

Foundations for Practice Excellence: Core Curriculum for the Cardiovascular Clinician

October 16 – 18, 2014
Gaylord National Resort & Convention Center
National Harbor, MD

AGENDA

Thursday, October 16

6:30 a.m. Registration and Breakfast

7:00 a.m. Welcome, Introductions and Pre-assessment
Drs. Alpert and Handberg

SESSION 1: THE ART OF CARDIOVASCULAR ASSESSMENTS

7:30 a.m. Essentials of Patient Interviewing and Health History
Dr. Handberg

8:00 a.m. The Mark Callahan Lecture: Fundamentals of Auscultation I – Look, Listen, Feel
Dr. Michelena and Ms. Linderbaum

9:00 a.m. Chest X-ray Interpretation – A View of the Inside
Dr. Alpert

9:30 a.m. General Exam – Don't Miss These Clues!
Dr. Michelena and Ms. Linderbaum

10:00 a.m. Break

10:15 a.m. Echocardiography – Indications and Interpretation
Dr. Michelena

SESSION 2: CARDIOVASCULAR ASSESSMENT AND DIAGNOSTIC CASE CHALLENGES

10:45 a.m. Nuclear Imaging – Indications and Interpretation
Dr. Anderson

11:15 a.m. Prognostic Imaging – CT and MRI
Dr. Freeman

11:45 a.m. Fundamentals of Auscultation II – Clinical Cases
Dr. Michelena and Ms. Linderbaum

12:30 p.m. Lunch

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SESSION 3: KEEPING THE RHYTHM OF THE HEART

1:30 p.m. Breakouts: From Basic to Complex – Practical Clinical ECG Skills (Choose 1)

1. Basic

Dr. Handberg

2. Intermediate

Ms. Simone

3. Advanced

Dr. Alpert

4. Rhythm Device Management – Basic

Ms. Gura

2:15 p.m. Syncope Evaluation

Ms. Gura

2:45 p.m. Nuts and Bolts of Cardiovascular Pharmacology

Dr. Cooper-DeHoff

3:45 p.m. Break

4:00 p.m. Case Presentation: Which Drug for My Patient?

Drs. Alpert, Cooper-DeHoff and Handberg

4:45 p.m. Adjournment

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Friday, October 17

7:30 a.m. Registration and Breakfast

8:00 a.m. Welcome Back
Drs. Alpert and Handberg

SESSION 4: CORONARY ARTERY DISEASE, HEART FAILURE AND PULMONARY HYPERTENSION

8:10 a.m. Emerging Management of Acute Coronary Syndrome
Dr. Anderson

8:40 a.m. Stable Ischemic Heart Disease – Practice Change Implications
Ms. Linderbaum

9:10 a.m. Resistant Hypertension – Management Strategies
Dr. Anderson

**9:40 a.m. Acute Decompensated Heart Failure –
Management and Readmission Prevention Strategies**
Ms. Simone

10:10 a.m. Break

10:30 a.m. Breakouts (Choose 1)

1. Echocardiography Primer
Dr. Michelena

2. Heart Songs – Self Assessment (Space Limited)
Self-Paced

3. Angiography Primer – “What Vessel Is That?”
Dr. Anderson

**4. Stress Testing – What to Order (Exercise Treadmill Test or Stress Echo)?
What Do the Results Mean for Prognosis?**
Dr. Freeman

5. Complex ECGs – Stump the Chump
Dr. Miles

11:15 a.m. Complex Heart Failure – Outpatient Management
Ms. Simone

**12:15 p.m. Pulmonary Hypertension and Associated Conditions –
Diagnosis and Management Update**
Dr. Freeman

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12:45 p.m. Feature Lunch Presentation:
The Future of the Industry – What the New Changes Mean for You

SESSION 5: RISK FACTORS OF CARDIOVASCULAR HEALTH

- 1:45 p.m. Breakouts (Choose 1)**
- 1. Screening Student Athletes**
Dr. Miles
 - 2. Assessing Peripheral Arterial Disease (PAD)**
Dr. Anderson
 - 3. Heart Songs – Self Assessment (Space Limited)**
Self-Paced
 - 4. Cardiac Devices – Advanced Management**
Ms. Gura
- 2:30 p.m. Metabolic Syndrome**
Dr. Chipkin
- 3:00 p.m. Diabetes and Heart Disease – The Partnership**
Dr. Chipkin
- 3:30 p.m. Break**
- 3:45 p.m. Perioperative Management of Cardiovascular Patients**
Dr. Anderson
- 4:15 p.m. Thyroid Disease in Cardiovascular Patients**
Dr. Chipkin
- 4:45 p.m. Adjournment**

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Saturday, October 18

6:30 a.m. Registration and Breakfast

8:00 a.m. Welcome Back

SESSION 6: GUIDELINES AND ADVANCES: TOP 10 IMPLICATIONS FOR YOUR PRACTICE

8:15 a.m. Hypertension Guideline Implications
Dr. Handberg

9:00 a.m. 2014 AHA/ACC/HRS Guidelines for the Management of Patients with Atrial Fibrillation
Drs. Miles and Parra

9:45 a.m. Understanding the 2013 Prevention Guidelines – Essentials of Cardiovascular Risk Assessment and the ASCVD Risk Calculator
Dr. Freeman

10:30 a.m. Break

10:45 a.m. Cardiac Devices – What's New?
Ms. Gura

11:15 a.m. 2014 AHA/ACC Guidelines for the Management of Patients with Valvular Heart Disease
Dr. Michelena

12:00 p.m. Becoming a Valued Collaborative Care Team Member – Stories from the TAVR Frontlines
Dr. Anderson and Ms. Simone

1:00 p.m. Course Adjournment

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Saturday, October 18

PHARMACOLOGY WORKSHOP

- 3:00 p.m. Welcome and Introductions**
- 3:15 p.m. Top 10 Dietary Supplements You Need to Know**
Dr. Cooper-DeHoff
- 4:00 p.m. Point of Care Applications to Guide Pharmacotherapy**
Dr. Freeman
- 4:30 p.m. Anticoagulation: To INR or Not to INR**
Dr. Parra
- 5:15 p.m. Break**
- 5:30 p.m. Anticoagulation Cases**
Drs. Cooper-DeHoff, Freeman, Handberg and Parra
- 6:00 p.m. Polypharmacy in Cardiovascular Disease – How to Impact Compliance**
Dr. Handberg
- 6:30 p.m. Top 10 Drugs/Drug Interactions**
Dr. Parra
- 7:00 p.m. Workshop Adjournment**