



“NUTRITION MATTERS”

**2nd Annual Cleveland Clinic Center for Human Nutrition
Spring Symposium**

FRIDAY, APRIL 11, 2014

**InterContinental Hotel & MBNA Conference Center
Cleveland, OH**

OVERVIEW

Nutrition is an all-encompassing specialty that touches on many areas of health, disease management, and wellness. The provision of excellent nutrition care requires a multidisciplinary approach and awareness of current research and professional practices. The 2nd Annual Cleveland Clinic Center for Human Nutrition Symposium will showcase a variety of topics across the field of nutrition, including malnutrition, inflammation, obesity treatments, ICU care, diabetes, wellness, quality, safety, outcomes, development of nutrition care plans, nutrition support and health promotion. These subjects will be addressed through an array of lectures and hands-on demonstrations to actively engage participation and improve learning.

LEARNING OBJECTIVES

After completing this educational activity, the participant will be able to do the following:

- Discuss malnutrition syndromes including acute, chronic and starvation-related malnutrition
- Identify malnutrition in critically ill patients and develop a nutrition care plan
- Discuss the influence of diet and obesity on the complexity of the gut microbiota and its fermentation byproducts
- Discuss medical nutrition therapy for the ICU Cardiac patient
- Create an evidence-based medical nutrition therapy plan for the critically obese patient
- Develop nutrition care plans for adult and pediatric patients with obesity and diabetes and patients requiring parenteral nutrition support
- Define nutrition quality and patient safety issues in the changing healthcare environment
- Utilize perioperative nutrition care plans to achieve desired outcomes
- Recommend and recognize the importance of wellness initiatives
- Develop a nutrition care plan for an obese family utilizing a multidisciplinary approach

REGISTER TODAY!

Please Visit <https://www.ccfcmc.org/CHN> or contact Samantha Miller at millers15@ccf.org