



20th Annual Primary Care in Paradise

*Medical Specialties
from the Primary Care Perspective*

March 23–26, 2015

Hyatt Regency Maui • Lahaina - Maui, Hawaii

Course Information

Course Overview

Scripps Health's Primary Care in Paradise conference was designed by primary care physicians for primary care physicians and will present content from their unique perspective. This important CME conference will educate and promote improved patient outcomes in a broad range of therapeutic areas commonly encountered in the busy primary care practice. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Conference Highlights

- Presentation of a wide variety of therapeutic areas commonly encountered in primary and urgent care settings
- Practical and useful content, including pearls, additional resources, course materials, and recordings for later reference
- Dynamic and interactive formats including case studies, audience response system, and ample opportunities for Q&A
- Half-day schedule at one of Hawaii's most popular vacation destinations allowing time for learning and relaxation

Educational Objectives

After attending this activity, participants should be able to:

- Discuss the history, science and evidence of commonly encountered therapeutic areas.
- Integrate current trends in preventive health care into patient care strategies.
- Diagnose frequently encountered medical conditions using office examinations and formal diagnostic techniques.
- Formulate a comprehensive treatment program for various health issues, coordinating other team members within the practice to support the patient care strategy.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.
- Identify common overlapping or related conditions.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.

Target Audience

- Family Practice
- Internal Medicine
- Urgent Care
- General Practitioners



Conference Faculty

Course Director

Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family
Medicine
Scripps Clinic
Site Medical Director, Scripps Clinic
Encinitas and Del Mar
Clinical Professor, Voluntary
Family and Preventive Medicine
University of California, San Diego
Encinitas, California

Conference Faculty

Dennis E. Amundson, MS, DO
Captain, Medical Corps
United States Navy (Ret)
Acute Care Associates
Encinitas, California

Walter J. Coyle, MD, FACP, FACP
Gastroenterology Fellowship
Program Director
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Joel C. Diamant, MD, FACP
Executive Vice President
Scripps Clinic Medical Group
Director, Internal Medicine Residency
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Matthew J. Horn, MD
Pulmonary Disease Specialist
Scripps Memorial Hospital
Encinitas, California

Andrew J. King, MD
Head, Division of Nephrology
Scripps Clinic/Scripps Green Hospital
Clinical Professor of Medicine
University of California, San Diego
La Jolla, California

Michael A. Lobatz, MD
Vice President of Medical Affairs
Medical Director, Scripps
Rehabilitation Center
Scripps Memorial Hospital
Encinitas, California

Sean O'Hara, Psy.D, NCAC I, SAP
Board Certified Licensed Psychologist
Treatment and Consultation
A Professional Psychological
Corporation
San Diego, California

Curtiss T. Stinis, MD, FACC, FSCAI
Director, Peripheral Interventions
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

Course Agenda

Sunday, March 22, 2015

4 – 5:30 p.m. Pre-Registration

Monday, March 23, 2015

- 7 a.m. Registration, Continental Breakfast & View Exhibits
- 7:25 a.m. **Welcome and Educational Overview**
Michael L. Van Buskirk, MD
- 7:30 a.m. **Gastroenterology for the Primary Care Physician**
Walter J. Coyle, MD
- 8:30 a.m. **Neurology for the Non-Neurologist**
Michael A. Lobatz, MD
- 9:30 a.m. Break & View Exhibits
- 10 a.m. **Diagnosis and Treatment of Pulmonary Embolism in Primary Care**
Matthew J. Horn, MD
- 11 a.m. **Evaluation of Chest Pain in the Primary Care Setting**
Curtiss T. Stinis, MD
- Noon Adjourn

Tuesday, March 24, 2015

- 7 a.m. Breakfast with the Experts & View Exhibits
- 7:30 a.m. **Disaster Planning for Primary Care Providers**
Dennis E. Amundson, MS, DO
- 8:30 a.m. **Resistant Hypertension: Diagnosis, Evaluation and Treatment**
Andrew J. King, MD
- 9:30 a.m. Break & View Exhibits
- 10 a.m. **DSM-V Personality Disorders and Addiction: Who Uses What?**
Sean O'Hara, PsyD
- 11 a.m. **Medical Jeopardy**
Joel C. Diamant, MD
- Noon Final Adjournment

Wednesday, March 25, 2015

- 7 a.m. Continental Breakfast & View Exhibits
- 7:30 a.m. **Valvular Heart Disease: What the Primary Care Physician Needs to Know**
Curtiss T. Stinis, MD
- 8:30 a.m. **Office Evaluation and Management of Concussions**
Michael A. Lobatz, MD
- 9:30 a.m. Break & View Exhibits
- 10 a.m. **So You Want To Do Humanitarian Assistance...**
Dennis E. Amundson, MS, DO
- 11 a.m. **The Word Is Out: Primary Care Literature Update 2014**
Joel C. Diamant, MD
- Noon Adjourn

Thursday, March 26, 2015

- 7 a.m. Breakfast with the Experts & View Exhibits
- 7:30 a.m. **The Role of the PCP in Managing Chronic Renal Disease**
Andrew J. King, MD
- 8:30 a.m. **Mental Health Disorders**
Sean O'Hara, PsyD
- 9:30 a.m. Break & View Exhibits
- 10 a.m. **Management of Pulmonary Exacerbations**
Matthew J. Horn, MD
- 11 a.m. **Treating Hepatitis B & C in the Primary Care Setting**
Walter J. Coyle, MD
- Noon Final Adjournment



Accreditation & About Scripps

Accreditation

Physicians (MD, DO)

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, Primary Care in Paradise 2015, with a beginning date of 3/23/2015, has been reviewed and is acceptable for up to 16.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

College of Family Physicians of Canada

Members of the College of Family Physicians of Canada are eligible to receive 16 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Board of Registered Nursing

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits*™. Most state's Board of Registered Nursing accept *AMA PRA Category 1 Credit(s)*™ as meeting continuing education requirements for license renewal. Nurses should check with their state board regarding use of CME credit.

American Academy of Physician Assistants

The American Academy of Physician Assistants (AAPA) accepts Category 1 credit from *AMA PRA Category 1 CME* organizations accredited by the ACCME.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

About Scripps

Scripps Health, a nonprofit health care system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home health care services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at www.scripps.org.

Download the Scripps CME app for your smart phone or tablet!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for iPhone, iPad, Android, and BlackBerry. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word) or scan the appropriate QR code below. The app is free of charge and will be continuously updated during and after the course.

iPhone



Android



Blackberry Storm
and Torch



To access the site using an internet browser: <http://www.grupio.com/ScrippsCME>

Conference Location & Hotel Information

Hyatt Regency Maui Resort & Spa

200 Nohea Kai Drive

Lahaina-Maui, Hawaii 96761

Reservations: 888-421-1442

Hotel Direct: 808-661-1234

www.hyattregencymaui.com

This conference will be held at the Hyatt Regency Maui Resort & Spa on Ka'anapali Beach. Surrounded by 40 lush, immaculately landscaped beachfront acres this breathtaking Maui hotel presents an astonishing array of delightful ways to spend your days and nights. This inviting resort hotel is also ideal for families. Enjoy fun pools with a rope bridge and a spectacular 150-foot lava tube slide. Plus, there's an abundance of wildlife, everything from parrots and flamingos to swans and penguins. Guests can also walk to Whalers Village for a multitude of additional entertainment, shopping and restaurants.

Rates and Reservations

Guestrooms at the Hyatt Regency Maui Resort feature a sleek, contemporary Hawaiian design that is both comfortable and sophisticated. Each luxury Maui hotel room also features a private lanai from which to enjoy panoramic views. Room rates are inclusive of daily self-parking and are as follows:

- Resort View: \$230 p/night
- Partial Ocean View: \$257 p/night
- Deluxe Ocean View: \$287 p/night
- Deluxe Ocean Front: \$317 p/night

***Please note these rates do not include taxes, portage or discounted resort fee.*

In addition to the reduced guest room rates, the Hyatt Regency Maui is offering our conference participants a discounted daily resort fee of only \$10 (regularly \$25 per day). This low rate includes:

- Daily admission for Resort guests to oceanfront Moana Athletic Club, open 24 hours
- Resort Shuttle Service in Ka'anapali
- Wireless internet in Guestroom
- 10% off Macys at Hyatt Regency Maui
- Discounted pricing for in-house guests on Maui's best "Drums of the Pacific Luau"
- Complimentary Yoga/Fitness classes daily
- Complimentary cultural program including Lei making, Hula, Wildlife tours, Water aerobics, and snorkel lessons
- Access calls to 800/888 phone numbers
- Local telephone calls
- In-room coffee and tea
- One (1) hour, daily, tennis court time

Make your reservations early! A block of rooms is being held for us at the rates outlined **until February 22, 2015 or until the block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only and discounted room rates cannot be guaranteed. Be sure to mention that you are attending the Scripps Primary Care Conference when making your reservations to receive the reduced room rate and resort fee.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.

Travel Arrangements

If you would like assistance booking air travel or reserving a rental car for your stay in Hawaii, please contact Cadence Travel at ScrippsCMEconference@cadencetravel.com or 877-512-6153. Any fees associated with services provided by Cadence Travel will be the responsibility of the individual.

Car Rental Discounts

Rental car discounts will be available for the 2015 Primary Care in Paradise conference. Details will be posted on the conference website: www.scripps.org/paradise and included in the attendee confirmation packet emailed after paid registration.



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Space is limited, so register early!

Included: Course tuition, breakfasts, breaks, internet access, and electronic course materials

Not Included: Travel costs, lodging, parking, lunch, and dinners

Registration Fees

	Thru Jan 14	Jan 15–Mar 16	On-site
Physicians	\$675	\$700	\$725
Other Health Care Professionals (RN, PA, NP, Fellows, Residents)	\$500	\$525	\$550

By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies.

PLEASE PRINT CLEARLY. YOUR BADGE WILL READ AS FOLLOWS:

FIRST NAME, MIDDLE INITIAL, LAST NAME	DEGREE
SPECIALTY	AFFILIATION/HOSPITAL/COMPANY
STREET ADDRESS	
CITY/STATE/PROVINCE/ZIP CODE/COUNTRY	
OFFICE TELEPHONE	FAX
EMAIL	

Would you like to receive the Scripps Conference Services & CME email newsletter?

☐ Yes ☐ No

Please indicate any special needs (including dietary restrictions). Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

Office Use Only:	Date Received	Amount	Check No. / Approval CD	Confirmation Sent	Initials
PAYMENT METHOD					
Please make Checks payable to Scripps ☐ Visa ☐ MasterCard ☐ Amex ☐ Discover					
If paying by credit card, please complete the information below.					
CREDIT CARD NUMBER		EXPIRATION DATE	SECURITY CODE		
NAME ON CARD					
BILLING ADDRESS IF DIFFERENT FROM ABOVE					
AUTHORIZED SIGNATURE					

Travel Notice

Please be sure to secure your hotel room upon registering for the conference. March is a popular month for Hawaiian vacations and hotels will sell out quickly.

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Lahaina – Maui, Hawaii

Three Easy Ways to Register

Online: www.scripps.org/paradise

Fax: 858-652-5565

Mail: Scripps Conference Services & CME
Primary Care in Paradise
11025 North Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

Questions?

Contact: Scripps Conference Services & CME

Phone: 858-652-5400

Email: med.edu@scrippshealth.org

Refer a Friend, and Receive 20% Off Your Registration

Register, refer a friend who also registers and both of you will receive 15% off your registration fees. Refer two or more friends who register for the course and you will receive 20% off your registration fee while your friends will receive 15% off.

Please note: You will be charged the full registration price until your friend(s) register and pay for the conference. There is no limit to the amount of friends you refer, however the most you can receive off of your registration is 20%. This offer cannot be combined with any other offers.

Name of Referral

Name of Referral

Attendance Policies

Registration Confirmation

A confirmation letter will be e-mailed to you upon receipt of the conference registration form and payment. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee, if your cancellation is received in writing no later than **Friday, March 13, 2015**. Attendee substitutions are allowed, but notification must be made in writing by **March 13, 2015**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Guest Attendance Policy

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



Scripps Conference Services & CME
11025 N. Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

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