

WEDNESDAY, JULY 30

7:00 a.m. **Continental Breakfast for Conference Participants**

8:00 Management of Acute and Chronic Heavy Menstrual Bleeding (Rx=.25 hr.) Nelson

8:45 Treatment Options for Menopause: New Research, New Products, New Approaches (Rx=.5 hr.) Jones

9:30 Herbs and Supplements in Women's Health: What's Hot, What's Not (Rx=.75 hr.) Hughes

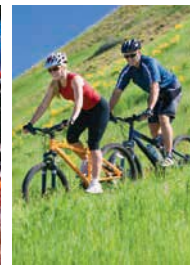
10:15 **Refreshment Break**

10:30 Vulvar Dermatology: You Make the Diagnosis! (Rx=.25 hr.) Nelson

11:15 Environmental Toxins: Impact on Reproductive Health (Rx=.25 hr.) Jones

12:00 p.m. Questions and Discussion (Rx=.25 hr.) Faculty Panel

12:45 **Adjourn**



Summer in Jackson Hole – breathtaking beauty, back-country solitude, western ambience – offers an experience unmatched anywhere else. Set in the shadow of the towering Grand Teton Mountains, Jackson Hole is a unique blend of Old West charm and cosmopolitan atmosphere. Nowhere else on earth will you find such a magnificent display of nature mixed with unlimited activities. Within its confines lie Grand Teton National Park, the National Elk Refuge and the friendly town of Jackson — the gateway to Yellowstone National Park. Bring your family and friends ... it'll be a trip like no other!

THE “NEW AND IMPROVED” SNOW KING RESORT

The Snow King has undergone a \$16 million renovation which includes:

- ▶ Beautifully remodeled guest rooms and bathrooms
- ▶ New restaurant and bar area with 180° vistas of the mountain landscape and an outdoor deck
- ▶ Completely renovated meeting space
- ▶ Updated pool, spa and work-out facilities
- ▶ 3 new shuttles for complimentary airport transportation
- ▶ Significantly enhanced WiFi capability

Past guests at the Snow King will be amazed at the transformation and new guests will experience a first class resort in a world class destination.

THE CONFERENCE WILL BE HELD AT SNOW KING RESORT HOTEL & GRAND VIEW LODGE

400 East Snow King Avenue, Jackson Hole, WY 83001

A limited block of rooms is being held for you and your guests at special group rates which will be in effect, based on room availability, from July 25 - August 1, 2014. The discounted room rate may be available before and after the conference for those wishing to extend their stay. Please inquire when making your hotel reservation.

RATES: \$195 SINGLE/DOUBLE, \$205 TRIPLE, \$215 QUADRUPLE

A limited number of condominiums, adjacent to the hotel, are available.

	1 BEDROOM (4 PEOPLE)	2 BEDROOMS (6-8 PEOPLE)	3 BEDROOMS (8 PEOPLE)	4 BEDROOMS (8-10 PEOPLE)	SUITE
STANDARD	\$225	\$325	\$355	\$445	N/A
GRAND VIEW	\$245	N/A	\$475	N/A	\$235

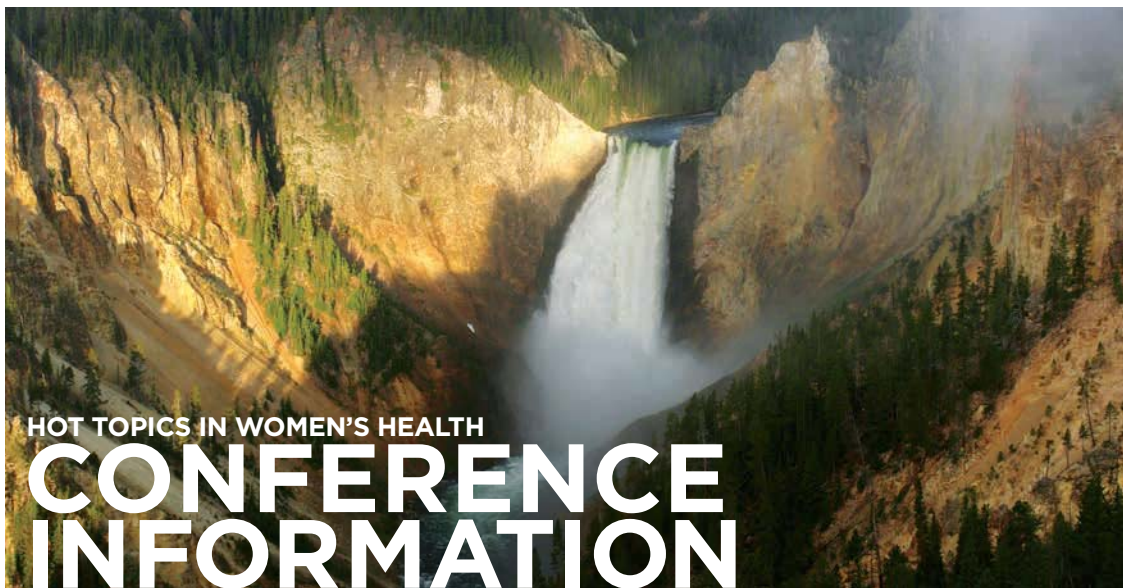
PLEASE NOTE: RELEASE DATE FOR HOTEL ROOMS AND CONDOS IS JUNE 27, 2014.

For room reservations, call (800) 522-KING (5464) and inform them that you are attending the Contemporary Forums' conference, Hot Topics In Women's Health. Request a confirmation number and written confirmation of your reservation. Reservations must include a first night's deposit.

Contact the hotel regarding cancellation policy. For arrivals after 4 p.m., call the hotel on the day of travel to reconfirm reservations.

For additional hotel information, call the Snow King Resort at (307) 733-5200.

Rates are per room/condo and subject to prevailing state and local taxes.



HOT TOPICS IN WOMEN'S HEALTH

CONFERENCE INFORMATION

Registrations must include full tuition payment to be accepted. Conference confirmation is sent via email. Take advantage of special conference pricing and discounted hotel rates by registering early!

TUITION FEES

	Nurses, Residents, PAs, Others	Physicians	Special Session NEXPLANON*
Early Registration*	\$515	\$615	\$95
Regular Registration	\$565	\$665	\$95

- ▶ *Postmarked or phone/fax/online registration and fees received on/before June 15.
- ▶ Your tuition includes:
 - Continental breakfasts
 - Refreshment breaks
 - Certificate of Attendance and Online access to posted presentation handouts before and after the conference.

ATTENDANCE RULES

Partial Attendance: Online registration is not available for partial attendance. For tuition and CE credit, or to register for individual days, call registration. Group discounts do not apply. Registrations may not be shared.

Children of any age and spouses may not attend sessions.

GROUP DISCOUNTS

Tuition discounts are given to groups of 3 or more registering for the complete conference. \$25 per person discount for 3 or 4 in a group; \$45 per person discount for 5 or more in a group. To qualify for the group discount, all registration information must be complete for all group members, payment included and forms sent together. If faxing, list all group members on cover sheet. Subtract the discount from the tuition fee. Groups may not be formed after individual registrations are received.

CANCELLATION POLICY

Cancellations may be made by phone or in writing. Cancellations received by **June 15, 2014** receive a full tuition refund. Cancellations received after **June 15, 2014** are assessed a \$75 processing fee. No refunds for cancellations received after the conference begins or for "no shows." If this meeting is cancelled for any reason, including labor strikes or acts of God, liability is limited to a full refund of registration fees.

ADA NEEDS & SPECIAL REQUESTS

If you require special arrangements at this conference, call (800) 377-7707, at least 30 days prior to the conference.

4 EASY WAYS TO REGISTER

ONLINE

Visit us 24/7 at:
ContemporaryForums.com

PHONE

(800) 377-7707
Monday – Friday
8 am – 5 pm, PST

HAVE YOUR CREDIT CARD READY

FAX

(800) 329-9923

MAIL

Contemporary Forums
Attn: Registration
151 Innovation Drive
Irvine, CA 92617

METHOD OF PAYMENT

Make payment by check (payable to Contemporary Forums and enclose with Registration Form), Visa, MasterCard, Discover, American Express or Purchase Order. **A \$30 fee is charged for any returned check.** Personal checks are NOT accepted at the conference. Purchase Orders must be received with registration by the conference date and include the P.O. number, invoice address, tuition, approval signature, contact name, email address and phone number.

QUESTIONS?

Contact Contemporary Forums at (800) 377-7707, M-F, 8 am – 5 pm (PST) or email: info@cfforums.com

HOT TOPICS IN WOMEN'S HEALTH REGISTRATION FORM

**FILL OUT, DETACH, AND RETURN
THIS FORM WITH FULL PAYMENT TO:**
CONTEMPORARY FORUMS ADMINISTRATION
ATTN. REGISTRATION
151 INNOVATION DRIVE IRVINE, CA 92617

OR
REGISTER
ONLINE 24/7 AT:
**CONTEMPORARY
FORUMS.COM**

FAX THIS FORM TO:
(800) 329-9923
CALL:
(800) 377-7707

CODE: PDF

REGISTRATION INFORMATION

*Name, License/Degrees, Place of Employment, City, and State appear on your name badge at the conference.

*First Name _____ *Last Name _____

*License/Degrees _____

*Place of Employment _____

*City _____ *State _____

Home Address _____

City _____ State _____ Zip _____

Daytime Phone(s) _____

*Attendee's email _____

**For confirmation, receipt, and access to your Certificate of Attendance, provide your best email address (as some emails are filtered and blocked).*

PROFESSIONAL PROFILE

Choose **ONE** category in each section that best applies to you. If your work requires you to assume multiple roles, select the one that occupies the majority of your time. Use "Other" category only if none of the choices applies to you.

1. SPECIALTY

- ☐ Family Planning
- ☐ Family Practice/Primary Care
- ☐ Internal Medicine
- ☐ Nurse-Midwifery
- ☐ Obstetrics & Gynecology
- ☐ Women's Health
- ☐ Other: _____

2. LICENSE/PROFESSION

- ☐ CNM/NM
- ☐ FNP/ANP
- ☐ MD/DO - Family Practice
- ☐ MD/DO - Women's Health/OB/GYN
- ☐ NP - Women's Health/OB/GYN
- ☐ PA/PA-C
- ☐ RN/RNC
- ☐ Other: _____

3. CLINICAL SETTING

- ☐ College Health Service
- ☐ Family Planning Clinic
- ☐ HMO
- ☐ Hospital-Based Clinic
- ☐ Hospital Inpatient
- ☐ Military Clinic/Hospital
- ☐ Multi-Specialty Group
- ☐ OB/GYN Clinic
- ☐ Physician Office
- ☐ Planned Parenthood
- ☐ Primary Care Clinic/Office
- ☐ Private Practice
- ☐ Public Health/Community Clinic
- ☐ Rural Health Center
- ☐ University/Academia
- ☐ Other: _____

REGISTER TO ATTEND

- ☐ **Conference** (July 27-30)
- ☐ **Special Session - NEXPLANON*** (July 28: 2:00-4:30 pm)

CONCURRENT SESSIONS SELECTION (TUESDAY, JULY 29)

Please indicate the numbers of your choices below.

#1 (8:00 a.m.) _____

#2 (9:15 a.m.) _____

#3 (10:45 a.m.) _____

#4 (12:00 p.m.) _____

PAYMENT SUMMARY #72

Early Fee Postmark Deadline: June 15, 2014

Conference Tuition	\$	
Group Discount	-\$	
Special Session (NEXPLANON*)	+\$	
TOTAL PAYMENT ENCLOSED	\$	

*Registration forms must be sent in together. See Conference Information for details.

- ☐ Check/Money Order Payable to Contemporary Forums

Credit Card # _____

Exp. Date _____

Print Cardholder's Name _____

Billing Address _____

City _____

State _____ Zip _____

Payer Email _____

Payer Phone # _____