

# 2014 Acute Ischemic Stroke Conference



Saturday, April 12, 2014  
7:45 am to 2:15 pm

Hudson Valley Community College  
Bulmer Telecommunications Center  
80 Vandenberg Avenue  
Troy, New York 12180

*Sponsored by Albany Medical College's Neurosciences Institute  
(Department of Neurology and Neurosurgery) and  
the Office of Continuing Medical Education and  
Albany Medical Center Hospital Provider Unit*

# Registration Form

(Pre-registration is required)

2014 Acute Ischemic Stroke Conference

Saturday, April 12, 2014

**Bulmer Telecommunications Center**

**Hudson Valley Community College, 80 Vandenberg Avenue, Troy, New York**

(Please type or print clearly & register one person per form)

## Tuition

|                                                                | By <b>April 1</b> | After <b>April 1</b> |
|----------------------------------------------------------------|-------------------|----------------------|
| Physicians                                                     | \$150.00          | \$175.00             |
| Others (NP's, PA's, Nurses, OT/PT)                             | \$115.00          | \$145.00             |
| Full Time AMC & Stratton VA Staff, Residents, Students and EMS | \$70.00           | \$85.00              |

Name & Degree: \_\_\_\_\_  
(As to appear on conference information – up to two degrees only)

CME Credit Tracking: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Month of Birth Day of Birth First 4 Characters of First Name

Specialty: \_\_\_\_\_

Organization: \_\_\_\_\_

Department: \_\_\_\_\_

Office Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Office Fax: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_  
(You must provide an e-mail address to gain access to the on-line syllabus)

## Please Check Method of Payment:

☐ My check for \$\_\_\_\_\_, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of \$\_\_\_\_\_.

(For credit card payment, complete information below.)

☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name as it appears on credit card: \_\_\_\_\_

Signature: \_\_\_\_\_

## Method of Registration: Fax or Mail

**Fax:** (518) 262-5679 Registrations accepted with credit card payment. Fax registrations without credit card information will not be processed. This is a secure fax line.

**Mail:** Return this form with payment to: Albany Medical College, Office of Continuing Medical Education, Stroke Conference - Mail Code 1, J408, 47 New Scotland Avenue, Albany, NY 12208-3479

### OFFICE USE ONLY

Check #: \_\_\_\_\_ B/P: \_\_\_\_\_

Amount: \_\_\_\_\_

Date Received: \_\_\_\_\_

C.C. Approval #: \_\_\_\_\_

Note: \_\_\_\_\_

## *Course Description*

The conference will review the latest concepts in the management of ischemic stroke. The goal is to provide the practitioner with knowledge of accurate diagnosis and treatment of ischemic stroke, including treatment options for both primary and secondary stroke prevention. Acute stroke therapy will be presented using intravenous thrombolytics and neuroendovascular techniques, including the latest mechanical thrombectomy devices. Case presentations will review individual patient assessment and decision for treatment. A ‘walk-through’ of stroke a patient will be conducted comprising of transfer of acute stroke patient to designated stroke center, initial evaluation in the field by EMS and in primary a stroke center emergency room, and steps taken in-hospital to insure highest quality of care. The usefulness of CT and MRI in acute stroke will be demonstrated. Benefits of acute physical therapy, medication use in acute rehabilitation, and newer oral agents for stroke prevention with atrial fibrillation will also be discussed.

The keynote speaker will be Anna Colello, Esq who will present the Coverdell Stroke Quality Improvement Program, a project aimed at evaluating key stroke measures in hospitals that deliver stroke care.

Nursing breakout sessions will be held in the afternoon with Allison Goodell, CRNP, and stroke coordinator Jason R. Clum, RN, MBA, SCRNP. Topics covered will be in-hospital management of the acute stroke patient and after rt-PA treatment. This course will meet 50% of the annual stroke education requirement for practitioners and clinicians at New York State Certified Primary Stroke Center.

## *Target Audience*

This course is designed for primary care physicians, emergency medicine physicians, neurologists, neurosurgeons, radiologists, physician assistants, nurse practitioners, nurses, occupational and physical therapists and EMS providers. Interested allied health providers are welcome to attend.

## *Objectives*

Upon completion of the course, the participant should be able to:

- Describe risk factors and mechanisms of ischemic stroke.
- Summarize important primary and secondary stroke prevention strategies
- Discuss approaches to the diagnosis of stroke using neuroimaging techniques.
- Describe the process of patient transfer to primary stroke center and steps involved with goal of delivering high-quality care from EMS evaluation to emergency room to in-hospital treatment.
- Describe ways to approach physical therapy and rehabilitation of the patient.
- Discuss newer oral therapies and devices for stroke prevention in atrial fibrillation
- Discuss the use of neuroendovascular techniques including Solitaire stent-retriever device for acute stroke care.
- Identify key aspects of nursing approach to in-hospital care of acute stroke patient and after rt-PA treatment.

## *Accreditation*

**Physician:** The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Albany Medical College designates this Live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*<sup>SM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistant:** AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**Nursing:** Albany Medical Center Hospital is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This learning activity will be awarded a maximum of 5.25 continuing nursing education contact hours.

**Nursing Liaison:** Linda Maquire, MS, RN, CCRN, Education Specialist, The Center for Learning & Development, Albany Medical Center.

**Physical Therapist:** Albany Medical Center Department of Physical Therapy is an approved provider of continuing education to licensed physical therapists or physical therapy assistants. This learning activity will be awarded a maximum of 5.7 Continuing Education **Contact Hours**.

## *On-Line Syllabus*

Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be available on-line prior to and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

## *Tuition*

Tuition includes course registration, access to the on-line syllabus material if available, a continental breakfast, boxed lunch, and beverage breaks.

|                                    | By <b>April 1</b> | After <b>April 1</b> |
|------------------------------------|-------------------|----------------------|
| Physicians                         | \$150.00          | \$175.00             |
| Others (NP's, PA's, Nurses, OT/PT) | \$115.00          | \$145.00             |
| Full-Time AMC & Stratton VA Staff, | \$70.00           | \$85.00              |
| Residents, Students & EMS          |                   |                      |

Refunds minus a \$25.00 administrative fee are possible if cancellation of registration is received in writing by April 1. After that date, one half of the paid tuition, minus a \$25.00 administrative fee, is refundable with written notification.

## *Accommodations*

If you will require lodging, we have included a list of nearby hotels for your convenience.

Comfort Inn & Suites - 99 Miller Road, East Greenbush, NY, 12061

Phone: (518) 479-3217

Fairfield Inn - Albany/East Greenbush, 124 Troy Road, East Greenbush, NY 12061

Phone: (518) 477-7984

Holiday Inn Express - East Greenbush, 8 Empire Drive, Rensselaer, NY 12144

Phone: (518) 286-1011, Toll-Free: (800) 465-4329, E-mail: hialbany@aol.com

Franklin Square Inn & Suites - One Fourth Street, Troy, NY 12180

Phone: (518) 274-8800, Toll-Free: (866) 708-2233, E-mail: kbover@franklinsquareinn.com

## *2014 Acute Ischemic Stroke Conference*

|             |                                                                                                                                                                                     |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:45-8:10   | Registration, Continental Breakfast and Exhibits                                                                                                                                    |
| 8:10-8:15   | Welcome – <i>Gary L. Bernardini, MD, PhD, FANA</i>                                                                                                                                  |
| 8:15-9:00   | Ischemic Stroke: Overview, Diagnosis, Treatment, & Case Studies<br><i>Gary L. Bernardini, MD, PhD, FANA</i>                                                                         |
| 9:00-9:30   | Neuroradiology: Case Studies in Stroke<br><i>William Wagle, MD</i>                                                                                                                  |
| 9:30-10:00  | Emergency Medical Services: Management of Stroke In-the-Field<br><i>Art Breault, RN, NREMT-P</i>                                                                                    |
| 10:00-10:15 | Break and Exhibits                                                                                                                                                                  |
| 10:15-10:45 | Emergency Department Triage for Stroke: Challenges and Opportunities<br><i>Jason E. Cohen, DO, FACE/FAAEM</i>                                                                       |
| 10:45-11:15 | Physical Therapy: How PT Benefits the Stroke Patient: Case Study<br><i>Erin Kelley PT, DPT</i>                                                                                      |
| 11:15-11:45 | Serotonin Reuptake Inhibitors After Stroke<br><i>George Forrest, MD</i>                                                                                                             |
| 11:45-12:15 | Keynote Address – Coverdell Stroke Initiative Project<br><i>Anna Colello, Esq.</i>                                                                                                  |
| 12:15-12:45 | Lunch and Exhibits                                                                                                                                                                  |
| 12:45-1:15  | Transfer of Patient to Designated Stroke Center:<br>Goal to Delivering High-Quality Acute Stroke Care<br><i>Jason R. Clum, RN, MBA, SCRNP and Gary L. Bernardini, MD, PhD, FANA</i> |
| 1:15-1:45   | Update on Newer Oral Anticoagulants and Devices in Treatment of<br>Atrial Fibrillation<br><i>Lance Sullenberger, MD, FACC, FACP, FSCCT</i>                                          |
| 1:45-2:15   | Neuroendovascular Treatment of Acute Ischemic Stroke<br><i>John Dalfino, MD</i>                                                                                                     |

## **Nursing Breakout Session**

|           |                                                                                                                                                |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 1:45-2:15 | Acute Stroke Therapies and Nursing Care Case Studies<br><i>Allison M. Goodell, RN, MS, ACNS-BC, CNRN and<br/>Jason R. Clum, RN, MBA, SCRNP</i> |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------|

## *Confirmation*

All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registrations, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

## *Special Needs*

Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262-5828 by **April 1, 2014** to discuss your needs.

## *Directions*

For directions to Hudson Valley Community College go to [www.hvcc.edu/campusmap/directions.html](http://www.hvcc.edu/campusmap/directions.html)

## *Parking*

Parking is available at no charge at the entrance of Bulmer Center.

## *Attire*

Because everyone has a different comfort level we suggest you dress in layers or bring a sweater. The Albany Medical Center Professional Image Standards Policy is in effect at Albany Medical Center sponsored educational programs. Employees must comply with this policy when attending sponsored educational events. The attire for all Albany Medical Center sponsored events is business casual or appropriate clinical attire.

## *Need Information?*

For further information regarding this conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, by fax at (518) 262-5679 or e-mail at [pricej@mail.amc.edu](mailto:pricej@mail.amc.edu). **For emergency calls during the conference, call the Hudson Valley Community College Security Department at (518) 629-7210.**

Be sure to visit the Albany Medical Center website at [www.amc.edu](http://www.amc.edu).

## *Acknowledgement*

A complete list of supporters will be available at the conference.

## *Do You Have Specific Questions?*

If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.

## *Course Director*

### *Gary L. Bernardini, MD, PhD, FANA*

Professor of Neurology and Neurosurgery  
Director, Stroke and Neurocritical Care  
Edith M. Hellman Endowed Chair in  
Cerebrovascular Disease  
Albany Medical College  
Albany, NY

## *Guest Faculty*

### *Anna Colello, Esq.*

Director, Regulatory Compliance  
Cardiac Service Program  
Rensselaer, NY

### *Lance Sullenberger, MD, FACC, FACP, FSCCT*

Capital Cardiology Associates  
Albany, NY

## *Albany Medical College Faculty*

### *Art Breault, RN, NREMT-P*

EMS Outreach Coordinator  
Department of Emergency Medicine

### *Jason R. Clum, RN, MBA, SCR N*

Stroke Coordinator  
Neurosciences

### *Jason E. Cohen, DO, FACEP/FAAEM*

Assistant Professor  
Department of Surgery and  
Emergency Medicine

### *John Dalfino, MD*

Assistant Professor of Surgery  
Department of Neurosurgery

### *George P. Forrest, MD*

Professor and Chair  
Department of Physical Medicine  
and Rehabilitation

### *Allison M. Goodell, RN, MS, ACNS-BC, CNRN*

Clinical Nurse Specialist  
Neurosciences

### *Erin Kelley, PT, DPT*

Physical Therapist  
Department of Physical and Occupational Therapy

### *William Wagle, MD*

Professor of Radiology  
Department of Radiology and Neurology

# Albany Medical College

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