

23RD ANNUAL CONFERENCE

Advances in Urogynecology & Reconstructive Pelvic Surgery

June 5-7, 2014

Hotel InterContinental, Chicago, Illinois

Course Director: Peter K. Sand, MD

Educational Partner: Meeting Achievements

**WITH A
HANDS-ON
LAB**



Register online at www.UrogynecologyCourses.com

General Information

COURSE DESCRIPTION

This course is intended to provide the clinician with a functional understanding of the latest methods for evaluating and treating women with lower urinary tract complaints and pelvic prolapse. The didactic sessions will provide the physician with the basic knowledge of how to evaluate and treat women with lower urinary tract abnormalities, pelvic prolapse, anal dysfunction and urinary incontinence. Basic and advanced techniques for the evaluation and treatment of incontinent women will be discussed by a faculty of experts.

The **Surgeons' Workshops** will provide the participant with an opportunity to view actual procedures and techniques discussed in the didactic sessions. They will also allow the participant to interact with the faculty in a more informal atmosphere for an open exchange of ideas and to understand how the Faculty would treat these cases.

The **Saturday Laboratory** will include a 2 hour guided pelvic anatomic dissection and surgical techniques demonstration led by the faculty followed by a 2 hour **Non-Certified Hands-on Laboratory** (CME Credit not applicable) where each of the participants will have the opportunity to perform numerous anti-incontinence and prolapse operations using various surgical kits and techniques. Participants will also be able to perform urodynamics and learn to utilize neuromodulation and biofeedback techniques.

CONFERENCE OBJECTIVES

Upon completion of this course, the participants will be able to:

- *Evaluate and diagnose conditions causing urinary incontinence in women;*
- *Describe what new procedures are available to treat stress urinary incontinence in the office and operating room and how they can fit into current practice patterns;*
- *Diagnose and treat urgency urinary incontinence and overactive bladder syndrome;*
- *Identify how complications occur with some of the new adjuvant materials and know how to manage them.*

TARGET AUDIENCE

The target audience for this activity includes Gynecologists, Urologists, Urogynecologists, Nurses, Physical Therapists and other Allied Health Care Professionals seeking a comprehensive review of urogynecology and pelvic floor dysfunction.

ACCREDITATION AND CREDIT DESIGNATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Chicago Pritzker School of Medicine and NorthShore University HealthSystem. The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of **18.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit**[™] from organizations accredited by the ACCME, please consult your professional licensing board.

Location & Accommodations

CONFERENCE LOCATION

The program will be held at the Hotel InterContinental at 505 N. Michigan Avenue on the Magnificent Mile in Chicago, Illinois. Please contact the hotel directly at 312.944.4100 for directions and parking information.

HOTEL ACCOMMODATIONS

Reserve before May 5, 2014

A block of rooms has been reserved at the Hotel InterContinental starting at a rate of \$269.00 plus tax (single or double occupancy). In order to receive this rate, reservations MUST be made through our meeting planners at Meeting Achievements – Toll Free 866.798.6338 or Email: Urogyne@meetingachievements.com.

Reservations must be made before May 5, 2014 to ensure availability and group rates.

All rooms reserved after this date are subject to availability. All rooms must be guaranteed with a major credit card. Chicago is a popular vacation and convention destination. We recommend that you make your reservations as soon as possible in order to guarantee accommodations.

NorthShore University HealthSystem and The University of Chicago reserve the right to cancel or postpone this conference due to unforeseen circumstances. In the unlikely event this activity must be cancelled or postponed, the registration fee will be refunded; however, NorthShore University HealthSystem and The University of Chicago are not responsible for any related costs, charges or expenses to participants, including fees assessed by airline/travel/lodging agencies

ADDITIONAL INFORMATION

For information regarding course content, contact Peter K. Sand, MD, by email at psand@northshore.org or call 847.933.3523.

For information regarding course registration, lodging, travel information or course credit, contact Meeting Achievements at 219.465.1115 or email polly@meetingachievements.com.

EDUCATIONAL GRANTS / COMMERCIAL SUPPORT

A complete listing of commercial support received will be provided in the conference materials.



COURSE DIRECTOR

Peter K. Sand, MD

*Director, Evanston Continence Center
Division of Urogynecology
NorthShore University HealthSystem
Evanston, Illinois
Clinical Professor of Obstetrics & Gynecology
University of Chicago Pritzker School of Medicine
Chicago, Illinois*

FACULTY

Sylvia M. Botros, MD

*Director, Fellowship in Female Pelvic Medicine & Reconstructive Pelvic Surgery
NorthShore University HealthSystem
Evanston, Illinois
Clinical Assistant Professor of Obstetrics & Gynecology
University of Chicago Pritzker School of Medicine
Chicago, Illinois*

John O.L. DeLancey, MD

*Norman F. Miller Professor of Gynecology
Professor of Urology
University of Michigan Medical School
Ann Arbor, Michigan*

Adam Gafni-Kane, MD

*NorthShore University HealthSystem
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Clinical Assistant Professor of Obstetrics & Gynecology
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Peter L. Rosenblatt, MD

*Director of Urogynecology
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Assistant Professor in Obstetrics & Gynecology
Harvard Medical School
Boston, Massachusetts*

Karen Sasso, RN, APN, BSN, MSN, CCCN

*Program Manager/ Urogynecology Clinical Nurse Specialist
Evanston Continence Center
NorthShore University HealthSystem
Evanston, Illinois*

Bob Shull, MD

*Professor of Obstetrics & Gynecology
Scott & White Clinic
Texas A&M College of Medicine
Temple, Texas*

Steven W. Siegel, MD

*Director, Centers for Continence Care and Female Urology
Metro Urology
Woodbury, Minnesota*

Janet E. Tomezsko, MD

*Evanston Continence Center
NorthShore University HealthSystem
Evanston, Illinois
Clinical Assistant Professor of Obstetrics & Gynecology
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FACULTY DISCLOSURE

It is the policy of the University of Chicago to ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational activities. Individuals who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Mechanisms to ensure that presentations are free from commercial bias are in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Full disclosure of this information will be published in the activity materials.

THURSDAY, June 5, 2014

7:00 a.m.	Registration, Continental Breakfast and Exhibits	
7:25 a.m.	Introduction/Opening Remarks	<i>Peter K. Sand, MD</i>
7:30 a.m.	Pelvic Anatomy for the Reconstructive Surgeon	<i>John O.L. DeLancey, MD</i>
8:00 a.m.	Office Evaluation of Incontinence & Prolapse	<i>Bob Shull, MD</i>
8:30 a.m.	Urodynamics: How Do They Help Us?	<i>Peter K. Sand, MD</i>
9:00 a.m.	Diagnosis & Treatment of Female Stranguria and Retention	<i>Steven Siegel, MD</i>
9:30 a.m.	Diagnosis & Treatment of Anal Incontinence	<i>Peter L. Rosenblatt, MD</i>
10:00 a.m.	Questions & Answers	
10:15 a.m.	Refreshment Break & Exhibits	
10:45 a.m.	Hormonal Effects on the Lower Urinary Tract	<i>Janet E. Tomezsko, MD</i>
11:10 a.m.	The Effect of Pregnancy & Delivery on the Pelvic Floor	<i>John O.L. DeLancey, MD</i>
11:40 a.m.	Behavioral Therapy for Stress & Urgency Incontinence	<i>Karen Sasso, RN, MSN</i>
12:10 p.m.	Pharmacotherapy for Urinary Incontinence: This is Your Bladder on Drugs	<i>Peter K. Sand, MD</i>
12:40 p.m.	Questions & Answers	
12:50 p.m.	Lunch Break & Exhibits	
2:00 p.m.	Tension-Free Midurethral Slings	<i>Peter L. Rosenblatt, MD</i>
2:30 p.m.	Single Incision Midurethral Slings: Is There an Advantage?	<i>Steven Siegel, MD</i>
3:00 p.m.	Retropubic Urethropexy & Paravaginal Repairs	<i>Bob Shull, MD</i>
3:30 p.m.	Questions & Answers	
3:40 p.m.	Refreshment Break & Exhibits	
4:10 p.m.	Diagnosing & Treating Urinary Fistulae	<i>Steven Siegel, MD</i>
4:35 p.m.	Surgeon's Workshop: Anti-Incontinence & Surgical Complication Videos	<i>Faculty</i>
5:35 p.m.	Adjourn	

Urogynecology Fellowship Urogynecology Preceptorship

The Department of Obstetrics and Gynecology at NorthShore University HealthSystem offers a three-year fellowship program in Female Pelvic Medicine to qualified graduates of accredited residencies in obstetrics and gynecology. This program is intended to give the Fellow advanced training in the evaluation and treatment of women with lower urinary tract symptoms. Emphasis is placed on clinical research, Urodynamic methodology and operative and non-operative therapies.

Dr. Sand offers one, two and four week clinical preceptorships at the Evanston Continence Center to interested gynecologists, urologists and other healthcare providers throughout the year. Please contact Dr. Sand by email at psand@northshore.org or phone at 847-933-3523 or by fax at 847-933-3531. This is an observership where the participant will observe patients being evaluated and treated in the office and the operating room. The fee is \$1000 for the first week and \$750 for subsequent weeks.

FRIDAY, June 6, 2014

7:00 a.m.	Continental Breakfast & Exhibits	
7:30 a.m.	Using Pessaries for Prolapse & Incontinence	Bob Shull, MD
8:00 a.m.	Abdominal Sacrocolpopexy: Why Do Anything Else?	Adam Gafni-Kane, MD
8:30 a.m.	The Michigan 4-Wall Sacrospinous Suspension: Native Tissue, Natural Orifice Vault Suspension	John O.L. DeLancey, MD
9:00 a.m.	Unaugmented Cystocele Repairs	Bob Shull, M.D
9:30 a.m.	Site Specific or Old Fashioned Rectocele Repairs: Which is Best?	Peter K. Sand, MD
10:00 a.m.	Uterine Preservation During Reconstructive Surgery: You Might Want That Uterus	Peter L. Rosenblatt, MD
10:30 a.m.	Questions & Answers	
10:40 a.m.	Refreshment Break & Exhibits	
11:10 a.m.	New Developments in Urethral Radiofrequency Coagulation & Periurethral Injections	Sylvia M. Botros, MD
11:35 a.m.	Neuromodulation for Bladder and Bowel Disorders	Steven Siegel, MD
12:05 p.m.	Laparoscopic & Robotic Reconstructive Surgery	Peter L. Rosenblatt, MD
12:35 p.m.	Questions & Answers	
12:45 p.m.	Lunch Break & Exhibits	
1:55 p.m.	Biological Grafts in Reconstructive Surgery	Peter K. Sand, MD
2:25 p.m.	Synthetic Mesh Kits	Peter L. Rosenblatt, MD
2:55 p.m.	NO, Absolutely No Vaginal Grafts Needed	John O.L. DeLancey, MD
3:25 p.m.	Recognizing & Avoiding Complications of Pelvic Surgery	Peter L. Rosenblatt, MD
3:55 p.m.	Innovations in the Treatment of Bladder & Pelvic Pain	Peter K. Sand, MD
4:25 p.m.	Questions & Answers	
4:35 p.m.	Surgeon's Workshop: Reconstructive Surgery Videos	Faculty
5:35 p.m.	Adjourn	

SATURDAY, June 7, 2014

6:45 a.m.	Board Buses for Evanston Hands-on Lab	
7:30 a.m.	Continental Breakfast at the NorthShore Center for Simulation & Innovation	
8:00 a.m.	Hands-On Lab Cadaver Lab: Guided Anatomic Dissection of the Abdomen & Pelvis	Drs. Botros, DeLancey, Gafni-Kane, Rosenblatt, Sand, Siegel & Tomezsko
9:00 a.m.	Prolapse and Anti-Incontinence Operations	Drs. Botros, DeLancey, Gafni-Kane, Rosenblatt, Sand, Siegel & Tomezsko
10:00 a.m.	(Optional Non certified session) Hands-On Lab Cadaver Lab and Hands-On Training in Urodynamics, Biofeedback, Neuromodulation and Urethral Bulking	
12:00 p.m.	Adjourn	

Program agenda and speaker selection subject to change.

Registration

The registration fee is \$895 for Physicians and \$695 for Residents and Fellows (accompanied by letters from their Chiefs of Service) and Nurses. A \$100 discount will be offered for early registration before April 1, 2014. The fee includes participation in the Hands-on Laboratory, three continental breakfasts, refreshment breaks, transportation to and from Saturday workshops and conference materials. **While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service to our participants.**

HOW TO REGISTER

 **ONLINE:**
 www.UrogynecologyCourses.com

 **MAIL:**
Meeting Achievements
232 East 500 North
Valparaiso, IN 46383

 **FAX:**
Credit Card
Payments Only to:
219.548.8619

CANCELLATION POLICY

If you cancel your participation in this conference, your registration fee less a \$ 100 administrative fee, will be refunded when written notification is received by May 20, 2014. No refunds will be made after May 20, 2014. You must contact our meeting planners (or your travel agent) directly to cancel your travel arrangements.

ACCESSIBILITY

The conference organizers are committed to providing equal access appropriate to need and circumstance and complies fully with the legal requirements of the Americans with Disabilities Act. If you are in need of special accommodations, please contact Meeting Achievements at 219.465.1115 or via email at polly@meetingachievements.com.

Physicians	
Early Registration Discount (Before April 1, 2014).....	\$795
Regular Registration	\$895
Residents, Fellows, Nurses	
Early Registration Discount (Before April 1, 2014).....	\$595
Regular Registration	\$695

(Residents and Fellows must enclose letters from their Chiefs of Service)

CONTACT INFORMATION (Please type or print clearly)

Name _____ Degree _____

Medical Specialty _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

PAYMENT (Please check all that apply)

☐ You must check this box if you do not want your contact information (City/State only) shared with conference participants and/or exhibitors.

☐ Do you plan to attend the Saturday lab? ☐ Yes ☐ No

☐ Do you want a print copy of the Syllabi for an additional \$100? ☐ Yes ☐ No

☐ Check enclosed (U.S. funds only), payable to **Meeting Achievements (Tax ID 37-1464588)**

☐ Charge Total \$ _____ to my ☐ MasterCard ☐ Visa ☐ American Express

Name as it appears on card _____

Card # _____ Exp. Date _____ / _____

Signature _____

For additional information about this activity, please contact Meeting Achievements at 219.465.1115



NorthShore University HealthSystem
1000 Central St, Ste 730
Evanston, IL 60201

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