



Royal College of
Obstetricians &
Gynaecologists

Joint meeting

BMS
Meeting the
challenge of
menopause



Post Reproductive Health

25–26 November 2014



ATSM

**13
CPD**

**DURATION
2 DAYS**

**LOCATION
RCOG**

Overview

This meeting endeavors to provide answers to the most commonly asked and most difficult questions in the management of post reproductive health. Nationally and internationally recognised speakers will cover the evidence base to answer the most controversial questions in important areas such as:

- Diagnosis and management of premature ovarian failure
- Osteoporosis and cardiovascular management
- Cognition and Alzheimer's disease
- Interactive session on practical prescribing
- Alternatives to HRT

Each presentation will include case studies to illustrate management principles.

The meeting will closely follow the recommended syllabus and is suitable for the theoretical component of the RCOG/ BMS 'Menopause' Advanced Training Skills Module (ATSM) and the Faculty of Sexual and Reproductive Healthcare Advanced Menopause Certificate.

Who should attend?

- All trainees and consultants in obstetrics and gynaecology
- Those who are registered, or plan to register, for the 'Menopause' ATSM
- Family planning doctors
- General practitioners
- Specialist nurses
- Health care professionals who care for menopausal women
- Sexual health doctors with a special interest in the menopause
- Staff Doctors, Staff Grades, Trust Doctors and Associate Specialists

ATSM

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LOCATION

RCOG

COST

STD

£516

RCOG

£465.60

TRN

£415.20

AHP

£352.20

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www.rcog.org.uk

After completing this course, you will be able to

- Recognise the ways in which menopause can affect quality of life and long term health
- Target investigations according to each clinical scenario
- Individualise hormonal and alternative therapeutic regimens that best suit your patients
- Manage patients with menopause related problems confidently
- Identify and fully comprehend key research in the field of post reproductive medicine
- Obtain the BMS/FSRH Advanced Menopause Certificate
- Claim a maximum of 13 CPD credits for full attendance at this meeting

Course Organiser:

Mr Nick Panay MRCOG, London

Honorary Director of Conferences:

Miss Raneer Thakar MD MRCOG, London

Honorary Deputy Director of Conferences:

Mr Nick Panay MRCOG, London

*“Very well presented conference
with all the speakers presenting
very relevant information”*

Postmenopausal Health, delegate
26–27 November 2013

PROGRAMME

Tuesday 25 November

9.00am **REGISTRATION and REFRESHMENTS**

Session I: Training, guidelines and legal issues

Chair: Mr Nick Panay, Immediate Past Chairman, British Menopause Society; Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals

9.15am **Welcome and “Advances in Menopause Training”**

Mr Nick Panay

9.30am **New BMS recommendations on menopause and HRT**

Mr Eddie Morris, Chairman, British Menopause Society; Norfolk and Norwich University Hospital

10.00am **Progress in global menopause guidance**

Professor Mary Ann Lumsden, Professor of Medical Education and Gynaecology, Consultant Gynaecologist, University of Glasgow

10.30am **HRT prescribing – is medico legal guidance needed?**

Mr Nick Nicholas, Consultant in Obstetrics and Gynaecology, Hillingdon Hospital, Uxbridge

11.00am **REFRESHMENTS**

Session II: Premature ovarian insufficiency (POI) and contraception

Chair: Mr Eddie Morris

11.30am **POI – optimising hormonal health**

Mr Nick Panay

12.00pm **Fertility options for poor ovarian reserve**

Mr Michael Savvas, Consultant Gynaecologist, Kings College Hospital, London

12.30pm **Perimenopausal contraception: review and case studies**

Dr Tina Peers, Consultant in Contraception and Reproductive Health, Clinical

1.00pm **LUNCH (2 course standing fork lunch)**

Session III: Pathophysiology: the urogenital system

Chair: Ms Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

2.00pm **Urogenital prolapse and incontinence: is there a role for HRT?**

Mr Vik Khullar, Consultant Obstetrician and Gynaecologist, Imperial College London

2.30pm **Vulvo-vaginal atrophy: increasing global awareness**

Professor Rossella Nappi, Professor of Obstetrics and Gynecology, University of Pavia, IRCCS Policlinico San Matteo, Pavia, Italy

3.10pm **REFRESHMENTS**

Session IV: Pathophysiology: central nervous system

Chair: Professor Rosella Nappi

3.30pm Is dementia preventable? – optimising cognition

Mr Anthony Mander, Consultant Gynaecologist, Manor Hospital, Oxford; President of Food and Health, Royal Society of Medicine, London

4.00pm Reproductive depression – pathophysiology and case studies

Professor John Studd, Menopause and Osteoporosis Centre, Wimpole Street, London

4.30pm Psychosexual problems and case studies

Ms Claudine Domoney

5.10pm ASK THE PANEL

Anything not clear on day 1 and case studies

Mr Nick Panay, Ms Claudine Domoney, Mr Tony Mander; Professor Rossella Nappi, Professor John Studd

5.30pm CLOSE

Wednesday 26 November

8.30am REGISTRATION and REFRESHMENTS

Session V: Pathophysiology – Cardiovascular/Bone/CNS

Chair: Mr Tim Hillard, Clinical Lead for Gynaecology, Consultant Obstetrician and Gynaecologist, Poole Hospital NHS Foundation Trust

9.00am Cardiovascular risk and HRT

Professor Peter Collins, Professor of Clinical Cardiology, National Heart and Lung Institute, Imperial College London; and Honorary Consultant Cardiologist, Royal Brompton Hospital, Royal Brompton and Harefield NHS Foundation Trust

9.30am Osteoporosis: HRT and alternatives

Dr John Stevenson, Consultant Physician and Reader in Metabolic Medicine, National Heart and Lung Institute; Royal Brompton Hospital, London

10.00am Migraine and stroke: the role of hormones?

Professor Anne MacGregor, Associate Specialist in Sexual and Reproductive Healthcare, Barts Health NHS Trust, London

10.30am REFRESHMENTS

Session VI: Practical management – bleeding problems and case studies

Chair: Dr John Stevenson

11.00am Perimenopausal bleeding – medical management

Mr Tim Hillard

11.30am Perimenopausal bleeding – modern surgical management

Mr Justin Clark, Consultant Obstetrician and Gynaecologist; Honorary Senior Lecturer;
Birmingham Women's Hospital

12.00pm Case studies in practical menopause management

Dr Sarah Gray, GP Specialist in Women's Health; Primary Care Lead for Contraception and
Sexual Health, Cornwall

12.40pm LUNCH (2 course standing fork lunch)

Session VII: Breast management issues: clarity after controversy

Chair: Ms Joan Pitkin, Consultant Gynaecologist, Northwick Park Hospital

1.40pm Breast Imaging: what is state of the art?

Professor Erika Denton, National Clinical Director for Diagnostics, NHS England; Consultant
Radiologist, Norfolk and Norwich University Hospital

2.10pm Breast cancer and HRT

Miss Jo Marsden, Consultant Breast Surgeon, Kings College London

2.50pm REFRESHMENTS

Session VIII: Practical prescribing – HRT, SERMS and CAMS

Chair: Jo Marsden

3.30pm Advances in HRT and SERMS

Mr Etienne Horner, Consultant Obstetrician and Gynaecologist, Imperial College Healthcare NHS
Trust, London

4.00pm Androgens and complementary therapies

Miss Joan Pitkin

4.40pm ASK THE PANEL

Anything not clear on day 2 and case studies

Mr Nick Panay, Miss Jo Marsden, Ms Joan Pitkin, Mr Etienne Horner, Dr Sarah Gray

5.00pm CLOSE



Sponsorship and Exhibition:

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Shakira Rodrigues **Tel:** +44 (0)20 7772 6207 **Email:** srodrigues@rcog.org.uk

Venue

Venue: RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.

Tel: 020 7772 6200 **Fax:** 020 7772 6388

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road, Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

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