

III
CONTEMPORARY FORUMS
THE LEADER IN HEALTH CARE CONTINUING EDUCATION

ADOLESCENT HEALTH CARE



IN COLLABORATION WITH



BOSTON, MA
MAY 15-17, 2014



**REGISTER EARLY AND
SAVE UP TO \$90**

**EARN UP TO
20.25 CE HOURS**

PRECONFERENCES

TEEN MENTAL HEALTH
UPDATES IN SPORTS MEDICINE
CLINICAL TRAINING FOR NEXPLANON®
(ETONOGESTREL IMPLANT)

**FOLLOW THE FEED AT
#AHC14**

REGISTER ONLINE AT CONTEMPORARYFORUMS.COM OR BY CALLING 800-377-7707



HIGHLIGHTS & BENEFITS OF THE 2014 CONFERENCE

Caring for adolescents brings joys and challenges and requires us to listen and be creative, flexible and open as we develop new skills to meet their changing needs. Reaching our goal of keeping our teens healthy and safe requires that we constantly evaluate our approach to common issues and concerns faced by our adolescent patients and their families. The 13th annual **Adolescent Health Care** conference, presented in collaboration with the Division of Adolescent Medicine at Boston Children's Hospital, will address key issues affecting your clinical and psychosocial care of adolescents, providing you with tools for empowering teens to take control of their health and life. Presented by a faculty of key opinion leaders and clinicians "in the trenches," this conference is certain to make a difference in the adolescent care you provide.

WHY YOU SHOULDN'T MISS THIS CONFERENCE!

- ▶ Three dynamic Preconferences: ***Teen Mental Health: Understanding Identity Development and Facing Challenges in the Primary Care Setting, Updates in Adolescent Sports Medicine for Primary Care Providers, and Clinical Training on Nexplanon®.***
- ▶ We have assembled a stellar panel of speakers and teachers who will share their perspectives and insights on how to make a difference when caring for teens.
- ▶ Presentations include a number of "hot topics," issues you deal with daily, and provide a variety of teaching formats, including didactic sessions, faculty panels, concurrent sessions, hands-on training and interactive case study discussions for learning from the experts and from your colleagues.
- ▶ Time to share ideas, problem-solve, and build professional relationships with colleagues from across the nation!

Can you think of a reason NOT to attend this exciting educational event? Plan now to come and share your energy and enthusiasm for caring for teens ... you won't be disappointed!

CONFERENCE OBJECTIVES

- ▶ Identify evidence-based clinical management options for a variety of common and complex adolescent conditions, including obesity, PCOS, STD's, Lyme disease, substance abuse, abnormal pap, GYN problems, and dermatology.
- ▶ Describe common urologic problems of adolescent boys and current interventions.
- ▶ Examine challenges and controversies related to contraceptive management for adolescents.
- ▶ Evaluate strategies to help teens and their families determine safe use of media and texting.

WHO SHOULD ATTEND?

IF YOU ARE A ...

Adolescent Medicine Specialist
Certified Nurse-Midwife
Clinic, Office or Hospital Nurse
Family Practice Physician
Pediatrician

Physician Assistant
Nurse Practitioner
School Nurse
School or Clinical Psychologist

Social Worker
Women's Health Physician
Anyone else providing health care for adolescents
...This conference is for you!

Norma Tejada, FNP-C | Pearland, TX

*This conference has been approved by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors, Provider #1975-148. This course meets the qualifications for continuing education credit hours for Marriage, Family & Child Counselors and/or Licensed Clinical Social Workers as required by the California Board of Behavioral Sciences, Provider #CE771.

ADOLESCENT HEALTH CARE

SCHEDULE HIGHLIGHTS

For Preconference descriptions and complete schedules, including speakers, timing, pharmacology credit, and exhibits, visit ContemporaryForums.com

PRECONFERENCE SCHEDULES

THURSDAY, MAY 15

PRECONFERENCE A (8:00 AM - 5:00 PM)

Teen Mental Health: Understanding Identity Development and Facing Challenges in the Primary Care Setting
(Rx= .75 hr.)

PRECONFERENCE B (8:00 AM - 3:30 PM)

Updates in Adolescent Sports Medicine for Primary Care Providers
(Rx= .25 hr.)

PRECONFERENCE C (1:00 PM - 4:00 PM)

Clinical Training for NEXPLANON® (etonogestrel implant)

This training is limited to 50 participants. Register early! This session will reach capacity quickly! Join your colleagues at a training program on NEXPLANON®. This session includes a hands-on training for insertion and removal procedures as well as localization techniques. Completion of this course will allow the attendee to order NEXPLANON® from an authorized distributor.

This session, which is sponsored by Merck, is not accredited for continuing education credit. The training is open to advanced practice clinicians with furnishing numbers or prescribing privileges in their state and to physicians only. It is Merck's policy to verify all clinicians' practice, license and eligibility information in advance of the training. Merck will contact the attendee directly if there is a problem regarding this process. Attendees are expected to be present for the entire training. Certificates of completion will not be issued to those who arrive late or leave early.

MAIN CONFERENCE SCHEDULE

FRIDAY, MAY 16 (8:00 AM - 5:15 PM)

Adolescent Preventive Care

Lyme Disease: What Bit Me?
(Rx = .25 hr.)

New Approaches to Irritable Bowel Syndrome
(Rx = .25 hr.)

Long Acting Reversible Contraceptives: Get It and Forget It
(Rx = .25 hr.)

Bumps, Sores, and Discharges: Diagnosis and Treatment of STIs
(Rx = .5 hr.)

Sexting, Media and Teens: Advice in the Office

Urologic Problems: Don't Forget the Boys
(Rx = .25 hr.)

Menstrual Disorders: Too Few? Too Many?
(Rx = .25 hr.)

Another Concussion: When Can I Return to Play?

Old Town Trolley Tour of Boston (Optional, Reservation required)

SATURDAY, MAY 17 (8:00 AM - 5:00 PM)

During each Concurrent Session, 4 topics are presented simultaneously in separate rooms. Indicate your selections on the Registration Form.

8:00 CONCURRENT SESSIONS #1

- #11 Too Tired for Class: Common Sleep Problems in Adolescents
- #12 Addressing Partner Violence
- #13 Incarcerated and High Risk Youth
- #14 Menstrual Cases: Did the Pelvic Ultrasound Help?

9:45 CONCURRENT SESSIONS #2

- #21 Chronic Fatigue in Adolescents
- #22 Psychopharmacology Cases: A Multidisciplinary Perspective (Rx = .5 hr.)
- #23 Addressing Bone Health Concerns in Patients with Anorexia Nervosa and the Female Athlete Triad
- #24 Dermatologic Issues in Adolescents: Acne and More (Rx = .25 hr.)

11:15 CONCURRENT SESSIONS #3

- #31 PCOS: Advanced Management Strategies (Rx = .25 hr.)
- #32 Obesity: Tips, Tools and Techniques
- #33 Challenging Cases in Adolescent Medicine
- #34 Asthma Management: What's New? (Rx = .25 hr.)

2:00 CONCURRENT SESSIONS #4

- #41 Primary Medical Care of LGBT Youth
- #42 Contraceptive Cases: Common Concerns to Rare Findings (Rx = .5 hr.)
- #43 Dilemmas in College Health
- #44 Aardvarks to Zebras: Cases Studies in Adolescent Male Health

3:45 CONCURRENT SESSIONS #5

- #51 Eating Disorders: The Multidisciplinary Approach
- #52 Privacy Please: Strategies for Protecting Adolescent Confidentiality within an Electronic Health Record
- #53 Impaired Glucose Tolerance and Type II Diabetes: Who Should be Tested and Treated (Rx = .25 hr.)
- #54 HIV Screening and Acute HIV Syndrome

FOR COMPLETE
FACULTY BIOS,
VISIT OUR WEBSITE:
CONTEMPORARY
FORUMS.COM



CONFERENCE INFORMATION

TO REGISTER, COMPLETE, DETACH, AND RETURN THE APPLICATION MAILED TO CONTEMPORARY FORUMS.

Registrations must include full tuition payment to be accepted. Registrations faxed without payment will not be processed. Conference communications are sent via email.

When registering please provide attendee's best email address as some emails are filtered and blocked. Since conference registration and hotel rooms are limited, early registration is advised.

	PRECONFERENCES			MAIN CONFERENCE	
	A	B	C	NURSES, **RESIDENTS, PAs, PHARMACISTS, OTHERS	PHYSICIANS
EARLY REGISTRATION*	\$245	\$215	\$95	\$435	\$495
REGULAR REGISTRATION	\$285	\$255	\$95	\$485	\$545

*Postmarked or phone/fax/online registration and fees received on/before April 3.

**Residents: To qualify, submit facility verification of status with registration.

***Note: Boston Children's Hospital employees may take a \$30 discount on the full Main Conference tuition fee.

Discount does not apply to the Preconferences or to partial Main Conference Registration.

Out of consideration to registrants, children of any age and spouses may not attend the sessions. Your tuition includes continental breakfasts, refreshment breaks, Certificate of Attendance and Online access to posted presentation handouts before and after the conference.

4 EASY WAYS TO REGISTER:

ONLINE

(CREDIT CARD ONLY)

Visit us 24 hours a day at:
ContemporaryForums.com

PHONE

(CREDIT CARD ONLY)

(800) 377-7707

Monday - Friday

8am - 5pm, Pacific Time

BEFORE CALLING, COMPLETE ALL REGISTRATION INFORMATION.

FAX

(CREDIT CARD OR PURCHASE ORDER)

(800) 329-9923

MAIL

Attn: Registrar
6377 Clark Ave.,
Suite 200
Dublin, CA 94568



GROUP DISCOUNTS

Online registration is not available. Tuition discounts are given to groups of 3 or more registering for the complete conference. Discounts to not apply to the preconferences. To qualify for the group discount, all registration information must be complete for all group members, payment included and forms sent together. If faxing, list all group members on cover sheet. Subtract the discount from the tuition fee. Groups may not be formed after individual registrations are received. \$25 per person discount for 3 or 4 in a group \$45 per person discount for 5 or more in a group.

PARTIAL ATTENDANCE

Online registration is not available. To register, call Contemporary Forums for tuition and CE credit for individual days. Group discounts do not apply. Registrations may not be shared.



CANCELLATIONS

Cancellations may be made by phone or in writing. Cancellations received on/before **April 3** receive a full tuition refund. Cancellations received after **April 3** are assessed a \$75 processing fee. No refunds for cancellations received after the conference begins or for "no shows." If this meeting is cancelled for any reason, including labor strikes or acts of God, liability is limited to a full refund of registration fees.

PROGRAM CHANGES

Contemporary Forums reserves the right to make necessary changes in speakers, topics or schedule. The most current program can be found on our website.

QUESTIONS?

Contact Contemporary Forums at (800) 377-7707. M-F, 8 a.m. - 5 p.m. (PST) or email: info@cfforums.com



SPECIAL REQUESTS

If you require special arrangements at this conference, call (800) 377-7707, at least 30 days prior to the conference.

METHOD OF PAYMENT

Make payment by check (payable to Contemporary Forums and enclose with Registration Form), Visa, MasterCard, Discover, American Express or Purchase Order. A \$30 fee is charged for any returned check. Personal checks are NOT accepted at the conference. Purchase Orders must be received with registration by the conference date and include the P.O. number, invoice address, tuition,



HOST CITY: BOSTON

Visit Boston, a city rich in culture and history, and discover why it's one of the most popular destinations in the world. Slip on your walking shoes and stroll past sites that shaped America on Boston's three-mile Freedom Trail. While admiring picturesque cobblestone streets and graceful 18th-century buildings, you'll see the Old South Meeting House, the U.S.S. Constitution, Paul Revere's House, the Old North Church and more. Or, head to the colorful 19th-century Faneuil Hall Marketplace and explore the unique shops, cafes and restaurants. This conference is scheduled during Boston's most beautiful season – springtime, with perfect weather for a stroll along the Charles River or a visit to the nearby Boston Public Gardens for a picnic and Swan Boat ride.

THE CONFERENCE WILL BE HELD AT THE HYATT REGENCY BOSTON

One Avenue De Lafayette, Boston, MA 02111.

Rates: \$249 single/double

Rates are per room and subject to prevailing state and local taxes.

A limited block of rooms is being held for you and your guests at special group rates which will be in effect, based on room availability, from **May 13 to May 18** for those wishing to **extend their stay** to enjoy area activities or qualify for discount airfares. To obtain the special group rates, **make your reservation early and before the "hotel room block release date" which is April 14.** Rooms may sell out before this date so be sure to make your reservation now. After the release date, rooms and group rates may no longer be available so call the hotel regarding availability. To reserve your room online, please visit our website at ContemporaryForums.com for details. For room reservations, call (888) 421-1442 and inform them that you are attending the **Contemporary Forums'** conference on **Adolescent Health Care**. Request a confirmation number and written confirmation of your reservation. Reservations must include a first night's deposit. Contact the hotel regarding cancellation policy. For arrivals after 4 p.m., call the hotel on the day of travel to reconfirm reservations. For additional hotel information, call the **Hyatt Regency Boston** at (617) 912-1234.



OLD TOWN TROLLEY TOUR OF BOSTON

Join your colleagues Friday evening, and board the Old Town Trolley for a special tour through Boston's historic past and urban present. The trolley will depart from the hotel at 5:45 p.m. and take you past the charming sites of Boston including the Boston Common, the Bunker Hill Monument, plus a stop at Quincy Market, and Faneuil Hall for dinner on your own.

Tickets are \$34 and may be purchased when registering for the conference.

Reservations must be received by April 30. No refunds given after that date.

ONLINE CE LIBRARY

CAN'T ATTEND THIS LIVE CONFERENCE? REGISTER FOR ONLINE ACCESS TO THE RECORDED CONFERENCE BEFORE 5/17/14 FOR SPECIAL PRE-ORDER DISCOUNT.

COST IS \$375 AND INCLUDES:

- ▶ Access to all recorded Preconference and Main Conference presentations in a multimedia format for 2 years.
- ▶ Online post-tests to earn over 50 hours of ANCC/ACCME credit and up to 4.25 hours of Pharmacology Credit for Prescriptive Authority.
- ▶ Option to share online conference with 3 colleagues at no cost. (*Post-tests for CE credit optional for colleagues, \$10 per session.*)
- ▶ Conference sessions will be available at **OnlineCELibrary.com** approximately 2 weeks after the end of the live conference. Access instructions and Conference Code will be emailed to you. Place your order today by registering for this meeting online at **ContemporaryForums.com** and *selecting the Online CE Library option* or mail/fax the Registration Form.

ONLINE CE LIBRARY GROUP DISCOUNTS

Hospitals, clinics and healthcare facilities can provide and manage quality accredited continuing education to meet staff needs. To request group account discount pricing and details, visit **OnlineCELibrary.com** or call **(925) 361-4811**.



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ADOLESCENT HEALTH CARE REGISTRATION FORM

RETURN THIS
ENVELOPE WITH
FULL PAYMENT
(U.S. FUNDS)

OR

REGISTER
ONLINE 24/7 AT:
CONTEMPORARY
FORUMS.COM

OR

FAX THIS FORM TO:
(800) 329-9923

CODE: PDF

REGISTRATION INFORMATION

(Please Print Clearly - *Name, License/Degrees,
Place of Employment, City, State appear on your badge.)

*First Name _____ *Last Name _____

*License/Degrees _____

*Place of Employment _____

*City _____ *State _____

Attendee's email (Required)

For confirmation, receipt, handouts prior to conference, and access
to your Certificate of Attendance. Provide your best email address
as some emails are filtered and blocked.

Home Address _____

City _____ State _____ Zip _____

Daytime Phone(s) _____

PROFESSIONAL PROFILE

Choose ONE category in each section that best applies to you. If
you have multiple roles, select the one that occupies the majority of
your time. Use "Other" only if none of the choices apply to you.

1. SPECIALTY

- ☐ Adolescent Medicine
- ☐ College Health
- ☐ Family Practice/Primary Care
- ☐ Nurse-Midwifery
- ☐ OB/GYN/Women's Health
- ☐ Pediatrics
- ☐ Psychiatry
- ☐ Psychology
- ☐ Public Health
- ☐ School Nurse
- ☐ Other: _____

2. PROFESSION

- ☐ CNM/NM
- ☐ Educator/Instructor
- ☐ FNP/ANP
- ☐ MD/DO
- ☐ OB/GYN NP
- ☐ PA/PA-C
- ☐ PNP
- ☐ Psychologist
- ☐ RN/RNC
- ☐ Social Worker/MFCC
- ☐ Other: _____

3. CLINICAL SETTING

- ☐ Adolescent Care
- ☐ College Health Service
- ☐ Emergency Department
- ☐ Family/Group Practice
- ☐ HMO
- ☐ Hospital Inpatient
- ☐ Midwifery Practice
- ☐ Military Clinic/Hospital
- ☐ Multi-Specialty Group
- ☐ Pediatric Group Practice
- ☐ Pediatric Outpatient Clinic
- ☐ Physician Office
- ☐ Planned Parenthood
- ☐ Primary Care Clinic/Office
- ☐ Private Practice
- ☐ Public Health/Community Clinic
- ☐ Public or Private School
- ☐ Rural Health Clinic
- ☐ School-Based Clinic
- ☐ University/Academia
- ☐ Other: _____

REGISTER TO ATTEND: #68

- ☐ **Preconference A** (May 15 - all day)
- ☐ **Preconference B** (May 15 - all day)
- ☐ **Preconference C** (May 15 - afternoon)
- ☐ **Main Conference** (May 16-17)

CONCURRENT SESSIONS SELECTION (SATURDAY, MAY 17)

Please indicate the numbers of your choices below.

#1 (8:00 a.m.) _____

#2 (9:45 a.m.) _____

#3 (11:15 a.m.) _____

#4 (2:00 p.m.) _____

#5 (3:45 p.m.) _____

PAYMENT SUMMARY (#68)

Early Fee Postmark Deadline: April 3

Main Conference Tuition	\$	
*Group Discount	-\$	
***Boston Children's Hospital Discount	-\$	
Preconference A: Teen Mental Health		
OR		
Preconference B Tuition: Sports Medicine	+\$	
OR		
Preconference C: Nexplanon Training*	+\$	
Old Town Trolley Tour of Boston #__ @ \$34 each)	+\$	
TOTAL PAYMENT ENCLOSED	\$	

OFFICE USE ONLY: C____ D____

We collect this data in order to provide you with
information about Contemporary Forums and
conferences. If you prefer not to receive further
information, please see our privacy statement at
ContemporaryForums.com