

DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE

FAMILY MEDICINE UPDATE

TARGET AUDIENCE - Health care providers who specialize in care for the family

LEARNING OBJECTIVES - By the end of the program, participants will be able to:

- Describe important clinical issues in family medicine
- Summarize current, evidence-based approaches for select patient care topics
- Apply newly learned knowledge to clinical practice

PROGRAM

FRIDAY, APRIL 25, 2014

MORNING SESSION MODERATOR: Jeff Belden, MD

AM

- 7:00** **Registration; Breakfast**
- 7:50** **Welcome and Announcements**
- 8:00** **Update in Diagnosis and Management of Anemia**
Scott Kinkade, MD, MU Department of Family and Community Medicine
- 8:40** **The ANA Test: All You Need To Know**
Celso Velazquez, MD, MU Division of Rheumatology
- 9:20** **Complementary Medicine and Infertility- Moving Beyond "Just Relax"**- Jamie Ogden, MD, MU Department of Family and Community Medicine
- 10:00** **BREAK**
- 10:20** **USPSTF Update: Lung Cancer Screening**
Michael LeFevre, MD, MSPH, MU Department of Family and Community Medicine
- 11:00** **Management of High Blood Pressure in Adults – Recommendations of the JNC 8 Panel**
Michael LeFevre, MD, MSPH, MU Department of Family and Community Medicine
- 11:40** **Lunch and Poster Presentations of QI Projects by MU Family and Community Medicine Residents**

AFTERNOON SESSION MODERATORS: Jim Stevermer, MD, MSPH; Gina Oliver, PhD, APRN, FNP-BC, CNE

PM

- 1:00** **Solving a Headache of a Problem- An Evidence Based Approach to Common Headache Disorders**
Mark Beard, MD, MU Department of Family and Community Medicine
- 1:40** **The New Cholesterol Treatment Guidelines: What Should I Be Doing Differently?**- William Fay, MD, MU Division of Cardiovascular Medicine
- 2:20** **Pain Management in the Elderly**- Kevin Craig, MD, MSPH, MU Department of Family and Community Medicine

3:00 **BREAK**

- 3:20** **Chronic Kidney Disease for the Primary Care Clinician**- Laura Morris, MD, MSPH, MU Department of Family and Community Medicine
- 4:00** **Shoulder Pain in Adults: Evidence Based History, Exam and Management**- Aaron Gray, MD, MU Department of Family and Community Medicine
- 4:40** **Practice Changing Updates from the Literature**
Jim Stevermer, MD, MSPH, MU Department of Family and Community Medicine
- 5:20** **ADJOURN FOR THE DAY**

SATURDAY, APRIL 26, 2014

SESSION MODERATORS: Dan Vinson, MD, MSPH; Marilee Bomar, APRN

AM

- 7:00** **Breakfast**
- 8:00** **The Medical Care of the Transgender Patient**
Amanda Swenson, MD, MU Department of Family and Community Medicine
- 8:40** **Drug Update 2014- What's New Out There?**
Peter Koopman, MD, MU Department of Family and Community Medicine
- 9:20** **The Asthma Check-Up**- Ben Francisco, PhD, APRN, MU Department of Child Health
- 10:00** **BREAK**
- 10:20** **Autism Spectrum Disorders**- Abbe Sudvarg, MD, Family Care Health Centers, St. Louis
- 11:00** **Treatment Approaches to Diabetes**
Sarah Swofford, MD, MSPH, MU Department of Family and Community Medicine;
Marilee Bomar, APRN, MU Department of Family and Community Medicine
- 11:40** **CLOSING REMARKS; ADJOURN**

Additional learning opportunities to start when Update adjourns on Saturday - details on following page

• **THE GROUP SAM: WELL CHILD CARE** • **OFFICE EMERGENCIES SIMULATION SESSION** •

REGISTER NOW

THE GROUP SAM: WELL CHILD CARE

SATURDAY, APRIL 26, 2014, 12:00-7:00PM
Hilton Garden Conference Center

This session will be an approximately 7 hour course that will complete the 60 question Knowledge Assessment portion of the American Board of Family Medicine's required Self-Assessment Module (SAM). In a group process, we will address each Knowledge Assessment question, along with a review of the relevant clinical content. Successful completion of this group process, and clinical simulation (done individually) will earn 15 CME from AAFP/ABFM. CME credit is only available for members of the ABFM. Lunch and dinner will be provided. This session is subject to cancellation (with full refund) if a minimum number do not sign up. **For more information, please contact stevermerj@health.missouri.edu.** Please note that the registration fee for this session is separate from other fees charged by the ABFM for maintenance of certification activities.

OFFICE EMERGENCIES SIMULATION SESSION

SATURDAY, APRIL 26, 2014, 12:00-3:00PM
Hilton Garden Conference Center

This practical session will last approximately 3 hours and will simulate common office emergencies using state of the art simulation technology. Participants will work as a team in four different scenarios to manage patients experiencing an emergency condition. The sessions will be followed by a group debriefing. Lunch will be provided. This session is subject to cancellation (with full refund) if a minimum number do not sign up. **For more information, please contact wellsjack@health.missouri.edu.** Please note that there is a separate registration fee of \$150 for this session. This activity is approved for AMA PRA Category 1 Credits.

ACCREDITATION

The Office of Continuing Education, School of Medicine, University of Missouri is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Education, School of Medicine, University of Missouri designates this live educational activity for a maximum of 12.0 AMA PRA Category 1 Credits(s)[™] (8.5 for Day 1 and 3.5 for Day 2). Physicians should only claim credit commensurate with the extent of their participation in this activity.

The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Up to 11.66 Contact Hours for the regular conference will be awarded (8.33 for Day 1 and 3.33 for Day 2). MONA Provider Approval Number 716-VII.



GENERAL INFORMATION

PLANNING COMMITTEE

LINDSEY BECKMANN, Senior Continuing Education Coordinator, Office of Continuing Education, MU School of Medicine

KATHY BOECKMANN, MA, External Relations Coordinator, Department of Family and Community Medicine, MU School of Medicine

MARILEE BOMAR, APRN, GCNS-BC, Nurse Partner, Department of Family and Community Medicine, MU School of Medicine

SHIRLEY J. FARRAH, PHD, RN-BC, Assistant Dean, Nursing Outreach and Associate Teaching Professor, MU Sinclair School of Nursing

KEVIN KANE, MD, MSPH, Conference Chair, Associate Professor, Department of Family and Community Medicine, MU School of Medicine

GINA OLIVER, PHD, APRN, FNP-BC, CNE, Assistant Teaching Professor, MU Sinclair School of Nursing

JAMES STEVERMER, MD, MSPH, Professor of Clinical Family and Community Medicine and Assistant Director, Family Medicine Residency Program, Department of Family and Community Medicine, MU School of Medicine

LOCATION: The conference will be held at Hilton Garden Conference Center, located at 3300 Vandiver Drive, Columbia, Missouri 65202. Please visit the CME website at <http://medicine.missouri.edu/cme> for a detailed map containing conference and lodging location.

REGISTRATION INFORMATION: To register, please complete and return the registration form with payment to the CME office address listed at the bottom of the registration form. You may also register by FAXing your registration form to the CME office at 573/882-5666 or by completing an online registration at <http://medicine.missouri.edu/cme>. A registration form is also included on our website.

PAYMENT METHODS: Fees may be paid by cash, check, Discover, MasterCard, Visa or American Express. Checks should be made payable to the University of Missouri. To pay by credit card, please fill out the appropriate section of the registration form and sign where indicated or register on line at <http://medicine.missouri.edu/cme>.

LODGING: Guest rooms have been reserved for April 24 and 25, 2014, at the Hilton Garden Inn, located at 3300 Vandiver Drive, Columbia, Missouri; phone 573-814-5464. Nightly rate is \$99 plus tax. Please specify that you are with the Family Medicine Update when making reservations. The cut off deadline for the special conference rate is March 24, 2014.

SUBSTITUTION AND CANCELLATION REFUND POLICY:

A full refund of fees less a \$25.00 administrative fee will be made if notice of cancellation is received, in writing, by Friday, April 18, 2014. A \$50.00 administrative fee will be assessed for any cancellations received after Friday, April 18, 2014 through Thursday, April 24, 2014. No refunds will be made after April 25, 2014.

DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE

FAMILY MEDICINE UPDATE

REGISTRATION FORM

REGISTRATION FEES

Early Registration Fees (on or before Friday, April 4, 2014)

_____ \$225.00 – physicians
_____ \$175.00 – other health
professionals

Regular Registration Fees (after Friday, April 4, 2014)

_____ \$250.00 – physicians
_____ \$200.00 – other health
professionals

The Group SAM: Well Child Care

_____ \$200
(minimum of 10 registrants-
subject to cancellation)

Office Emergencies Simulation Session

_____ \$150
(minimum of 20 registrants-
subject to cancellation)

Total fee: _____

The registration fees as listed on the registration form include all conference materials and catered food functions. *Please note that if you register without paying, you are responsible for payment whether or not you attend the conference unless you cancel prior to Friday, April 18, 2014.*

_____ **I do not want my name on the conference roster**

QUESTIONS

Contact the CME Office
at 573-882-3458
or visit us online at
medicine.missouri.edu/cme

Name _____
Last First Middle Initial

First name or nickname for name badge _____

Your profession: _____MD _____Nurse _____Nurse Practitioner
_____DO _____Physician Assistant _____Other

Degree _____

Institutional Affiliation _____

Preferred Mailing Address _____

City _____ State _____ Zip _____ County _____

OfficePhone _____ OfficeFAX _____

E-Mail Address _____

Please charge my: _____Discover _____MasterCard _____VISA _____American Express

Account Number _____ Exp. Date _____

Signature _____

Address if different from one listed above

_____Check enclosed. (Make payable to University of Missouri)

Please specify any special arrangements or dietary restrictions you may have while attending this conference:

Mail completed registration form and payment to:

2014 Family Medicine Update
University of Missouri
2401 Lemone Industrial Blvd., DC345.00
Columbia, Missouri 65212

Or you may FAX your registration form to 573-882-5666



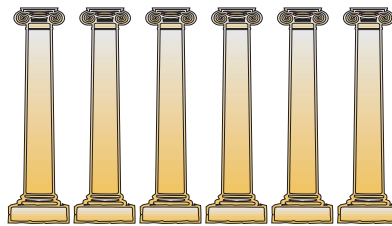
Equal Opportunity is and shall be provided to all participants in Extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, national origin, age, disability or status as a Vietnam-era veteran. This policy shall not be interpreted in such a manner as to violate the legal rights of religious organizations or military organizations associated with the armed forces of the United States of America.



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RETURN SERVICE REQUESTED



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DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE
FAMILY MEDICINE UPDATE

APRIL 25-26, 2014

HILTON GARDEN CONFERENCE CENTER ~ COLUMBIA, MISSOURI

Conference and hotel information is posted on the CME website: medicine.missouri.edu/cme

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