



AACP Institute

Gerald J. Murphy, BS, DDS | Director



Sleep Medicine and Dentistry Mini-Residency **Class 1 | 2014**

Lectures, Hands-on Workshops, Case Reviews
Approximately 48 CE Credits for the 3 Sessions
Enrollment Strictly Limited to 30 Students – Act Now!



Session 1 April 11–12, 2014

Session 2 May 16–17, 2014

Session 3 July 11–12, 2014



Learn From the Experts at AACCP!

Gain the knowledge and clinical skills required to assess and differentially diagnose commonly encountered Temporomandibular Disorders seen in a dental practice that may impact the successful management of a patient with Sleep Disordered Breathing. In addition you will gain advanced medical and dental training to successfully treat patients with these disorders. Simultaneously you will make progress toward fulfilling AACCP Fellowship and AGD Mastership requirements.

Presented at the

Atlanta School of Sleep Medicine | Atlanta, Georgia



LIMITED ENROLLMENT | REGISTER NOW
CALL 800.322.8651 OR FAX 703.435.4390



Dear Colleagues,

I would like to invite you to participate in the newest of the AACP Institute's training program: ***Sleep Medicine and Dentistry Mini-Residency***.

This three, two day, session training experience will provide you with a comprehensive learning experience in sleep disordered breathing from a comprehensive medical and dental perspective.

The field of "Dental Sleep Medicine," as it now referred to is expanding exponentially. There are a variety of reasons for this. There is an increasing awareness of obstructive sleep apnea, frustration by patients and doctors regarding CPAP usage, increased marketing by large dental supply companies and device manufacturers to the dental community and the prospect of increased production adding to the profitability of the dental practice.

Using oral appliances to reposition the mandible is certainly not a new concept. Dentists have been modifying mandibular position for decades for various reasons. One of the traditional reasons has been to treat people with temporomandibular disorders and craniofacial pain. The American Academy of Craniofacial Pain was founded in 1985 by forward thinking dentists who had a special interest in helping people with TMJ disorders and pain problems, emphasizing an orthopedic and structural approach.

The AACP recently published a white paper entitled "Special Consideration Regarding the Assessment and Management of Patients Being Treated with Mandibular Advancement Oral

Appliance Therapy for Snoring and Obstructive Sleep Apnea." The position taken in this paper is that those who wish to help people with snoring and obstructive sleep apnea using oral appliance should be competent in the evaluation, diagnosis and management of TMJ disorders and craniofacial pain. Currently, the vast majority of dentists (as well as physicians) who are fitting patients with oral appliances for snoring and sleep apnea have little or no training regarding TMJ disorders and craniofacial pain, and therefore are NOT competent in the evaluation, diagnosis and management of these issues.

This Mini-Residency was specifically developed by experts in the AACP to provide a fundamental understanding of TMD and Craniofacial Pain, How TMD can effect sleep disordered breathing treatment outcomes and how such treatment effects TMD. Additionally this program will provide foundational knowledge in Sleep disordered breathing issues from a medical perspective and emphasize the treatment of these disorders from a dental perspective.

To fulfill these objective the AACP Institute has drawn from Physicians who are leaders in the field of sleep medicine as well as dental experts with extensive training and clinical experience in the dental treatment of these disorders.

I invite you to join us for this exceptional learning experience. But, act quickly. Course enrollment is strictly limited to 30 participants. So if this is the direction your practice is following or is a new direction that you wish to explore register today.

Gerald J. Murphy

Gerald J. Murphy, BS, DDS
AACP Institute Director

Program Benefits

Enrollment is strictly limited to 30 participants to ensure quality instruction. This exceptional learning experience incorporates training from both dentist and physicians who are leaders in the field.

This program examines this complex discipline from both a medical and dental perspective incorporating important principles of diagnosis and treatment.

You will leave the program understanding the importance of recognizing TMD prior to initiating treatment and what to do if issues develop after treatment is initiated.

Teaching/Learning Methodologies

Lecture and participation is included with emphasis on clinically relevant knowledge and developing clinical skills.

Training by both dentists and physicians increased the scope of understanding while fostering the importance of a team approach to insure the highest level of patient care.

Distinguished Faculty

Dental Staff



Terry R. Bennett, DMD
AACP President

Diplomate: American Board of Craniofacial Pain
American Board of Dental Sleep Medicine
Academy of Pain Medicine

Fellow: AACP



Gerald J. Murphy, BS, DDS
Director, AACP Institute
AACP Past President

Diplomate: American Board of Craniofacial Pain
American Academy of Pain Management

Fellow: AACP



Mayoor Patel, DDS, MS
AACP Secretary

Diplomate: American Board of Craniofacial Pain
American Board of Orofacial Pain
American Board of Dental Sleep Medicine

Fellow: AACP, AAOP, ICCMO, AGD



Jamison R. Spencer, DMD, MS
AACP Past President

Diplomate: American Board of Craniofacial Pain
American Board of Dental Sleep Medicine

Fellow: AACP

Medical Staff



David G. Dillard, MD, a Navy veteran, is board certified by the American Board of Otolaryngology, Head and Neck Surgery in Otolaryngology (ear diseases and surgery), Rhinology

(nose and sinus diseases and surgery), Laryngology (voice box disorders and surgery), Head and Neck Surgery (primarily cancer surgery of the throat, nose, larynx and neck) and Facial Plastic Surgery. He has practices in both Athens and Lawrenceville, Georgia. Dr. Dillard has over a decade of experience in the treatment of ENT problems with special interests in sinusitis, ear problems, vertigo, and obstructive sleep apnea. In fact, Dr. Dillard is the patent-pending innovator of multiple devices and treatments that are the result of his many years of experience in his field. In regards to sleep apnea, he has performed over 500 of his patent-pending V.O.A.T. surgeries. He has published a number of research articles in major Otolaryngology journals and is one of the most experienced Sinuplasty surgeons in the country. He was the first surgeon certified in Georgia for in-office Sinuplasty.



Jeffrey Durmer, MD, PhD
President & Chief Medical Officer at FusionHealth, is an adjunct professor at Georgia State University Department of Health Professions, and co-founder,

Chief Medical Officer and President of FusionHealth, an Atlanta-based sleep health technology company. He is a neurologist, systems neuroscientist and

sleep medicine physician with particular expertise in technology enabled sleep-health delivery systems. At FusionHealth he is responsible for the development of novel medical systems that provide scalable solutions using platform-based technology to diagnose, treat and manage sleep disorders in large employer and health system populations. Prior to FusionHealth, he directed the Emory University pediatric sleep medicine program, as well as the adult sleep laboratory and sleep medicine training programs. He has published multiple medical textbook chapters, original research papers and abstracts, and collaborated with international clinical research teams to develop the clinical criteria utilized to diagnose and treat Willis-Ekbom Disease.



Noshir R. Mehta, DDS, MS, is Associate Dean of Global Relations, Professor in the Department of Public Health and Community Service, and Senior Advisor to the Craniofacial Pain,

Headache and Sleep Center at Tufts University, School of Dental Medicine in Boston, MA. Dr. Mehta has over 30 years' experience as Director of the Craniofacial Pain Center treating TMJ patients with a multidisciplinary approach to the diagnosis and treatment of TM Disorders. Under his Directorship, the Craniofacial Pain Center at Tufts expanded to include teaching of undergraduate and Postgraduate students, research in TMD and Orofacial pain and treatment of all aspects of head, face and neck pain, and dental sleep disorders such as bruxism and sleep apnea. The center continues to treat approximately 2,000 new patients a year, referred from all over the world. Dr. Mehta is a Diplomate of the American Board of Orofacial Pain and American Board of Dental Sleep Medicine. He is a Fellow of the International College of Dentists, Fellow of the American College of Dentists and Fellow of the Pierre Fouchard Academy.



Ghazala Quraishi, MD, is board certified in Neurology, with special qualifications in Child Neurology and Sleep Medicine by the ABP&N. Dr. Quraishi received her

undergraduate degree from New York University with a major in Psychobiology and her medical degree from the American University of the Caribbean. After medical school, Dr. Quraishi completed two-years of her residency in Pediatrics at the Western Reserve Care System in Youngstown, Ohio. Her subsequent training in Child Neurology and Sleep Medicine was at the Cleveland Clinic in Cleveland, Ohio.

Continuing Education Credits

Approximately 48 CE credits are available to participants in this 3-session **Sleep Medicine and Dentistry Mini-Residency**.

ADA CERP® | Continuing Education Recognition Program

AACP is an ADA CERP-Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education.

ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

AACP designates this program for approximately 96 credit hours of continuing education credits.

November 1993 to December 2015.



Approved PACE Program Provider FAGD/MAGD Credit.

Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.

June 1, 2011 to May 31, 2015.

Sleep Medicine and Dentistry Mini-Residency

Class 1 | 2014

Session I

Day One

- Physiology of Normal and Abnormal Sleep
- Classification of Sleep Disorders
- Head and Neck Anatomy Review
- Anatomy of the TMJ and Masticatory System
- Muscular Problems
- Internal Derangements
- Screening Examination

Day Two

- Dentistry Role in Sleep Medicine and Identifying Patients within Your Practice
- Understanding Oral Appliance Therapy
- Performing an Examination and Taking a Bite (*Hands On*)



Session II

Day One

- Understanding the Polysomnogram and HST
- Understanding the TMJ and it's Interrelationship with SDB
- Treatment Options for OSA
- Process of Appliance Delivery and Titration of OA
- Understanding Treatment Failures

Day Two

- Managing Side Effects of OAT
- Understanding the Role of the Nasal Passage, CT of Nasal and Airway, Sinus and GERD in OSA
- Question and Answer on Cases Treated in Your Office
- Fitting of Appliance (*Hands On*)

Session III

Day One

- CBCT and its Role in Managing Sleep Apnea
- How to Determine Success
- Dual or Hybrid (Combination) Therapy
- Sleep Apnea in Children
- Long Term Follow Up Care
- Long Term Follow Up Care

Day Two

- Understanding Laboratory Process of Appliance Fabrication
- Role of Dental Team in a Dental Sleep Medicine Practice
- Practice Management
- Questions and Answers

Tuition



Members

\$6,995.00 (paid in 2 installments)

½ due with registration and ½ due 14 days prior to Session II

\$5,995.00 (if paid in full at time of registration)

Non-Members

\$7,995.00 (paid in 2 installments)

½ due with registration and ½ due 14 days prior to Session II

\$6995.00 (if paid in full at time of registration)



Forms of Payment

VISA, MasterCard or Check (in US funds, drawn on a US bank)

Note: Tuition payment must be received by the AACP to reserve your space in this limited-enrollment mini-residency program!

Join and Save!

Tuition savings is one of many benefits of being an AACP member.

To qualify, simply submit a completed AACP membership application (with processing fee) with your Craniofacial Pain Mini-Residency program registration.

To request your membership application, call AACP at **800.322.8651** OR visit our website at **www.aacfp.org**.

Cancellation Policy

Refunds will be made only if your space is filled. Refund requests (less 10% of TOTAL cost of the program) must be submitted in writing or email at least 30 days prior to the program start date. Due to non-refundable commitments, we cannot offer refunds after this date.

American Academy of Craniofacial Pain

Leading the TMD and Dental Sleep Community

www.aacfp.org

Vision:

The American Academy of Craniofacial Pain will continue to be the organization promoting advancement of knowledge in Craniofacial Pain, Temporomandibular Disorders, and Dental Sleep Medicine by providing a common ground for clinical practice and research to professionals for the benefit of the public.

Mission:

The American Academy of Craniofacial Pain is committed to the relief of craniofacial pain, temporomandibular disorders and dental sleep related disorders and supporting the advancement of education, research and dissemination of knowledge and skills in these areas.

"Leading the TMD and Dental Sleep Community" is more than a slogan. It is our guiding rule! To ensure that our members are heard, since 1985 the AACP has been actively involved with:

Research organizations, such as the National Institutes of Health (NIH) and the National Institute of Dental & Craniofacial Research (NIDCR). Professional and political organizations, including the American Dental Association (ADA), state and local dental associations, licensing boards and the Food & Drug Administration (FDA). Ongoing clinical research that elevates professional standards of diagnostic testing, treatment protocols and outcome effectiveness.



Accommodation

Hilton Garden Inn | Atlanta Perimeter Center
1501 Lake Hearn Drive | Atlanta | Georgia

Hotel Reservations Procedure

The Hilton Garden Inn will serve as our host hotel. Guests may call 1-800-HILTONS for reservations and refer to the American Academy of Craniofacial Pain room block. The group rate offered is \$99.00 per room, per night + 12% tax, inclusive of breakfast.

Cancellation

Individuals with your group may cancel their reservations up to 6:00 PM 48 hours prior to the scheduled arrival date.

Check In/Check Out

The Hilton Garden Inn – Atlanta Perimeter Center offers a check-in of 3:00 PM, with check-out at 12:00 Noon. Any individuals requiring an early check-in or late check-out should first inquire at the front desk.

Hotel Amenities

- Complimentary shuttle within a 3 mile radius of the hotel
- Complimentary wireless internet
- Breakfast included in room rate
- Indoor swimming pool
- Refrigerators and microwaves in all guest rooms
- On-site health club
- On-site coin laundry

Transportation

The Hilton Garden Inn offer shuttle service within a 3 mile radius of the hotel. One of Atlanta's MARTA station is located less than 1 mile from the hotel – the Dunwoody Station. Guests of the hotel are entitled to complimentary transportation to/from the MARTA station. The hotel does not provide transportation to/from Hartsfield-Jackson International Airport; however there are various shuttle services and taxis that can be utilized.

Additionally, transportation will be provided for your guests daily to The Atlanta School of Sleep Medicine. The shuttle will depart the hotel no later than 7:30 AM and will pick guests up at 5:00 PM.

Hotel Restaurant

The Great American Grill is located on the lobby level of the hotel and serves breakfast, lunch and dinner. The hours of operation are listed below:

Monday-Friday

Breakfast 6:00 AM – 10:00 AM

Lunch 11:00 AM – 1:00 PM

Dinner 5:00 PM – 11:00 PM

Saturday & Sunday

Breakfast 7:00 AM – 11:00 AM

Lunch 12:00 PM – 1:00 PM

Dinner 5:00 PM – 11:00 PM

Branch Water Lounge located on the Lobby Level.

Hours of operation: 5:00 PM – 11:00 PM 7 days a week



AACP Institute | Registration Form

Sleep Medicine and Dentistry Mini-Residency

Class 1 | 2014

Program	Member	Non-Member	Amount Due with Registration
Entire 3-Session Sleep Medicine and Dentistry Mini-Residency	\$ 6,995	\$ 7,995	Save \$1,000 with a 1 time tuition payment of: \$5,995 (AACCP Members) \$6,995 (Non-Members)
			OR Make the first of 2 equal installments* of: \$3,498 (AACCP Members) * Balance due May 2, 2014 \$3,998 (Non-Members)

*Join AACCP and save! To request a membership application call 800.322.8651 or visit our website at www.aacfp.org

PART 1: Registrant's Information — Please Print Clearly

Name			
Street Address			
City	State	ZIP	Country
Phone	Fax		
E-mail			

PART 2: Registration Details

Membership Status (please check one)		Tuition Amount (from chart above)
☐ AACCP Member ☐ Non-Member	☐ Entire 3-Session Sleep Medicine and Dental Mini-Residency	\$ _____

NOTE:

Please initial at the left to confirm that you have read, understand, and agree to the AACCP cancellation policy. Your registration will not be accepted WITHOUT this acknowledgement.

PART 3: Payment Options

- ☐ Enclosed is my CHECK (in US dollars, drawn on a US bank) payable to AACCP in the amount of \$ _____
☐ Please CHARGE \$ _____ to my ☐ VISA ☐ MasterCard

Cardholder Name (exactly as it appears on the card)	
Card Number	Expiration Date
Billing Address (if different from above)	
Cardholder's Signature	

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Lectures
Hands-on Workshops
Case Reviews
CE Credits



American Academy of Craniofacial Pain
12100 Sunset Hills Road, Suite 130 | Reston, VA 20190