

14th Annual

Diabetes Symposium



LIVE at:
The Hotel Hershey

100 Hotel Road • Hershey, PA 17033

Teleconference Opportunities:

- Mt. Nittany Medical Center—State College, PA
- Penn State Great Valley—Malvern, PA
- The Commonwealth Medical College—Scranton, PA

 **antidote**

A continuing education service of Penn State
College of Medicine—in collaboration with
Antidote Education Company.

Family practice and internal medicine physicians, physician assistants, nurse practitioners, pharmacists, dietitians, certified diabetes educators, and nurses can benefit from attending this course.



- ▶ Review and discuss current practice guidelines as they relate to effective management of type 2 DM
- ▶ Describe techniques to improve communication between providers and patients with type 2 DM
- ▶ Recognize the efficacy and safety of therapeutic classes and agents for managing type 2 DM
- ▶ Recommend lifestyle modifications based on the ADA Practice Guidelines to help improve diabetes outcomes
- ▶ Describe approaches to improve diabetes care

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodation or have questions about the physical access provided, please contact Continuing Education at least one week in advance of your participation or visit.

Credit

- ▶ **5.5 AMA PRA Category 1 Credits™**
- ▶ **5.5 American Academy of Family Physicians**
- ▶ **5.5 PA Dietetic Association**
- ▶ **PA State Nurses Association**
- ▶ **5.5 ACPE (0.55 CEU) Pharmacy Education**

Penn State College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits™**.

This live activity, 14th Annual Diabetes Symposium, with a begin date of April 12, 2014, has been reviewed and is acceptable for up to **5.5 prescribed credits by the American Academy of Family Physicians**.

Physicians should claim only the credit commensurate with the extent of their participation.

Application has been made for **5.5 credits from the PA Dietetic Association**.

This continuing education activity was approved by the **PA State Nurses Association**, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Penn State Milton S. Hershey Medical Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This knowledge-based activity has been assigned the Universal Activity Number of 0322-0000-14-006-L01-P. It has been approved for **5.5 contact hours (0.55 CEU) of continuing pharmacy education credit in states that recognize ACPE providers**. The attendee list will be uploaded into CPE Monitor approximately one week after completion of the program. Statements of credit indicated in contact hours and CEUs will be available through CPE Monitor. Successful completion includes signing in at registration with personal NABP number and date of birth, attending the entire session for which credit is claimed, and completing the activity evaluation. Penn State Milton S. Hershey Medical Center complies with the Accreditation Standards for Continuing Education.

It is our policy to ensure balance, independence, objectivity, and scientific rigor in all of our sponsored educational programs. Faculty and course directors have disclosed relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Complete faculty disclosure will be provided to program participants at the beginning of the activity.

Faculty

Connie Arnold, PhD

Associate Professor of Medicine
LSU Health Sciences Center
Department of Medicine
Shreveport, Louisiana

William Bird, DO*

Vice Chair for Clinical Care Family and Community Medicine
Associate Chief Medical Officer for Primary Care Penn State Hershey
Medical Group

Mary Collins, RN, BSN, CDE*

Certified Diabetes Educator

William J. Curry, MD, MS*

Professor, Departments of Family and Community Medicine and
Public Health Sciences Associate Vice Chair for Research
Family and Community Medicine

Kendra Durdock, RN, BSN, CDE*

Clinical Care Manager for Diabetes

Chris Y. Fan, MD*

Assistant Professor of Medicine
Endocrine/Nephrology Practice Site Director

John Y. Jun, MD*

Assistant Professor of Medicine
Division of Endocrinology, Diabetes and Metabolism

Gurdeep Singh, MD*

Endocrinology Fellow
Department of Medicine
Division of Endocrinology, Diabetes and Metabolism

* Penn State Milton S. Hershey Medical Center; Penn State College of Medicine, Hershey, PA

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**Milton S. Hershey
Medical Center**

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Novo Nordisk

This publication is available in alternative media on request.

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Agenda

- 8:00 Registration/Continental Breakfast
- 8:40 **Opening Remarks—Chairperson**
William J. Curry, MD, MS
- 8:45 **The Burden of Diabetes: Status Report 2014**
William J. Curry, MD, MS
- 9:15 **New Treatment Strategies in Glycemic Control: Between Cutting Calories and Cutting the Gut**
Chris Y. Fan, MD
- 10:00 **Guidelines for Management: Update on the Standards of Medical Care for Diabetes**
Gurdeep Singh, MD
- 10:45 Break/Exhibits
- 11:00 **Keynote: Changing Health-Care—Population-Based Approaches to Quality Care**
William M. Bird, DO
- 11:45 **New Strategies for Intensifying Insulin Management for the Complex Patient**
John Y. Jun, MD
- 12:30 Lunch/Exhibits
- 1:30 **Challenge the Experts:**
Interactive Discussion with Our Faculty
- 2:00 **Health Literacy: A Proven Path to Improving Communication on Diabetes**
Connie Arnold, PhD
- 2:45 **Seek to Understand; Then to be Understood: Improving Communication with Diabetes Patients**
Connie Arnold, PhD
Mary Collins, RN, BSN, CDE, Certified Diabetes Educator
Kendra Durdock, RN, BSN, CDE, Clinical Care Manager for Diabetes
- 3:30 **Closing Remarks/Program Evaluation/Adjournment**
William Curry, MD, MS

Fee

▶ **\$100—Live Event/The Hershey Hotel**

▶ **\$30—Teleconference Locations**

- Mt. Nittany Medical Center—1800 East Park Avenue, State College, PA 16803
- Penn State Great Valley Campus—30 East Swedesford Road, Malvern, PA 19355
- The Commonwealth Medical College—525 Pine Street, Scranton, PA 18509

Includes: Continental Breakfast • Handout Materials • Instruction • Lunch • Refreshments

Cancellation Policy

Cancellations received later than:

April 7, 2014 will incur a \$25 processing fee.

No refunds after:

April 9, 2014. Substitutes are accepted at any time.

The University reserves the right to cancel or postpone any course or activity because of insufficient enrollment or other unforeseen circumstances. Please provide a cell phone number so we can reach you in the event of last-minute change or cancellation. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for any related costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies. Preregistered participants will be notified if a program is filled or canceled.

Accommodations

Overnight accommodations are the responsibility of the participant. For lodging options, visit: pennstatehershey.org/web/guest/patientcare/patientvisitorinformation/lodging

A block of rooms has been reserved at The Hotel Hershey (100 Hotel Rd, Hershey, Pennsylvania 17033) at the rate of \$199 (plus taxes) for a single or double room. Because rooms are available on a first-come, first-served basis, we recommend you make reservations as early as possible. Call (800) 678-8946 and mention the name of this conference.

Registration

Register online, by fax, or by mail. Registrations will be confirmed by email upon receipt of payment, authorization to bill, or a credit card guarantee.

If you do not receive a confirmation within two weeks, call 717-531-6483 to confirm your registration. Walk-ins and late registrations will be accepted if space is available.

Call 717-531-6483 • **Fax** 717-531-5604 • **Email** ContinuingEd@hmc.psu.edu

Mail Registrar, Penn State Hershey Continuing Education, G220

P. O. Box 851, Hershey, PA 17033



Register Online Today

pennstatehershey.org/web/ce/home/programs/diabetes

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Saturday April 12, 2014
C5292-14-Y

Name (First Name, MI, Last Name)

☐ Male

☐ Female

Degree/Credentials

Email (Print legibly. We use this for confirmation/registration status/program materials.)

Home Address

City

State

Zip Code

Daytime Phone

Cell Phone (For last-minute changes/cancellations)

Hospital or Organization

Specialty/Position

Address (HMC/COM employees—dept. name/mail code)

City

State

Zip Code

Special Needs (Dietary, access, etc.)

Choose one conference:

☐ **LIVE Event/The Hershey Hotel—\$100 per person** (Limited space, sign-up early)

Teleconference—\$30 per person:

☐ State College ☐ Malvern ☐ Scranton

Resident/ Fellow*—no fee:

☐ State College ☐ Malvern ☐ Scranton

*Include verification
from residency director
supervisor

Indicate method of payment:

☐ Check enclosed—payable to Penn State

☐ Bill sponsoring organization—letter of authorization is attached

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