



CEDARS-SINAI®
HEART INSTITUTE

Sponsors

8TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM

FRIDAY, APRIL 25, 2014

Offered in cooperation with the
California Chapter of the American College of Cardiology
and *WomenHeart: The National Coalition for Women with Heart Disease*



AMERICAN
COLLEGE of
CARDIOLOGY

California
CHAPTER



COURSE DIRECTOR

C. NOEL BAIREY MERZ, MD, FACC, FAHA

CONFERENCE LOCATION

Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Drive
Plaza Level, South Tower
Los Angeles, CA 90048

*For the latest course info and to register visit
www.csmc.edu/cme and click on CME courses.*

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

This in depth educational symposium will explore gender specific issues in prevalence, risk factors, screening modalities, and medical management strategies, including anti-atherosclerotic preventive management, symptom management, adult congenital heart disease, arrhythmias including atrial fibrillation, cardiovascular effects of contraception, gender differences in academic promotion, breast cancer survivorship and heart disease, and pacemakers. The purpose of this conference is to close the knowledge gap of physicians and allied health care professionals regarding sex-specific differences in cardiovascular disease and the impact these differences have on treatment options, and to highlight the importance of identifying women at risk for cardiovascular disease and utilizing the most current evidence-based treatment strategies for improved patient outcomes.

TARGET AUDIENCE

This educational activity is intended for clinicians who provide cardiovascular care for adult female patients.

EDUCATIONAL OBJECTIVES

- Review gender disparities in professional academic advancement and promotion.
- Understand who and how to test for genomic contributors to heart arrhythmias
- Understand when to use nutrition, weight management, and bariatric surgery to treat women with and at risk for heart disease.
- Understand when to refer adult congenital heart disease female patients to a specialty provider.
- Identify the CVD risks and benefits of newer oral contraceptives.
- Identify breast cancer survivors who are at an increased CVD risk.
- Recognize the differences in the prevalence, symptoms and pathophysiology of myocardial ischemia that occurs in women as compared to men.
- Identify and refer women for appropriate AF ablation and pacemakers.

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Cedars-Sinai Medical Center gratefully acknowledges the independent educational grants from Abbott Vascular, Astellas, Gilead and St. Jude in support of this educational activity. Additional commercial support is pending and will be acknowledged at the conference.

AGENDA

7:45 – 8:15 AM	Registration, Breakfast and Exhibits
8:15 – 8:25	Introduction <i>C. Noel Bairey Merz, MD</i>
8:25 – 9:25	KEYNOTE: “Why is Joan less likely to Become Department Chair than John” SPEAKER: <i>Molly Carnes, MD, MS</i>
9:25 – 9:40	Break and Exhibits
9:40 – 10:05	Genomics, Channelopathies and CVD in Women CHAIR: <i>Tim Henry, MD</i> SPEAKER: <i>Sumeet Chugh, MD</i>
10:05-10:20	Question & Answer
10:20 – 10:45	Risks and Benefits of Hormonal Contraception in Women CHAIR: <i>Margareta Pisarska, MD</i> SPEAKER: <i>Chrisandra Shufelt, MD, MS</i>
10:45 – 11:00	Question & Answer
11:00 – 11:25	Adult Congenital Heart Disease in Women and Pregnancy CHAIR: <i>Shreya Sheth, MD</i> SPEAKER: <i>Alistair Phillips, MD</i>
11:25 – 11:40	Question & Answer
11:40 – 12:40 PM	Case Presentations and Discussion – 2 Cases MODERATOR: <i>Louise Thomson, MBChB, FRACP</i> PANEL: <i>Morning Faculty</i>
12:40 – 1:25	Lunch
1:25 – 1:50	Nutrition, Weight Management and Bariatric Surgery in Women CHAIR: <i>Margo Minissian, ACNP-BC</i> SPEAKER: <i>Adrienne Youdim, MD</i>
1:50 – 2:05	Question & Answer
2:05 – 2:30	Breast Cancer Survivorship and CVD: Cardio-Oncology Update CHAIR: <i>Beth Karlan, MD</i> SPEAKER: <i>Puja Mehta, MD</i>
2:30 – 2:40	Question & Answer
2:40 – 2:55	Break and Exhibits
2:55 – 3:20	Coronary Microvascular Dysfunction: Approach to Diagnosis and Management CHAIR: <i>Babak Azarbal, MD</i> SPEAKER: <i>Amir Lerman, MD</i>
3:20 – 3:35	Question & Answer
3:35 – 4:00	Atrial Fibrillation Ablation and Pacemakers in Women? CHAIR: <i>Bruce Samuels, MD</i> SPEAKER: <i>Eugenio Cingolani, MD</i>
4:00 – 4:15	Question & Answer
4:15 – 5:15	Case Presentations & Discussion – 2 Cases MODERATOR: <i>Puja Mehta, MD</i> PANEL: <i>Afternoon Faculty</i>
5:15 PM	Adjourn

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REGISTRATION METHODS:

ONLINE registration: www.csmc.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center,
Office of Continuing Medical Education;
Attn: Registration
8797 Beverly Boulevard, Suite #250,
Los Angeles, CA 90048

FAX form to: (310) 423-0309

For additional course or registration information call (310) 423-5548.

Please print clearly

Last Name _____ First Name _____

Degree ☐MD ☐DO ☐PA ☐NP ☐RN ☐Other: _____

Specialty _____

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City _____ State _____ Zip _____

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REGISTRATION FEES	PHYSICIAN	ALLIED HEALTH PROFESSIONAL	*RESIDENT/FELLOW
EARLY REGISTRATION Received by 4/4/14	☐ \$185	☐ \$145	☐ \$25
LATE REGISTRATION Received after 4/4/14	☐ \$235	☐ \$185	☐ \$25

*Residents and Fellows rate requires with written proof of residency or letter from Program Director.

Check enclosed payable to CSMC for \$ _____

Please charge my credit card ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Credit Card Number _____ Expiration Date ____/____

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How did you learn about this CME activity?

☐ Brochure ☐ Cedars-Sinai Website ☐ Email
☐ Internet Search ☐ Colleague ☐ Other _____

CONFIRMATION

In order to receive a registration confirmation, please provide your e-mail address or fax number.
If you do not receive a confirmation, please call (310) 423-5548 to confirm your registration.

REFUND POLICY

All cancellations must be submitted in writing and refunds will be subject to a \$45 administrative charge. No refunds will be given after April 18, 2014. Please e-mail cancellation request to cme@cshs.org. If you do not receive confirmation of your cancellation via e-mail, please call (310) 423-5548.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

FACULTY

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Cedars-Sinai Medical Center

CONFERENCE LOCATION

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Harvey Morse Conference Center
Plaza Level, South Tower
8701 Gracie Allen Drive
Los Angeles, CA 90048

PARKING

Self-parking is available in the visitor parking
lots P1, P2 (George Burns Road), or P4
(Sherbourne Drive).

HOTEL ACCOMMODATIONS

For a detailed list of hotels convenient to the
medical center, please visit www.csmc.edu/
visitors select Patient & Visitor Information from
the left navigation bar and then select Lodging
from the Dining and Lodging section.

When making reservations at any of these hotels,
please be sure to mention that you are attending
a conference at Cedars-Sinai to ensure you are
receiving the best current reservation rate.



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REGISTER NOW FOR:

8TH ANNUAL
WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM
FRIDAY, APRIL 25, 2014

**In-depth symposium exploring sex-specific differences
in cardiovascular disease including:**

- Gender Differences in Academic Promotion
- Genomics in Women and CVD
- Oral Contraceptives
- Congenital Heart Disease
- Nutrition, Weight Management and Bariatric Surgery
- Breast Cancer Survivorship
- Atrial Fibrillation Ablation and Pacemakers

