

Treating Chronic Pain and Addiction in the Southwest: Addressing Best Practices and Current Regulations

This course will provide a separate dentistry specific plenary track.

These courses are approved by all New Mexico licensing boards to fulfill the requirements specific to pain and addiction. Clinicians in neighboring states of AZ, CO, TX and UT are welcome to attend.

Presented by:



SCHOOL of MEDICINE

UNM Pain Consultation & Treatment Center
Department of Neurosurgery

**Albuquerque • Las Cruces • Farmington
New Mexico**

Saturday, 8:00 am - 1:30 pm

November 2, 2013 Albuquerque Marriott, Albuquerque
January 25, 2014 Hotel Encanto, Las Cruces, New Mexico
March 8, 2014 VA Health Care System, Albuquerque
April 26, 2014 Courtyard by Marriott, Farmington, New Mexico
June 7, 2014 Domenici Auditorium, UNM North Campus, Albuquerque

For more information or to REGISTER NOW,
please contact the University of New Mexico Office of Continuing Medical Education

Website: <http://som.unm.edu/cme> • E-Mail: CMEWeb@salud.unm.edu • Phone: 505-272-3942

Purpose

The UNM Pain Consultation and Treatment Center, in collaboration with the UNM Office of Continuing Medical Education, will be offering at least five Saturday morning courses, beginning in November 2013. These courses address the continuing education needs of clinicians specific to pain and addiction based on Senate Bill 215 (2012).

Topics to be Covered

- 1) An overview of the epidemic of unintentional opiate overdose deaths in New Mexico,
- 2) 2011 Institute of Medicine Guidelines for Best Practices in pain management,
- 3) Safe prescribing of opiate analgesics, with detailed equianalgesic dosing guidelines,
- 4) Non-opiate analgesic medications for pain treatment; specific mechanisms of actions, indications, and dosing guidelines
- 5) Identification of the patient at risk for addictions, current addictions issues, and diversion
- 6) Federal and State regulations regarding pain management.
- 7) Special aspects of dental pain.

Case Vignettes and small group sessions will be used for this course in addition to traditional didactic teaching. Special populations will be covered. These will include:

- Children and Adolescents
- Safe Opiate Prescribing
- Managing the Patient who is Misusing Opioids
- The Patient with Pain and Psychological Comorbidities

General Course Objectives

At the end of this course, the participant should be able to:

- 1) Demonstrate the ability to safely prescribe and monitor opiate and non-opiate pain medications.
- 2) Describe Federal and State guidelines that regulate the use and prescription of controlled substances.
- 3) Discuss strategies to identify and treat the patient who is addicted to opiate analgesics.
- 4) Discuss special considerations needed for children and adolescents who require treatment for chronic pain.



Course Agenda

7:30 – 8:00 am

Continental Breakfast and Registration

8:00 – 8:40 am

Overview: The Crisis of Unintended Opiate Overdose Deaths in New Mexico: What is Best Practices Interdisciplinary Pain Management?

8:40 – 9:15 am

Medication Management for Pain: Opiate Analgesics: Safe Prescribing

9:15 – 9:50 am

Screening for Opiate Addictions, Misuse, and Diversion in the Chronic Pain Patient

9:50 – 10:05 am

BREAK

10:05 – 11:15 am

Special Aspects of Dental Pain:
Simultaneous Plenary Session for Dentists

DENTISTS: At the conclusion of this session, the 3-hour CE requirement will be satisfied however, you are welcome to stay for the remainder of the program.

10:05 – 10:40 am

Non-Opiate Medications for Pain:
Non-Steroidal Medications, Neuropathic Medications, Anti-Depressants, Topical Agents, and Many Others

10:40 – 11:05 am

Pharmacologic Management for Pediatric Pain

11:05 – 11:30 am

Federal and State Regulations Pertaining to Pain Treatment

11:30 – 12:00 pm

Question and Answer Session – Panel

12:00 – 12:15 pm

Pick up Box Lunch and Proceed to Small Groups

12:15 – 12:50 pm

Small Group Sessions with Case Vignettes #1

12:50 – 12:55 pm

Change Small Groups

12:55 – 1:30 pm

Small Group Sessions with Case Vignettes #2

1) Children and Adolescents

- What special pain problems do children and adolescents have?
- How does the treatment of children and adolescents with pain differ from adults?
- What potential pitfalls face the practitioner who treat children and adolescents with chronic pain?

2) Safe Opiate Prescribing

- Which patient is a candidate for chronic opiate therapy.
- How to screen for patients with the potential for opiate abuse.
- Monitoring opiate therapy.

3) Managing the Patient who is Misusing Opioids

- What are aberrant behaviors with regard to opioid usage?
- How to monitor your patients for aberrant opioid behaviors.
- Decreasing and/or stopping opioids safely and humanely.

4) The Patient with Pain and Psychological Comorbidities

- What are pathologic behavioral response to chronic pain?
- The patient with severe anxiety and pain.
- The depressed patient: when to treat, when to refer.

You will attend 2 of the 4 small group sessions. Please list your preference on the registration form.

1:30 pm

Evaluation/Conclusion



University of New Mexico Health Sciences Center School of Medicine Faculty

Jeanne Bereiter, MD

Associate Professor
Department of Psychiatry, Child Division

Snehal Bhatt, MD

Assistant Professor
Department of Psychiatry
Medical Director, Addiction and Substance Abuse Programs, UNM
IHS, Telebehavioral Center of Excellence

Chris Camarata, MD

Assistant Professor
Department of Family and Community Medicine
Palliative Care Program

Karen E Cardon, MD

Volunteer Clinical Faculty
Department of Internal Medicine
Director, Co-Occurring Disorders Clinic
New Mexico Veterans Affairs Health Care System

George D. Comerchi, Jr., MD, FACP DAAPM

Professor
Department of Internal Medicine
UNM Pain Consultation & Treatment Center
Medical Director, ECHO Pain Program

Gary Cuttrell, DDS, JD

Professor and Chair
Department of Dental Medicine
Chief

Division of Dental Services

Jennifer Dillow, MD, FAAP

Assistant Professor
Department of Anesthesiology
Director, Pediatric Regional Anesthesia and Acute Pain Services

Daniel Duhigg, DO, MBA

Assistant Professor
Department of Psychiatry
Department of Neurology
ECHO Pain & Integrated Addictions Clinic
UNM Pain Consultation & Treatment Center

Jason Flores, RN, DDS, DADBA, DNDBA, FADSA

Assistant Professor
Director of Dental Anesthesiology
UNM AEGD Dental Residency Clinic

Cynthia Geppert, MD, PhD, MPH, DABAM, DAAPM, DABPM

Chief, Consultation Psychiatry and Ethics
New Mexico Veterans Affairs
Health Care System
Professor

Department of Psychiatry
Director of Ethics Education

Joanna Katzman, MD, MSPH, DAAPM

Associate Professor
Department of Neurosurgery
Director
UNM Pain Consultation & Treatment Center
Director, ECHO Pain Program

Eugene Koshkin, MD

Associate Professor
Department of Anesthesiology
Director, Interventional Division
UNM Pain Consultation & Treatment Center

Lisa Marr, MD

Professor
Department of Internal Medicine
Director, Palliative Care Section

Denise Taylor, MD

Associate Professor
Department of Pediatrics
Director, Pediatric Rehabilitation Program
Pediatric Interdisciplinary Pain Clinic
UNM Pain Consultation & Treatment Center

**Course Directors: George Comerchi, MD
and Joanna Katzman, MD**

Accreditation

Physicians

The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is approved for 5.0 contact hours by the University of New Mexico Office of Continuing Medical Education, an approved provider of continuing nursing education by the New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registration Information

If you are paying by credit card, you may register on-line at the UNM CME website: <http://som.unm.edu/cme>. A confirmation letter will be emailed to you. Please present your confirmation letter at the registration desk upon arrival at the conference. If you do not receive a confirmation letter, please contact the Office of CME at 505-272-3942 to verify your attendance. Registration includes conference materials, breakfast and refreshment break on Saturday. Please confirm your registration prior to making travel arrangements. Minimum and maximum numbers have been established for this conference. A copy of the purchase order must accompany the registration. Any registrations faxed without a Visa or MasterCard number, or a copy of the purchase order cannot be processed. The Office of CME does not maintain a petty cash fund. Cash payments must be made in the exact amount. It is UNM policy to charge \$15.00 plus normal merchant bank fees for each returned check.

Registration Fees

Early Bird Registration (postmarked on or before two weeks prior to conference date)

MD/DO \$160.00
MD/DO

(using UNM tuition remission) \$150.00

DDS/DPM \$135.00

DDS/DPM

(using UNM tuition remission) \$125.00

Mid-Level, CNM, CRNA, RN

and Others \$135.00

Mid-Level, CNM, CRNA, RN and Others

(using UNM tuition remission) \$125.00

Regular Registration (Postmarked after two weeks prior to conference date)

MD/DO \$200.00
MD/DO

(using UNM tuition remission) \$190.00

DDS/DPM \$175.00

DDS/DPM

(using UNM tuition remission) \$165.00

Mid-Level, CNM, CRNA, RN

and Others \$175.00

Mid-Level, CNM, CRNA, RN and Others

(using UNM tuition remission) \$165.00

How To Register

- Fax your registration 24 hours/day to 505-272-8604
- Call 505-272-3942 between 8:00 am and 5:00 pm MST
- Online at: <http://som.unm.edu/cme>
- Mail to: UNM, Office of CME, MSC09 5370,
I University of New Mexico, Albuquerque, NM 87131

Conference Site and Accommodations

Detailed information regarding the conference site and accommodations will be included in the confirmation letter or visit our website at <http://som.unm.edu/cme>

The course dates and locations are:

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If you receive more than one copy of this brochure, please share with a friend or colleague.

Contact Information

This course is presented by the University of New Mexico School of Medicine, Office of Continuing Medical Education.

For additional information contact:

UNM School of Medicine

Office of Continuing Medical Education
MSC09 5370

1 University of New Mexico
Albuquerque, NM 87131-0001

Phone: (505) 272-3942

FAX: (505) 272-8604

Visit the UNM CME website at

<http://som.unm.edu/cme>

Participants requiring special accommodations should contact the Office of Continuing Medical Education as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

You may also visit the UNM School of Medicine Project ECHO website for a list of their chronic pain echo modules.

Cancellation Policy

If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$40.00 administrative fee provided it is received in writing prior to one week before the conference date. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of Continuing Medical Education is not responsible for any airfare, hotel, or other costs incurred by participants.

UNM Tuition Remission

All eligible UNM Faculty and Staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

The on-line UNM Tuition Remission form may be accessed at:

<http://hr.unm.edu/docs/benefits/tuition-remission.pdf>

Registration Information

- Please arrive by 7:45 am.
- Pre-test must be completed prior to 8:30 am.
- CME Certificates will be emailed to participant after course completion and completion of course pre/post test.



Registration Form

Treating Chronic Pain in New Mexico
•Albuquerque • Las Cruces • Farmington, New Mexico

Name: _____ Specialty: _____

Title (please circle): MD DO DDS DPM PhD RN CNM CRNA NP PA OT PT Other: _____

Street: _____

City: _____ State: _____ Zip: _____

Daytime Telephone: () _____ FAX Number: () _____

Email: _____

PLEASE PRINT CAREFULLY. THE ABOVE INFORMATION WILL BE USED FOR YOUR NAMETAG.

DATES AND LOCATION: (Please select one)

- ☐ November 2, 2013 – Albuquerque Marriott, Albuquerque
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SMALL GROUP SESSIONS (Please indicate order of preference using 1-4).

- ___ Children and Adolescents
- ___ Safe Opiate Prescribing
- ___ Managing the Patient who is Misusing Opioids
- ___ The Patient with Pain and Psychological Comorbidities

REGISTER ONLINE AT:
<http://som.unm.edu/cme>

LUNCH

- ☐ Vegetarian Meal ☐ Vegan ☐ Gluten Free

PLEASE INDICATE METHOD OF PAYMENT:

- ☐ UNM Full-time Student/House Officer (Please enclose a copy of ID Card with registration)
- ☐ Check (Make payable to UNM Office of CME)
- ☐ UNM Tuition Remission Form (copy enclosed)
- ☐ Institutional Purchase Order Number _____ (copy enclosed)

☐ MASTERCARD ☐ VISA Amount Paid _____

Account Number: _____

Include last 3 numbers on back of card: _____ Expiration Date: _____

Amount: _____ Cardholder's Signature: _____

Make check payable to the UNM Office of CME and mail it along with this form to: The University of New Mexico, Office of Continuing Medical Education, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. Telephone registrations (505) 272-3942 and Fax (505) 272-8604 registrations will be accepted for Visa, MasterCard and Purchase Orders only. Registrations faxed without a Visa or MasterCard number, a copy of the Institutional Purchase Order or a copy of the Tuition Remission form will not be processed.

Your registration will be confirmed by email.

**ATTENTION UNM
FACULTY AND STAFF**
Use your tuition remission
form when paying for this
conference.