



Motivational Interviewing and the Brief Alcohol Intervention

Wednesday, May 28, 2014 • 8:15 am to 3:30 pm
Grappone Conference Center • Concord, New Hampshire

OVERVIEW

Motivational Interviewing (MI) is an established evidence-based practice for promoting positive health behaviors. This strategy uses an individual's own beliefs to support positive change towards health goals. Health Professionals from many disciplines can use this tool to collaboratively coach individuals. This program will provide the basics of using MI and implementation of MI into practice. MI is effective for substance abuse issues, and this program will cover administration of a Brief Alcohol Intervention, a specific MI strategy to reduce excessive alcohol use.

OBJECTIVES

- Describe the use of motivational interviewing to encourage positive health behavior changes.
- Explain how to effectively utilize motivational interviewing within an interdisciplinary team-based approach to care.
- Apply the Brief Alcohol Intervention, a specific motivational interviewing tool, to reduce risks from alcohol abuse.

ACCREDITATION

Physicians: The Dartmouth-Hitchcock Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Dartmouth-Hitchcock Medical Center designates this live activity for a maximum of *5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Dartmouth-Hitchcock Medical Center's Nursing Continuing Education Council is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity carries 5 contact hours.



Social Workers: Please e-mail bseifert@naminh.org with questions regarding Social Work contact hours.

This program is part of the Advancing Competency for Geriatric Care in Rural Northern New England grant (D62HP24186) supported by the Health Resources Services Administration (HRSA). This project is/was supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number UB4HP19206 and titled: Geriatric Education Centers, for \$2,106,411 over 5 years. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

SCHEDULE

8:15 am	Registration
8:45	Welcome and Opening Remarks
9:00	Motivational Interviewing 101
12:00 pm	Lunch
1:00	Motivational Interviewing in Practice: Brief Alcohol Intervention
3:30	Adjourn

FACULTY

- Fred Blow, PhD – Director, Health Services, Translations & Outcomes and Substance Abuse Program, University of Michigan
- Lisa Stockwell, MEd – Motivational Interviewing Trainer (MINT)

REGISTRATION

Registration is online and by credit card only.

To register, please visit:

<http://med.dartmouth-hitchcock.org/ccehs>

Food and refreshment fee:

- \$50 per person

The registration deadline is May 21, 2014. There will be no refunds after this date. An administrative fee of \$25 will be retained on all refunds requested before the registration deadline. For registration questions, please call (603) 653-1234. For accessibility needs, dietary or other requests, e-mail Lora.G.Wise@Dartmouth.edu.

REGISTER ONLINE: <http://med.dartmouth-hitchcock.org/ccehs>