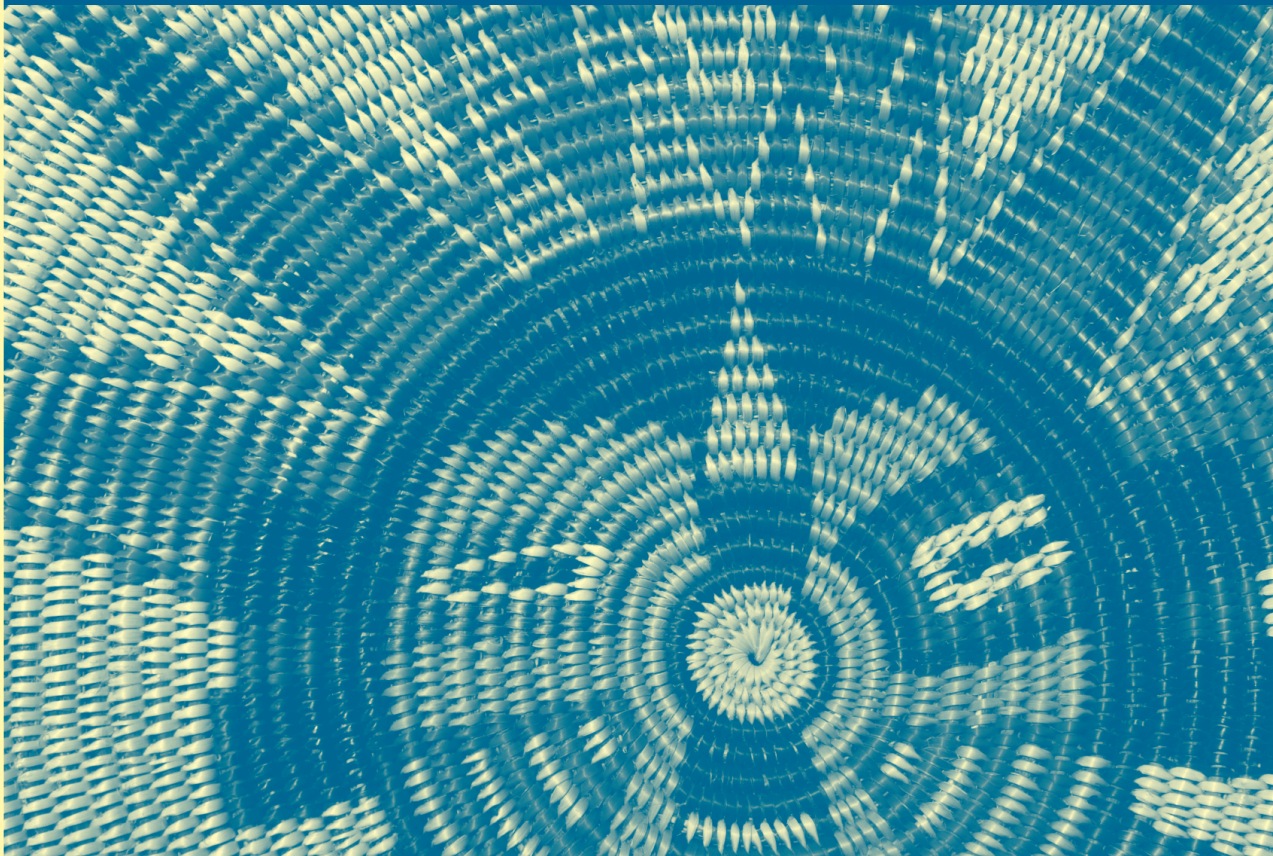


2014 Annual

Women's Health Conference

February 21-22, 2014

Sheraton Albuquerque Uptown
Albuquerque, New Mexico



A Premier Women's Health Conference featuring Local and National Experts

Presented by:



SCHOOL of MEDICINE

Department of Obstetrics & Gynecology &
The Office of Continuing Medical Education



New Mexico Section
ACOG



New Mexico State Affiliate
American College of
Nurse Midwives

Accreditation

The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Office of Continuing Medical Education designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made for American College of Obstetricians and Gynecologists (ACOG) cognates.

The Continuing Education Committee of the American College of Nurse-Midwives is granting reciprocity status to the Accreditation Council for Continuing Medical Education (ACCME) for Category 1 (formal didactic offerings), effective March 1, 1989. This conference is approved for 11.0 hours.

This activity is approved for 11.0 contact hours by the University of New Mexico Office of Continuing Medical Education, an approved provider of continuing nursing education by the New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificates of nursing credit will be issued at the end of the conference, which is at 12:00 pm on February 22, 2014, in exchange for conference evaluations.

Application has been submitted for continuing education credits through the University of New Mexico Health Sciences Center College of Pharmacy, an accrediting body for the Accreditation Council for Pharmacy Education.

Contact Information

This conference is presented by the University of New Mexico Health Sciences Center School of Medicine, Office of Continuing Medical Education. For additional information contact: UNM School of Medicine; Office of Continuing Medical Education; MSC09 5370, 1 University of New Mexico; Albuquerque, New Mexico 87131-0001; (505) 272-3942 - FAX (505) 272-8604. <http://som.unm.edu/cme>

Individuals requiring special accommodations should contact the Office of Continuing Medical Education at (505) 272-3942. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

Conference Location / Accommodations

The conference will be held at the Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd. NE, Albuquerque, New Mexico, 87110.

A block of rooms has been reserved for participants of this conference at the Sheraton Albuquerque Uptown Hotel for the nights of February 20 – February 22, 2014. **Special rates are available to you if you make your room reservations no later than Wednesday, January 29, 2014.**

To make room reservations, participants should contact the Sheraton Albuquerque Uptown Hotel directly:

Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd. NE, Albuquerque, New Mexico, 87110 • 505-881-0000

Please identify yourself as a participant of the 2014 Annual Women's Health Conference. Participant rate is: \$99.00

All reservations must be guaranteed with a one night's deposit in the form of a credit card.

Conference Syllabus

Unless prior arrangements to purchase a printed syllabus have been made, we will not be printing handouts for this conference. Your confirmation letter will have a website link and the handouts will be available on the website, one week prior to the conference, as well as an updated agenda. The conference facility will be fully equipped with free wireless internet and the syllabus will be accessible by all internet capable devices.

How To Register:

- On-line at: <http://som.unm.edu/cme>
- Fax your registration 24 hours/day to (505) 272-8604
- Call (505) 272-3942 between 8:00 am and 5:00 pm M.S.T.
- Mail to: UNM, Office of CME; MSC09 5370; 1 University of New Mexico; Albuquerque, NM 87131-0001

Register now to avoid disappointment.



2014 Annual Women's Health Conference

Registration Information

Advance registration is encouraged. Please register early to avoid disappointment. Minimum and maximum numbers have been established for this conference and for the workshops. The Office of CME does not maintain a petty cash fund. Cash payments must be made in the exact amount of tuition. It is UNM Policy to charge offerer \$15.00 plus normal merchant bank fees for each returned check.

If you are paying by credit card, we have on-line registration capability at the UNM CME website, <http://som.unm.edu/cme>. A confirmation letter will be e-mailed to you. Please present your confirmation letter at the registration desk upon arrival at the conference. If you do not receive a confirmation letter, please contact the Office of CME at (505) 272-3942 to verify your attendance. Registration includes conference materials, breakfasts, refreshment breaks, and beverages. Your pre-registration will be confirmed.

Telephone (505) 272-3942 and FAX (505) 272-8604 registrations will be accepted only with VISA/MasterCard. Faxed registrations, which do not have credit card information provided, will not be processed.

REGISTRATION FEES	Early Registration (Postmarked on or before Friday, February 6, 2014)		Using Tuition Remission	Regular Registration (Postmarked after Friday, February 6, 2014)		Using Tuition Remission
	MD & DO	\$265	\$255	MD & DO	\$315	\$305
	ACOG Member	\$235	\$225	ACOG Member	\$285	\$275
	NP, CNM, PA, Nurse, Other	\$210	\$200	NP, CNM, PA, Nurse, Other	\$260	\$250
	ACNM Member	\$205	\$195	ACNM Member	\$255	\$245
	Full-time Student	\$105*		Full-time Student	\$145*	
	Med Student* – ACOG Member		N/C**	Med Student* – ACOG Member		N/C**

(*Must provide proof of student full-time status. Tuition scholarships for students may be available. Please contact UNM Office of CME for more information. Students will not receive professional credit.) (**Paid by NMACOG. Will not receive professional credit.)

Tuition Remission

All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed on the registration form. Properly completed and original remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance. The on-line UNM Tuition Form may be accessed at <http://hr.unm.edu/docs/benefits/tuition-remission.pdf>

Cancellation

If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$40.00 administrative fee provided it is received in writing on or before February 14, 2014. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of CME is not responsible for any airfare, hotel, or other costs incurred by participants.

2014 Annual Women's Health Conference

February 21 ~ 22, 2014 • Sheraton Uptown Albuquerque

Friday, February 21, 2014

7:30am - 8:00am	Breakfast and Registration
Moderator	<i>Michael S. Ruma, MD, MPH</i>
8:00am - 8:15am	Welcome and Introductions
8:15am - 9:00am	The Importance of Long-Acting Reversible Contraception: An Update from the Contraceptive CHOICE Project <i>Jeffrey F. Peipert, MD, PhD</i>
9:00am - 9:45am	2nd Stage Labor: Pushing and the "Impact" on the Pelvic Floor <i>Lisa Kane Low, PhD, CNM, FACNM</i>
9:45am - 10:30am	Women's Voices: Breaking the Silence of Depression and Loss <i>Felicia Mancini, CNM, MSN, MPH and Tina Carlson, APRN, PMHCNS-BC</i>
10:30am - 10:45am	Q&A Session
10:45am - 11:15am	Break
11:15am - 12:30pm	Workshops 1. How Long is Long with Long-Active Reversible Contraception <i>Jeffrey F. Peipert, MD, PhD</i> 2. Newborn Clinical Updates and Breastfeeding Support <i>Emilie Sebesta, MD</i> 3. Cervical Length Screening <i>Michael S. Ruma, MD, MPH</i> 4. Tools to Promote Physiologic Approaches to Labor and Birth <i>Lisa Kane Low, PhD, CNM, FACNM</i>
12:30pm - 1:45pm	LUNCH PROVIDED
1:45pm - 3:00pm	Workshops 5. The Role of Psychotropic Medications in the Treatment of Maternal Depression and Anxiety <i>Felicia Mancini, CNM, MSN, MPH and Tina Carlson, APRN, PMHCNS-BC</i> 6. Hot Topics in Adolescent GYN <i>Nancy A. Sokkary, MD</i> 7. Transgender Issues <i>Adrien Lawyer</i> 8. Updates in GYN Oncology <i>Sarah Adams, MD</i>

3:00pm - 3:15pm	Break
Moderator	<i>Noelle Borders, CNM</i>
3:15pm - 4:15pm	What the ACA means for Women and Providers in NM <i>Tony Ogburn, MD</i>
4:15pm - 5:15pm	Stump the Professors - Cases Presented by Residents and Community Practitioners <i>Facilitated by Eve Espey, MD, MPH</i>
5:15pm - 5:30pm	Q&A Session
5:30pm - 6:00pm	ACNM and ACOG Networking Reception - By Invitation
6:00pm - 8:00pm	ACNM Member Business Dinner and Meeting - Dessert with ACOG
6:00pm - 8:00pm	ACOG Member Business Dinner and Meeting Dessert with ACNM

Saturday, February 22, 2014

7:15am - 8:00am	Breakfast
Moderator	<i>Kathie Maxwell, CNM, FNP</i>
8:00am - 9:00am	Birth Story Medicine for Professionals and Parents <i>Pam England, MA, CNM</i>
9:00am - 9:50am	STD Update <i>Bruce G. Trigg, MD</i>
9:50am - 10:05am	Q&A Session
10:05am - 10:20am	Break
10:20am - 11:10am	Women and Heart Disease in 2014 <i>Bina Ahmed, MD</i>
11:10am - 12:00pm	Perinatal Collaborative Panel <i>Eve Espey, MD, MPH; Tony Ogburn, MD; Elaine Brightwater, MSN, CNM,WHCNP, DNP and Felicia Mancini, CNM, MSN, MPH</i>
12:00pm	Adjourn

Objectives

This conference is intended for physicians, nurse midwives, nurse practitioners, physician assistants, nurses and related health care professionals.

After attending the seminar, the participant should be able to:

1. Incorporate clinical updates in pregnancy and/or reproductive health to the care of women;
 2. Identify clinical strategies to care for women experiencing depression, GYN cancer, STDs and heart disease;
 3. Describe policies related to the Affordable Care Act and the Perinatal Collaborative;
 4. Articulate specific updates in women's health including those specific to adolescence, transgender and newborn care.
-

Planning Committee

Noelle Borders, CNM, MSN

Midwifery Division
Department of Obstetrics and Gynecology

Eve Espey, MD, MPH

Professor, Department of Obstetrics and Gynecology
Chief, Division of Family Planning
Medical Director, UNM Center for Reproductive Health
Director, Fellowship in Family Planning

Kathie Maxwell, FNP, CNM

ABQ Health Partners
Albuquerque, NM

Laura Migliaccio, CNM, MSN

Chief, Midwifery Division
Department of Obstetrics and Gynecology

Michael S. Ruma, MD, MPH

Perinatal Associates of New Mexico
Albuquerque, NM

Betsy Taylor, MD

Assistant Professor
Division of Gynecology
Chief, Department of Obstetrics and Gynecology

Speakers

Guest Speakers

Lisa Kane Low, PhD, CNM, FACNM

Coordinator Nurse Midwifery Education Program
Associate Professor
School of Nursing and Women's Studies Department
University of Michigan
Ann Arbor, MI

Jefferey F. Peipert, MD, PhD

Robert J. Terry Professor
Vice Chair of Clinical Research
Department of Obstetrics and Gynecology
St. Louis, MO

UNM and Local Speakers

Sarah Adams, MD

Assistant Professor
Division of Gynecologic Oncology
Department of Obstetrics and Gynecology

Bina Ahmed, MD

Assistant Professor
Interventional Cardiology
Department of Internal Medicine

Elaine Brightwater, MSN, CNM, WHCNP, DNP

Public Affairs Lead
New Mexico Affiliate, American College of Nurse-Midwives
Albuquerque, NM

Tina Carlson, APRN, PMHCNS-BC

Clinical Nurse Specialist, Psychiatry
Project ECHO

Pam England, MA, CNM

Author and Creative Director of Birthing From Within
Albuquerque, NM

Adrien Lawyer

Executive Director
Transgender Resource Center of New Mexico
Albuquerque, NM

Felicia Mancini, CNM, MSN, MPH

Lecturer
Midwifery Division
Department of Obstetrics and Gynecology

Tony Ogburn, MD

Department of Obstetrics and Gynecology
University of New Mexico School of Medicine
Chief Medical Officer
UNM Sandoval Regional Medical Center

Emilie Sebesta, MD

Associate Professor
General Pediatrics Division
Department of Pediatrics

Nancy A. Sokkary, MD

Assistant Professor
Pediatric and Adolescent Gynecology
Department of Obstetrics and Gynecology

Bruce G. Trigg, MD

Clinical Associate Professor
Department of Pediatrics

Oversight Committee

Mary Blessing, MSN, RN,
University of New Mexico College of Nursing

Kristina Wittstrom, PharmD,
University of New Mexico College of Pharmacy

William F. Rayburn, MD, MBA,
University of New Mexico School of Medicine

REGISTRATION FORM

2014 Annual Women's Health Conference

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Please print in ink or type.

First Name: _____ Last Name: _____

Title (please circle): CNM MD DO NP PA Nurse Other: _____

Specialty: _____

Street: _____

City: _____ State: _____ Zip: _____

Email: _____

Daytime Phone: _____ Fax: _____

WORKSHOP REGISTRATION

Register Now To Get Your First Choice!

Register on-line at
<http://som.unm.edu/cme>

Friday, February 21, 2014

Workshops – 11:15 a.m. - 12:30 p.m. Please select Workshop 1, 2, 3 or 4

First Choice _____ Second Choice _____

Friday, February 21, 2014

Workshops – 1:45 p.m. - 3:00 p.m. Please select Workshop 5, 6, 7, or 8

First Choice _____ Second Choice _____

____ I would like to have a printed version of the syllabus when I arrive at the conference for an additional cost of \$20.00.

____ I plan to submit for pharmacy credit for an additional cost of \$15.00

I plan to attend the following:

____ ACNM Business Member Meeting/Dinner \$40 ____ ACOG Business Member Meeting/Dinner \$40

____ ACNM Business Member Meeting/Dinner with a guest (\$40.00 additional) ____ ACOG Business Member Meeting/Dinner with a guest (\$40.00 additional)

Meals

____ Vegetarian ____ Vegan ____ Other _____

Please indicate method of payment:

____ Check (Make payable to UNM Office of CME)

____ UNM Tuition Remission Form (copy enclosed)

____ MasterCard ____ Visa

____ Purchase Order # _____ (copy enclosed)

Account #: _____

Exp. Date: _____ Amount: \$ _____

(Include the last 3 numbers of code on the back of card _____)

Signature: _____

Early Registration

(Postmarked on or before Feb. 6, 2014)

MD & DO	\$265	\$255
ACOG Member	\$235	\$225
NP, CNM, PA, Nurse, Other	\$210	\$200
ACNM Member	\$205	\$195
Full-time Student	\$105*	

Med Student* ACOG Member N/C**

Regular Registration

(Postmarked after Fri., Feb. 6, 2014)

MD & DO	\$315	\$305
ACOG Member	\$285	\$275
NP, CNM, PA, Nurse, Other	\$260	\$250
ACNM Member	\$255	\$245
Full-time Student	\$145*	

Med Student* ACOG Member N/C**

(*Must provide proof of student full-time status. Tuition scholarships for students may be available. Please contact UNM Office of CME for more information. Students will not receive professional credit.)

(**Paid by NMACOG. Will not receive professional credit.)

Make check payable to UNM Office of Continuing Medical Education and mail it along with this form to:

UNM Office of CME, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131-0001. Telephone (505) 272-3942 and Fax (505) 272-8604 registrations accepted for VISA or MasterCard only. Faxed registrations, which do not have credit card information provided, will not be processed.

This form may be duplicated for additional registrations.