

Divisions of Endocrinology
and Metabolism,
Department of Medicine
University of California,
San Francisco
School of Medicine



DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

THURSDAY-SATURDAY
March 20-22, 2014

*SF-Oakland
Bay Bridge*

Hotel Kabuki
San Francisco,
California

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP
Clinical Professor of Medicine

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

Hotel Kabuki
San Francisco, California

March 20-22, 2014

The Diabetes Update section on Thursday focuses on new ideas and therapies relevant to patients with Type 1 and Type 2 diabetes. Discussion will also include aspects in the prevention of the disorders. Advances in Endocrinology and Metabolism on Friday and Saturday will provide the clinician with updated, pragmatic information about the management of common endocrinologic and metabolic problems, as well as insight into important areas in current clinical research. Formal presentations will be accompanied by question and answer periods with general discussion. Clinical cases will focus on common endocrine problems encountered in clinical practice. It is expected that the participants will gain new skills and strategies to manage these disorders.

TARGET AUDIENCE

This course is intended for general internists, family physicians, general practitioners, surgeons, nurses, pharmacists, and other allied health professionals.

ACCREDITATION

Physicians

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **18.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**.

Registered Dietitians

The Commission on Dietetic Registration accepts as continuing professional education those courses that meet the standard of relevance to Dietetic practice and have been approved for **AMA PRA Category 1 Credit™**.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Geriatric Medicine

The approved credits shown above include **11.00** credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed Credit from AAFP, and **AMA Category 1 Credit™** for the PRA for organizations accredited by the ACCME.

EDUCATIONAL OBJECTIVES

DIABETES UPDATE

At the completion of this program, course participants will be able to:

- Assess when to use the new drugs for the treatment of Type 2 diabetes;
- Make changes in glucose targets and therapies with changes in health and age of patients with Type 2 diabetes;
- Suggest approaches that can help patients lose weight;
- Prescribe a physiological insulin regimen and instruct patients on how to adjust insulin for food, exercise and stress;
- Manage commonly encountered diabetes issues (clinical cases);
- Discuss the treatment of diabetes related eye disorders;
- Discuss the use of continuous glucose monitors and pumps and appreciate the progress being made towards a closed loop system (electronic pancreas);
- Determine which patients should be considered for pancreas transplant currently and islet transplant in the near future.

ADVANCES IN ENDOCRINOLOGY & METABOLISM

At the completion of this program, course participants will be able to:

- Treat hypercalcemia;
- Manage commonly encountered bone disorders (clinical cases);
- Evaluate and manage hyperprolactinemia;
- More accurately interpret the results of common endocrine tests;
- Justify the role of iodine in thyroid disease;
- Evaluate and treat a patient with a nodular thyroid;
- Manage endocrine causes of hypertension;
- Identify the commonly encountered adrenal and pituitary disorders (clinical cases);
- Manage clinical problems that arise at the menopause;
- Help children and teenagers with gender dysphoria;
- Illustrate how disorders of lipid metabolism lead to clinical disease;
- Optimally use available treatments for lipid disorders.

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY

March 20-22, 2014

THURSDAY, MARCH 20, 2014

DIABETES UPDATE

7:30 am	<i>Registration and Continental Breakfast</i>		
8:00	G	New Drugs for Diabetes – When do We Use Them?	Mickie Cheng, MD, PhD
8:55	G	Type 2 Diabetes: Managing Over a Lifetime	Robert J. Rushakoff, MD, MS
9:50	<i>Break</i>		
10:10	G	Obesity – Biology and Treatments	Danièle Rottkamp, MD
11:05		Back to Basics: Insulin Therapy, CHO Counting, and Managing Glucose Levels During Exercise and Stress	Marlene Bedrich RN, BC-ADM, CDE Sarah Kim, MD Sherri Shafer, RD, CDE
12:00 pm	<i>Lunch (On Your Own)</i>		
1:15	G	Clinical Cases	Umesh Masharani, MB, BS, MRCP Aaron Neinstein, MD
2:10	G	Diabetic Eye Disease	Daniel Schwartz, MD
3:05	<i>Break</i>		
3:25		Update on the Artificial Pancreas	David C. Klonoff, MD
4:20		Islet and Pancreas Transplantation – an Update	Umesh Masharani, MB, BS, MRCP
5:15 pm	<i>Adjourn</i>		

FRIDAY, MARCH 21, 2014

ADVANCES IN ENDOCRINOLOGY AND METABOLISM

7:30 am	<i>Registration and Continental Breakfast</i>		
8:00	G	Evaluation of Hypercalcemia	Edward Hsiao, MD, PhD
8:55	G	Bone: Clinical Cases	Dolores M. Shoback, MD and Anne Schafer, MD
9:50	<i>Break</i>		
10:10		Pituitary Tumors and Hyperprolactinemia – What to Do?	J. Blake Tyrrell, MD
11:05	G	Endocrine Tests – Reliability and Cost	Deborah French, PhD
12:00 pm	<i>Lunch (On Your Own)</i>		
1:15	G	Iodine and Thyroid Disease – Case-based Discussion	Kenneth A. Woeber, MD, FRCPE
2:10	G	Assessment of the Nodular Thyroid	Chienying Liu, MD
3:05	<i>Break</i>		
3:25	G	Endocrine Causes of Hypertension	Jennifer Park-Sigal, MD
4:20		Clinical Cases	J. Blake Tyrrell, MD and Chienying Liu, MD
5:15 pm	<i>Adjourn</i>		
	G	Geriatric Credit	

program

SATURDAY, MARCH 22, 2014

7:30 am	<i>Continental Breakfast</i>	
8:00	Management of Menopause	Marcelle I. Cedars, MD
8:55	Gender Non-Conforming Transgender Youth: Endocrine Considerations	Stephen Rosenthal, MD
9:50	<i>Break</i>	
10:10	Clinical Aspects of Lipid Metabolism	John P. Kane, MD, PhD
11:05	G Therapeutics of Lipid Disorders	Mary Malloy, MD
12:00 pm	<i>Adjourn</i>	
	G Geriatric Credit	



GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course.

HOW TO ENROLL

Register by February 14, 2014 and receive the Early Bird Discount!

BY FEBRUARY 14, 2014:

Full Course Fee: \$590 Physicians (MD)
\$450 Allied Health Professionals (AHP)

Session 1: Diabetes Update only –
\$305 Physicians (MD) / **\$290** (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$410 Physicians (MD) / **\$295** (AHP)

AFTER FEBRUARY 14, 2014:

Full Course Fee: \$640 Physicians (MD)
\$525 (AHP)

Session 1: Diabetes Update only –
\$355 Physicians (MD) / **\$340** (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$460 Physicians (MD) / **\$345** (AHP)

Registration fee includes course syllabus, continental breakfast and refreshments.

Payment can be made by American Express, Visa, MasterCard or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status. Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

This course will be held at the **Hotel Kabuki** in the heart of San Francisco's Japan Town – conveniently located near most of San Francisco's destinations. You can drive or taxi in or enjoy convenient access via public transportation from all Bay Area locations.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$189.00 per night**. You are urged to make your reservations early. The cut-off date is **February 19, 2014**, or until the group room block is filled. To make hotel reservations online, visit <http://tinyurl.com/2014ucsfdiabetes> or call (800) 533-4567. Please identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help the University of California meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number #03BW0133 or call your travel agent. You may also make reservations at www.Hertz.com.

AIR TRANSPORTATION

UCSF OCME has negotiated special fares with American and United Airlines for our course attendees. You may use the following four codes to book on your own:

American – www.americanairlines.com
code: A8234AN

United – www.united.com
code: ZQPJ765407



0569
University of California,
San Francisco
Office of CME
UCSF Box 0742
San Francisco, CA
94143-0742

UPCOMING COURSES

**Osteoporosis 2014:
New Insights in
Research, Diagnosis
and Clinical Care**
July 24-25, 2014

♻️ Printed on
Recycled Paper

For more information
or to register online
visit our website at
www.cme.ucsf.edu.
You may also reach us
by calling the Office of
CME at (415) 476-4251
or emailing
info@ocme.ucsf.edu.

Photo: Courtesy of CalTrans

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP
Professor of Medicine; Associate
Director, UCSF Diabetes Clinic

COURSE FACULTY

(University of California, San Francisco
School of Medicine unless otherwise noted)

Marlene Bedrich, RN, BC-ADM, CDE
Program Coordinator,
Diabetes Teaching Center

Marcelle I. Cedars, MD
Professor of Medicine;
Director, Division of
Reproductive Endocrinology
Department of Ob/Gyn &
Reproductive Sciences

Mickie Cheng, MD, PhD
Assistant Adjunct Professor
of Medicine, Division of
Endocrinology and Metabolism

Deborah French, PhD
Assistant Clinical Professor of
Laboratory Medicine

Edward Hsiao, MD, PhD
Assistant Professor of Medicine,
Division of Endocrinology and
Metabolism

John P. Kane, MD, PhD
Professor of Medicine, Biochemistry
and Biophysics; Director, Adult
Lipid Clinic, Moffitt-Long Hospitals;
Director, Genomic Resource in
Arteriosclerosis and Metabolic
Disease, Cardiovascular
Research Institute

COURSE FACULTY (CONT'D)

David C. Klonoff, MD
Clinical Professor of Medicine
Medical Director, Diabetes
Research Institute,
Mills-Peninsula Health Services,
San Mateo, CA

Sarah Kim, MD
Assistant Clinical Professor of
Medicine, San Francisco General
Hospital

Chienying Liu, MD
Associate Clinical Professor of
Medicine, Division of Endocrinology
and Metabolism

Mary Malloy, MD
Professor of Clinical Medicine
and Pediatrics; Director, Pediatric
Lipid Clinic; Co-Director, Adult
Lipid Clinic, Moffitt-Long Hospital

Aaron Neinstein, MD
Assistant Clinical Professor of
Medicine, Division of Endocrinology
and Metabolism

Jennifer Park-Sigal, MD
Assistant Clinical Professor of
Medicine, Division of Endocrinology
and Metabolism, San Francisco
General Hospital

Danièle Rotkamp, MD
Clinical Instructor in Medicine,
Division of Endocrinology and
Metabolism

COURSE FACULTY (CONT'D)

Stephen Rosenthal, MD
Professor of Clinical Medicine,
and of Pediatrics; Program Director,
Pediatric Endocrinology; Director,
Pediatric Endocrine Outpatient
Services Medical Director, Child and
Adolescent Gender Center

Robert J. Rushakoff, MD, MS
Professor of Medicine, Division of
Endocrinology and Metabolism

Anne Schafer, MD
Assistant Professor of Medicine,
Division of Endocrinology
and Metabolism

Sherri Shafer, RD, CDE
Senior Dietitian, Department of
Nutrition and Dietetics

Dolores M. Shoback, MD
Professor of Medicine,
Endocrine Research Unit,
San Francisco VA Medical Center

J. Blake Tyrrell, MD
Professor of Medicine;
Director, Endocrinology Clinic

Kenneth A. Woeber, MD, FRCPE
Harris M. Fishbon Professor of
Clinical Medicine

faculty

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ENDOCRINOLOGY AND METABOLISM

MDM14E01

March 20-22, 2014

Hotel Kabuki
San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name	First	M.I.
Degree		Specialty
Address		
City	State	Zip
Daytime Phone		Fax
Email		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No
Date of birth to be used as OCME registrant number: _____ / _____ / **X X**
Month Day

 Please indicate if you have any special needs: _____

Please check session(s) attending:

Full Course – 18.25 hours

Before February 14th ☐ \$590 Physicians ☐ \$450* Allied Health Professionals
After February 14th ☐ \$640 Physicians ☐ \$525* Allied Health Professionals

Session 1 Only: Diabetes Update – 7.25 hours

Before February 14th ☐ \$305 Physicians ☐ \$290* Allied Health Professionals
After February 14th ☐ \$355 Physicians ☐ \$340* Allied Health Professionals

Session 2 Only: Advances in Endocrinology & Metabolism – 11.00 hours

Before February 14th ☐ \$410 Physicians ☐ \$295* Allied Health Professionals
After February 14th ☐ \$460 Physicians ☐ \$345* Allied Health Professionals

* Residents, fellows and interns are eligible for the AHP rate.

Check enclosed payable to *UC Regents*

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Card #	Expiration date
Name on Card (Please Print)	Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.
Please check our website for up to date information on the course: www.cme.ucsf.edu.

Hotel Kabuki
1625 Post St
San Francisco, CA 94115
(415) 922-3200
www.hotelkabuki.com

